





Low Cost and Free Meals Directory Liverpool Area - Meals



Health
South Western Sydney
Local Health District

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport
<i>CORE Community Services</i> Run by: <i>Exodus Foundation</i>	Miller Square 16 Woodward Cres, Miller 8582 4110	Take away meals Lunch Dinner hot meals	Mon, Wed, Fri 11:30am –2:30pm Thurs 5:30 - 6:30pm	Free	No conditions	Bus routes: 802, 803, 804 
<i>Heaven on Earth</i>	Liverpool Pioneers Memorial Park, 1/51 Macquarie Street, Liverpool 0414 447 883	Take away meals	Mon 6 – 7pm Dinner Sat 8:30am Breakfast Sun 7:30 – 8.30pm pm Dinner	Free	No conditions	Liverpool station 5 min walk 
<i>Meals on Wheels</i>	92 Memorial Ave, Liverpool 9601 3728	Fresh frozen meals	Mon, Wed, Fri 10am – 12:30pm	Cost varies between \$2 - \$7	Registration required, contact organisation prior. Order in advance.	Home Delivery 
<i>Liverpool Woman's Health Centre</i>	26 Bathurst St Liverpool 9601 3555	Frozen Meals	Mon – Fri 9am – 5pm	Free	Registration required, contact organisation prior	Liverpool station 10min walk 

Disclaimer

Information included in this directory is correct at the time of publishing.
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Key



Walk from station






Bus stop route within 5 mins from location



Home Delivery

Liverpool Area - Hampers

Organisation	Location and Phone Number	Service	Day and Time	Cost	Conditions of use	Transport	
<i>CORE Community Services</i> Run by: Borderless	16 Woodward Cres, Miller 8582 4110	Food Parcel Fortnightly	Wed 12pm – 2pm	Free	Call service for Registration and assessment	Bus routes: 802, 803, 804	
<i>Heckenburg Community Connect</i>	Oliveri Hall, 1 Tantangara Street, Heckenburg 9607 0077	<i>Suspended COVID19</i>	Tues – Thurs 9:30am – 3pm	\$7	Call service for Registration	Bus Route: 827, S10	
<i>Liverpool Women's Health Centre</i>	26 Bathurst St Liverpool 96013555	Fresh fruits & veg	Mon-Fri 9am-5pm	Free	Call service for Registration and assessment	10 minute walk from Liverpool Station	

Liverpool Area - Community Pantry

<i>iCare Community</i>	Unit 6 Flat 332 Hoxton Park Rd 9601 8727	Bread fruit & veg BYO Bag	Tues, Thur 12:30pm – 1:30pm	Free	Call service for Registration and assessment	Bus T80 Off at Ash Rd	
<i>Anglicare</i>	60 Moore St, Liverpool 8774 7467	Community Pantry	Mon & Fri 9:30am – 5:00pm Sat 10am – 4pm	\$10 bag of pantry items \$2 fresh food	Call service for Registration and assessment	Liverpool Station 5 min walk	
<i>Anglicare</i>	St Mark's Anglican Church, 1 Spica St, Sadleir 9607 5052	<i>Mobile Pantry suspended</i> Call to pre order groceries	Wed 10 – 11am	\$10 bag of pantry items \$2 fresh food	Call service for Registration and assessment	Bus route: 804	
<i>Food 4 Life</i>	11 Jersey St, Busby 0410 026 052	Community Pantry	Mon 10am -3pm Tues & Wed 9am -2:30pm	\$15	Call service for Registration and assessment	Bus route: 803, 804	