

# Low Cost and Free Meals Directory

## Bankstown Area - Meals



Health  
South Western Sydney  
Local Health District

| Organisation                             | Location and Phone Number   | Service  | Day and Time                             | Cost                            | Conditions of use   | Transport                       |
|--|---|--|--|---------------------------------|---|---------------------------------|
| <i>Bankstown Meals on Wheels</i>         | Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre<br>02 9707 9646 | Home meal delivery   | Delivery between Mon - Fri 11:30am - 1pm | Cost varies between \$2 - \$8   | Registration required, contact organisation prior             | Delivery                        |
| <i>Bankstown Meals on Wheels</i>         | Bankstown Senior Citizens Centre, 7 West Terrace, Bankstown<br>02 9707 9646 | Centre based meals<br><i>Suspended COVID19</i>                             | Mon - Fri 9:30am - 2:30pm                | Cost varies between \$2 - \$8   | Registration required, contact organisation prior             | Bankstown station 5 min walk    |
| <i>Bankstown Meals on Wheels</i>         | Greenacre Senior Citizen Centre, 202 Waterloo Rd, Greenacre<br>02 9707 9646 | Centre based meals<br><i>Suspended COVID19</i>                             | Mon - Fri 10:30am - 2:30pm               | Cost varies between \$10 - \$12 | Registration required, contact organisation prior             | M90 7 min walk                  |
| <i>Canterbury Meals on Wheels</i>        | 2/2 Carrington Square, Campsie<br>02 9718 3093                              | Home meal delivery   | Mon - Fri 10:30am - 2pm                  | \$7                             | Registration required, contact organisation prior             | Delivery                        |
| <i>Chester Hill Neighbourhood Centre</i> | Chester Hill Guide Hall, 159 Waldron Road, Chester Hill<br>02 9645 3700     | Centre based meals<br><i>Suspended COVID19</i><br>EAPA available for bills | Every Wed 10am - 2pm                     | Free                            | Registration required, contact organisation prior             | Chester Hill station 5 min walk |
| <i>Riverwood Community Centre</i>        | 151 North Belmore Road, Riverwood<br>02 9533 0100                           | Outdoors hot meals   | Every Mon 4:30pm – 5:30pm                | Free                            | Must be a community member                                    | Bus routes: 940, 944, 945       |
| <i>Muslim Women's Association</i>        | 47 Wangee Rd Lakemba<br>02 9750 6919  | Frozen meals and bread   | Thurs 11am                               | Free                            | Call to make appointment                                      | Bus routes: 946                 |
| <i>Salvation Army</i>                    | Courtyard Café 42 Raymond Street, Bankstown<br>02 9796 1176                 | Centre based meals<br><i>Suspended COVID19</i>                             | Tues – Wed 11:45am – 12:30pm             | Cost varies between \$2 - \$4   | No conditions   | Bankstown station 4 min walk    |
| <i>Youth Off the Streets Outreach</i>    | Paul Keating Park, The Mall, Bankstown<br>02 9796 1193                      | Centre based meals and snacks<br><i>Suspended COVID19</i>                  | Every Thurs 6pm - 9pm                    | Free                            | Must be 12 - 24 years old. Meal provided as part of activity. | Bankstown station 5 min walk    |










## Bankstown Area - Hampers

| Organisation                             | Location and Phone Number                          | Service  | Day and Time                             | Cost | Conditions of use                 | Transport  |
|--|--|--|--|------|-----------------------------------|--|
| <i>Lebanese Muslim Association (LMA)</i> | 71-75 Wangee Rd, Lakemba<br>02 9750 6833           | Delivered hampers<br><b>All other services Suspended COVID19</b> | Fri<br>9am-2pm                           | \$5  | Registration required, call prior | Lakemba station<br>12 min walk<br>Bus route: 946, 3 min walk |
| <i>Metro Assist</i>                      | Level 2/59-93 Evaline St, Campsie<br>02 9789 3744  | Food parcels   | Wed- Thur by appointment.                | Free | Registration required, call prior | Campsie station<br>8 min walk                                |
| <i>Mountaha's Helping Hand</i>           | 2/15-17 Gartmore Avenue, Bankstown<br>0405 610 693 | Food Parcels   | Mon-Thur<br>10:30am – 1pm                | \$5  | Appointment/referrals required    | Bus routes: 945, M91   |
| <i>Prosper project</i>                   | 34 North Parade, Campsie<br>0402 787 571           | Food parcels   | Thur 10am – 2pm                          | Free | Call prior                        | Campsie station<br>2 min walk                                |
| <i>Salvation Army</i>                    | 23 Anglo Rd, Campsie<br>02 9718 7933               | Food parcels   | Call for appt                            | Free | Registration required, call prior | Campsie station<br>2 min walk                                |
| <i>St Vincent's De Paul Society</i>      | 2A East Terrace, Bankstown<br>02 9796 1176         | Food parcel  | Mon – Fri<br>9:30am - 12pm, 1pm - 3:30pm | Free | No conditions                     | Bus Route: 944   |

## Bankstown Area - Community Pantry

|  |  |   |                                       |               |   |                               |
|--|--|---|---------------------------------------|---------------|---|-------------------------------|
| <i>Addison Road Community Organisation</i> | Belmore Youth Resource Centre, 38-40 Redman Parade, Belmore<br>0423 207 530          | <b>Pantry Suspended</b><br>Food Vouchers available on request | Fri<br>9:30am - 11am                  | \$5 bag       | Youth   | Belmore Station<br>2 min walk |
| <i>Anglicare</i>                           | Good Shepherd Church, 80 Pandora Street, Greenacre<br>02 9750 8250                   | <b>Mobile Pantry suspended</b><br>Call to pre order groceries | Every second Wed<br>1:30pm - 2:30pm   | \$10 contrib. | Register, fill a bag with pantry items of your choice | Bus routes: 939, 941          |
| <i>Anglicare</i>                           | St Andrews Anglican Church, Corner Quigg and Lakemba Street, Lakemba<br>0425 219 029 | <b>Mobile Pantry suspended</b><br>Call to pre order groceries | Every second Thurs<br>1:30pm - 2:30pm | \$10 contrib. | Register, fill a bag with pantry items of your choice | Lakemba station<br>6 min walk |
| <i>Anglicare</i>                           | Yagoona Anglican Church, 213 Auburn Road, Yagoona<br>02 9793 3062                    | <b>Mobile Pantry suspended</b><br>Call to pre order groceries | Every second Wed<br>12:30pm - 1:30pm  | \$10 contrib. | Register, fill a bag with pantry items of your choice | Bus routes: 907, M91          |

# Bankstown Area – Community pantry

| Organisation  | Location and Phone Number  | Service  | Day and Time                                     | Cost                            | Conditions of use   | Transport   |
|---|--|--|--|---------------------------------|---|---|
| <i>Anglicare</i>  | Chester Hill Anglican Church, 125 Proctor Parade, Chester Hill<br>0422 844 380 | <i>Mobile Pantry suspended</i><br>Call to pre order groceries                  | Every second Wed<br>1:30pm - 2:30pm              | \$10 contrib.                   | Register, fill a bag with pantry items of your choice                   | Chester Hill Station<br>5 min walk     |
| <i>Anglicare</i>  | Riverwood Anglican Church, 9 Littleton Street, Riverwood<br>02 9153 7624       | <i>Mobile Pantry suspended</i><br>Call to pre order groceries                  | Every second Thurs<br>9:30am - 10:30am           | \$10 contrib.                   | Register, fill a bag with pantry items of your choice                   | Bus routes: 940, 944, 945, M91, M92    |
| <i>Anglicare</i>  | Anglicare Shops Factory Outlet, 9 Christina Rd, Villawood<br>02 8774 7467      | <i>Pantry suspended</i><br>Call to pre order groceries                         | Mon - Fri<br>9am - 3:45pm<br>Sat<br>9am - 1:45pm | \$10 contrib.                   | Register, fill a bag with pantry items of your choice                   | Leightonfield station<br>9 min walk    |
| <i>Bankstown Women's Health Centre</i>                      | 24-26 Jacobs St, Bankstown<br>02 9790 1378                                     | Fresh fruit, veg pantry items.<br>Phone to book.                               | Mon & Thurs<br>9:30am – 12pm                     | \$2 contrib.                    | BYO bag and ID for residence in Bankstown area.                         | Bankstown station<br>5 min walk        |
| <i>Campsie Uniting Church</i>                               | 36 Evaline St, Campsie<br>0409 648 623   | Fresh fruit, veg and bread.<br>Call to book.<br><i>Lunch Suspended COVID19</i> | Mon-Fri<br>12pm – 5pm                            | Free                            | No conditions.  | Campsie station<br>5 min walk        |
| <i>Campsie Drop in</i>                                      | 36 Evaline St, Campsie<br>0409 648 623   | Fresh fruit, veg, bread  | Call to book                                     | Free                            | No conditions.  | Bus route: 412, 415, 445             |
| <i>Greenacre Area Community Centre - Food Share Program</i> | 87 Waterloo Rd, Greenacre<br>02 9750 7982                                      | Fresh fruit, veg, pantry items   | Every Fri<br>from 11am – 4pm                     | \$2 contrib.                    | Must be 18 years of age and older and live in Canterbury/Bankstown area | Bus routes: 939, 941                 |
| <i>Greek Orthodox Community NSW</i>                         | 206-210 Lakemba St, Lakemba<br>02 9740 6022                                    | Hot meal, bread & pastries.  | Tues 12pm<br>Fri 11.30am                         | Free                            | Call prior  | Bus: 942, 946                        |
| <i>The Staples Bag</i>                                      | 449 Canterbury Rd, Campsie<br>02 9787 6832                                     | Fresh fruit, veg, pantry items. Call to order.                                 | Mon - Fri<br>9am - 5pm<br>Sat<br>9am - 2pm       | Cost varies between \$15 - \$30 | No conditions.  | Bus routes: M41, 415, 420, 445, 492  |

Disclaimer  
Information included in this directory is correct at the time of publishing.  
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Walk from station



Bus stop route within 5 mins from location



Home Delivery