

DISTRICT NEWS

Leading care, healthier communities



Stella Taylor celebrates receiving the 40,000th vaccination with Emergency Operations Centre Controller Sonia Marshall and vaccination staff.

WHAT'S ON

- » **1 June**
 - Bowel Cancer Awareness Month
 - National Burns Awareness Month
- » **14 June**
 - World Blood Donor Day
- » **14 June**
 - Men's Health Week
- » **16 June**
 - Research Showcase seminar
- » **15 June**
 - World Elder Abuse Awareness Day
- » **20 June**
 - Refugee Week

40,000 milestone

An incredible 40,000 vaccinations have been administered by District staff since the rollout began in February, with Fairfield Hospital volunteer Stella Taylor receiving the milestone dose at the Liverpool Vaccination Clinic on 20 May.

“I feel really honoured to be the one who received the 40,000th dose. It’s pretty cool. I am also really glad that so many people are coming forward to be vaccinated. It’s wonderful to see,” Ms Taylor said.

“I’ve had both doses of the vaccine now and they didn’t hurt at all. I got vaccinated to protect myself, my family and the community from COVID-19.

“I encourage everyone to be vaccinated as soon as they can.”

The District’s Chief Executive Amanda Larkin said she could not be more proud of all staff for their wonderful teamwork and for working so hard to reach the milestone of 40,000 vaccinations.

“This is a credit to everyone involved and a reflection of the outstanding efforts of our teams at the Liverpool and Catherine Park Vaccination Clinics,” she said.

“I also thank our nursing and administrative staff who travelled further afield and delivered vaccinations to places like Bega, Broken Hill and Wagga Wagga.”

Vaccination at District clinics has also been expanded to include household members of staff and people in the broader community.



Health
South Western Sydney
Local Health District

Chairman's Message



Mr Sam Haddad, Chairman, South Western Sydney Local Health District

It was wonderful to celebrate International Day of the Midwife and International Nurses' Day in May. On behalf of the Board, I would like to express our heartfelt gratitude to our nurses and midwives for your care, compassion and commitment to the community of south western Sydney.

At last week's board meeting, we heard about your work in the community and in our hospitals to prevent falls.

Our district has a growing population over the age of 70, making this an important area of care. Fantastic programs like 'Fit 2 Sit' and 'Stepping On' are great examples of your efforts as you focus on keeping your patients safe.

We also heard about the wonderful work being done to support Aboriginal families and children, building trust in our services by providing personalised care in a culturally appropriate way.

In May, we celebrated our 40,000th vaccination delivered by our team. This is an outstanding achievement and an exciting milestone in protecting our community.

Vaccination is our highest protection available against COVID-19. My Board colleagues and I wholeheartedly encourage each and all to get vaccinated and to encourage your families, friends and communities to do so.

The Board and I thank and congratulate every one of the hundreds of staff who make this possible. Thank you all.

Baby bundle milestone

Liverpool Hospital's maternity ward welcomed Premier Gladys Berejiklian to deliver the 200,000th baby bundle.



The bundles are designed to help new mums and bubs get the best start in life and include books, wipes, a changing mat and educational materials.

The Premier congratulated new mum Tenaj Michell, who received two baby bundles for her twins, J'myrah and Taevius.

60 seconds with...



Tracy Read

What is your role?

Maternity Unit Manager, CCIA Postnatal Ward, Liverpool Hospital.

How did you end up working in this particular field?

I was a sales assistant for Marks and Spencer and following the birth of my children and meeting midwives during my care, I was passionate about becoming a midwife and followed my dream. I commenced my training in 2001, qualifying as a Direct Entry Midwife from Bournemouth University in the UK. I moved to Australia in 2008 and joined Liverpool Hospital in 2011 as a core staff member in the Birthing Unit. As the MUM for nearly four years, I am proud I have gained so many new skills but I am also aware that there is still so much to learn.

What do you love about your role?

My role on a day-to-day basis differs with many challenges depending on the activities within maternity services. I do miss the hands-on experience but my rounding with patients and having a good working relationship with the multidisciplinary teams enables me to be involved with the patients and their families to ensure that quality care is provided. I am so proud of being a part of the hard working teams in maternity services.

What is one thing you wish people knew about your role?

That there are not enough hours in the day! My aim is to achieve the best possible standards and outcomes for women and babies, staff and the service.

TYE glory

May has been a busy month for Transforming Your Experience, with coaches out and about across the District celebrating the successes of teams who have adopted the TYE seven safety essentials.

TYE Director Natalie Wilson said it was wonderful to see all the positive stories about improved care.

"Our leaders and teams are seeing real results when they introduce tools like rounding and risk huddles to their work," she said. "We are empowering staff to improve the already safe, high-quality care they deliver."

Celebrating completion



Bankstown-Lidcombe Hospital celebrated the completion of its \$25 million Emergency Department redevelopment, formally launching Aboriginal artist Amy Lea Hill's work 'The River Communities' and thanking the many people who have contributed to the project.

General Manager Peter

Rophail said staff had already treated more than 37,000 patients through the new Emergency Department.

"This project has come together as a result of the many years of hard work and careful planning from a range of people. I'd like to thank everyone involved for delivering a fantastic new ED for our hospital," Mr Rophail said.

Pathways to excellence



A series of learning pathways aimed at sharpening the skills of the nursing and mental health workforce are now available across the District.

District Chief Executive Amanda Larkin said the Mental Health Pathways in Practice was developed to increase the capabilities and skills of staff to meet the current and emerging needs of people with

lived experience of mental illness, their carers and families.

"The truly exciting thing about this pathway is that we have the potential to expand it across all disciplines," Ms Larkin said.

NSW Chief Nursing and Midwifery Officer Jacqui Cross officially launched the pathway in a virtual event.

Tune into showcase

Obesity, osteoarthritis and knee or hip replacement surgery are a "problematic trilogy" and you can find out why at this month's Health Beyond Research & Innovation Showcase virtual seminar on Wednesday 16 June from 12pm-1pm.



The virtual seminar series opened in May with fantastic presentations by Liverpool Hospital Clinical Nurse Consultant Dr Evan Alexandrou and nursing researcher Matthew Ostroff, from New York.

The June seminar will feature Fairfield Hospital senior physiotherapist Natalie Pavlovic (pictured) who will discuss how obesity and osteoarthritis can affect the outcomes of knee and hip replacement surgery.

Associate Professor Sam Adie, from St George and Sutherland Hospitals, will give an orthopaedic surgeon's perspective.

The showcase is being held live and online every month until November. You can register for the June showcase and watch the May seminar, if you missed it, at www.healthbeyondshowcase.org.au

Higher learning



Participants in the Pilot Applied Safety and Quality Program presented their improvement science projects to their project sponsors, coaches and representatives of the Clinical Excellence Commission.

Acting Director Clinical Governance Suzie Snook said the course would form the "advanced" level of the District's Improvement Science Learning Pathway.

"The presentations were a great showcase of the ingenuity and dedication to improving the already high-quality care delivered at our District," she said.

Well done to our nurses and midwives

We honoured our hardworking nurses by hosting a range of celebrations for International Day of the Midwife and International Nurses Day in May.

A breakfast on the lawn, award ceremonies, lunches and morning teas were held at hospitals across the District to thank our

nurses for the difference they make every day to our patients and their families.

NSW Chief Nursing and Midwifery Officer Jacqui Cross and the District's Executive Director of Nursing, Midwifery and Performance Sonia Marshall were among the special guests.

We also say a heartfelt thank you to Bowral & District Hospital registered nurse Patricia Wright (pictured, below far right), who retired on Friday 28 May after devoting 57 years to the profession. Well done Patricia.

We wish you all the very best for a wonderful retirement.



Quilt stitched with love

A colourful quilt of butterflies will bring comfort and solace to families after it was donated to Liverpool Hospital by Palliative Care volunteers.

The quilt was made by volunteer Maralyn Iwanczuk and features squares of vibrant butterflies, reflecting the journey of life.

The volunteers presented the quilt to Liverpool Hospital General Manager Karen McMenamin during National Volunteer Week.



Contact us

To submit a story, event or provide images contact us on 8738 6848 or email SWSLHD-communications@health.nsw.gov.au. Don't forget to follow us and share our posts on [social media@South Western Sydney Local Health District](mailto:socialmedia@South Western Sydney Local Health District).

