

# DISTRICT NEWS

December 2016

SOUTH WESTERN SYDNEY LOCAL HEALTH DISTRICT

*Leading care, healthier communities*

## A time to celebrate achievements



Achievements, developments in health care and innovation taking place across the District were on show at the SWSLHD Annual Public Meeting held at the Karitane Conference Centre.

Official proceedings included a look-back at the year that was, a summary of the year's financial statements and a special presentation to Wakeling Automotive.

Since 1997 Wakeling Automotive has been providing support to

Campbelltown and Camden Hospitals through the Wheels for Life program. Since then more than \$1 million has been raised, enabling the purchase of equipment including a ventilation machine, digital weighing chair, mobile x-ray machine, cardiac monitor and much more.

District Chairman Prof Phil Harris thanked Wakeling Automotive for its support and presented Paul and Scott Wakeling with a Platinum Supporter Award on behalf of the District.

## Extra diabetes support

SWSLHD is leading the fight against diabetes by rolling out new services and staff across the region to support the more than 55,000 people affected by the disease in south western Sydney.

Local people living with diabetes will have access to a range of services at Liverpool, Campbelltown, Bankstown-Lidcombe, Fairfield, Camden and Bowral & District Hospitals over the next four years.

The services were launched on World Diabetes Day and will support both children and adults with Type 1 and Type 2 diabetes, Gestational Diabetes, Mellitus and rarer forms of diabetes.



Health  
South Western Sydney  
Local Health District



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# Message from the Chair



*Prof Phil Harris, Board Chairman*

I would like to thank everyone for what has been a busy year. There were many achievements to celebrate and some important lessons to learn.

I would like to commend staff across the District for their dedication and unwavering commitment to patient care throughout the year.

You can read about our achievements in the Year in Review, available at [http://www.swslhd.nsw.gov.au/pdfs/2016\\_Review.pdf](http://www.swslhd.nsw.gov.au/pdfs/2016_Review.pdf)

I was pleased to see so many staff and members of the community attend our Annual Public Meeting (APM) last month.

The APM is a great opportunity for the Board to meet with staff and local residents, and I was pleased to see many of them attend and ask questions.

It was my great pleasure to present Paul and Scott Wakeling with a Platinum Supporter Award at the APM, for their contribution to the health of the Macarthur community.

For almost 20 years Wakeling Automotive has been donating \$25 per car sold to Camden and Campbelltown Hospitals, resulting in donations totalling more than \$1 million.

Last month I attended the third annual leadership forum, which brought together managers from

across the District and community representatives to consider future services, refresh the Corporate Plan and further embed priorities from the Transforming Your Experience framework into our core business.

I would like to wish all our staff, volunteers, patients and the local community a safe and healthy festive period.

Thank you to all the staff who are working over the holidays, to ensure we continue to provide quality care to our local communities.



## Partnership named



A partnership encompassing 14 organisations including the District was officially named Maridulu Budyari Gumal at a ceremony on the banks of the Parramatta River.

The Dharug name, which means ‘working together for good health and wellbeing’, was given to the Sydney Partnership for Health, Education, Research and Enterprise by local Aboriginal Elders.

The event included a smoking ceremony and the presentation of message sticks to each partner organisation.

## A place for carers



A stint in Liverpool Hospital’s Aged Care Ward for a Community Representative has led to the transformation of a tired lift lobby area into a cosy Carer’s Corner.

The space is now a pleasant place for carers to take a break, when they need some time to themselves. It includes new couches, a drinks machine, plants, magazines and information on aged care and dementia.

## Introducing People Search

You will soon be able to find and connect with colleagues from across the NSW public sector with the roll-out of People Search, a whole-of-government directory for every employee

with a government employee number and work email.

Ahead of its launch, please review your profile in the Identity Hub portal [identityhub.nsw.gov.au](http://identityhub.nsw.gov.au) to ensure it is up to date. You can manage exactly how much of your information is visible to colleagues. View the guide on how to manage your People Search profile at <http://bit.ly/2g3DL9a>

## Alliance against violence



The District has joined an alliance to tackle domestic and family violence through prevention, early intervention and improved integration of service responses.

Together with South Western Sydney Family and Community Services, NSW Police, local Government, Non-Government Organisations and community and business leaders, a summit was held to establish the alliance.

The alliance will now move forward to develop a plan detailing strategies, time frames and partnerships focusing on prevention, early intervention and services for domestic and family violence.



Are you looking to get healthy but not sure where to start? A free personal telephone health coaching service, Get Healthy, has been launched at Bankstown-Lidcombe Hospital for patients and the community. Get Healthy can provide the expertise and motivation you need to kick off your journey towards better health. The service is staffed by university qualified health coaches and helps adults to make lifestyle changes regarding healthy eating, physical activity and reaching and maintaining a healthy weight. Call 1300 806 258 or visit [www.gethealthynsw.com.au](http://www.gethealthynsw.com.au) to sign up today.

## Community corner

Liverpool Cancer Wellness Centre has launched an art exhibition, displaying artwork throughout the centre from patients who have attended workshops as part of their journey.

Laurel Peel, who teaches the art class in the Centre, said she has noticed the positive impact that art therapy has had on patients who have participated in her sessions.

“Painting enables the patients to use their creativity and express themselves through art which can uncover what’s making them distressed as well as providing a sense of relief with all that’s going on in their life,” Ms Peel said.

For more information on Laurel’s workshops check out the ‘Wellness Centre What’s on calendar’ <http://www.swslhd.nsw.gov.au/cancer/calendar.html>



The walls of Liverpool Hospital’s Palliative Care Ward have been transformed by a collection of iconic Australian landscape photographs thanks to a joint project with James Nguyen, Seize The Day charity, Australian Geographic and hospital staff.

The project was pioneered by James after his father spent the last two weeks of his life staring at blank walls in the ward. Now, patients have an amazing visual escape to help endure one of the hardest times of their lives. Seize the Day ambassador Danny Green came along to help launch the artwork last month.

## Snapshot for better health

The results are in - life expectancy and immunisation rates are up and smoking rates are down, however less of us are eating enough vegetables and more adults are experiencing high levels of psychological distress.

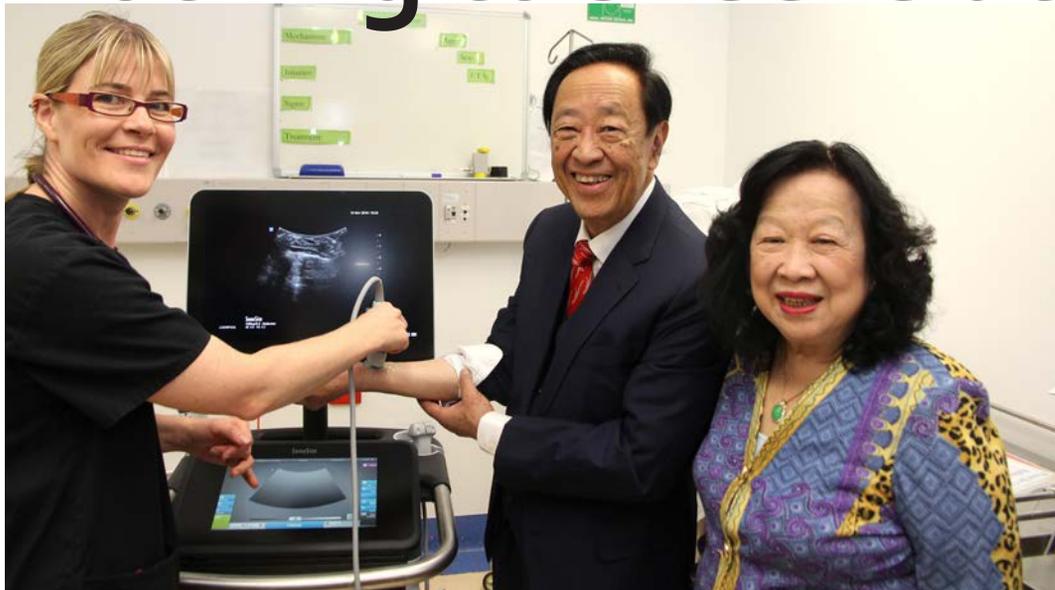
These are the findings of SWSLHD's latest Health Snapshot, which reports on the health status and lifestyle behaviours of the people of south western Sydney.

SWSLHD Director of Epidemiology Professor Bin Jalaludin said the Health Snapshot helped to identify areas where progress had been made and areas where there was still some work to be done.

To see the document visit: <http://bit.ly/2fpQJNw>



# Nothing to sneeze at



A generous donation of two new ultrasound machines to Liverpool Hospital's Emergency Department has meant doctors and nurses can continue to quickly and accurately diagnose patients in real time. Acting Director of Emergency Medicine at Liverpool Hospital, Penelope Weir said patients will be the biggest beneficiaries of the new machines – purchased thanks to an amazing \$100,000 donation from ABC Tissue Products.

## Thank U NICU

All the miracle babies and the staff that helped care for them in their first fragile months were celebrated on Thank U NICU Day. Staff at Liverpool Hospital's Neonatal Intensive Care Unit were treated to a special morning tea and received a visit from past patients and their families.



Quick news

### November

**MO-MENTOUS EFFORT:** It's a Mo Emergency! Staff from Bankstown and Campbelltown Emergency Departments are growing their mo to change the face of Men's Health. Support them or find out more about their cause here: <https://au.movember.com/team/2245728>



### EMR2 at Bankstown

Bankstown-Lidcombe Hospital is the first hospital in SWSLHD to roll out eMR2 – the next step in transitioning from paper to electronic medical records.

eMR2 provides real time access to electronic clinical documentation and means improved accuracy, legibility and consistency of clinical notes, better access to real time patient information anywhere, at any time and increased communication and coordination between care teams. Congratulations to everyone who was involved with the transition, it has been a great success!

### Check your super!

**Check your payslip** - are your superannuation details up to date? Is your super being paid into the right fund?

**New starter?** Get your super set up correctly.

**Rolling over your super funds?** Please let us know.

To make a change go to Employee Self Service at <https://stafflink.hss.health.nsw.gov.au>

From the login page click on 'Forms Index' and go to the 'Superannuation Guarantee Election Form.'

**Need help?** Contact the Service Centre at [HSNSW-Superannuation@health.nsw.gov.au](mailto:HSNSW-Superannuation@health.nsw.gov.au) or call 1300 679 367

