



A Healthy Community

Our community will understand how the choices they make impact on their health and will be empowered to make healthy choices. Personal and community safety will be embedded within our programs and services.

Between 2018 and 2021 we will:

Knowing the needs of the community

- Undertake a *South Western Sydney Health Needs Assessment* in partnership with the South Western Sydney PHN to identify priority issues and communities requiring investment
- Explore methods to better engage with and obtain better quality information about the health status, behaviours and views of our communities

Healthy people and communities

- Develop and implement a *SWSLHD Health Literacy Roadmap* to increase community and individual awareness of how to keep healthy, how to identify health problems early and how to access the health system, with a particular focus on vulnerable communities
- Progress implementation of the *SWSLHD Hepatitis B & C Implementation Plan 2016 - 2020* to improve immunisation rates, reduce infections, increase testing, improve monitoring of patients and increase treatment rates for people with chronic hepatitis

Prevention and early intervention

- Further invest in sustained home visiting models targeting families with complex vulnerabilities, including implementation of joint home visiting protocols between SWSLHD and the NSW Department of Family and Community Services
- Implement the *Child Protection in Your Hands Strategy* to support staff to identify the caring responsibilities of adult patients and incorporate stressors and risk issues in care planning to improve child safety
- Collaboratively implement the *SWS Childhood Overweight and Obesity Action Plan 'Growing Healthy Kids'*
- Embed into clinical practice the identification of modifiable risk factors and referral to appropriate support services, with an initial focus on smoking and high body mass index
- Deliver programs designed to reduce smoking during pregnancy and within identified population groups, initially focusing on people from Aboriginal and Vietnamese communities and consumers of mental health services

- Develop an *Alcohol Harm Prevention Strategy* to reduce the harm caused by alcohol within families and communities
- Develop an integrated network of drug and alcohol treatment and intervention services to reduce the harm from substance use and increase access to treatment
- Continue to implement the *SWSLHD Needle and Syringe Program Development Plan 2017 - 2019* to increase access to sterile injecting equipment and to minimise risk behaviours that have the potential to transmit infection
- Continue to implement the *SWSLHD HIV/STI Implementation Plan 2015-2018* and develop a 2019-2021 plan to effectively prevent, test and treat HIV and sexually transmissible infections
- Review the business model of BreastScreen South Western Sydney to enhance client participation and implement new technologies for remote assessment and electronic communication
- Implement the *Five Ways to Wellbeing Framework* to enhance the mental health and wellbeing of our communities and build individual and community resilience
- Develop a Health and Housing Program to improve the health and social outcomes of communities with a high proportion of social housing tenants, in partnership with the NSW Department of Family and Community Services and the Land and Housing Corporation
- Develop models of community development in disadvantaged communities to improve health and wellbeing, in partnership with the government and non-government sector, with priority given to the communities of Claymore, Miller and Fairfield

How will we know if we've been successful?

- Decrease in adult and child overweight and obesity rates
- Decrease in overall smoking rates of women smoking during pregnancy - Aboriginal and non-Aboriginal
- Increase in BreastScreen participation rate (all, Aboriginal, Culturally and Linguistically Diverse)

Safe, healthy environments

- Establish a Domestic and Family Violence Alliance with key government, non-government and private sector partners to implement programs to reduce the incidence of violence, abuse and neglect