

# For free instant health advice 24/7.

## Call healthdirect

# 1800 022 222



Photographed on Gamaraigal Country

When you call healthdirect, you'll speak to a registered nurse who will help you get the care you and your family need. They can find you a nearby GP, pharmacist, urgent care service, or connect you to a doctor online.

For language support call the Translating and Interpreting Service on 131 450 and ask to be transferred to healthdirect.

[health.nsw.gov.au/callhealthdirect](https://health.nsw.gov.au/callhealthdirect)

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Scan here to add this number to your phone.

