

Celebrating Nursing and Midwifery  
2023



*Making a Difference:  
Innovate, Collaborate, Celebrate*

# SOUTH WESTERN SYDNEY LOCAL HEALTH DISTRICT

## Nursing and Midwifery Celebration Day

10th May 2023 Liverpool Catholic Club



# SWSLHD Nursing, Midwifery & Performance

## **Making a Difference: Innovate, Collaborate, Celebrate**



On behalf of the Nursing and Midwifery staff of SWSLHD, it is with great pleasure that I present the 2023 SWSLHD Nursing & Midwifery Celebration, “Making a Difference: Innovate, Collaborate, Celebrate”.

Nursing and midwifery staff make up the largest component of the health workforce. Through both professions we have the privilege and responsibility of providing Safe Compassionate Quality Care by engaging with patients, carers and families to not only improve their experience of the Healthcare within SWSLHD, but their health outcomes.

The annual nursing and midwifery showcase is an opportunity to celebrate the real difference nurses and midwives make each and every day to the health of our community and highlights just some of the innovations, achievements, projects and publications from across the district. The theme has been selected to challenge our thinking around what truly is important to our patients and the complexity of having the skills and knowledge to undertake our roles and combining it successfully with the human connection, the care and compassion.

The program brings together a combination of aspiring and experienced nursing and midwifery presenters from across SWSLHD, and I am extremely proud and honoured to be a part of such an impressive and inspiring team of nurses and midwives.

A handwritten signature in black ink that reads "S. Marshall".

**Sonia Marshall**  
Director of Nursing, Midwifery &  
Performance, SWSLHD





# Speaker Biographies

## Jacqui Cross

Chief Nursing & Midwifery Officer, NSW

Jacqui Cross is the Chief Nursing and Midwifery Officer for NSW Health. She provides professional leadership and direction on a diverse range of nursing and midwifery issues across the NSW health system.

Throughout her career Jacqui has been a passionate advocate for nursing and midwifery leadership and professional practice. Jacqui is committed to person centred care and the ongoing development of effective workplace cultures to support that care.

Jacqui's wide-ranging experience in the public health system includes roles at district and state levels. She has facilitated and led state-wide clinical leadership programs and held senior executive management positions including the Director of Nursing at the Children's Hospital at Westmead and Director of Nursing and Midwifery at the South Western Sydney Local Health District.



## Amna Karra-Hassan

Keynote Speaker

Amna Karra-Hassan founded the first ever AFL Women's team in Western Sydney and is widely recognised for the diversity she brought to the game and for taking the code to Western Sydney. The Club played a critical role in establishing the game in the region, both for women and for its engagement with diverse communities, contributing to the recent inauguration of the GWS Giants in the AFLW.

Her courage has been the centre of much conversation and the reason behind the accolades acknowledging Amna's contribution to the community and women's sport. Amna shares her experiences on collaborating with community leaders, small business owners, local government, traditional and social media and thought leaders. She shares how she engages in the story telling process to help others overcome adversity, build confidence and resilience, and lead with perseverance and courage.

She offers insights on how she lead the growth of the Auburn Giants, and the importance of leveraging media. Countless football metaphors of Amna 'kicking goals' have been widely shared and celebrated. Amna believes the heart of innovation, civic participation and community building is a 'strengths based approach' and commitment to diversity and inclusion.



## **Dr. Kristine Kafer**

### **Clinical Psychologist, Blackdog Institute**

Kris has worked with the BDI for over 10 years as a facilitator for health professional and workplace training as well as developer of resources for training and research projects.

Over the last few years, she has been delighted to have the opportunity to consult with and build strong collaborative working relationships with State and catholic schools to produce practical, evidence-based resources to support school counsellors, wellbeing teams and primary school teachers.

The suicide prevention resources for school counsellors received recognition with a Mental Health Service Award in 2021 and the WINC. Knowledge Translation Award in 2018.

Kris has worked clinically across her 25-year career in the public and private health sectors. She has a small private practice and enjoys supporting other psychologists with peer consultation. She is a Clinical Senior Lecturer with the School of Psychological Sciences at the University of Newcastle.



## **Jennifer Wallace**

### **Nurse Unit Manager, Liverpool Hospital**

Jenny Wallace is the Nurse Unit Manager of CB4E Respiratory/COVID ward at Liverpool Hospital. She has worked at Liverpool all her nursing career, 29 years. 24 of these years has been as a Nurse Unit Manager, the units she has managed within these years include, Acute Aged Care, Aged Care Assessment Team and Respiratory/COVID.

Jenny led her nursing team during a challenging time though COVID, valuing kindness and caring within nursing, quality of the service, and standard of the service.

A leader also outside SWSLHD, Jenny is an assistant venturer scout leader in her community for 14-18-year-olds with bushwalks, camping and hikes.



## Carlie Bills

Manager Staff Wellbeing & Support Service, SWSLHD

Carlie is the manager of the Staff Wellbeing and Support Service and an Organisational Psychologist. She has broad experience across Learning and Organisational Development blended with clinical experience counselling and coaching both children and adults one-on-one.

She has worked in industries ranging from construction and production to aged care and early learning across private and not-for-profit sectors before joining SWSLHD in October last year.

A stickler for evidence-based approaches Carlie has a thirst for knowledge and has trouble keeping up with her ever-growing library of books, podcasts and journal articles.

She is passionate about helping people flourish in their work and at home and takes a whole of system approach, believing that the ecosystem has to be healthy in order for people to thrive.



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# Making a Difference: Innovate, Collaborate, Celebrate



## Registration & Welcome

0800-0830

**Registration  
Tea & Coffee**

0830-0900

**Introduction from Director Nursing, Midwifery & Performance**  
Sonia Marshall

**Welcome to Country**  
Natalie Sabuncuoglu Clinical Nurse Consultant Aboriginal Chronic Care  
Program (ACCP) Care Coordinator

**Guest Speaker**  
Jacqui Cross, NSW Chief Nursing & Midwifery Officer

## Session 1: Chair – Kelly Walker Director of Nursing Mental Health Services – Theatre

0900-0950

**Keynote Speaker**  
Amna Karra-Hassan

0950-1000

**Improvement Science: Leading Collaborative Quality Improvement in  
Patient Safety**  
Yasmine Archer, Nurse Manager, SWSLHD

1000-1010

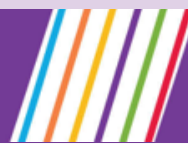
**Bowral Babies and Complex Care**  
Anna Crawford, Clinical Midwife Specialist, Bowral Hospital

1010-1040

**Panel Discussion – Self-care & Well being**  
  
Sonia Marshall, Director of Nursing, Midwifery & Performance (Chair)  
  
Jacqui Cross, NSW Chief Nursing & Midwifery Officer  
  
Carlie Bills, Manager Staff Wellbeing & Support Services  
  
Jennifer Wallace, Nurse Unit Manager, Liverpool Hospital  
  
Dr Kristine Kafer, Clinical Psychologist, Black Dog Institute

1040-1100

**Morning Tea and Poster Display - *Please vote for your preferred Poster***



## Session 2: Chair- Kelly Walker Director of Nursing Mental Health Services- Theatre

1100-1110	<b>Improving the Identification and Support for Aboriginal clients in the ED</b> Daniel Van Vorst, Clinical Nurse Consultant, Liverpool Hospital
1110-1120	<b>The Implementation of the Gender Sphere</b> Vanessa Zardo, Clinical Nurse Consultant & Talia Burton, Clinical Psychologist, Mental Health Services
1120-1130	<b>IMBED: Towards O IAD and PI</b> Leena Jacobs, Clinical Nurse Consultant & Juliette Mai, Clinical Nurse Educator, Bankstown-Lidcombe Hospital
1130-1140	<b>Missing Piece of the Puzzle Falls Prevention</b> Georgina Watts, Clinical Nurse Educator, Campbelltown/Camden Hospital
1140-1150	<b>Creating Space to Care - Comprehensive care in the Community Setting</b> Jayne Stevenson, Nurse Unit Manager, Primary and Community Health
1150-1200	<b>GRACE: Working Smart not Harder</b> Liliana D'Agostino, Fiona Le & Leena Jacobs, Clinical Nurse Consultants, Bankstown-Lidcombe Hospital
1200-1210	<b>Becoming Baby friendly at Liverpool Hospital</b> Eloisa Mann, Clinical Midwifery Specialist & Deborah Clair, Clinical Midwifery Consultant, Liverpool Hospital
1210-1230	<b>Question Time</b>
1230-1315	<b>Lunch and Poster Display</b>





## Poster Presentations- Outside the main foyer next to Sponsors stand

1	<b>Improving Quality of Urinary Catheter Management through Enhanced Knowledge and Skills</b> Adriana Dunne, Primary and Community Health
2	<b>Parents Health Matters In Child and Family Health Nursing</b> Kim Bellingham, Primary and Community Health
3	<b>Pathway to Palliative Care - Pilot Project</b> Sandra Sullivan, Primary and Community Health
4	<b>Implementing Routine Paediatric height/length and Weight Screening and Weight Management advice by Clinicians: an evaluation</b> Slavica Kristic, Primary and Community Health
5	<b>Dobutamine related Phlebitis- Developing interventions to ameliorate its occurrence and impact on Patients</b> Colleen Mui, Fairfield Hospital
6	<b>Undergraduate Nursing Students Clinical Experience</b> Nalini Singh, Fairfield Hospital
7	<b>• If presenters become stuck on angering questions please assist and prompt.</b> <b>ED Blood Coordinator</b> Daniel Van Vorst, Liverpool Hospital
8	<b>The use of point of Care Ultrasound for Phlebotomy to improve the Experience of patients with Liver Disease and Difficult Venous Access</b> Sicha Manandhar, Liverpool Hospital
9	<b>A Journey to Better Balance: A Patient Journey through the Hospital and back into the Community after a Fall</b> Vicki Deane, Liverpool Hospital
10	<b>Let's Light Up the Night</b> Vicki Deane, Liverpool Hospital
11	<b>Increasing the Percentages of Discharges by 12pm by 5B</b> Deborah Chant, Liverpool Hospital





## Concurrent Sessions

### Session 3A Chair: Susan Hair & Kathryn Farrell Theatre

### Session 3B Chair: Linda Campbell & Kelly Paddock Breakout Room 1

### Session 3C Chair : Sarah Massey & Natalie Vella Breakout Room 2

1315-1325

**Have a Seat not a Fall**  
Vicki Deane, Clinical Nurse Consultant, Liverpool Hospital

**ED Code Black Simulations**  
Daniel Van Vorst, Clinical Nurse Consultant & Amy Ward, Clinical Nurse Educator, Liverpool Hospital

**Collaboration and partnerships Alternative Referral Pathways**  
Anthony Hecimovic, Nurse Practitioner, Primary & Community Health

1325-1335

**Missing Links- Rebuilding the Chain of Custody to Prevent Specimen Handling Incidents in Periop**  
Rachelle Roberts, Nurse Unit Manager & Mikaela Perry, Registered Nurse, Bowral Hospital

**ICU Exit Block**  
Kathleen Brennan, Nurse Practitioner & Mariamma Varghese, Nurse Unit Manager, Bankstown-Lidcombe Hospital

**I'm a Falling Star- Be my Eyes and Voice**  
Binita Kumar, Nurse Unit Manager, Ankita Rana, Registered Nurse & Priya Naidu, Clinical Nurse Consultant, Fairfield Hospital

1335-1345

**Criteria Led D/C Paediatrics**  
Wayne Phillips, Clinical Nurse Consultant, Fairfield Hospital

**10 A Case for Change in Periop - Falls Prevention**  
Cynthia Sox, Nurse Unit Manager & Sarah Rolls, Clinical Nurse Educator, Bankstown-Lidcombe Hospital

**Sharing is Caring - A new MOC**  
Angela Davis, Nurse Unit Manager, & Sharon Williams, Clinical Midwifery Educator, Bowral Hospital

1345-1355

**Reducing Falls in Neurosurgery 5F**  
Meghan Spiteri, Clinical Nurse Consultant & Garlina Glushkov, Registered Nurse, Liverpool Hospital

**Falls Prevention in the ED**  
Dragana Martinez, Nurse Manager, Liverpool Hospital

**Improving Discharge Documentation for Patients Discharged from CTN & CMD to RACFs:**  
Rachael Williams, Clinical Nurse Consultant, SWSLHD Palliative Care Service

1355-1405

**Metabolic Matters: Improving Metabolic Monitoring in Banks House**  
Alisha Johnson, After Hours Clinical Nurse Consultant, Mental Health

**Proning Under Pressure**  
Sharon Shunker, Clinical Nurse Consultant, & Mariepaz Hazell, Clinical Nurse Educator, Liverpool Hospital

**Improving eMR Documentation to assist SWSLHD After hours Palliative Care Service**  
Therese Smeal, Clinical Nurse Consultant, SWSLHD Palliative Care Service



## Concurrent Sessions

Session 3A Chair: Susan Hair & Kathryn Farrell Theatre Main Theatre		Session 3B Chair: Linda Campbell & Kelly Paddock Breakout Room 1	Session 3C Chair: Sarah Massey & Natalie Vella Breakout Room 2
1405-1415	<b>Bringing Antenatal resources provided by hospitals out of the paper age - FRF Antenatal</b> Rebecca Bedding, Clinical Midwife Consultant, Liverpool Hospital	<b>Know Falls, no Falls</b> Arjay Clamonte, Clinical Nurse Educator, Bowral Hospital	<b>Four D (Delirium, Dementia, Depression, Drowsiness) Falls Prevention</b> Tess Guevara, Nurse Unit Manager & Juvilet Smitha, Clinical Nurse Educator, Bankstown-Lidcombe Hospital
1415-1425	<b>Falls No More</b> Ruben Mateluna, Nurse Unit Manager, & Jessica Chen, Clinical Nurse Educator, Mental Health Services Liverpool Hospital	<b>Not HAPI: Reducing Hospital Acquired Pressure Injury</b> Mayla Mendieta, Nurse Unit Manager, & Jaswinder Kaur, Clinical Nurse Educator, Bankstown-Lidcombe Hospital	<b>Improving written communication between palliative care consult team and community</b> Liliana D'Agostino, Clinical Nurse Consultant, Bankstown-Lidcombe Hospital
1425-1435	<b>Question Time</b>		
1435-1520	<b>Debate – Have Protocols and Checklists Removed Critical thinking out of Nursing and Midwifery.</b> <b>Adjudicator –</b> Sally Walker, Nurse Manager, SWSLHD <div> <div> <b>For Team</b>            Vincent Salomon, SWSLHD            Margaret Perkins, Campbelltown/Camden Hospital            Tracy Heath, Campbelltown/Camden Hospital         </div> <div> <b>Against Team</b>            Brendon Shapter, Bankstown-Lidcombe Hospital            Nicole Tsang, Liverpool Hospital            Margaret Nicholson, Liverpool Hospital         </div> </div>		
1520-1530	<b>Closing Remarks and Poster &amp; Oral Presentation Prizes</b> Sonia Marshall, SWSLHD Director Nursing, Midwifery & Performance		
1530	<b>Close &amp; Afternoon Tea</b>		

**[Please click here to access the Evaluation Survey](#)**





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