



2026 Nursing & Midwifery Celebration

Lead Forward: Transforming Nursing and Midwifery Practice

Thursday 7 May 2026, 08:00 - 16:00

 Liverpool Powerhouse, 1 Powerhouse Rd, Casula NSW 2170

Welcome message from Helen Goldsack, SWSLHD Director of Nursing & Midwifery Services

On behalf of Nursing & Midwifery staff of SWSLHD, it is with great pleasure that I introduce the 2026 SWSLHD Nursing and Midwifery Celebration, "Lead Forward: Transforming Nursing and Midwifery Practice".

This event brings together nursing and midwifery colleagues who share a commitment to advancing our practice, strengthening leadership capability and shaping meaningful change for the future. As leaders at every level, our influence is essential to delivering high quality care to our communities. Our event brings together a combination of aspiring and experienced nursing and midwifery presenters from across SWSLHD. I encourage you to be inspired, challenge thinking, and take forward ideas that strengthen leadership and transform practice in our district.

Speakers Biographies

Helen Goldsack

District Director Nursing and Midwifery, SWSLHD



Helen commenced her nursing career in 1997 at Royal Prince Alfred Hospital, quickly developing a keen interest in cardiology/cardiothoracic surgery, an interest which she pursued for the next 11 years, in Australia, New Zealand and the United Kingdom. Helen began her formal management career in Sydney as a Nursing Unit Manager at Balmain Hospital.

Within the next couple of years, she was appointed to work in the Nursing and Midwifery Services Executive team at Royal Prince Alfred Hospital as the Nursing Executive Officer and then Operational Nurse Manager, before taking up the position of Director of Nursing at Concord Hospital. Helen finds great satisfaction in supporting and developing staff to achieve their professional goals, which ultimately leads to the highest quality of care for our patients.

Sonia Marshall PSM

Chief Executive, SWSLHD



Sonia's 30-year career in healthcare began on the frontline as an intensive care nurse at Griffith Base Hospital, where her passion for patient care and her drive for innovation quickly stood out. That commitment propelled her into leadership early, with her appointment as Deputy Director of Nursing and Midwifery at Wagga Wagga Hospital, followed by a series of senior nursing and health leadership roles across rural, regional and metropolitan NSW. In 2016, Sonia joined South Western Sydney Local Health District as Executive Director of Nursing, Midwifery and Performance. Today, as Chief Executive, she leads with a clear and ambitious vision for the future of healthcare in one of the fastest growing and most diverse regions in the state.

A passionate advocate for teaching, mentoring and research, Sonia has strengthened the District's academic partnerships, founding the South Western Sydney Nursing and Midwifery Research Alliance in collaboration with the Ingham Institute for Applied Medical Research and seven universities. Sonia is also an Adjunct Associate Professor in the School of Nursing and Midwifery at Western Sydney University and an Honorary Principal Fellow in the Faculty of Science, Medicine and Health at the University of Wollongong reflecting her commitment to shaping the next generation of healthcare leaders.

Professor Jill White AM
Board Member, SWSLHD



Professor White is a Professor Emerita of the Susan Wakil School of Nursing and Midwifery at the University of Sydney, and the Faculty of Health, University of Technology, Sydney (UTS) Australia, and is now an independent consultant in the areas of health education, regulation and policy.

Jill was the inaugural Chair of the Australian Nursing and Midwifery Accreditation Council, a Fulbright Senior Scholar and has worked extensively at a global level including at World Health Organisation and International Council of Nurses in Geneva.

Since 2022, Jill has been a Board member of the South West Sydney Local Health District (SWSLHD) and is currently Deputy Chair of the LHD. Recently, Jill led the International Council of Nurses Definition of Nurse and Nursing Project for which she was Project Director and Chair of the Expert Group.

Event Program

Lead Forward: Transforming Nursing and Midwifery Practice



Main Theatre

MCs **Alexander Slattery** | Cardiovascular Stream Manager
Vicki Blight | Acting Program Manager, Connected Care and Primary & Community Health

08:00 - 08:30 Registration
Tea and Coffee | Networking

08:30 - 08:40 Acknowledgement of Country
Krystal-Anne Alone | Community Aboriginal Health

08:40 – 09:00 Opening & Introduction
Helen Goldsack | District Director of Nursing and Midwifery, SWSLHD

09:00 – 09:20 Chief Executive Address
Sonia Marshall, PSM | Chief Executive, SWSLHD

09:20 – 09:45 Guest Speaker
Professor Jill White, AM | Board Member, SWSLHD

09:45 – 10:00 Combining Birth and Blue Lights: Collaboration Between Midwives and Paramedics
Narelle Surace | Clinical Midwifery Consultant, Camden and Campbelltown Hospitals

10:00 -10:15 STOP 5- A Debrief Model Tailored for ED Clinicians
Daniel Van Vorst | Acting Critical Care Stream Manager
Elise Vamvas | Clinical Nurse Educator, Liverpool Hospital

10:15 -10:30 Lightning Posters:

Growing Babies, Growing Midwifery Models of Care
Rebecca Whitford | Clinical Midwifery Consultant, Liverpool Hospital

REACH Refresh: Improving REACH utilisation through education and system improvements
Vanessa Palmer | Clinical Nurse Consultant, Liverpool Hospital

i-View Your PIVC
Joann Chiong | Clinical Nurse Consultant Infection Prevention & Control, Fairfield Hospital

Transforming Care One Transfer at a Time: Digitising Procedural Care Safety Across SWSLHD
Eucharía Okonkwo | Clinical Nurse Consultant, Bankstown-Lidcombe Hospital

10:30 – 11:00 Morning Tea
Poster Voting | [Click here](#) or Scan QR Code



Leading from Where You Stand: Empowering Emerging Leaders in Nursing and Midwifery

Panel Moderator: Leah Denaro | Nurse Manager, Liverpool Hospital

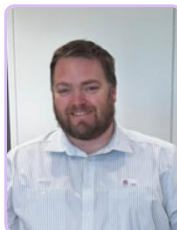
Panellists:



Courtney Macdonald | Operational Nurse Manager, Fairfield Hospital

Courtney is an experienced Operational Nurse Manager with 18 years across Emergency, Medical, Surgical, ICU, and Afterhours Hospital Management.

She is focused on delivering high-quality, compassionate care while building a skilled, empathetic nursing workforce, and is passionate about developing strong clinical leaders and guiding successful change.



Cameron Murphy | Acting Nurse Unit Manager, Older Persons Mental Health Unit, Campbelltown Mental Health Services

Cameron has over 12 years of mental health nursing experience spanning diverse acuity levels, with expertise in both young adult and older person care.

He is passionate about strengthening frontline leadership and workforce capability. Cameron is a big advocate of delivering patient safety initiatives through patient feedback and collaboration within the team.



Rebecca Whitford | Clinical Midwifery Consultant -High Risk Pregnancy, Liverpool Hospital

Rebecca has been a clinical midwifery consultant for the last 2 years at Liverpool, having successfully completed the CNC/CMC succession planning program.

With 10 years of experience in nursing and midwifery, she started in SWSLHD as a ward clerk whilst studying nursing, completing her nursing new graduate year at Liverpool then completing the MIDstart program the following year.



Tunya Cabello | Clinical Nurse Specialist, Aboriginal Chronic Care Program SWSLHD

Tunya is passionate about Aboriginal health with a strong clinical interest in women and children's health and Aboriginal Chronic Care. Through her current role, she empowers her team to make a better health trajectory for future generations to come.

She is a big advocate on how working within two worlds of both clinical and cultural can be rewarding for the wellbeing outcomes of our people and community.

11:30 -11:45 Wound Up by Wounds

Natalie Lewis | Clinical Nurse Educator, Bowral & District Hospital

11:45 -12:00 AOD Education for Children from Neurodiverse Backgrounds

Nafiza Hussain | Clinical Nurse Consultant, Drug Health Services

12:00 -12:15 Haematology Redesign – Codesigning an Extended Ambulatory Haematology Unit AHU

Leah Denaro | Nurse Manager, Liverpool Hospital

Karen Phillips | Clinical Redesign Manage, SWSLHD

12:15 -12:30 Lightning posters:**Follow-up of Hepatitis C Notifications by SWSLHD Public Health Unit**

Rachel Wolfenden | Registered Nurse, Public Health SWSLHD

Beating Cancellations for Colonoscopy Due to Prep

Amy Valentine | Nurse Unit Manager, Campbelltown and Camden Hospitals

Caring for Patients and the Planet: Environmental Stewardship in ICU

Jennifer McClure | Clinical Nurse Educator, Liverpool Hospital

Improving Time from Triage to Commencement of Clinical Care

Daniel Van Vorst | Acting Critical Care Stream Manager

12:30 -13:30 Lunch & NetworkingPoster Voting | [Click here](#) or Scan QR Code**Concurrent Sessions****Lead Forward: Transforming Nursing and Midwifery Practice**

Main Theatre		Marsden Room	Performance Room
Chairs: Alexander Slattery Cardiovascular Stream Manager Vicki Blight Acting Program Manager, Connected Care and Primary & Community Health		Chairs: Jodie Burke Acting Director of Nursing, Acute and Extended Care in Community Teckler Matutu Acting Director of Nursing, Drug Health Services	Chairs: Emilia Mrsnik Nurse Manager Clinical Informatics, Liverpool Hospital Melissa Davis Clinical Nurse Consultant Orthopaedics, Camden and Campbelltown Hospitals
13:30-13:45	NBAC on the comeback – Improving attempt rates of Vaginal Birth after Caesarean Section (VBAC) Sabrina Menendez Registered Midwife, Women’s Health SWSLHD	Wellbeing in action: A story of Connection, Care and Change in the CCU Monique Bransby Nurse Unit Manager and Anna Lisa Pestrin Clinical Nurse Educator, Liverpool Hospital	Safe Steps- A falls Prevention Initiative in Older Person's Mental Health Sharleen Kim Clinical Nurse Educator and Maureen Policarpio Nurse Manager, Campbelltown Mental Health Services
13:45-14:00	Smart Solutions for Falls Prevention and Management: The Journey to Electronic FRAMP Nicole Morrison Nurse Manager Bankstown-Lidcombe Hospital and Katrina Smith Nurse Manager, Liverpool Hospital	Reducing Restrictive Practices in Liverpool High Dependency Unit Abraham Mujuru Nurse Unit Manager and Sharon Sharma Clinical Nurse Consultant, Liverpool Mental Health Services	Bridging the Gap: Enhancing Diabetic Foot Care Through Collaboration Between Wound CNC and The High-Risk Foot Clinic Sreeranjini Prabhakara Clinical Nurse Consultant, Fairfield Hospital
14:00-14:15	Neonatal Intensive Care Unit - NICU CLABSI QI and Equipment Louise Murphy Clinical Nurse Consultant, Liverpool Hospital	From Bed to Beyond: Improving Discharge Planning Bonny Sibi Clinical Nurse Specialist, Fairfield Hospital	“Rise and Shine” Early Sitting Patients Out of Bed Initiatives Mayla Mendieta Nurse Unit Manager and Jaswinder Mehra Clinical Nurse Educator, Bankstown-Lidcombe Hospital
14:15-14:30	Unlocking Learning: Escape Room Yasmine Archer Improvement Facilitator, District Clinical Governance Unit and Kendall Nielson Nurse Educator, SWSLHD	Healthier kids through vaccination - SWSLHD Public Health and Primary and Community Health Child and Family Services Collaboration Louise Smith Operational Nurse Manager Public Health, Population Health SWSLHD and Alison Squire A/Nurse Manager Child & Family Health SWSLHD Primary & Community Health	Project Zero Jothi Selva and Amy Ward Clinical Nurse Consultants, Fairfield Hospital

15:30 – 16:00 Closing Remarks & Prize Presentation

Helen Goldsack | District Director of Nursing and Midwifery, SWSLHD

We value your feedback and would appreciate you taking a few moments to share your thoughts on today's event.

Feedback | [Click here](#) or scan QR code



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Poster Presentations

1	Beating Cancellations for Colonoscopy due to Prep Amy Valentine Nurse Unit Manager, Campbelltown and Camden Hospitals	13	Development of an innovative model of chemotherapy education at Liverpool Hospital Cancer Therapy Centre Mandeep Kaur Clinical Nurse Consultant Liverpool Hospital
2	Improving time from triage to commencement of clinical care Daniel Van Vorst Acting Nurse Manager SWSLHD	14	Implementation of the BUPA Duty of Care correspondence letter model of care change Marie Reyes Clinical Nurse Consultant SWSLHD
3	Perceptions, perspectives and experiences of adult patients attending nurse-led clinics: A mixed-methods systematic review Dhanya Varghese Clinical Nurse Consultant Bankstown Lidcombe-Hospital	15	Transforming Care One Transfer at a Time: Digitising Procedural Care Safety Across SWSLHD Nicole Morrison Nurse Manager Bankstown-Lidcombe Hospital
4	Improving Self-Care of Consumers in a Long Stay Mental Health Inpatient Unit Eunice Ambrosio Clinical Nurse Consultant Mental Health Services	16	Follow up of Hepatitis C notifications by SWS Public Health Unit Rachel Wolfenden Registered Nurse Public Health SWSLHD
5	Empowering Patients and Families - Improving REACH utilisation through education and system redesign Hind Elmir Acting Nurse Manager Liverpool Hospital	17	Growing Babies, Growing Midwifery Models of Care Rebecca Whitford Clinical Midwifery Consultant Liverpool Hospital
6	Transforming Paediatric Immunisation Practice through Collaborative Education Sirena (Huixin) Liao Clinical Nurse Consultant, Public Health Unit SWSLHD	18	Looking back to move forward Sabina John Credentialed Diabetes Educator Fairfield Hospital
7	Caring for the patients and the planet: Environmental Stewardship in ICU Jennifer McClure Clinical Nurse Educator Liverpool Hospital	19	Discharge Planning for Paediatric Patients requiring long term nasogastric tubes Salma Awad Registered Nurse Liverpool Hospital
8	Leveraging a Live Glucose Dashboard in the eMR at Bankstown-Lidcombe Hospital to identify patients at risk and prevent hypoglycaemia hospital-acquired complications in patients with Diabetes Jenny Wright Clinical Nurse Consultant Bankstown-Lidcombe Hospital	20	Endoscopy - Green Endoscopy – sustainable initiatives to optimise waste in endoscopy - Liverpool Hospital E44 Shani George Clinical Nurse Educator Liverpool Hospital
9	PIBACH- Productive, Inclusive, Bedside, Adaptive, Clinical Handover Jenny Wallace Nurse Unit Manager Liverpool Hospital	21	Improving Contact Screening Completion Rates Siji Thomas Clinical Nurse Specialist SWSLHD
10	I-View your PIVC Joann Chiong Clinical Nurse Consultant Fairfield Hospital	22	Expanding Hospital in the Home (HITH) treatment using antibiotic elastomeric infusers via peripheral intravenous catheter (PIVC) for short term treatment Solly Joseph Clinical Nurse Specialist Bankstown-Lidcombe Hospital
11	State Based Build Hospital Drug and Alcohol Project Evaluation Khumbulani Millo Clinical Nurse Consultant Drug Health Services SWSLHD	23	Timely Neurological Observations for Early Stroke Deterioration Detection Tasleema Taiyab Acting Clinical Nurse Consultant Liverpool Hospital
12	Improving compliance and efficiency in administering and documenting S4 and S8 Medication in the ICU Yvette McManus Clinical Nurse Educator Liverpool Hospital	<p>Poster Voting Click here or Scan QR Code</p> 	