



Health
South Western Sydney
Local Health District

Health SNAPSHOT 2016



OUR PEOPLE



TOTAL
POPULATION
922,000

Born
overseas
41%



Life expectancy
at birth



85 years



81 years

Individual weekly
income



Food
insecurity



OUR HEALTH BEHAVIOUR

Current smoker



1 in 7 adults
smoke

14%

Smoke free households



9 in 10 are smoke free
households

89%

Drink alcohol at levels
harmful to health



1 in 5 adults are
at risk

20%

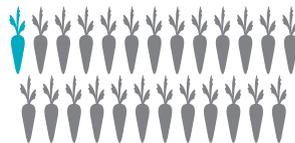
Eat recommended amount
of fruit



1 in 2 are consuming
the recommended
intake

48%

Eat recommended amount
of vegetables



1 in 25 are consuming
the recommended
intake

4%

Have adequate
physical activity



1 in 3 persons are
getting adequate
exercise

34%

Had a breast cancer screen
in last 2 years
(women aged 50-69 years)



1 in 2 women have
breast screening done

48%

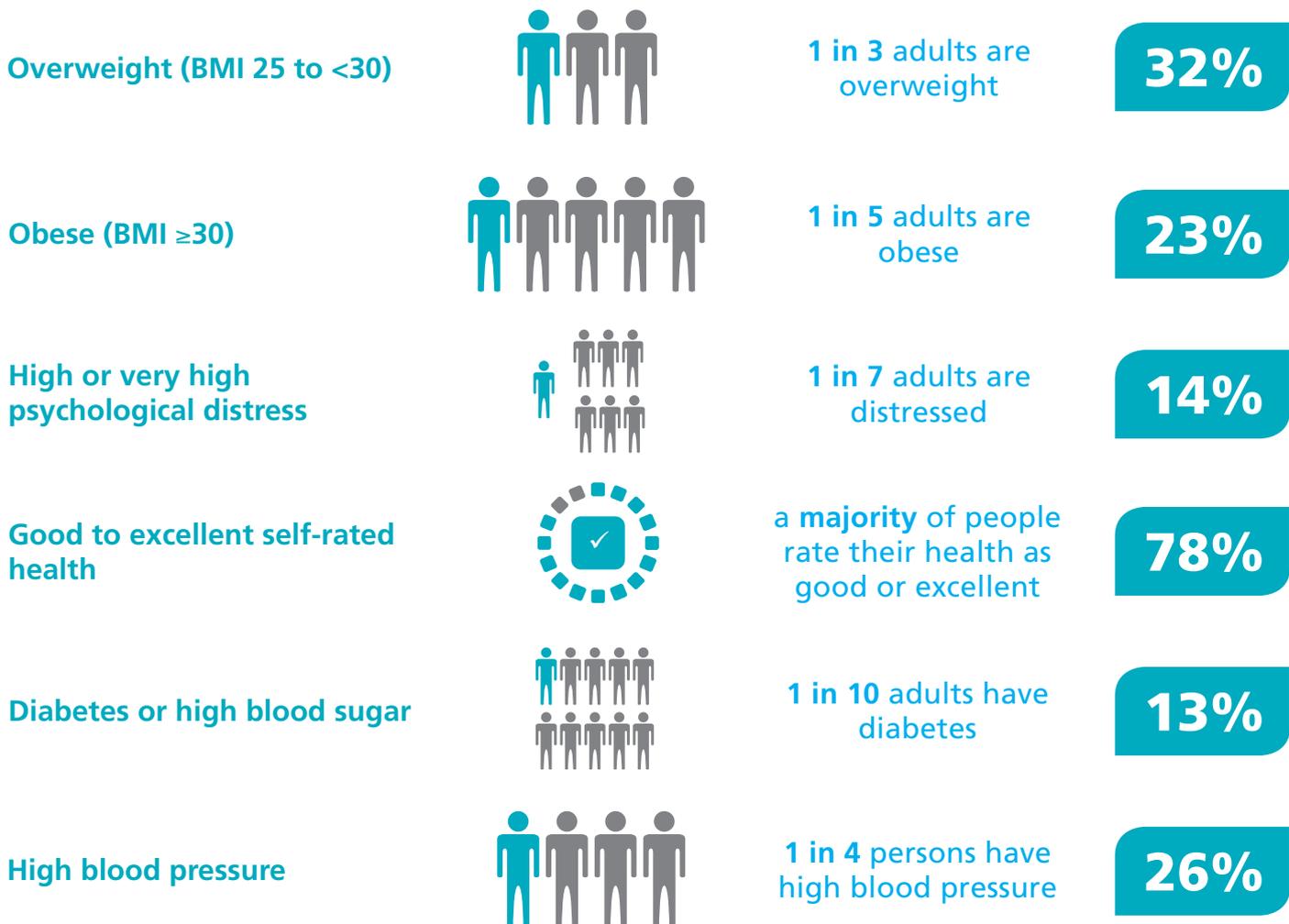
Had a cervical cancer screen
in last 2 years
(women aged 20-69 years)



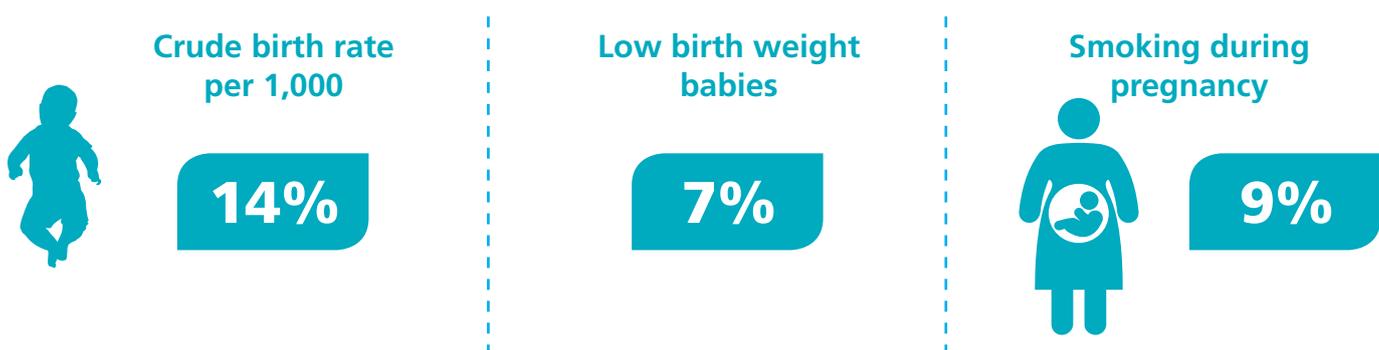
1 in 2 women have
cervical screening done

52%

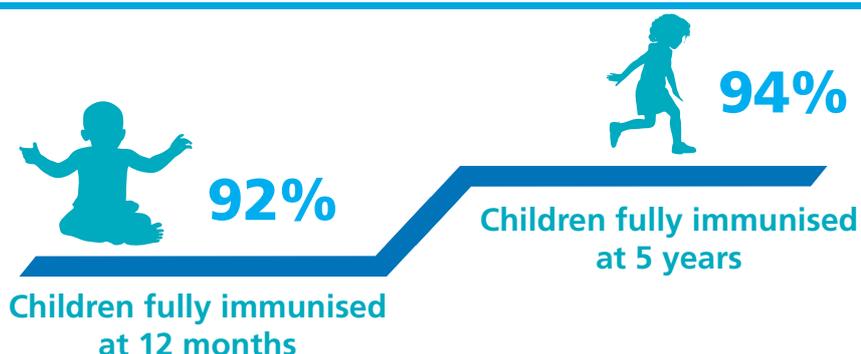
OUR HEALTH STATUS



PREGNANCY AND EARLY YEARS



IMMUNISATION



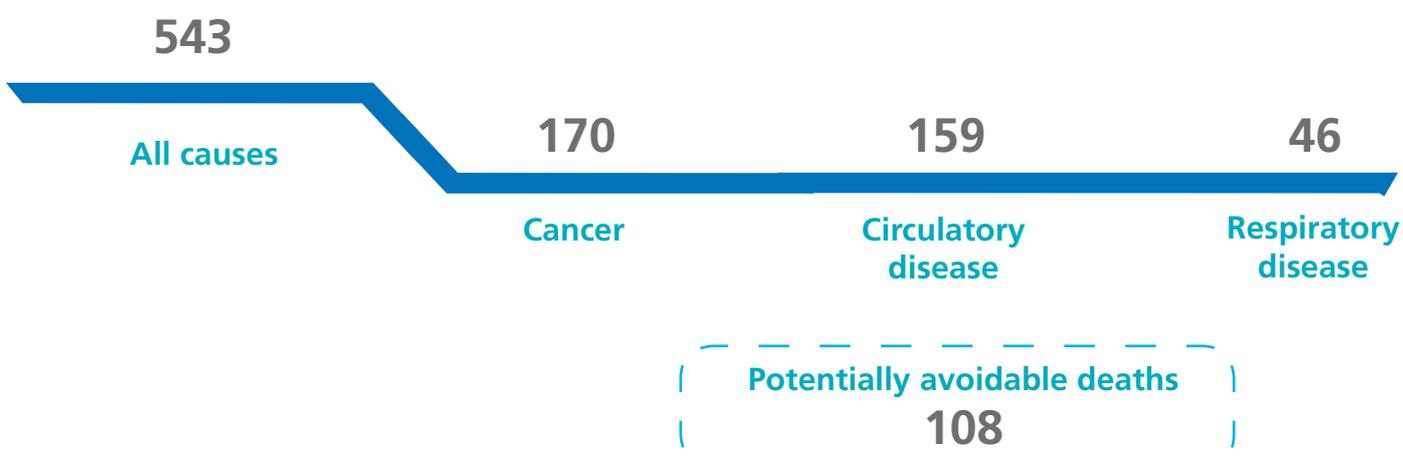
OUR NEIGHBOURHOOD

Feel safe walking after dark



65%

DEATHS (rate per 100,000)



VIOLENCE AGAINST WOMEN AND CHILDREN



Domestic violence
(assault)
against females

7
(per 1,000)



Domestic violence
(assault)
against children

2
(per 1,000)

Children at risk of
serious harm

3
(reports per 100)

Notes

1. All numbers presented in this report have been rounded.
2. The most recent year for when the data were available range from 2009 to 2015.
3. Further information on the source of data and the most recent year for when the data were available is at http://www.swslhd.nsw.gov.au/populationhealth/PH_epidemiology/monitoring_report.html



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Leading care, healthier communities