

3 November 2020

Sensory packs filled with kindness and goodwill

Noah Brough is a big-hearted eight-year-old who wants to help other children like himself who have autism spectrum disorder.

He is making creative and colourful magnets to raise money to put together sensory bags for children on the spectrum when they are in hospital.

The Rossmore Public School student will donate his first sensory bags to Bankstown-Lidcombe Hospital on 3 November as a thank you for the care he has received over the years.

“Children with autism process sensory information differently. Bright, busy, noisy places like hospitals can increase the stress they experience,” mum Jessica Brough said.

“Noah also has epilepsy and when we need to go to hospital we grab our ‘go bag’ which has items that help him during his stay.

“When Noah realised not all children who have autism had a bag like his, he said he wanted to raise money through his magnets so other children could have them too.”

The sensory bags contain noise-cancelling headphones, sunglasses to reduce light sensitivity, special toys to limit sensory overload, charts for non-verbal children to point to their body parts and a pain scale as well as a handwritten note from Noah.

Bankstown-Lidcombe Hospital’s Emergency Department will receive four of the bags.

The hospital’s General Manager Peter Rophail thanked Noah for his kind donation.

“We are thrilled Noah has chosen our hospital to receive his first donation,” Mr Rophail said.

“A lot of thought has gone into the bags which will be a fantastic support for children who are on the autism spectrum and help them feel more comfortable in hospital.

“We thank Noah and his family for their wonderful support.”

Mr Rophail also thanked the Canterbury Bankstown Chamber of Commerce Chief Executive Officer Wally Mehanna who helped with the donation.

Noah’s magnet range includes dinosaurs, animals, cars, planes, rainbows and some gorgeous Christmas-themed designs.