

04 November 2016

Art on display at Cancer Wellness centre exhibition

A patient art exhibition at the Liverpool Wellness Centre combined art and respite by exploring a range of diverse watercolour artworks created by cancer patients in art therapist Laurel Peel's workshops.

Liverpool Cancer Therapy Centre Director Dr Eugene Moylan said the patients in Cancer Therapy Centres have been able to transform their journey into art through texture, light and nature.

"Visual arts have a powerful ability to transform clinical experiences and areas into places of wonder and respite, this exhibition clearly showed art's ability to create dialogues between experiences, artists and patients," Dr Moylan said.

The exhibition also provided opportunities for emerging artists to showcase their talents.

"This exhibition saw patients display their artwork throughout the Wellness Centre, making a real difference to ambience for patients, visitors and staff," he said.

The workshops taught by Laurel Peel, an art therapist at Liverpool Wellness Centre said she's noticed the positive impact that art therapy has had on patients who've participated in her sessions.

"Painting enables the patients to use their creativity and express themselves through art which can uncover what's making them distressed as well as providing a sense of relief with all that's going on in their life," Ms Peel said.

For more information on Laurel's workshops, check out the 'Wellness Centre What's on calendar' below:
<http://www.swslhd.nsw.gov.au/cancer/calendar.html>