Unlocking the power of innovation

Liverpool Hospital is the largest and second oldest hospital in the state and innovation has been a part of the hospital's great history. This was highlighted at the 2016 NSW Health Excellence in Nursing & Midwifery Awards.

Mr Evan Alexandrou, Liverpool Hospital Clinical Nurse Consultant and researcher at Western Sydney University took home the award for excellence in innovation and research for his contribution to health. In response to receiving the accolade, Mr Alexandrou said the simplest ideas can often have the greatest impact.

"I'm proud of my work as the initiator and chief investigator of the One Million Global catheters study which is the largest peripheral intravenous catheter prevalence study ever undertaken, with data collected from 40,000 people across 49 countries and translated into 15 languages.

"I'm excited to have contributed to an innovative project which showed true collaboration with clinicians and researchers across the globe who all have the aim of improving patient outcomes not just in Australia but around the world," he said.

Delivering evidence-based care is something that Mr Alexandrou prides himself on but said it shouldn’t prevent innovation from carrying over into the continuum of professional nursing practices.

“Some of the innovative projects we have developed at Liverpool Hospital include ultrasound guided insertion of peripheral cannulas and a randomised trial testing the effectiveness of ECG assisted insertion of central venous catheters.

“There is enormous satisfaction in knowing you have made a difference in someone’s life, no matter how big or small,” he said.

A special mention also goes to congratulating Jemma Linkenbagh of Bankstown-Lidcombe Hospital as a finalist in the category of Excellence in Midwifery.

For more information on Mr Evan Alexandrou’s most recent work, visit www.omgpivc.org