

Wednesday 6 July 2016

Planning for brighter futures

Helping young people grow to their full potential is the vision at the core of an ambitious new health plan for children, young people and families in south western Sydney.

The South Western Sydney Local Health District (SWSLHD) *Health Improvement for Children, Young People and Families* (2016-2025) plan provides a localised blueprint to meet the needs of these populations.

The decade-long strategy focuses on providing quality care from preconception through to young adulthood, by addressing local issues and paying special attention to those most at risk, vulnerable or with special health needs.

SWSLHD Chief Executive Amanda Larkin said south western Sydney was one of the fastest growing regions in the state.

“The number of children and young people living in south western Sydney continues to increase, with more than 339,500 people under the age of 24 set to be living in the region by 2026.

“Quality health care is key to ensuring that every child and young person is given the best opportunity to achieve their full potential as an adult,” she said.

The plan addresses priority issues in health prevention and promotion in the early years of life, quality paediatric healthcare and the development of speciality services to provide care close to home.

“We’ve developed this plan in collaboration with consumers, service providers, General Practice and staff and we’ll be focusing on meeting local needs and delivering uniform health improvement strategies for children, young people and families across the District,” said Ms Larkin

The Plan will guide the development and enhancement of services focused on preparing for parenthood, promoting healthy eating and lifestyle, early detection and intervention of developmental problems, keeping children safe, as well as enhancing quality and safe care.

The Plan will be launched by Andrew Johnson, NSW Advocate for Children and Young People at Liverpool Hospital on Wednesday 6 July.