

May 30, 2014

New active travel map for Liverpool and Fairfield

Fairfield and Liverpool residents will be able to discover their own backyards by foot and by bike, thanks to a new active travel map encouraging locals to get out and about.

“Discover Liverpool and Fairfield” is being launched during the National Heart Foundation’s Heart Week (May 5-9) by South Western Sydney Local Health District in conjunction with Liverpool and Fairfield City Councils.

The map shows the well-connected cycling and walking routes in the Liverpool and Fairfield areas – as well as highlighting public transport hubs and local parks, in 19 languages.

Mandy Williams, Acting Director of the South Western Sydney Local Health District Health Promotion Service, said the new map helps further promote active travel to Sydney’s multicultural communities.

“The map supports community members to include physical activity in everyday life and improve health, by connecting people with places in their local neighbourhood,” Ms Williams said.

“Adding physical activity to everyday travel, like walking and cycling, is an important part of getting enough exercise to maintain good health.

“A range of multicultural communities in Sydney’s west will benefit from the 19 languages the map has been translated into, by maintaining good health and being able to better utilise public spaces in Liverpool and Fairfield.”

Liverpool City Mayor Ned Mannoun is in full support of the maps.

“It’s a great way to get out and about to remain active in the city as well as form a key partnership with South Western Sydney Local Health District and Fairfield City Council,” he said.

Funding for the development of the map was provided via the Federal Government’s Healthy Communities Initiative – supporting access to physical activity and healthy eating programs like the National Heart Foundation’s walking groups and AUSTCYCLE cycling courses.

“Discover Liverpool and Fairfield” is available at the Liverpool City Council and Fairfield City Council websites, and the English language version at www.swslhd.nsw.gov.au/liverpool and www.activetravel.net.au/maps.

Hard copies are available from Liverpool City Council (1300 36 2170) and Fairfield City Council (9725 0222).

****PHOTO OPPORTUNITY****

The map will be launched Thursday, May 8 at 11:45am at Liverpool Hospital, during a Red Balloon Walk as part of the National Heart Foundation’s Heart Week.