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HUB helping more people as Centre turns 14

As staff at The HUB Community Health Centre at Miller this week marked their 14th birthday, they also celebrated a record breaking year, helping 1,400 more people in 2013 than in the previous year.

Last year, The HUB provided crisis intervention, health and welfare referrals and healthy lifestyle programs to approximately 9,400 people in the 2168 postcode area.

The HUB Service Manager Community Development, Evan Giannakis, said it had been an extremely successful year for the service.

“In 2013 we helped 1,400 additional people to access services, connect with others and access health information and programs.

“We ran some very well-received projects including gentle exercise, yoga and zumba classes, a regular walking group, women’s craft group, men’s support group and Arabic and Vietnamese Women’s group.

“Over the past 12 months, The HUB has also helped deliver a number of popular community events including a men’s health forum, an alcohol forum and a domestic violence forum for White Ribbon Day 2013.

“We’ve been able to do this by partnering with a number of great local groups,” he said.

Mr Giannakis said staff and volunteers had seen positive changes in Miller over the years, which was largely due to community groups and local services like The HUB.

“We know from our clients how important this service in Miller is, and how much they appreciate simple things like access to a telephone, fax and photocopier.

“The Hub has played an important part in the Miller community over the past 14 years, and we are so pleased that we are still playing our part locally to connect people and improve lives,” he said.

To mark the occasion, The HUB held an information stall in Miller Shopping Centre on Tuesday 25 March.

For more information and/or full list of programs and services, please contact The HUB on 9608 8920.