The Deglutition Project: Diagnosis and Treatment

Presented by leading international expert:
Dr Ianessa Humbert

2 day course: Thursday 18th and Friday 19th July, 2019

The course objectives include:

- Identify inconsistencies in clinical decision making for traditional and emerging treatment techniques.
- Differentially diagnose normal versus abnormal swallowing physiological events
- Derive physiologically based treatments to address several of the most common challenging swallowing pathophysiologies.
- Learn to create and use a physiologically guided therapy plans to incorporate into your everyday practice with clear documentation.

Cost: $200 (TBC)
(A HETI AH grant application has been submitted and may result in the lower price of ~$100)

Venue: MEC Room, Concord Hospital

Time: 8:15am for 8:30am start. Finish 4:15pm.

RSVP: 27th June (please send in as early as possible)

Open exclusively to NSW Health Speech Pathologists
This course is organised & supported by Managers of Sydney Speech Pathology Departments in NSW Health and The University of Technology
Course Description: There have been increasing calls for a shift in the practice patterns of Speech Pathologists who treat dysphagia. This includes demands for greater understanding and clinical application of the fundamentals of normal and disordered swallowing physiology. However, both new and seasoned clinicians report receiving very little training on swallowing physiology and its immediate clinical application. This course will “jump-start” clinician knowledge of swallowing physiology and its application to dysphagia diagnosis and treatment. Attendees will leave with the ability to create swallowing impairment-based treatment plans that can be objectively tracked and clearly documented.

Program outline:
- Speech Pathology practice patterns in dysphagia
- The missing anatomy and physiology course: normal, functional and dysfunctional swallowing
- Applying principles of motor learning to dysphagia rehab: e-stim and biofeedback
- Supporting your clinical decisions with physiological guided outcomes
- Distinguishing normal, functional and dysfunctional swallowing in your evaluations
- Applications to your swallowing evaluation reporting
- Targeting the swallowing impairment in treatment
- Plotting the course of change in therapy and how to avoid treating functional behaviour
- What a speech pathologist needs: advocating and educating other medical practitioners

Dr. Janessa Humbert is an Associate Professor at the University of Florida in the Department of Speech, Language, and Hearing Sciences. She has expertise in swallowing and swallowing disorders. Dr. Humbert’s research program is focused on the physiological mechanisms of swallowing disorders and the development of rehabilitation strategies for dysfunction. Her interests center on the peripheral and central control of swallowing in normal and impaired function. More recently, a major interest of her research program has been to understand the neural mechanisms underlying normal and disordered swallowing and how principles of motor learning can be applied to examine these as well as swallowing interventions. In this context, Dr. Humbert’s research involves neural stimulation, neural imaging, and peripheral perturbation studies of swallowing in humans. These studies focus on aspects of age-related decline and neurogenic dysphagia and how rehabilitation can be more effective when implementing skill learning and/or adaptation to perturbations.

Enquiries: Tia Croft 8738 4863 or tia.croft@health.nsw.gov.au
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Payment details will follow at a later stage

Name: ____________________________________________

Workplace: ____________________________________________

Telephone number: ____________________________________________

Email: ____________________________________________
Dietary requirements Vegetarian/Gluten free

By signing this registration form I am agreeing to pay the registration fee, which will be $200 or less if the HETI grant is received.
NB. Confirmation of final fee is expected on the 9th of July, with payment required by the 14th July, 2019.
Signature: ____________________________________________

Manager sign off
Manager’s Name: ____________________________________________

Manager’s Email: ____________________________________________
Manager’s signature indicating approval to attend.: ____________________________________________

Please send registrations forms to tia.croft@health.nsw.gov.au

Application Notes
• This workshop is organised & supported by Managers of Sydney Speech Pathology Services in NSW Health and The University of Technology and open exclusively to NSW Health speech pathologists.
• There are 60 places available for this workshop. Places will be given out in the order of registrations received. You will be notified of successful receipt of registration form.
• The cost of the workshop and payment details will be confirmed once the outcome of the HETI AH Learning grants is known, approximately on the 8th July.
• All applications need to be approved and signed by your Speech Pathology manager.
• Final confirmation will be received once full payment has been received. If not received by 14/7/2019 your place will be given to another applicant on the waiting list.