

News from the Field



Volume 4, Issue 11– Nov 2015

Fairfield Hospital



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Message From The GM

Can you believe it – Christmas 2015 is upon us and I have to ask – where did this year go as it seems like we were just getting over Christmas 2014!!

There is just so much happening at the Hospital I barely know where to start so I will summarise some of what's happening.

Lets start with the planning and speed at which our ED and MAU/ESSU refurbishment is advancing – Models of Care, floor plan design, patient flows all just some of what the various staff groups have been involved in and pulled together in the very shortest possible

time and I do acknowledge that we couldn't fit in all of our staff's wishes into the floor design, but as we all are aware, there is just so much (small amount) of floor space to work with, but what the architects have come up with is quite amazing and especially compared to what we have (or don't have) at the moment. This will significantly improve our service to our community and please remember – this actually is an interim fix until our Master Plan comes to fruition.

You will have also noticed

many contractor walking around the Hospital – these contractors are actually reviewing what we have in place so that they can tender for our New Years energy saving project to update all of our energy sources to contemporary utilities.

Finally, I would like to thank our friends from Lions Club who accepted my offer to hold one of their dinner meetings at our Hospital. This was in part a thank you for all the equipment they have bought us, but also to share time together and have a great time – in fact there was no meeting, but heaps of laughs!!

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Prestigious Win For Fairfield Staff

A proud moment for Fairfield's staff members Dr Laurence McCleary and Debbie Liversidge on winning the following prestigious awards:

Dr McCleary won the following two awards:

1) *The Senior Staff Teaching Excellence Award from UNSW Women & Children's health Medicine* on Tuesday 1 December 2015.

2) *The 2015 Kilham Award for the "best Individual Teacher in the Western Paediatric Physician Training Network based outside the Children's Hospital at Westmead"* on Thursday

3 December 2015.

JMO Manager Debbie Liversidge won the "*JMO manager of the year award*" from HETI.

As a result of this recognition, Medical students from UNSW and UWS are now requesting placements at Fairfield Hospital.

What an amazing way to end 2015! Fairfield Hospital is most certainly on the map and now highly regarded as an institute for excellent medical (Paediatric) education.



International Stop Pressure Injury Day

Thursday 19 November marked International Stop Pressure Injury Day.

Fairfield Hospital supported the day with an information stand in the hospital foyer for patients and visitors, and a trade display held for staff in the Cafeteria. Companies who participated in the display of pressure reducing equipment and skin care were 3M, Coloplast, J B Medical, Molnlcke and Dickson and Dickson Healthcare. Staff were also encouraged to wear orange for the day which is the colour for NSQHS Standard 8, preventing and managing pressure injuries.

A competition including a crossword was provided to those who attended the trade display, with 2 prizes of movie tickets awarded. The movie tickets were generously donated by Hoyts Cinemas at Wetherill Park. The winners of the crossword competition were Sanju John from HDU and Juliana Cipolla an Occupational Therapy student.



Thank you to all the Hospital and community staff as well as students who assisted in planning the event and whom visited the displays.

Bernadette McNally, Clinical Nurse Consultant- Wound care.



Community Participation

On the 6 November 2015, The Annual Consumer and Community Participation Conference took place at the Liverpool Catholic Club. The event was well attended by staff and consumers from around the District. The presentations together with patient stories and general interaction made this conference one of the best held so far.



A hospital tour took place on 17 November for students from NAVITAS

Fairfield. Ten students had the opportunity to learn and see Fairfield Hospital. These tours are conducted in partnership with Paul Gorgees from Multicultural Health Cabramatta.



The Fairfield Community and Consumer Network held its last meeting on Friday 27 November 2015. During the meeting, they took a walk with Munya Gwede – Director of Corporate Services to identify better strategies/improvements for current

“No Smoking” signs at the front/ around the hospital. Many workable ideas were presented by the network to achieve better signage and communication to staff, patients and visitors.



A Christmas Lunch will take place for all District Community Representatives on Thursday December 3 before attending the Annual Public Meeting.

Staff Recognition Awards

On Tuesday 24 November 2015, Fairfield Hospital celebrated staff service certificates and staff recognition awards with a BBQ Lunch. Current employees who have reached 10 years, 15 years, 20 years 25 years and 30 years milestones of their service were recognised on the day. Former staff members who had left the service within the last 12 months but rendered over 10 years service were invited to the function and were acknowledged. A small token of appreciation was given by the General Manager.

The following were announced winners for the Fairfield Hospital Staff Recognition Awards 2015.

Divisional Awards:



Allied Health – Andrew Wong (Physiotherapist)



Corporate Services & Finance – Lujbica Aleksoska (Hospital Assistant)



Nursing and Midwifery – Kathy McGuire (Clinical Nurse Educator, Ward 2A)



Most Outstanding Manager of the year – Myra Drummond (Nurse Unit Manager, Ward 1A)



Most Outstanding Customer Service of the year – Christian Fenero (Stores Supervisor)



Most Outstanding Team of the year – Ward 2B (Orthopaedic Ward)



Most Outstanding Individual of the year – Yi Wen Pan (Clinical Nurse Consultant, Infection Control)



Helping Hand/In Safe Hands – Sandra Lombardini (Executive Assistant to General Manager and Renata Odzic (Administrative Officer – Hand Clinic)



General Manager's Award – Soji John (Acting Perioperative Nurse Manager)

SPONSORS:



WHOLE OF HEALTH PROGRAM

This segment is aimed to keep you all informed about Whole of Health (Previously Whole of Hospital) program currently running at Fairfield Hospital.

The aim of the Program is to increase access to care for patients by:

- * Addressing barriers for patient flow through hospitals
- * Adapting services to the increasing demands
- * Working together to provide right care to patients at the right place and in the right time.

Some of the current project/activities at Fairfield include:

- *Communication strategy developed to ensure that staff, patients and carers are kept informed on the activity of the WOH program.
- *Rollout and evaluation of electronic patient Journey Boards (ePJB)

Celebrating Success:

Fairfield Hospital performed extremely well over the winter months. Thanks to all staff for your efforts in providing quality care to patients presenting to Fairfield Hospital. Have a Merry Christmas and Happy New year!

Maria Toledo

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StatePlus
Formerly State Super Financial Services

At State Super Financial Services (SSFS) we're taking a look at how we do things. We're focused on delivering an even better experience to our clients while we prepare for the future and make sure we move with the times. A key step on this journey has been to refresh our brand. We're excited to have a new brand that looks and feels more like we do - generous, knowledgeable and positive.

We all want the freedom to spend time and our money in a way that makes us feel purposeful and happy. The good news is that it's never too late or too early to start retirement planning.

We will help you structure your finances to support your retirement lifestyle, and stay on the right track.

Australians are being encouraged to remain in the workforce for longer. Find out how a transition to retirement income stream can aid you.

Get in touch today to get in control

There's no cost or obligation to meet with one of our experienced and highly skilled planners. For more information and upcoming visits to Fairfield Hospital contact **Ozlem Bayman** on 02 8738 2508 or email ozlem.bayman@stateplus.com.au

The best thing you can do for your health and the health of others is to

QUIT SMOKING!



Strategies to quit:

- Organise a support team
- Plan to change habits/routines that lead to a trigger
- Consider using NRT products
- Reduce caffeine and limit alcohol intake
- Create smoke-free zones in your workplace, car and home
- Use the money saved to reward yourself

For Help:

- Speak to Mercy Omega, Smoking Cessation Professional on 0408 669 727 or email Mercy.Omega@sswahs.nsw.gov.au
- Contact your GP
- Call the Quitline on 137848 (13QUIT) or visit: www.icanquit.com.au



Mercy Omega—Chronic Respiratory Case Manager & Tobacco Treatment Professional— Ambulatory Care Unit Fairfield Hospital presented on 20 November about how Fairfield Hospital is building an integrated service for our clients. Making sure they get maximum exposure

to all multidisciplinary services we have at Fairfield Hospital to improve quality of life, to minimise trips and to prevent multiple hospitalisation. For more information you can contact Mercy on 0408 6669 727 or 9616 8999
Email: mercy.omega@sswahs.nsw.gov.au

Parents with queries about their child's emotional and social development can access a new Love, Talk, Sing, Read, Play Website. The Website gives parents tips on how to engage with their children from birth to six years. Love, Talk, Sing, Read, Play started as a Families NSW printed resource for parents.

Thanks to the joint effort of SWSLHD, SLHD and SESLHD, the resource is now available as a mobile phone app and a website. The website is designed to help parents promote their child's development.

It follows the stories of seven children at five development stages. Parents can also read ideas on how to talk, read, sing and play with their child.

Its principal feature allows the site to be personalised when parents sign in and add the ages and names of their own children.

The site also includes a blog written for parents by parents who are also health workers. The Love, Talk, Sing, Read, Play website can be found on the Resourcing Parents website and at lovetalksingreadplay.com.au

