



NARELLAN

Trivia night aims to support cancer patients

Test your brain power and support worthy cause

Kimberley Caines

A TRIVIA night to raise vital funds to assist cancer patients, survivors, and their loved ones in the Macarthur region is being held for the first time.

Residents will put their minds to the test for South Western Sydney Local Health District's Cancer Therapy Wellness Centre fundraiser trivia night at Narellan Community Hall on April 15.

The event will raise much-needed funds for wellness programs at Campbelltown, Camden and Liverpool hospitals.

Programs include workshops with a range of techniques to help people unwind and relaxing massages to reduce side effects caused by cancer treatment. There are also meditation classes that are aimed at helping people to calm their mind and reduce anxiety, and arts and crafts classes where classmates work together to create the ultimate scrapbook.

Therapy Centre director Professor Stephen Della-Fiorentina said money raised at the first trivia night would keep a program running or fund a new one.

"Every dollar we raise counts," he said.

"You don't have to have a connection to cancer to attend the trivia night."

Prof Della-Fiorentina said the number of patients surviving cancer was growing.



Minds to test



» **WHAT:** Cancer Therapy Wellness Centre fundraiser trivia night

» **WHEN:** Friday, April 15, from 7-9pm

» **WHERE:** Narellan Community Hall

» **COST:** \$25 (includes two-course dinner)

» **DETAILS:** swslhd.nsw.gov.au



Women in cancer remission join in one of the wellness programs at Campbelltown Hospital last week. Picture: Melvyn Knipe