The Bankstown Diabetes Centre offers a holistic, multidisciplinary service to individuals with diabetes and their families.

Our multidisciplinary team includes:
- Diabetes Specialists (Endocrinologists)
- Nurse Practitioner
- Diabetes Nurse Educators
- Dietitians
- Podiatrists
- Clinical Psychologist

**SERVICES:**

The Diabetes Centre has a predominantly ambulatory focus although a wide range of inpatient and hospital based activities are undertaken.

All services require a referral from a medical practitioner, although self referrals for diabetes education and nurse practitioner services only are permissible. **Appointments to all clinics are essential.**

Services offered by the department include:

1. **Diabetes Clinic**
   Provides assessment and ongoing reviews by an endocrinologist

   This clinic also offers **Complications Assessment Service**

   Complications screening occurs yearly for selected individuals with diabetes who attend diabetes specialist clinics.

2. **Outpatient Stabilisation of Diabetes**
   3 month support & management service for people on insulin.

3. **Diabetes Education Service (one to one and group)**
   Group Education programs provide comprehensive information regarding most aspects of diabetes care. These groups are held predominantly for English speaking individuals and their families.
   Diabetes Education programs for other language groups conducted on a need basis.
   Individual education programs are tailored for patients’ personal diabetes management needs and may include interpreters when necessary.

4. **Dietitian Clinic**
   This clinic provides essential self management advice regarding dietary issues.

5. **Podiatry Clinic**
   This clinic provides assessment and ongoing care for diabetic patients with high-risk foot complications.

6. **Clinical Psychology Service**
   This service offers assessment and treatment of psychological and emotional difficulties affecting diabetes care.

7. **Gestational Diabetes Clinic**
   Run in conjunction with the Antenatal Clinic and provides education and ongoing management to pregnant women diagnosed with gestational diabetes.

8. **Nurse Practitioner Clinic**
   This clinic provides expert nursing management of diabetes in partnership with general practitioners.

9. **Young Adults Clinic (YAC)**
   This clinic is designed to provide multidisciplinary diabetes care for young adults aged 15–25.

10. **Ancillary Services**
    - National Diabetic Services Scheme (NDSS)

    The Centre is an agent for NDSS administered by Diabetes Australia. Patients enrolled in NDSS can purchase syringes, pen needles and testing strips from the Diabetes Centre.
- Supplies for People with Diabetes

The Diabetes Centre has the following items for sale:

- Lancet devices
- Lancets
- Traffic Light Guide books
- Also available are record books and insulin injection pens.

For further information or appointments please contact the Diabetes Centre
Ph: 9722 8360 or 9722 8354
Fax: 9722 8366