What is a Lung Function Test?

Lung function tests are breathing tests to find out how much air your lungs will hold, how well you move air in and out of your lungs and how well oxygen enters your body.

The results will help your referring doctor plan your treatment.

The test will take approximately 45 minutes to 1 hour.



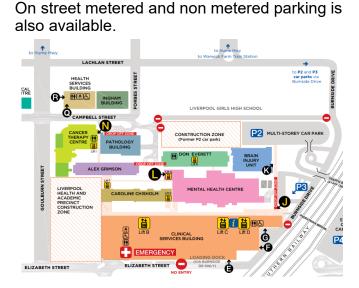


P2 Burnside Drive, Liverpool

P3 Burnside Drive, Liverpool

Charges apply

Concessional parking information https://www.swslhd.health.nsw.gov.au/liverpool/parking.html



Respiratory and Sleep Medicine Department Phone: 8738 4101 Fax: 8738 4102 Monday - Friday 8:00am - 4:00pm, (excluding public holidays) Hospital Switchboard: 8738 3000



supported by SWSLHD Consumer and Community Participation

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Lung Function Tests at Liverpool Hospital

Pulmonary Function Laboratory

Reception 111 Level 1 - Lift B Clinical Services Building Phone: 8738 4101

Respiratory and Sleep Medicine Department

Before Testing

- Avoid tight clothing that makes it difficult for you to take a deep breath
- No smoking / vaping / water pipe use on the day of the test
- No drinking alcohol on the day of the test
- Avoid vigorous exercise for 1 hour

Let us know

Please let the Respiratory Scientist know if you have had any of the following:

- Heart attack within 1 week
- Uncontrolled blood pressure (low or high)
- Prone to fainting (syncope)
- Recent surgery
- Chest or abdominal pain of any cause
- Oral or facial pain made worse by a mouthpiece
- Coughed up blood
- Stress incontinence
- Dementia or unable to follow instructions
- Dentures
- Claustrophobia (fear of closed spaces)
- On home oxygen
- Infectious diseases, such as, Tuberculosis (TB) or Hepatitis B
- Recent cold or flu (we may reschedule your test)

We may need to ask you some questions about your medical history.

Withhold inhalers (puffers), only if your condition & symptoms allow

24 hours

24 hours

24 hours

36 to 48 hours

- Airomir
- Asmol
- Bricanyl
- VentolinAtrovent
- Atrovent
- Atectura
- Breo

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- DuoResp 24 hours
- Flutiform 24 hours
- Fostair
- Fluticasone 24 hours
- Onbrez 24 hours
- Oxis
- Seretide 24 hours
- Serevent 24 hours
- Symbicort 24 hours
- Anoro
- Braltus
- Bretaris
- Brimica
- Enerzair
- Incruse
- Seebri
- Spiolto
- Spiriva 36 to 48 hours
 Trelegy 36 to 48 hours
- Trelegy 36 to 48 hours
 Trimbow 36 to 48 hours
 Ultibro 36 to 48 hours

If having a skin prick test, withhold antihistamines (Telfast, Claratyne, Zyrtec) for 4 days

What happens during the test?

Our Respiratory Scientist will:

- Measure your height and weight
- Ask you about your medications and smoking history

You will be asked to breathe into a machine to measure how much air you are able to breathe in and out.

During the test you may become tired, light-headed or dizzy. If this happens please let our Respiratory Scientist know.

The test will take approximately 45 minutes to 1 hour.

After the test

- You can return to your normal diet and activity
- Your referring doctor will receive the test results within 1 to 2 weeks after the test

Notes:



