

What is a Lung Function Test?

Lung function tests are breathing tests to find out how much air your lungs will hold, how well you move air in and out of your lungs and how well oxygen enters your body.

The results will help your referring doctor plan your treatment.

The test will take approximately 45 minutes to 1 hour.



P2 Burnside Drive, Liverpool

P3 Burnside Drive, Liverpool

Charges apply

Concessional parking information

<https://www.swslhd.health.nsw.gov.au/liverpool/parking.html>

On street metered and non metered parking is also available.



Respiratory and Sleep
Medicine Department

Phone: 8738 4101

Fax: 8738 4102

Monday - Friday 8:00am - 4:00pm,
(excluding public holidays)

Hospital Switchboard: 8738 3000



supported by SWSLHD

Consumer and Community Participation

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Lung Function Tests at Liverpool Hospital

**Pulmonary Function
Laboratory**

Reception 111

Level 1 - Lift B

Clinical Services Building

Phone: 8738 4101

**Respiratory and Sleep
Medicine Department**

Before Testing

- Avoid tight clothing that makes it difficult for you to take a deep breath
- No smoking / vaping / water pipe use on the day of the test
- No drinking alcohol on the day of the test
- Avoid vigorous exercise for 1 hour

Let us know

Please let the Respiratory Scientist know if you have had any of the following:

- Heart attack within 1 week
- Uncontrolled blood pressure (low or high)
- Prone to fainting (syncope)
- Recent surgery
- Chest or abdominal pain of any cause
- Oral or facial pain made worse by a mouthpiece
- Coughed up blood
- Stress incontinence
- Dementia or unable to follow instructions
- Dentures
- Claustrophobia (fear of closed spaces)
- On home oxygen
- Infectious diseases, such as, Tuberculosis (TB) or Hepatitis B
- Recent cold or flu (we may reschedule your test)

We may need to ask you some questions about your medical history.

Withhold inhalers (puffers), only if your condition & symptoms allow

• Airomir	4 to 6 hours
• Asmol	4 to 6 hours
• Bricanyl	4 to 6 hours
• Ventolin	4 to 6 hours
• Atrovent	12 hours
• Ateectura	24 hours
• Breo	24 hours
• DuoResp	24 hours
• Flutiform	24 hours
• Fostair	24 hours
• Fluticasone	24 hours
• Onbrez	24 hours
• Oxis	24 hours
• Seretide	24 hours
• Serevent	24 hours
• Symbicort	24 hours
• Anoro	36 to 48 hours
• Braltus	36 to 48 hours
• Bretaris	36 to 48 hours
• Brimica	36 to 48 hours
• Enerzair	36 to 48 hours
• Incruse	36 to 48 hours
• Seebri	36 to 48 hours
• Spiolto	36 to 48 hours
• Spiriva	36 to 48 hours
• Trelegy	36 to 48 hours
• Trimbrow	36 to 48 hours
• Ultibro	36 to 48 hours



If having a skin prick test, withhold antihistamines (Telfast, Claratyne, Zyrtec) for 4 days

What happens during the test?

Our Respiratory Scientist will:

- Measure your height and weight
- Ask you about your medications and smoking history

You will be asked to breathe into a machine to measure how much air you are able to breathe in and out.

During the test you may become tired, light-headed or dizzy. If this happens please let our Respiratory Scientist know.

The test will take approximately 45 minutes to 1 hour.

After the test

- You can return to your normal diet and activity
- Your referring doctor will receive the test results within 1 to 2 weeks after the test

Notes:
