

News from the Field



Volume 6, Issue 10– Oct 2017

Fairfield Hospital



Message From The GM

How exciting – only 3 weeks till accreditation and preparations appear to be well advanced and as usual, I find this an exciting time when we can showcase to external agencies the incredible work our staff do year in year out. It has been an incredible year of activity with 3 College accreditations, WHS Audit (previous Numerical Profile) all of which the Hospital received wonderful reviews, so the last accreditation for the year will cap off and be the icing on the cake.

Just to add to the HUGE pressures of what has been described as the worst winter on record, we are now full steam ahead with the ED refurbishment

as can be seen and heard from work progressing in the old GP Unit, Kiosk and Library – good to know we are currently on schedule which is always a good sign.

I must congratulate all involved in the recent Bike4Kids project with the bake sale raising \$1500 and following the actual ride, raised over \$15,000 – this is another example of our Fairfield Staff Working Family achieving benefits for the community we all proudly serve – great work by all and thank you on behalf of our patients.

On Tuesday 7 November we are

holding a special staff THANK YOU day for your incredible efforts during the past wicked winter and given our accreditation we have decided to include our Staff Love Your Work Awards presentation – don't miss the incredible foods from some 8-10 different countries.

Of course book early for our 'end of year party' (Christmas Party) on Friday 24th Nov.

October winners of our One Step Extra For The Team Award are – Anupama Dey (Switch Operator), Poumansing (Raj) Gujraz (1B), Naomi Ellis (AHNM) and Debbie Liversidge (JMO Manager) no room left to detail, but happy to provide.

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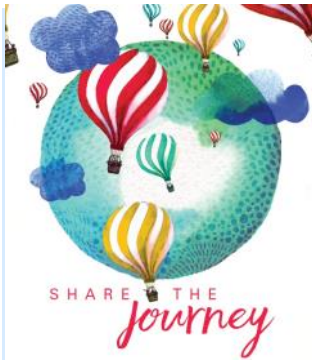
Carers Morning Tea

As part of Carers Week Fairfield Hospital hosted a morning tea at the Chipping Norton Lakes. Dementia/Delirium CNC – Rozina Shekhar & Aged Care Emergency CNC Pauline Vueti represented Fairfield Hospital. The Director of Nursing & Midwifery kindly donated the morning tea and a small token gifts to the carers. As part of the morning tea, carers were acknowledged of the demanding role they have and how we at Fairfield Hospital join in partnerships in care when their loved ones

are hospitalised to make their hospital stay a pleasant one and upon discharge. A little discussion re Top 5 was explained to carers and they were happy to engage with this idea .



Celebrating Mental Health Month at Fairfield Hospital 2017



Each year in NSW, Mental Health Month is celebrated throughout the month of October. The aim of this month is to encourage all of us to reflect on our mental health & health being, but also, include the month's message in our everyday lives. It helps us, whether we have a lives experience of mental illness or not, to think about the importance

of looking after our mental health and wellbeing.

The year's theme is **"Share the Journey"**

and focuses on the importance of social connections in:

1. Our Journey to better mental health; &
2. Our ability to cope with life challenges.

Good social connections not only improve our overall mental health & wellbeing, they also build our resilience.

To celebrate Mental Health Month at Fairfield Hospital an information stall was held in the front foyer of the hospital on Tuesday 10/10/2017 on World Mental Health Day.

Gordana Ruzic (A/CNC Drug health) and Delphine Leslie (Aboriginal Health Liaison) also provided resources and information to the general public and staff.

Information was available in various languages.



Cardiac-Rehab at Fairfield Hospital have had a change in the location of Diahann Natale, Administration Officer. Diahann can be found via the rear door of the Cardiac Rehab Office (previous location), accessed from the main corridor in Ward 1b and turning left in the gymnasium.

Community Participation & Engagement

The October Fairfield Community & Consumer Network was dedicated to training. Our members received training in Fire Safety, Hand Hygiene and other important training to assist them better in their capacity as consumer representatives.

Mercy Omega – our Chronic Respiratory Case Manager & Tobacco Treatment Professional also attended a Health Forum at Cabravale Leisure Centre on 25 October. Mercy spoke about how Fairfield Hospital is not just for treatment but promoting health activities & education to prevent some chronic conditions such as those caused by smoking.



The Bike4Kids bake sale raised \$1500 in total! Thank you for all those who helped in organising, to those that donated the cakes and helped out on the stall and with the raffle. An extra big thank you to Lynda Van Blanken who did an amazing job with all the donations and helping coordinate the stall - you definitely made this event the success it was!



Infection Prevention Week

Fairfield celebrated the International Infection Prevention week with many fun activities on Thursday 19 October to promote patient & staff safety. There were educational promotional stations for “Intravenous Management”, “Hand Hygiene”, and “Interactive cleaning”. Patient representative, Charles Gream conducted a repeat patient/visitor hand hygiene survey during the week to promote hand hygiene through patient empowerment and education. Infection Prevention and Control CNC, Yi and Work Health Safety Manager, Cveta hosted our first PPE fashion show to promote the use of PPE (personal protective equipment) in the workplace. The fashion show had 26 entries from various departments and got the whole facility excited. Arnold (GM), Harry (DOMS) Teresa (DONM) and Charles (Community Representative) had a very difficult job to judge the creative entries. The prizes were awarded to the following ward/department and individuals.

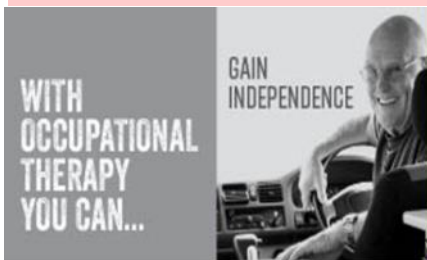
“The Most Fashionable Team Award”
Winner—CSSD

“The Most Fashionable Team Award” Runner Up—Operative Theatres



“The Most Innovative Individual Award”
Winner—Heather Gale Maternity

“The Most Innovative Individual Award”
Runner UP Debra Thomas from Ward 1B.



CELEBRATE OCCUPATIONAL THERAPY DURING
OT WEEK
22-28 OCTOBER 2017

REACH YOUR POTENTIAL
OT WEEK 22-28 OCTOBER 2017
#OTWEEK2017



For more information or to find an occupational therapist in your area visit www.otaus.com.au

22—28 October 2017 marked Occupational Therapy Week 2017. It is a week to celebrate all the amazing work that Occupational Therapists do and to celebrate their moto of “reach your pOTential”. The Occupational Therapy team at Fairfield Hospital currently consists of seven Occupational Therapists and two Technical Assistants. The Occupational Therapists work tirelessly across inpatient and outpatient departments throughout the Hospital offering a 6 day per week service. The Technical Assistants support the Occupational Therapists in both inpatient & outpatients roles, as well as operate the Equipment Lending Pool which serves to facilitate Hospital discharges across our LGA.

To celebrate Occupational Therapy Week, a find-a-word was distributed to all staff. Thank you to our Allied Health, Mental Health & Administration colleagues who took the time to complete it & congratulations to our winners: Lynda Van Blanken, Tanya Thai, Vesna Duricic & Nina Lakic. A static display showcasing the work of Occupational Therapists was also displayed in our Hospital Foyer, put together by our students. We hope you took the time to review this & learn a fact or two about our profession..

This year the Occupational Therapy Departments of Braeside Hospital & Fairfield Hospital came together over lunch to celebrate & network with colleagues.



Staff Notices

From the 2 October, Karen Steel has been seconded for 3 months to Community. Victoria Knol will be acting Patient Liaison Manager & Belinda Pellizzon will be acting Patient Safety Manager.

Shalin Kumar has now joined our staff as the Sustainable Access Manager (previously Whole of Health Manager) - Thank you to Claire McEntee who has filled this position during the recruitment process and is now assisting with the lead up to accreditation. Clair has also been seconded to three months as MET Co-ordinator whilst recruitment is in progress.

Ms Hazel Simeon has been appointed as Maternity Unit Manger Unit 2d & Special Care Nursery.

She can be contacted on 9616 8268 or pager 47936. Hazel comes to Fairfield Hospital with a wealth of experience & knowledge from her time in various clinical & management roles outside the District.

Special acknowledgement and thanks to Ms Vicki Beckwith who has acted in this role during the recruitment process. Vicki has returned to her substantive role of Clinical Midwife Educator and can be contacted on 9616 8834 & pager 47789.

Name Change

It is with great pleasure to announce the official name change from HDU/CCU to ICU/CCU. This is to provide consistency across SWSLHD and NSW whereby the term HDU is being phased out. Furthermore, the terminology HDU is not supported by the Ministry of Health & the Agency for Clinical Innovation (ACI).

The name change does not affect any current practice, in that high acuity patients requiring higher level intensive care will be transferred to the most appropriate ICU. Patients requiring ICU support at Fairfield Hospital are referred to & reviewed by the ICU team and a bed allocated if suitable. The patient will be classified as 1 to 2 nursing or 1 to 1 nursing depending on patient's acuity & treatment required. There are specific guidelines as to the classification of 1:1 or 1: 1 nursing, and the Intensive Care Specialist accepting the ICU admission will make that determination. Please note that is separate and different to the work currently being undertaken in the transitioning to a level 4 ICU. Further updated with the ICU Level 4 transition will be provided in due process.

HDU—High Dependency Unit

ICU—Intensive Care Unit

CCU—Coronary Care Unit



Central Sterile Supply Department (CSSD) at Fairfield, under Barbara Flaherty, have started recycling Kinguard (in line with what also happens at Theatre.) Fairfield recycled 620kg of Kinguard from Theatre in the last 12 months. CSSD will begin recycling the clean returned Limguard on unused instrument trays and it is anticipated that recycling will double if not more. The Kinguard is granulated and extruded back to pellets, which are then used to manufacture new polypropylene products such as buckets and rain drains. Recycling the Kinguard means it doesn't go to landfill and the cost of disposal is cheaper, which is good for everybody.

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CHRISTMAS PARTY

Staff are invited to come along and celebrate the festive season at Fairfield Hospital's Christmas Party

Friday 24 November 2017
Liverpool Catholic Club
from 7.00pm
\$50pp

(Two Course Buffet Menu / Soft Drinks / Wine / Beer)
DJ & Photo Booth

RSVP: Sandra Lombardini, General Manager's Unit
Payment: Susan Trinidad, Cashier
by close of business Friday 17 November 2017

Staff wishing to stay overnight at The Mercure, Liverpool Catholic Club is offering Fairfield Hospital staff 12% off accommodation. To receive this special offer, staff are to mention that they are attending the Christmas Party

15th December 2017 at 6.30pm
IBIS Styles Sydney Lansvale,
161 Hume Highway, Cabramatta, NSW, 2166

Celebrating 125 years of Cabramatta -
Charity ball for

FAIRFIELD HOSPITAL

COST: \$1000 FOR A TABLE OF 10 - \$100 PER TICKET
MC | LIVE MUSIC AND DANCING | AUCTION | DINNER