

# News from the Field



Volume 4, Issue 10– Oct 2015

## Fairfield Hospital



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## Message From The GM

I know you are probably sick of hearing me say this, but Wednesday afternoon at our Periodic Review Accreditation Summation, was just another occasion of where I felt enormous pride to be your GM—I'll dot point some commentary from the Survey Team:

\*The Coordinator of the Survey stated that she doesn't say the following often and indeed rarely—"would I bring 50% of my family that I don't like much to this Hospital—no I would bring the 50% of my family that I really like to this Hospital—Yes"

\*Another Surveyor stated

that she also rarely provides commentary around a particular standard, but had to say that our Infection Control processes are some of the best led and implemented that she had seen.

\* Yet another commented on the incredible results achieved by our staff with the limited resources especially in providing comprehensive, integrated care and constantly looking at doing better.

\* It was highlighted the manner in which we engage with our patients, consumers, carers and community was reflected everywhere they

went. Our Community Participation Group are just an outstanding and wonderfully led in developing robust community links. This comment was made by the last Survey Team 2 years ago and totally different Surveyors. Fairfield Hospital is doing Standard 2—Partnering with consumers better than they had seen anywhere else and indeed more advanced than anywhere else surveyed— same statement, 2 years apart and from different Surveyors!

" we are here to serve our community"

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## Pride of Workmanship Award — Liliana Larkin

Congratulations Liliana!

On 27 October 2015, the Wetherill Park Rotary Club held their Pride of Workmanship Awards, in which Liliana Larkin, Nurse Unit Manager Ward 2a had received this award.

The nomination put forward for Liliana read:

Liliana manages a busy Ward at Fairfield Hospital. She works hard to ensure that the best possible care is provided for all the patients in her Ward.

She has made her Ward a happy place for staff to work and it is her open and caring management style that has achieved this.

Nursing is a demanding profession but as a Nursing Manager the demands are even greater and Liliana meets challenges calmly and efficiently.

Liliana is well respected amongst her colleagues and has a reputation as a quiet achiever.



# Al- Faisal College School Visit to Fairfield

Al-Faisal College Students together with their teacher Mona Taleb visited Fairfield Hospital on Wednesday 14 October 2015.

The School has undertaken a gift giving initiative project throughout the year to different children's wards throughout the district.

This time around they choose Fairfield Hospital to give gifts to the children in our Paediatric Ward.

The kids visiting enjoyed talking to health professionals including the General Manager and the children receiving the gifts, who all had a smile on their faces.

Future school visits to the Hospital and visiting the school as part of our Community Program were also discussed.

Fairfield Hospital prides itself to its commitment to the local schools and has a special program to visit schools and vice versa to encourage young kids to learn about health and the different professions that exist within.



## Community Participation

Fairfield Hospital prides itself for its commitment and partnership with its community.

And this was reflected in the results achieved at this month's Periodic Review Accreditation Summation. The Surveyors said "our Community Participation Group are just outstanding and wonderfully led in developing robust community links".

These results couldn't have been achieved without the commitment and support of our network members and community partnerships.

A huge thank you to network members Charles Gream and Robert Hunter for taking the time to come in and meet with the surveyors about their experiences and thoughts of Fairfield Hospital and its Community Participation.

Each and every member of our network adds value to what and how the Hospital provides its products and services.

At the October network meeting, five new potential members attended to get a

feel for the network and the Hospital is hoping to have them on board for 2016.

This month two Hospital tours also took place on 27 and 28 October for students from Navitas Cabramatta in Partnership with Paul Gorgees from Health Promotion Cabramatta. The tour included visiting the Emergency Department, Dental, Diabetes, GP Clinic and Nutrition.

The feedback from Navitas was "Thanks to you and Paul for taking us around the Fairfield last Tuesday & Wednesday. It was enjoyable & beneficial to our students. They learnt a lot of new things and we did a presentation and recount activities in class"

Navitas is looking at having more planned tours in 2016 for its students due to the success from these tours. For more information about tours of joining the Consumer & Community Participation Network, contact Robyn

El-Khair on 9616 8830 or email: [robyn.el-khair@sswahs.nsw.gov.au](mailto:robyn.el-khair@sswahs.nsw.gov.au)



## Carers week

**CELEBRATING CARERS :** Fairfield Hospital celebrated Carers Week on 12 October, recognising local carers – the hero's of our community. A huge thank you to our guest Najah and Bhuvana from Centrelink, who provided information about the different types of carer payments and how they can be accessed. Thanks also to James and Suzy who spoke about finding jobs for people with disabilities and counselling services. The highlight of the session was the patient journey that carer Vidya shared with the audience about her carer responsibilities and challenges for her Autistic son David.



**WORKPLACE GIVING DAY:** Women giving birth in Ethiopia have been benefiting from the support of Hospital staff who donate \$1 a week to the Workplace Giving Program.

The program has helped the [Barbara May Foundation](#) build and run a fully-equipped, 20 bed maternity hospital in Ethiopia. We held a lunch to acknowledge the generosity of staff and promote the program on Thursday 29 October 2015.

Congratulations staff member Mrs Anhdien Nguyen for winning the \$50 Coles Myer voucher as a result of signing up to the program.



## Infection Control Prevention Week

Fairfield Hospital celebrated Infection Control Prevention Week on 21 October 2015.

To raise awareness, a Hand Hygiene promotion station was set up in the Hospital main entrance.

Our Community Representative Charles Gream who also sits on the Hospital Infection Control Committee assisted with conducting a Hand Hygiene survey with our patients and carers. The Survey was well received with over 50 responses collected. Staff were encouraged to be involved and show their support for infection prevention by wearing either Hand Hygiene promotional t-shirts or "something blue" on the day.



Charles Gream – Community Rep

Infection Control in a health care facility is the prevention of microorganisms from:

- \* Patient to Patient
- \* Patient to Staff Member
- \* Staff member to patient (NSW Infection Control Resource Centre.)

Fairfield Hospital is a District leader with Hand Hygiene, currently results sitting at over 90% compliance. The results achieved during the periodic review also support the good work done by staff at Fairfield Hospital thanks to the leadership of Yi Wen Pan – Infection Control Consultant.

Clean hands save lives 

## Staff Notice

### A Management Trainees message and thanks

From the start of this year I have been fortunate enough to be granted the opportunity to learn about our healthcare system, its faults, successes, places and people. Practically, this involves living a “nomadic” workplace existence (as described by Katrina, a fellow trainee) where we spend our first two years moving between facilities, departments and workplace families. Academically, I am undertaking a Masters in Health Management with three courses a semester fact dictating that advancing my healthcare knowledge dominates a large portion of my social existence. The combination of these practical and academic elements means that I can now tell you what any clinician working in the public system could tell you that to be healthy, you should be rich, employed (in the right job of course) and living in the right neighbourhoods. But regardless of these factors there are things that Hospitals (Although by “Hospital” I refer to far more than what is within a building walls) can do to benefit the health of the local community. Politically popular words such as systems, accountability, integration, quality, safety, governance, culture and leadership carry depth and real opportunity that is betrayed by the causal manner in which they are often uttered – for which I am also guilty. My time at Fairfield Hospital has been incredible, primarily due to the staff that reside within. They have contributed to my education with something far less tangible yet more real than what the politically popular words seem to have become, and for which I will attempt to describe.:

- \* The staff (nurses, cleaners, doctors, porters, physios, social workers, managers etc) care about the wellbeing of their patients
  - \* The people one stumbles across late at night, well past their shift, still give you a smile
  - \* Patients wouldn't go to any other Hospital
  - \* Surveyors place Fairfield Hospital in the same league as flexible, private, well resources American healthcare organisation that control the whole continuum of healthcare
  - \* The front line clinicians make it work for those they look after regardless of the daily speed-humps.
- I would like to say a big thank-you to the numerous people that helped to demonstrate the above points, and for smiling at me in the corridor at all hours of the day and night.

Thanks

Ben



**BOUNCE BACK PROGRAM**

*Focusing on Staff Health and Wellbeing*

### SEEKING EXPRESSIONS OF INTEREST!

If you have an interest and would like to join the Wellness Strategic Task Force Committee, to assist in planning, promoting and implementation of the Bounce Back Program please email the WHS Manager, Cveta Andary for further details.

### WHAT Is The Bounce Back Program?

Bounce Back is a staff initiative program that will promote staff health and wellbeing and will focus on a number of different areas such as; Mental Health, Oral Health Physical Wellbeing, Healthy Eating, QuitNow – Smoking Program and General Health!

### WHEN Will The program Commence?

We are anticipating to launch the program in in early 2016, stay tuned!

**FAIRFIELD HOSPITAL**

**Staff Recognition Awards**

**Service Certificates**

**Presentation of Staff Service Certificates & Staff Recognition Awards will commence at 12.30pm**

**Staff are invited to attend a Lunch to be held in the Hospital Cafeteria**

**On Tuesday 24 November 2015 from 11.30am — 2pm**

**10 yrs** **15 yrs** **20 yrs** **25 yrs**

*Most Outstanding Team of the Year Award*  
*Most Outstanding Individual of the Year Award*  
*Outstanding Customer Service of the Year Award*  
*Divisional Award*  
*Most Outstanding Manager of the Year Award*

**Grand Rounds** on Wednesday 14 October 2015 was presented by: Silver Chain & Catholic Care on the topic “ComPacks” by Natalie Taylor, Team Leader ComPacks, Silver Chain & Patricia Galvez, Case Manager ComPacks, Catholic Care.

On Wednesday 21 October 2015 was presented by SWS Pathology Services on the topic “Pathology Tests Interpretation by Professor Rob Lindeman.