

News from the Field



Volume 8, Issue 3- Mar 2019

Fairfield Hospital

Message From The GM

This will be my last contribution to the newsletter as Acting GM

Paul Crowe commences with the LHD next week as the General Manager Fairfield Hospital. Paul will spend two days at the District and then will work three days with me as we transition to his new role during a handover process. I am sure you will all join me in welcoming him to Fairfield.

I am returning to my substantive position as Director Clinical Governance for the SWSLHD. I am having a little break before returning to the District and will be back on deck on 6th May.

I wanted to take the opportunity to thank each and every one of the staff for the privilege it has been to be the Acting General Manager at Fairfield. Many of you will remember I was coming for six weeks, but I guess I overstayed my welcome!

My reflections over the last twelve months have seen many positive things happen at Fairfield, compared to one or two issues that have caused us all a bit of pain. That is the nature of the business we work in. I am pleased to see that staff have taken advantage of education, we have introduced CORE Chat that many of you have been to, and also provided me with positive feedback on how the course was beneficial. There will always be a way to go as we never reach the end of the road.

I wanted to thank the Executive Staff and Managers for their diligence in working hard. I know I challenged a lot of people and asked many questions such as why? why? and why. We changed many things and I learned many things.

It was all for a reason - and that reason was the bedding of the Principles of TYE into our campus at Fairfield. As you all know TYE is the five year roadmap to positively transform how our patients, consumers, staff and community experience our organisation and the services we provide.

There are many wonderful staff at Fairfield, in every area and department who work hard to provide safe care to our patients. This includes all our clinical and non-clinical staff, who contribute to the team approach at Fairfield.

In closing I wanted to thank all the staff, the Visiting Medical Officers and our Community Groups and Volunteers as you all make up the face of Fairfield Health Service

Inside this issue:

Donations	2
Aunty Roma's Able/Stable Program	2
April Falls Prevention Activities	3
SWSLHD Allied health Show Case	3
World CSSD Open Day	4
Kidney Health Awareness Week	4



EMERGENCY

Update

We are nearly there! Stage 11 is one month away from being handed over and we would be nearing the completion of the ED Redevelopment Project. At the same time we should also be handed back the new Cashiers office and the rest of the Acute Assessment Unit, very exciting times ahead! But with this comes a short period of upheaval.

As you are aware the "Bondi Sand" vinyl is being replaced with the grey vinyl all over the ED, the waiting room should be completed by the 12th and the remaining corridors after that. With that will come alternative working arrangements while the vinyl is being replaced. However the areas will be able to be walked over after hours. The countdown is on, get excited!"

Cheque Presentation

Fairfield Hospital is always appreciative of on going support from local businesses and community. This month the hospital was presented with a cheque for \$10,000 from representatives from Thor Specialties.

This donation will go towards purchasing infusion pumps for Paediatrics.

In the picture from Thor is Julie Martin, Office Manager and Arno Dalla-Fontana, Managing Director



We also had a parent who donated \$2000 for the Paediatrics Department after her child was treated at our Hospital.

Carols Horsley Park December 2018 Rotary International Donation

Staff member Barbara Flaherty volunteered her services at the 2018 Carols in Horsley Park. It was very rewarding (for her working 4 hours non-stop) from rep work to cooking & serving the public.

She then was invited to the 26th Birthday Celebration of Rotary Wetherill Park. On the night there were moving stories told, youth group slide shows and a few jokes told.

This was also the presentation night of Rotary's service awards and donation presentations, to which Fairfield Hospital and Braeside Hospital were both recipients.

Each received a cheque for \$5300. Proceeds from Carols in Horsley Park were shared amongst the beneficiaries:

- * Fairfield Hospital
- * Braeside Hospital
- * Rural Fire Service (Horsley Park), * Rotary Club of Wetherill Park



Where is it held?

The program is held in the Physiotherapy department at Fairfield Hospital.

How will I get there?

Transport will be provided by the Aboriginal Chronic Care Program.

How long does it go for?

- 1.5 hour for 9 weeks
- 30 minutes of education
- 45 minutes of exercise
- 15 minutes of individually prescribed home exercises



We acknowledge the Traditional Custodians of the land covered by the District are the Dharawal, Gundungurra and Darug Nations.



Artwork provided by Jayden Rorison

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Aunty Roma's Able and Stable Program



FAIRFIELD HOSPITAL
Falls Intervention Team



Health
South Western Sydney
Local Health District

WHS ACTIVITIES CALENDER 2019

Fairfield Hospital

MARCH & APRIL

Fire Safety & Security



Training

- Have you and your staff attended Fire Safety Training & fire drill/desktop evacuation exercise in the past 12 months? If not, please make arrangements! Contact **Robert Maxfield** (Fire & Security Manager)
- Have you undertaken the relevant mandatory **Security & Violence Prevention Management Training (VPMI)?** Online and Face to Face Courses (training to be completed as per staff category). Online modules in MyHealth Learning:

⇒ Violence Prevention and Management - Awareness (39831935)	⇒ Violence Prevention and Management - Face to face training (45793317) - Category 2 & 3
⇒ Violence Prevention and Management - An Introduction to Legal and Ethical Issues (39964595)	⇒ Violence Prevention and Management - Personal Safety (Workshop—45793475)
⇒ Violence Prevention and Management - Promoting Acceptable Behaviour in the Workplace (39965553)	⇒ Security Awareness—All Staff (194502198)

Are you aware of the Security Escort Policy?

Where staff feels that their safety may be compromised, the Security department is responsible in providing staff escorts to their vehicles or other Hospital buildings. The service is available twenty four hours a day seven (7) days per week. Staff requiring an escort are to contact Security Officers and request an escort or to arrange the Security Escorts via the Switchboard Operator

ARE you DOING your DAILY Departmental White Level Inspections?

Have you completed the White Level Inspection Training - MyHealth Learning—114113696

Online Security Improvement Tool (SIT)

The Security Improvement Tool needs to be undertaken by **ALL Departments** on an **annual basis** as per the **Protecting People and Property NSW Health Security Risk Mgt Policy**.

- Once you have completed the audit print a copy for your records and use it as your departmental assessment to address/improve required areas.
- If there are any areas identified as non-compliant (NC) please email your Director and the Fire and Security Manager – Robert Maxfield so your NC areas can be discussed for corrective action.

Please complete the SIT Audit by COB 26/04/19. To assess the SIT Audit please follow the below link <http://sws1hd-intranet.sswahs.nsw.gov.au/>

Do You Know:

- Where your nearest fire exit is?
- Where your department's assembly area?
- Who your departments fire warden/s?
- Are you familiar with the Emergency Flipcharts/ codes? Do you know where to locate the Flip Chart?



Equipment

- Has your fire safety equipment been checked in the past 6 months?

APRIL FALLS

"FRAILTY AND FALLS"

CALENDAR OF EVENTS TO CELEBRATE APRIL FALLS MONTH - FAIRFIELD HOSPITAL

Monday	Tuesday	Wednesday	Thursday	Friday
1 st	2 nd 3.30-4.30pm Physiotherapy department in-service: "Frailty, do you know the signs?"	3 rd April Falls Day Information board in the cafeteria All departments promotion April Falls Month Ward 1 B & Physio dept.: Grip strength testing Tai chi Webinar 2-3 PM	4 th	5 th
8 th	9 th	10 th Webinar 2-3 PM	11 th In-service-Frailty and falls ED Tut Rm 2:30-3:30	12 th
15 th	16 th 3.30-4.30pm Physiotherapy department in-service: "Frailty and Falls a case study"	17 th	18 th In-service Delirium & Falls ED Tut Room 2:30-3:30	19 th
22 nd	23 th	24 th	25 th	26 th

April Falls Webinars Venue: Boardroom

- 3rd April 2- 3 pm (AEDT) Prof Anne-Marie Hill – The importance of mobilising frail older people in hospital to prevent further deconditioning –
- 10th April 2-3 pm (AEDT) Prof Susan Kurrie – Recognising the signs of frailty and deciding what do about them –

WORLD CSSD OPEN DAY

Wednesday 10 April 2019



CSSD - the  of the Hospital
Help celebrate sterilisation & patient centred care

Guided Tour of Sterilising Services Department

From 0700hrs - 1500hrs

All Welcome

Watch the Sterilising Technicians in action

Open to all Staff and Public

Lucky Door Prize & Guessing Competition



On Wednesday March 13th, Fairfield Hospital joined in the World Delirium Day. Discussion on Delirium awareness was held by our Dementia/Delirium CNC Rozina Shekhar

which was very well received.

Ward 1B celebrated with a morning tea shared amongst patients, their relatives and staff members

Point prevalence audit was also attended in Wards 1A, 1B and 2A and well as across our LHD.



SWSLHD Allied Health Showcase



Fairfield Physiotherapy staff presented projects at the SWSLHD Allied Health Showcase on 27th March 2019. Proud moment for our Physiotherapy Department.

This is a photo of Lauren Hudson (Senior Physiotherapist - Hand Clinic) presenting her project 'Management of Proximal Phalanx Fractures at South Western Sydney Hand Centre'.

Minh Pham (Physiotherapy Inpatient Team Leader) also presented a poster 'Able and Stable - Get More Stable, be more Able'.

Zehra Celepci from Dietetics also presented her QI project goal is to improve the malnutrition Screening System at Fairfield Hospital.



KidneyHealthAwareness Week

8 April - 14 April 2019

Help us promote Kidney Health!

Kidney Health Awareness Week aims to promote a message of early detection, prevention and support. This year we aim to raise awareness of the alarming incidence of kidney disease.

DON'T BE BLIND TO KIDNEY DISEASE, BY WAITING UNTIL YOU FEEL SICK TO GET TESTED!!!

Come along on **Tuesday, April 9** to the cafeteria and participate in our Kidney Health Awareness Week Stall (10am-12:00pm).