

News from the Field



Volume 8, Issue 6 – June 2019

Fairfield Hospital

NAIDOC week @ Fairfield

Fairfield Hospital on Wednesday 10 July celebrated NAIDOC Week 2019. It was a great day filled with stalls, sand circle performances, including the Buuju Buuju Dancers, the Urban Zenadth Kes Torres Strait Islander Dance Group and Katie Leslie from the Jannawi Dance Clan.

To complete the day an Aboriginal and Torres Strait Islander garden was officially opened to the community and staff. The garden sits proudly on the Fairfield Hospital grounds as a physical reminder of the cultural importance of Australia's Indigenous people. It was named Ngalawau "nag-ah-mi" which means to sit and dream in the local Aboriginal Darung language. The name was the highest voted amongst three options on the day by the community and staff.

A huge thank you to the Angel Feather Foundation for the enormous support, donation and dedication to make the garden happen in time for NAIDOC week.

Special mention to our community and consumer group who also came in support and recognition of the day.



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TOUR

Bossley Park High School students came in for a hospital tour on 19 June. The students had an

opportunity to learn about the many different career opportunities in health as well as visiting different Hospital departments and meet clinical and non clinical staff.

One the same day Fairfield Hospital participated in a Prairiewood High School Health Expo by providing a stall and a guest speaker, Jessie-Leigh O'Connor from our Nutrition / Dietetics Department to engage with local students and promote health careers further.



"On the 6th June... In honour and inspired by my Nan (Aunty Roma) (Bless her soul)" Katrina Sing (Fairfield ALO)

Here at Fairfield Hospital, through an amazing team effort with some absolutely wonderful and committed colleagues we have developed the first in the South Western Sydney Local Health District, an Aboriginal and Torres Strait Islander Falls Prevention Program (Aunty Roma's Program).

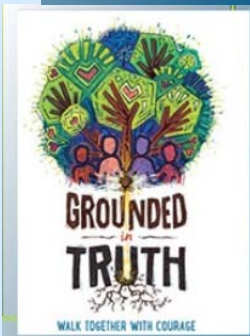
This is a grass roots project showing amazing results both physically as well as socially and emotionally for our mob dealing with chronic health conditions.

On this day Katrina Sing (ALO) and Minh Pham (Senior Physiotherapist), showcased this group at the Health Beyond Research & Innovation Showcase 2019, for the Injury, Rehabilitation & Prevention Category.

Not only did they smash the presentation but also had the pleasure of taking home the award for best presenter in their category.

"We are so blessed and thankful to be working in a space that we love with the amazing teams across this District. What a day!" Katrina Sing said.

Sorry Day Symposium "Effects of transgenerational trauma"



The theme for Sorry Day 2019 was "Walk Together with Courage"



With an emphasis on care and compassion, the District's Sorry Day Symposium at Liverpool Hospital showed the continuing impact of the Stolen Generations on our Aboriginal and Torres Strait Islander communities. Smoking and sand ceremonies, keynote speakers and a panel discussion focused on healing, support and respect were held. The beautiful sand artworks will be displayed across the District.

Our Fairfield Aboriginal Liaison Officer (ALO) Katrina Sing was part of that panel discussion and said, "What an absolute honour it was to be able to participate in such an important event."

It was a very heavy yet wonderful Sorry Day event. There were strong and inspiring stories and important discussions that need to continue to be had. It's an important reminder that Aboriginal and Torres Strait Islander Health is everyone's business.



Congratulations to our second group for 2019 graduating from the Aunty Roma's Falls Prevention Program at Fairfield Hospital! Great initiative for our Aboriginal and Torres Strait Islander community.

A happy graduating morning tea was held for the group where they were presented with certificates and show bags for successfully completing the 9 week program.

The group also received a small orientation about the Hospital Community & Consumer Participation Network which resulted in interest to join our network and represent our Aboriginal and Torres Strait Islander community.



The 2019 theme for Refugee Week was "A world of Stories" and at Fairfield Hospital we heard stories through student photographs.

The Mental Wellbeing Health Promotion Team in Partnership with NSW Refugee Service & Fairfield High School facilitated a 10 week Wellbeing Photovoice Program with Fairfield IEC students.

Photovoice is a method for communities to take photos which represent a theme. For Refugee Week it was the "Five Ways of Wellbeing".

On the 17th June, Fairfield Hospital hosted students and facilitators for a morning tea with the Hospital Executive team to talk about their photos and what it meant to them, with an opportunity to ask questions. The event concluded with a tour of the hospital.

The nine photographs gifted to the Hospital will be displayed proudly to show our diversity and welcoming of our emerging communities.



The students were very interested in Maternity so we visited one of the birthing rooms and the Midwifery Unit Manager explained to them what is offered to our expecting mums during their labour process.



SAVE THE DATE

Thursday 19 September

The seminar will include high profile speakers, presentations and the announcement of the most anticipated SWSLHD Quality Awards and Patient Safety Champion Award.



9TH Annual Patient Safety Seminar 2019

Date:
Thursday 19 September 2019

Time:
8.30am to 1.30pm
Morning tea and lunch will be provided

Venue:
Thomas & Rachel Moore Education Centre
Liverpool Hospital

Register by email to:
Naomi.dias@health.nsw.gov.au



people matter
NSW Public Sector Employee Survey

SHARE YOUR THOUGHTS

Thank you to everyone who participated in this years People Matter Survey and we look forward to sharing the results with you soon.

Congratulations to our lucky winner Vesna Duricic from Social Work. Please enjoy the **\$50 Wish Gift Card** kindly donated by Maxxia. Thank you Vesna and all staff for participating in the People Matter survey so far.

Also this week we have had a prize per day. Congratulations again to our other lucky winners this week who have won the Lucky Thai & Lao restaurant \$20 Voucher:

25th June Draw: Anna Manski

26th June Draw: Sharon Lam

27th June Draw: Esperanza Chadaeng



GESTATIONAL DIABETES | Fairfield's Hospital Clinical Nurse Diabetes Consultant Jenny Wright has introduced a smartphone app to manage blood glucose levels in gestational diabetes. The original pilot resulted in fewer clinic appointments and the ability to immediately address any abnormalities in patient blood glucose levels. "This app gives us real-time viewing to treat our mums-to-be," she said.

Next Jenny is about to pilot a non-English speaking study of the app which is very relevant for the Fairfield Community and our patients.

You're invited to attend the
South Western Sydney Local Health District
13th Annual Consumer and Community Participation Conference 2019

Official Launch of SWSLHD Health Literacy Roadmap

WHEN
Friday 20th September 2019
8.30am - 3.00pm

WHERE
'Holiday Inn The Warwick'
355 Hume Highway
Warwick Farm

THIS EVENT IS FREE!

transforming your experience



Health
South Western Sydney
Local Health District

Please RSVP by 6th Sept 2019
Contact: Lynda Johnston
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