

News from the Field



Volume 8, Issue 7 – July 2019

Fairfield Hospital

Message From The GM

I would like to take this opportunity to thank those of you who help take care of this facility and its appearance by treating the buildings and grounds as you would your own home. People judge the care in the hospital based on how it looks as well as what we do to care for patients. A clean hospital and grounds is everyone's responsibility. Lets transform each others and our visitors experience by improving this together.

Thankyou to our generous benefactors who have provided donations to the hospital:

- Pamela Martin
- Smithfield Sydney Baseball Lions Club
- Big W
- The Seto family

Comings and Goings

Jenny Wright, CNC Diabetes will be leaving Fairfield for a new role as a Transitional Nurse Practitioner at Bankstown and we wish her well in her endeavours. One of Jenny's key achievements that benefitted patients was the development of an app that helped patients manage their diabetes.

Please welcome Mr Raiyan Mansuri as the acting Director of Finance. Raiyan is an experienced accountant with SWSLHD who normally works in the district finance team.

Mr Scott McGrath has been permanently appointed as the Fairfield Hospital Director of Nursing. Scott has a strong background in nursing management and human resources.

Please join with me on congratulating Scott



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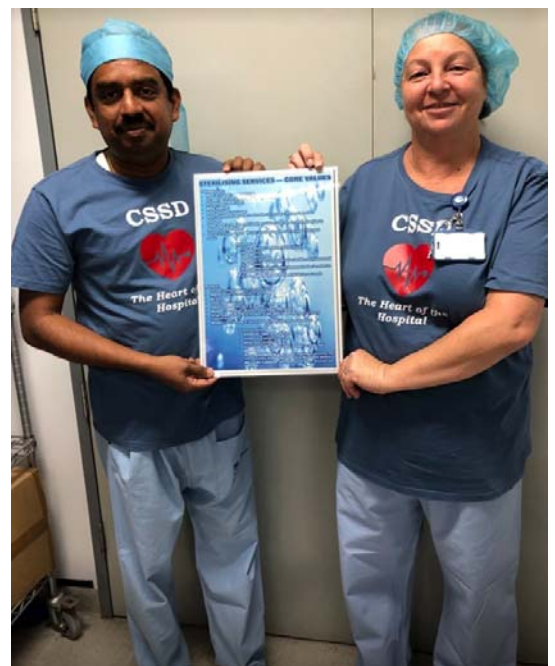
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The Fairfield Hospital Emergency Department refurbishment has been paused for some time but there is good news on the horizon. SWSLHD Capital Works is in the process of reviewing the submissions for the new builder to be appointed. Once appointed the builders will provide a timetable that should see the Emergency Department and front foyer areas handed back to the Hospital by the end of November.



Sterilisation and hygiene are important to us. Sterilising Services Department team

members Barbara and Sibi put our values to practice each day when providing high quality and safe patient care. Here they are holding our charter of CORE values – the essence of our organisation. Great work





Our Consumer & Participation Network had a full meeting including a refresher on First Aid and mandatory fire training. The group also provided feedback and consultation on the framework that is due to be launched in 2020.



Our Paediatric Ward (1C) recently finished a revamp of the playroom.

The revamp included a new 65inch TV for the kids to watch, new lounges, new storage shelves, books and toys.

The money to do so was provided from generous donations from our community.

But the people that made it all happen was the Angel Feather Foundation. They sourced the new items at very good prices, had them delivered, assembled and re-constructed the playroom to what you see now. They also provided further donations from their network of people (such as the games table and toys) to go in the room as well ☺

The staff, visitors and our patients will benefit greatly from this, having a nice, clean safe entertaining area within the Ward to play, watch TV and have some fun while they are stuck in hospital.



The Physiotherapy Department holds an outpatient exercise clinic for patients who have had total hip or knee joint replacement surgery. They perform circuit based exercises to improve strength, range of motion and function, and also give the patients a chance to discuss with a Physiotherapist in a one to one setting their

challenges and issues. One of the key components of successful rehabilitation post joint replacement surgery is working towards a goal (such as getting back to gardening, or being able to walk around at the shops). Patients are given individually structured home exercises to practice, to help them work towards their goal and get back to the activities they want to do!



Fairfield Hospital Wound Awareness Week #Let'sTalkAboutWounds

Throughout the week commencing Monday 15 July 2019 Fairfield Hospital celebrated Wound Awareness Week with an array of activities to assist staff, patients and community to learn the latest on preventing and managing wounds.

Each day there were presentations covering pressure injuries, diabetic foot ulcers and general skin integrity which were presented by Nursing, Podiatry, Occupational Therapy and Dietetics. There was also the launch of the Wound Prevention and Management website (photo attached) which allows clinicians from the multidisciplinary team to access up to date information to assist in preventing and managing all types of wounds.



HEALTH & WELLBEING EXPO

South Western Sydney Local Health District commitment to supporting their workforce is highlighted in the Wellbeing Framework 'live, work well'.

Staff health and wellbeing is a focal point of our Transforming Your Experience strategy, and this Framework brings together six focus areas which support healthy lifestyles and offers mindfulness strategies.

Fairfield Hospital hosted its staff Health & Wellbeing day with over 20 staff related information stores, lucky doors prizes, free massages and fruit and veggies for all! Staff were raving about the event and how much they appreciated this day! Thank you to all our stall holders, contributors & the Fairfield Hospital team for making this successful event possible.





World Breastfeeding Week commences Thursday, 1 August 2019 and concludes on Wednesday, 7 August 2019. The international theme for WBW 2019 is Breastfeeding: *Empower Parents, Enable Breastfeeding* and was chosen to be inclusive of all types of parents in today's world.

WABA | WORLD BREASTFEEDING WEEK 2019
1-7 AUGUST 2019

The key objectives for the campaign are:

- ***Inform** people about the links between gender-equitable parental social protection and breastfeeding
 - ***Anchor** parent-friendly values and gender-equitable social norms at all levels to support breastfeeding
 - ***Engage** with individuals and organisations for greater impact
- Galvanise** action on gender-equitable parental social protection to advance breastfeeding
- So what is the empowering parents campaign all about?**

"Globally more than 800 million women workers (41%) still do not have adequate maternity protection, and paternity leave is offered in 92 countries. Recent evidence from the Lancet (Medical Science Journal) confirms the importance of breastfeeding for survival, health and wellbeing of both mothers and children. Work is one key barrier to continued breastfeeding. Global breastfeeding rates have been stagnant partly due to lack of social protection and other support measures. Research shows that paid maternity leave policies could help reduce infant mortality by 13% for each additional month of maternity leave.. Several countries in, for example, Asia are working towards improved maternity leave provisions.." (World Alliance for Breastfeeding Action 2018) .



AND THE WINNERS ARE:

- Bean Counting Champion (How many jelly beans in the jar?): Hazel Simeon
- Brainiac Champion (WBW Crossword): Lucy Tran
- Art-head Champion (Colouring in competition): Laura Luc; Highly commended: Ingrid Pastor
- Pastry Chef Champion (Booby Cake Competition): Justin Smith



Congratulations to Suma Chowdhury for completing her 12 months Transition Nursing Program at Fairfield Hospital.

Suma commenced in July 2018 working in

Ward 1B as part of her first rotation and in ICU for the second rotation .

She will continue her journey working as a RN here at Fairfield Hospital.



"WBW celebrations, were enjoyed by all, on the morning of August the 2nd, in 2D Maternity. A lovely morning tea featuring the 'booby cupcake' creations of some creative participants, was enjoyed, after revealing a beautiful artwork by Prairiewood High School Visual Arts Students. The new artwork's home will be the Antenatal Clinic (ANC). Be sure to visit the ANC to see this new contribution to our Prairiewood High School honorary gallery celebrating WBW! We spent some time hearing about the context of the WBW 2019 theme, and about Fairfield's ever improving outcomes with our breastfeeding rates, and Prairiewood High School students did a lovely pavement chalk-art outside ANC. The winners of the annual WBW Crossword , the WBW Colouring-in competition, the jelly bean lolly jar competition, and of course the amazing Booby Cake Competition, were ceremoniously awarded and are listed below. As always, the liquid gold (breastmilk) was celebrated by wearing gold. This year we have new gold polo shirts (thank you Vicki Beckwith CME for her organising) with the oxytocin molecule embroidered on them; that wonderful love hormone responsible for much of the work we do in Maternity! A sincere thank you to all who participated so generously and competitively. It was a lot of fun, and many secret talents were revealed !"