

News from the Field



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Fairfield Hospital



Message From The GM

Winter is really starting to hit us with much sicker patients coming through our doors – strange when you think it is only one month from spring

As you can see from the next story, we received a beautiful painting from a very talented artist, but more importantly a very grateful patient in our high performing Hand Clinic – this is just one example of the huge success it has been for the LHD moving the Hands Service to Fairfield – well done to all staff in our Hands service

We recently held a number of short workshops utilising the ‘Hello My Name Is’ initiative

(see story below) which was really well attended and allowed staff to realise how important it is to our Patients to be introduced to whoever is caring for them and what procedures they may be intending to do – follow-up surveys will be carried out to see what lasting benefits have come from this initiative

Things are really starting to hot up with our Cafeteria refurbishment and future food and store outlet. There were a strong number of tenders received which will now be correlated by Colliers and recommendations made to be put to the LHD Chief

Executive for approval.

Mean while the current coffee cart/food outlet in the foyer has been modernised and provides a much broader variety of food and beverages and will remain in place until the cafeteria is completed

Our community talks and school visits continue to grow with a number of schools and community groups asking us to go and speak on services offered by the hospital, career opportunities for school students and indeed provide information about external services that may prevent the need to come into hospital.

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A “Thank you” Gift to the Hand Clinic

Fairfield Hospital Hand Clinic received a special gift from of one their patients Mrs Jeffries (the lady sitting down in the photo) painted the picture titled “ A Walk by the River” and donated it to the Hand Clinic. During the presentation, Mrs Jefferies showed General Manager Arnold Tammekand and staff in the Clinic a portfolio of other beautiful paintings she has done over the years and they were quite lovely. A very talented lady but also a happy and thankful patient of the Hand Clinic.

The painting will be hung within the Hand Clinic with a plaque which will be placed alongside the painting. The Hand Clinic at Fairfield Hospital services the whole of South Western Sydney and has attended to over 2463 patients in the last month. This includes new patients, reviews, dressings and hand therapy.



Consumer & Community Framework Launch

The 5th Consumer & Community Framework (2016-2019) Launch took place on 15 July 2016 with great success all thanks to the ongoing contribution from Consumers, Carers and Community Representatives who have played a crucial part in the development of Health Service plans for research, cancer, advance care planning, education & training. The Framework is an excellent toolkit that will help staff to continue delivering high calibre healthcare for consumers while also promoting transparency plus accountability in the health service.

Community Participation members through sharing their views and perspectives provide a valuable contribution to the SWSLHD and allows for stronger links between the health service and our communities. Community Participation is the practice that embraces a philosophy of "working with" rather than "doing to" people.

Fairfield Hospital invites members of the community who are interested in making a difference to their health system to join the Fairfield Consumer & Community Participation Network.

For more information, contact :

Robyn El-Khair
Community Participation Manager
Ph: 9616 8830
email: robyn.el-khair@sswahs.nsw.gov.au



Community Participation & Engagement

The Fairfield Consumer & Community Network held their July meeting on Friday 29 July 2016. The Network received a further update from the General Manager Arnold Tammekand about the hospital upgrade that will commence soon.

The Network also took part in a consultation with Sophie Sharman – Project Officer, National Disability Insurance Scheme to assist with the development of a South Western Sydney Local Health District (SWSLHD) Disability Carers Plan 2017-2021. The Network provided constructive feedback from their personal experiences within the health system.

Network members also reviewed and provided feedback on the "Hello my Name is" Campaign which recently was introduced to Fairfield Hospital staff as part of the ComPurs program and Transforming your Experience that both aim at identifying strategies for improved patient care.

Guzman Y Gomez and Grill'd Burgers local businesses in Wetherill Park, both fundraised for the hospital during the months of June/July 2016.

Funds raised will be presented to the hospital in the near future to purchase equipment.

Both businesses want to continue to support their local Hospital through fundraising and staff discounts.

The hospital appreciates and is proud of these partnerships.

If you have a business or a community group that would like to fundraise and support the hospital, we would love to hear from you.

Contact: Robyn El-khair
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Diabetes Week

From Monday 11 to Friday 15 July 2016, Fairfield Hospital promoted National Diabetes Week with several activities. Over the five days and in partnership with ChemistWorks Wetherill Park, two seminars about Diabetes and Diabetes prevention were carried out each day from Monday to Friday. Each day staff from different disciplines relating to diabetes presented.

On average 25 people attended each day and found it very enjoyable and educational. The feedback was that most people felt they obtained new knowledge and the event really promoted health.

To find out more information about the Diabetes Clinic within Fairfield Hospital, you may contact them on: 9616 8860



According to Diabetes Australia, Diabetes is the epidemic of the 21 century and the biggest challenge confronting Australia's health system. Around 1.7 million Australians have diabetes.

It is very important to manage or prevent Diabetes for yourself.

If you are a carer for someone with Diabetes, you need to know how to support and care for your loved one.

Employees also have a duty of care to provide a safe environment for someone with Diabetes.

National Diabestes Week 2016 11-17 July

On Tuesday 12 July 2016 Fairfield Hospital held an event for staff to raise awareness of diabetes. Staff had the opportunity to come along for a free diabetes risk screen & have a talk to the Fairfield Diabetes Clinic staff in conjunction with the GP Unit. Lunch and the event was sponsored by Abbott Diagnostics, AstraZeneca, BD, Eli Lili, MSD & Senofi.

Diabetes Services also presented at the Grand Rounds on Wednesday 3 August 2016 on the topic "The New Subcutaneous Insulin Chart: is this a change for the better?" by Professor Vincent Wong, Medical Director and Jenny Wright, Diabetes CNC.



Molly Sinclair, our Graduate Health Management Trainee, who had been at Fairfield Hospital for the past three months left us on Friday 29 July 2016. Fairfield Hospital staff wish Molly all the best for her future endeavours.



“Hello my name is...” an initiative started by Dr Kate Granger was rolled out at Fairfield Hospital from Monday 11 to Friday 15 July. Each session consisted of two parts 1) watch the video 2) discuss with staff using discussion points. Over 150 staff attended the sessions with very positive feedback. A session was also organised for the Junior Medical Officers.



A post survey will be conducted with our patient and carers to compare results before and after the campaign.

The competition between the Wards will soon take place for the best Display Board.



Experience what the West has to offer and support Fairfield Hospital's fundraising efforts by purchasing the NEW 2016/2017 Entertainment book.



The new edition of the Entertainment Book is now available to order online or you can pay with cash and collect at the Cashier.



The General Practice Unit at Fairfield Hospital has relocated to new rooms at Prairiewood Community Health Centre—opposite the Hospital's main entrance.

The Clinic is open Monday to Friday, from 8.30am to 5.00pm to all community members wishing to see the GP.

Permanent doctors include Professor Siaw-Teng Liaw, and staff specialist Dr Michael Tam and Dr Andrew Knight.

The centre has an experienced family medicine trainee (GP registrar), Dr Huma Ilyas whom commenced on 1 August 2016.

No referral is needed and all visits are bulk billed. Please phone for an appointment on (02) 9616 8520

NATIONAL STROKE WEEK 12-18 SEPT 2016 #rightstroke

SPEED SAVES THINK F.A.S.T.



This year we want Australian's to understand the impact **time** has on a stroke.

A speedy reaction not only influences the treatment path for a person having a stroke but also their recovery.

Most treatments for stroke are time sensitive so it is important we **Think F.A.S.T. and Act FAST!**

Did you know during a stroke 1.9 million brain cells are lost per minute?

This is why it is important to identify the signs and symptoms of stroke **F.A.S.T** and call '000' immediately.

National Stroke Week 2016 will be from 12 - 18 September.

As part of National Stroke Week 2016 we are encouraging everyone to come and participate in Fairfield Hospital's Stroke Day held on the 14th September from 11.30am – 2 pm in the Cafeteria.

- Awareness activity
- Fundraise for Ward 1A Stroke Unit
- Host a Health Check

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