

News from the Field



Volume 2, Issue 7 -July 2013

Fairfield Hospital

Message From The GM



Extremely busy times at Fairfield Hospital at the moment, but we are still managing to get things done – such as the final delivery and placement of our 104 electric beds. This process should be completed by end of this week and I would personally like to thank Sibi Mathews for coming back to complete the job he started – great work Sibi.

Also nearing completion is the installation of our new Medical Gases compressors which should be installed within the next couple of weeks. Further work completed is the installation of our 2nd X-Ray machine which makes our service now very contemporary.

Recently we had a ‘mock’ accreditation survey and from the reports back from the Survey Team, we did extremely well displayed some really great initiatives. It has to be said that they did indicate areas that needed strengthening before our proper survey in November, but I am very encouraged by the feedback we got.

Welcome back to Richard Farmilo our OT Manager – it’s really good to have you back with us at Fairfield.

We were also very fortunate to have a presentation by Valerie Browning on the Giving Program and her talk was quite compelling and well attended by our staff.

On Thursday last week Fairfield Hospital was co-announced as one of the better Hospitals meeting our emergency access timeframes on Channel 9 and then again in the Daily Telegraph on Friday. This is a significant achievement that we should all be very proud of and just further demonstrates how focussed Fairfield Hospital staff are on ensuring timely and appropriate access to our patients – well done to all.

On the 12th of July our staff joined in on celebrating NAIDOC Week – further information later in the Newsletter.

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NAIDOC Week

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920’s which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians. NAIDOC is a celebration of Aboriginal and Torres Strait Islander cultures and the opportunity to recognise the contributions of Indigenous Australians to various fields. Fairfield Hospital celebrated

this event with a release of wide variety of resources that will be available on the Library. Arnold Tammakand – General Manager said “ these resources are fantastic to have available in our Library for those who wish to use them and

for those who are interested in learning more about the traditional owners of the land”.



 **The new Fairfield Hospital facebook page!**



Drug & Alcohol Team

Fairfield Drug Health Services are located on Corner of Restwell and Prairievale Roads, Prairiewood. Our experience as a team working with patients who have an addiction problem is very rewarding as you help to reduce harm and effect change. Some people may be afraid to work with people who use alcohol or other drugs because they are fearful of aggression. Our experience is that "Anger does not always lead to aggression" and a majority of drug and alcohol patients are not aggressive when approached with the right professional approach and understanding risk factors. It is pivotal to have prevention and intervention strategies.

For more information contact us on : (02) 9616 8586



Drug & Alcohol Specialists

Nurses

Psychologists & Social workers

Health Education Officers

We are a dynamic team who offer Drug & Alcohol Services and provide centralised intake 24hrs a day (02) 9616 8586

What we cover

- ◆ Drug and alcohol assessment
- ◆ Drug & alcohol advice / consult to main hospital
- ◆ Inpatient withdrawal management
- ◆ FECT – Methadone/Buprenorphine prescribing & case management
- ◆ Drug & alcohol counselling

Other Drug Health Services

Opioid Treatment Clinics – Liverpool, Bansktown, and Campbelltown Hospitals
 Hospital Consultation Liason – CNC at Liverpool, Campbelltown and Bowral
 Perinatal/Family CNC – Liverpool, Fairfield and Campbelltown.

Fairfield Community Network

The Consumer and Community Participation network meeting was held on 26 July 2013 concluded with tour of the Emergency Department which took place with Dr. Harry Doan – Director of Medical Services and Belinda Pellizon, Nursing Unit Manager of the Emergency Department.



Also the South Western Sydney Local Health District and South Western Sydney Medicare Local invites you to attend The 2013 Annual Consumer & Community Participation Conference to be held on Thursday 19 September 2013 at the Campbelltown Catholic Club. RSVP by Friday 6 September 2013 to Katrina .

Partnerships into the Future – Health in South West Sydney



Mufti Day

Jenny Stein and Winona Ranyard held a fundraising hot dog and Mufti Day on Friday 26 July for their "Walk to End Women's Cancers" in early November. All staff were invited to wear pink or blue mufti for a gold coin donation. Those in uniform on the day were fined \$2. Winona and Jenny have registered to walk 60 kms over 2 days to raise awareness and funds for THE WEEKEND TO END WOMENS CANCER on the 9 and 10 NOVEMBER 2013.

A total of \$1277.65 was raised on the day. Best of luck to both ladies.



Diabetes Awareness Week

Diabetes Awareness Week took place from July 14-20. Several activities were set up by the Fairfield Hospital Diabetes Educators to promote this important National Diabetes Awareness Strategy. Diabetes is a chronic condition with approximately 3.6 million Australians having diabetes or pre-diabetes. If not managed properly, diabetes can cause serious complications. The theme this year was "Ages and Stages with Diabetes" as the effect of diabetes can differ at different stages of a lifespan. An information stand was set up in the hospital foyer for the staff, patients and the general public with information. The AUSDRISK was also available for

people to complete and assess their risk of developing diabetes. An exercise class was organised for staff on Tuesday 16 July as exercise is an important tool to prevent and manage diabetes. Several staff got the opportunity to evaluate their heart rates and break out a sweat in his high energy class facilitated by Jenan Elrishe a qualified trainer from FemFit Gym who donated her time for this good cause. Finally there was a fun jellybean guessing competition. Jelly beans are a convenient way treating hypoglycaemia. The main prize went to Tina Yiu (Occupational Therapy) who had the closest guess. Another 20 prizes were also given to

other entrants drawn out by Ms Linda Byrnes, Acting Director of Nursing & Midwifery services.



Workplace Giving Visit

Fairfield Hospital staff were invited to hear and meet Valarie Browning AM "Desert Angel of Ethiopia". She is described as an inspirational humanitarian who has impacted tens of thousands of lives. Staff were able to hear and see first hand the difference the money we

donate through our personal contributions to the Workplace Giving Program. Our \$1 per week Workplace Giving Program has been able to fund the establishment and day to day running costs of a maternity hospital saving the lives of the women and children living in the hottest,

inhospitable place on the planet. From just \$1 per week, more than \$400,000 was donated over the past four years to provide infrastructure, running costs and promoting safe maternity practices. To donate to this worthy cause, simply complete a "Workplace Giving Program Donation" Form and forward it to pay office.

"Over \$400,000 was donated over 4 years!"

Education / Research

Grand Rounds

Grand rounds on Wednesday 3 July 2013 was presented by the Department of O & G on the topic "A Short History of Caesarean Sections". By Dr. McMicking.

Grand rounds on Wednesday 17 July 2013 was presented by Cancer Services on the topic "Translational Cancer Research Unit" By Professor Paul DeSouza.

Fairfield Library

The July issue of "I didn't know that" included articles on:

- * Emergency physicians
- * Working in a disaster
- * Stroke
- * Information sharing

Barbara Gifford JP
Library Manager
Phone: 02 9616 8226

Email: barbara.gifford@sswhs.nsw.gov.au



Jeans for Jeans Day

Fairfield Hospital "Jeans for Genes Day" will be on Friday 2 August 2013. The merchandise has arrived and is on sale in the front foyer and Nursing Administration.



Staff Appointments

Ms Barbara Chapman, Director of Nursing and Midwifery Services will be on Annual Leave from 15 July to 4 August 2013 inclusive. During this period Ms Linda Byrnes will be relieving Director of Nursing and Midwifery Services and Ms Christine Parker will be relieving Operational Nurse Manager.

From 8 August to 23 September 2013, Ms Linda Byrnes will be on Annual Leave and Ms Christine Parker will be relieving Operational Nurse Manager, also Christine Willaims will be relieving Workforce Nurse Manager.

General Services has a new Ward Orderly Wayne Spinks for the Emergency Department (ED). Also two new part time ward orderlies are appointed and they replacing two part time staff who resigned/retired. New part time staff names are: Boban Thomas and Sridevi Vemulapalli. Also we have three casual ward orderlies that started in July. Vishal Patel, Rebeka Bhalla, William Owiredu .

Albert Nissan is our new full time cleaner and Soka Radeka, Veronica Nkhwazy and Gregory Cole are our new part time cleaners.

Patient survey results to drive hospital improvements

Patients are being asked for their opinions on the care they experienced at Fairfield Hospital. The survey, which is anonymous, includes questions about the admission and discharge process, for, nurses, doctors and pain management.

The state wide survey will be sent to random sample of patients and will take approximately 15-20 minutes to complete.

Conducted by the independent Bureau of Health Information (Bureau), Fairfield Hospital is encouraging people to participate in this survey. Your responses help us know what we're doing right and what areas we need to focus on. It also represents opportunities for hospitals across NSW to share initiatives and best practice, providing a better patient experience.

Participation is voluntary and responses are confidential. An interpreter service is also available if you need assistance completing the survey on a language other than English.

The Bureau will report the results of the patient survey in 2014.

More information is available on the Bureau's website at www.bhi.nsw.gov.au



WH&S

Just a reminder that the next manual handling train the trainer session is scheduled on the 21 August 2013 at Liverpool hospital. If you would like to attend this session please follow the below prompts to register:

Course Prerequisites:

1. Complete via CEWD the online Manual Handling Train the Trainer (OHS1266) <http://intranet.sswahs.nsw.gov.au/CEWD>
2. Register for Train the Trainer via CEWD (OHS1219)
3. Submit application utilising CEWD form and cc Cveta Andary (WHS Mgr).

Bake A Cake For Breastfeeding Sake

Join the fun and celebrate World Breastfeeding Week by baking a cake that reflects or represents a breastfeeding theme. Entries to be in the Cafeteria at Fairfield Hospital at 10am on Monday 5 August 2013.

1st Prize – Shopping voucher

2nd Prize – 2 Movie Tickets

Staff are also encouraged to wear gold or wear purple with a gold additive on the day and attend the afternoon tea in Ward 2D at 3pm.



Key Audit 2013

All employees need to complete one Key Audit form and return the completed form to the Fire Safety & Security Manager. Service Managers, Department Heads and NUM's must sight all the keys held by their staff before signing the form.

Please note forms returned by email will not be accepted. All forms need to be signed by the employee and their Service Manager before they are returned.

Please return completed forms by COB on Friday 16 August 2013. For further information, please contact Ned Veljovic on 9616 8896