

News from the Field



Volume 3, Issue 2- Feb 2014

Fairfield Hospital

Message From The GM



Acute Pain Service has been established at Fairfield Hospital. A registered Nurse Michelle Nazar is available from 0830-1130 hours Monday to Friday for Pain Management advice.

The Sydney Baseball Lions Club supports Fairfield Hospital with vital and much needed equipment and has kindly agreed to host one of its meetings at Fairfield Hospital on Monday night 10 March 2014 at 6.30pm and extends an invitation to all staff who would like to attend.

We have just received our draft ACHS Accreditation Survey report from last November's survey – a summary of the Surveyors comments is available for all staff from my office - also there are only 11

recommendations all of which we had identified prior to survey and have already commenced work on.

Survey Overview: "Overall, the surveyors found that Fairfield Hospital provides a high standard of clinical care in all of the areas that were assessed with some areas outstanding in their provision of care - these are mentioned throughout the report".

I must admit that this is one of the highlights of my working career and also being lucky enough to be the GM of an incredible, passionate and dedicated staff whose sole focus is on our patients - you are all just so fabulous and I thank you on behalf of our patients.

Congratulations one and all for this very deserved success for all your continual hard work - I'm one heck of a proud GM!!

The successful Staff Recognition Awards from last year will happen again this year with a multi cultural lunch to be held early November. The categories/ awards has been broadened with a greater variety of recognition classifications – watch this space for more details, however it might be wise to start considering who you may wish to nominate and the reason for that outstanding service nomination

Inside this issue:

New Mailing Address	2
DoanateLife Week	2
Community Participation	2
New Insulin Chart	3
Healthy Weight Week	3
Workplace Giving Program	4
Staff Announcements	4

Volunteers Thank You

Fairfield Hospital took the opportunity to thank its Auxiliary Volunteers and Consumer and Community Participation with a morning tea as part of "Volunteers Week" celebrations.

General Manager, Arnold Tammekand also presented each Auxiliary Volunteer and community representative with a certificate of appreciation for their dedication, commitment and hard work with the hospital.

Our Auxiliary Volunteers and

community representatives play a pivotal role along side our staff in delivering better health care to our patients and the local Fairfield Community.

If you are interested in volunteering, please contact: Joseph Pineda – Human Resource Manager on : 9616 8120

Alternatively, if you have an interest in health care and would like to be involved in the planning, delivery and evaluation of our services, then you might like to join our

Community Participation Network. For more details contact: Robyn El-Khair – Community Participation Manager on : 9616 8830



New Mailing Address

Australia Post has advised that the post code for Fairfield Hospital's mailing address has changed to the following:

Mailing Address

PO Box 5, Fairfield, NSW 1851

Tel: 612 9616 8111 Fax: 612 9616 8240

Fairfield Hospital's physical address remains unchanged:

Fairfield Hospital

Cnr Prairievale Road and Polding Street
Prairiewood NSW 2176.

Free Women Clinic

Women are encouraged to take the time out from their busy schedules to look after their health and wellbeing. The Cabramatta Immigrant Women's Health Service and Prairiewood Community Health Centre are running free and confidential Well Women's Clinics. The clinics provide pap test, breast checks, pregnancy tests and more.

To make an appointment, contact 9726 1016 or 9616 8169

Community Participation

The Fairfield Consumer and Community Participation Network had their first meeting for 2014 on Friday 28 February 2014. The meeting also welcomed five new members of the community who came in as observers to get a feel for the network and decide whether they would like to commit to joining the Fairfield Consumer and Community Participation Network.

The meeting included a comprehensive update from our General Manager, Arnold Tammekand about current and future directions of Fairfield Hospital.

The Network also planned for the rest of 2014, Health events that they would like to participate in and key note speakers they would like to invite to the meetings.

Congratulations also to network representatives Charles Gream and Carmen Lazar on completing the online training module for recruitment and selection. This will now provide them with an opportunity to sit on Hospital interview panels for advertised clinical and non clinical positions.

The Chair of the network Derek Corney also decided to swap position with the Deputy Chair Carmen Lazar going forward.

Valentines Day Babies

Fairfield Hospital Maternity Ward celebrated Valentines day with the arrival of ten babies on the day! Seven boys and three girls were delivered to happy parents.



\$1 Hoyts Movie Tickets

All Hoyts Cinemas is offering \$1 movie tickets for carers who come accompanying the person they care for. Carers simply present either their Healthcare card with CD or CP code card Centrelink pension card with CAR or DSP noted. Offer valid until 31 March 2014.

DonateLifeWeek 2014
SUNDAY 23 FEBRUARY - SUNDAY 2 MARCH

The greatest gift



A community education campaign for people from culturally and linguistically diverse communities

Fairfield Hospital held an information stall in the hospital foyer on Monday 25/2 /2014 and Tuesday 26/2 /2014 to promote DonateLife Week. Thank you to the Social Work department and Community Representatives Charles Gream and Janette Hannaford for manning the information stall over the two days. All the material was well received and distributed to interested patients, carers, visitors and staff .

For more information visit:

www.donatelife.gov.au



New Insulin Chart Implemented

The NSW Adult Subcutaneous Prescribing Chart is to be implemented within the South Western Sydney Local Health District (SWSLHD). Fairfield Hospital is scheduled to roll the new chart out on 1 March 2014. Implementing the new chart will help to minimize delays in management decisions and provide clinicians with clear

guidelines for Insulin prescription. The chart was developed by the Agency of Clinical Innovation (ACI) Endocrine Network following an extensive review of charts across the state and nationally. There was widespread input from rural, regional and metropolitan clinicians. The chart has been successfully piloted and refined from key staff across the State. Comprehensive training for nursing, medical and pharmacy staff is under way

to use this chart.

If you have any concerns, contact Shivon Singh (Director of Pharmacy) or Jenny Wright, (Diabetes Clinical Nurse Consultant on 9616 8860 or pager 47510.



Healthy Weight Week @ Fairfield

Australia's Healthy Weight Week (AHHW) aims to raise awareness of the importance of achieving and maintaining a healthy weight and lifestyle. Events held in February each year to promote this message. The idea for the 2014 campaign was to motivate all Aussie men and women to kick start healthy eating habits. Australian adults aged between 25-50 are more likely to be overweight or obese compared to other Australians and this is effecting their long term health. The Dietetics department at Fairfield Hospital showed its support

by running several fun filled activities for both staff and the general public.

Summary of activities:

Day one & Two : Information day with a health promotion stall

Day Three: Table Tennis Competition
Congratulations to Mark Buhagiar and Tina Yiu who one the advanced and beginners competition respectively.

Day four: Fitness Comp—Circuit challenge won by Stephen Nguyen and Kim Hien from Physiotherapy

Day Five: Healthy Morning Tea



Education / Research

Close the Gap Day 2014
THEME: It's important to identify.....
Please join us for a morning tea and Close the Gap day speeches.
Fairfield Hospital staff cafeteria - 10am, Friday 21 March 2014
Fairfield Hospital is committed to helping close the life expectancy gap between Aboriginal and non-Aboriginal Australians.

Fairfield Library

This month the Nursing Journal has an article about "The role of midwife, past present and future"

For more information contact:

Barbara Gifford JP
Library Manager

Phone: 02 9616 8226



Email: barbara.gifford@sswahs.nsw.gov.au

Staff

Aboriginal Liaison Officer

Sharon Brown has commenced as our new Fairfield Hospital Aboriginal Liaison Officer. She will be based within the Social Work office on Monday, Tuesday and Wednesday and can be contacted on pager 47548 or phone: 9616 8292.



New Graduate Physiotherapist

New graduate physiotherapists (left to right)



Natalie Pavlovic, Maggie Duong, and Philip Cheng are our first year graduates for 2014. Throughout the year, they will be supported by senior physiotherapy staff as they rotate through the areas of Medical/Surgical/HDU, Orthopaedics and Rehabilitation. Welcome to Fairfield!

Congratulations!

Congratulations to Danella Hackett (Senior Physiotherapist, Musculoskeletal Coordinator FOHKS) and her husband Wayne, on the birth of their new son! Lachlan John Hackett born on 6 Feb 2014 at 2.7 kg and 47cm long. Mum and bub doing well.



Workplace Giving Program



Making a Difference

All Fairfield staff are encouraged to join the Workplace Giving Program (WGP).

Staff are invited to donate \$1 a week, donations are deducted from their fortnightly pay.

Through the workplace giving program staff have already raised and donated more than \$300,000 to help build a fully equipped 20 bed maternity hospital in the Afar region of Ethiopia.

Valarie Browning, a former Australian midwife is the inspiration behind this charity and has recently been awarded "The One" award which comes with USD \$100,000 to further the work of the foundation.

In Afar, an estimated 1 in 12 women die during childbirth. The Foundation also trains and equips birth attendants in villages to manage women in their pregnancies and delivery.

So if you haven't already done so, join this worthy cause!

Cabravale Leisure Centre teamed up with the Aquatic and Recreation Institute to launch a pilot initiative to encourage over 50's to stay active.

The Centre is now running discounted classes for over 50's on Tuesday mornings at 8.30am.

Tuesday is a land based gentle exercise and Friday is an aqua class.

Cabravale Leisure Centre's pool is heated at a comfortable 31 degrees which has proved to be extremely popular with all community groups.

Classes are only \$5 per person and no booking is required. It is a pay as you go program.

Participants can come as they please.

