

# News from the Field



Volume 6, Issue 12- Dec 2017

## Fairfield Hospital



## Message From The GM

First of all I hope everyone had a safe and wonderful festive time and once again thank you to all that worked and kept providing an incredible service during this time.

I must also take this opportunity to apologise for not organising Christmas meals for our staff on Christmas Day – I won't ask for forgiveness as this is totally unacceptable to me to forget my 'Work Family' on such and important day – I will make amends.

Thank you to the staff that took the opportunity to complete our recent Safety Attitude Survey – it gives us Executive the advice from you at ground level to

improve the way we work and provide you with tools to do your job even better.

I must congratulate Dr Michael Tam from the GP Clinic being awarded the School of Public Health and Community Medicine, UNSW Sydney, Conjoint Research of the Year Award for 2017 – great work.

On 15 December we attended the 125 year celebration of Cabramatta being founded with a fund raising dinner at Lansvale Ibis Styles Hotel with the night raising \$17,215 for our Hospital – special mention must go to Fazila Farhad from Ibis and Jenny Tew from Lions who worked tirelessly to make the night a huge success.

Our ED refurbishment continues

(see below) and will now be getting down to the disruption stages with the ED itself, although plans are constantly under review to minimise the affect on patients and staff.

Some of you maybe aware that given our drop in ED 4 hour performance KPI the Ministry of Health has now included us in weekly teleconferences so we can detail how we will return to our previous performance levels.

I informed the MoH that our vast improvement over the past few weeks has been a result of staff focussing on getting patients seen and placed as timely as possible and not because of any external watch on us – great work by ED and back of house staff - our patients are the winners.

### Inside this issue:

Community Participation & Engagement 2

#EndPJparalysis 3

Toy Drive by Woolworths 4

Lions Club Donation 4

Launch of Wound Website 4

### Emergency Department Redevelopment Update

The Emergency Department (ED) Redevelopment is currently progressing well with work being undertaken in Stages 1A, 2, 3 and 4. It was anticipated that Stages 2 and 3 were to be handed over to the Hospital at the end of November 2017. However, due to some unexpected findings within the construction site, the handover of the Stages 2 and 3 is expected to occur by the end of January 2018.

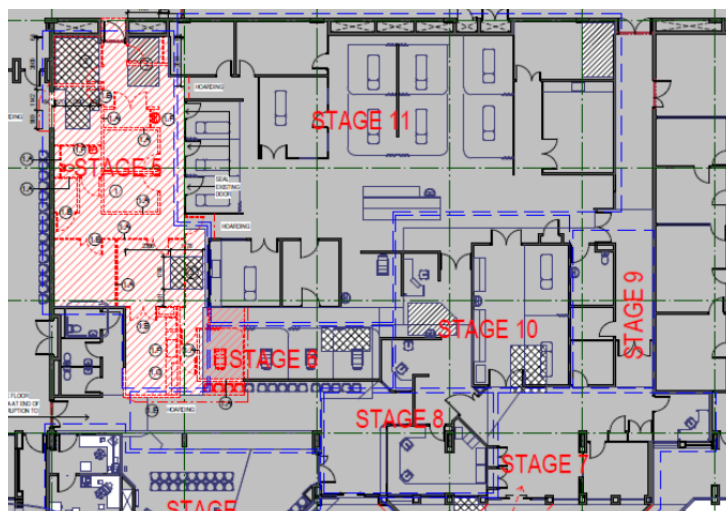
Stages 2 and 3 comprises of the Administration or office areas, staff amenities, teaching and meeting room as well as a new storage area.

#### Upcoming Work

Following the handover of Stages 2 and 3, work will commence on Stage 5.

Stage 5 consists of the current ED Director's Office, ASET Office, ED & Radiology Data Manager's office, staff bathroom, staff lunch room and some storage areas.

Further updates will be provided in the next issue of the Field.



# Community Participation & Engagement



## Support for Consumer and Community Participation Members

Training and support are provided to all participants and there is a Community Participation Manager to guide members in the role.

## Why should you become a Community Participant?

### Benefits to you include:

- providing a voice for the community in your local hospital
- becoming an important part of health service planning and delivery
- building cooperation between people in the local area and the hospital
- networking with like-minded people
- learning new skills with quality training and lots of support.



## CONTACT

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[www.facebook.com/SwsIhd-Consumer-and-Community-Participation](http://www.facebook.com/SwsIhd-Consumer-and-Community-Participation)



## Fairfield Hospital Consumer and Community Participation



## Together we achieve better healthcare

supported by **SWSLHD**  
Consumer and Community Participation



## Concerned about the health and future of your community?

You can make a difference by joining Fairfield Consumer & Community Participation Network where you may choose to:

- participate in the planning, development, delivery and evaluation of health services,
- promote and improve the health of the local community,
- work with hospital staff to advocate for the community so that hospital services are more responsive to their needs,
- bring local health needs and issues to the attention of Hospital staff and management.

## How does Consumer and Community Participation work?

As a Consumer and Community representative you will have the opportunity to:

- be a link between the local community and the hospital,
- be involved in hospital projects and new initiatives,
- be a member of a hospital committee that interests you,
- promote local action on issues you think are important,
- talk to people in your community and find out local issues that affect their health,
- work in partnership with hospital staff to improve the quality and delivery of health services,
- help the hospital see things from a consumer's perspective.

## Who should join our Consumer and Community Participation Network?

Nominations are open to all. We are looking for people who:

- are residents of south western Sydney,
- are interested in health issues,
- know the local community,
- currently use or have used health services in the past,
- would like to support their local hospital,
- are able to dedicate some time to participate.

# #EndPJParalysis

The Nursing Staff at Fairfield Hospital have pledged to #EndPJparalysis in 2018.

In November 2017 Prof Brian Dolan held a workshop for South Western Sydney Local Health District (SWSLHD) to explain the social movement taking place in health care facilities in the UK & New Zealand.

The premise is simple — we will be encouraging the use of street clothes in hospital and not pyjamas in an effort to get patients up and moving as quickly as possible.

Supporting patients with getting up, getting dressed, eating, drinking and moving leads to greater independence and enhanced wellbeing whilst in hospital.

It is a surprising statistic that 10 days of bed rest in hospital is equivalent to 10 years of muscle aging in people over 80 years of age and re-conditioning after muscle wastage takes twice as long as this deconditioning.

Fairfield Hospital is very proud to be the first facility in the Local Health District (LHD) to embark on this for our patients.

Nursing staff wore Christmas PJs to work on Thursday 21 December 2017 to launch the programme for the next year and to understand what it feels like to be in pyjamas all day whilst trying to function normally.

Director of Nursing & Midwifery—Teresa Benetos said “I’m very proud to lead such a fabulous group of Nursing & Midwifery staff. The day of Brain Dolan Workshop run by the LHD everyone asked me to help make this happen and I’m committed to doing so.”

Look out for more Pyjama themed days in 2018 as the initiative is rolled out across the facility.





To members from the following Woolworths: Bonnyrigg, Wetherill Park, Fairfield, Fairfield Heights, Pemulwuy, Green Valley & Cecil Hills who all held a toy drive for the Paediatrics and Maternity Wards. The toys were donated by members of the community. They arrived at Fairfield Hospital on 20 December 2017 with over 150 toys, which required three large trolleys to contain them all. Such an amazing effort that they required a Highway Police

to help deliver the toys via their large Raptor type four wheel drive utes. The toys were divided amongst Paediatrics, Maternity and children that came through the Emergency Department (ED)



The Sydney Baseball Lions Club Fairfield in conjunction with the Lions Foundation continue their support with over \$26,000 donation that will go towards purchasing a transport cot for Special Care Nursery.



Our beloved Lynda Van Blanken, Private Patient Officer has gone on long service leave until October 2018 at which time she would reach 30 years service for Fairfield Hospital. In October 2018, she will officially retire from health to embark on a new adventure in Mildura.

Lynda has worked in administration roles within the Emergency Department & Switchboard before taking on the role of the Private Patient Officer.

Her contribution over the years has being much appreciated and benefited the hospital, staff & patients.



Fairfield Hospital launched its **Wound Prevention & Management** Intranet Site in November 2017. As part of the launch a website quiz was conducted for staff to be more aware of the website's contents. The winners of the quiz were Nancy Luu from Occupational Therapy & Rhialyn Fuerz, a student from Western Sydney University. Both received a Wounds Australia notebook and a movie voucher.

**FAIRFIELD HOSPITAL**

**JERSEY / MUFTI FRIDAY'S**

Staff have the choice to wear their favourite team jersey or casual wear every Friday.

Gold coin donation will continue, with the proceeds raised to go towards the funding of future Fairfield Hospital events

What shall I wear today???