

# News from the Field



Volume 8, Issue 8 – Aug 2019

## Fairfield Hospital

### Message From The GM

This month I thought it was important to recognise that Fairfield receives great support and recognition from the local community.

I'm pleased to announce that the Fairfield Hospital Auxiliary will be making a welcome return to the hospital foyer. I'm yet to experience one of these stalls but am told that the bargains are beyond compare. Please support those that support the Hospital by attending the stall.

Over many years the Sydney Baseball Lions club have supported the Hospital by making important contributions to equipment for patient care. Recently the special care Nursery received delivery of two apnoea monitors. These monitors are additions to the current fleet and will be a welcome adjunct in keeping babies safe. Thankyou to the club members and your donors for your generosity.

I would like to add my congratulations to Sammi Sayad. You can read more about her achievements in the article below.

I would recommend to anyone seeking further information on the Fairfield Consumer & Community Participation Network or engagement with consumers to speak with Robyn El- Khair (Community Participation Manager) or myself.

I was invited to attend the Fairfield Seniors Network earlier this month to receive a donation of \$1000 on behalf of the Hospital. Whilst I was there I learnt of the vast network of seniors from Fairfield and beyond and how they contribute to their communities. The funds donated have been utilised to purchase a digital camera to support the documentation of wounds care management.



#### Inside this issue:

Value Based Health Forum	2
Hand Therapy @ SWSLHD	2
ACI Conference – Aunty Roma’s	2
Stroke Week	3
Goodbye Erna	4
National Child Protection Week	4



CONGRATULATIONS! Sammi Sayad was named the Volunteer of the Year at the Multicultural Health Communication Awards held on Monday 2 September 2019 at Parliament House Sydney. Sammi is a dedicated member of the Fairfield Consumer & Community Participation Network since 2015 and sits on numerous key committees within the facility and at the District.

Sammi was a Theatre nurse at Fairfield Hospital for more than 40 years and is a key member of the Fairfield community.

Being fluent in Arabic and Assyrian has allowed Sammi to be a voice for the patients and carers and she has checked translated material to ensure its accuracy and validity.



She was also the first to participate in consumer rounding with the Executive team as part of TYE rounding at Fairfield Hospital and she used three languages to communicate with patients and carers. Sammi is a real asset to the Hospital and community. This award is a wonderful way to recognise her the amazing contribution to her community and Fairfield Hospital.



## Value Based Health Forum

The Value Based Health Care (VBHC) Forum was held on the 28 and 29 August 2019. The Forum focused on the VBHC strategy across the broader NSW health system and provided an opportunity for clinicians, Leading Better Value Care (LBVC) program leads and clinical leads to share with each other on successes and challenges with initiating and implementing LBVC initiatives. Danella Hackett, Senior Physiotherapist and Musculoskeletal Co-ordinator, who works in the Fairfield Orthopaedic Hip and Knee Service, was invited to speak on a panel with other expert clinicians and leading better value care program leads about improvement processes used in implementing LBVC initiatives, drawing on her expertise in osteoarthritis chronic care. Danella's role is vital in assessing and managing people awaiting joint replacement surgery, assisting patients to improve their chronic disease management and maximising their function whilst awaiting surgery. The discussion was well received and allowed clinicians to understand the enablers and challengers to implementing value based health care initiatives



## Hand Therapy South Western Sydney

Hand injuries are common and one of the most frequent presentations to Emergency Departments. Most people don't realize until they experience a hand injury how much it can interfere with their ability to perform simple tasks like dressing, driving a car or participate in work. Hand Therapists at SWSLHD Hand Centre are highly skilled physiotherapists, their primary role is to help people regain normal hand function after injury, whether or not they require surgery.

The Hand Therapy team work closely with the multi-disciplinary team which also includes hand surgeons and nurses. The Hand Therapy service at Fairfield Hospital is a district wide service for SWSLHD. Although we are primarily based at Fairfield Hospital we also review inpatients at Liverpool Hospital and run a satellite Hand Therapy Clinic at Campbelltown Hospital.



SWSLHD Hand Therapy Team



Min Pham (Snr Physiotherapist) and Katrina Sing (Aboriginal Liaison Officer) presented Aunty Roma's poster at the ACI conference and participated in an international panel discussion about health partnerships.

# Be a F.A.S.T hero and fight stroke!



This year for Stroke Week 2019 the theme was " F.A.S.T Heroes". On Thursday 5 September Fairfield Hospital held a stroke awareness event to raise community awareness about stroke and to recognise the early warning signs and symptoms of a stroke using the F.A.S.T acronym. Raising awareness about F.A.S.T will ensure that stroke sufferers get to a hospital in time to receive lifesaving treatment.

The event featured guest speakers: Mr Colin Silk a stroke survivor, Stroke Life, Stroke Recovery NSW Association, Fairfield Allied Health team and SWSLHD Stroke CNC.

The Allied Health team held stroke education activities at their stall which was interactive and fun, this gained a lot of interest from the attendees. There was also an opportunity for attendees to have a free blood pressure check and a stroke risk assessment completed by a stroke nurse which 35 willing attendees took part in.

In addition, ILS, Vision Australia and Nestle had information stalls and representatives on hand to provide information and resources. Cello paper donated a gift voucher and provided resources. Also available were stroke resources from the National Stroke Foundation and the Heart Foundation.

The day was a huge success with great local community support and donations received. A BBQ lunch was supplied and prepared by Bunnings and seafood platters were provided by Zag Seafood. Gift vouchers were received from Woolworths, Zag Seafood, and a gift hamper from Priceline. To conclude the day a raffle was held and over \$300 was raised which will assist with the purchase of equipment for stroke patients.

Congratulations to Ashleigh Minchew (stroke champion) and Edalina Hondros (appreciation award) who were our two award recipients for 2019 for their commitment and dedication to stroke care.

Every 10 minutes an Australian will have a stroke which will have an impact on their life. Stroke is largely preventable and several risk factors can be controlled. Community awareness of F.A.S.T, time critical treatment available and local community support is vital. So, let's continue to work together to fight stroke and save lives.





On Wednesday 28 August, Administration Department farewelled Erna Ferrer after 30 years of service at Fairfield Hospital.

Erna worked as a weekend Administrative Officer, therefore not many staff would have known her but our awesome Administrative Team made the day special and gave Erna the farewell she much deserved.

We wish her all the best in her retirement!!

**NATIONAL CHILD PROTECTION WEEK 2019**  
**1st – 7th September**  
 PROTECTING CHILDREN IS EVERYONE'S BUSINESS




Staff from the Social Work team who are child aware advocates held a launch of the SWSLHD Child Wellbeing and Child Protection Good Practice Guide at Fairfield Hospital on 6/9/2019.

## ProQuest eBook Collection

### Business



**21,200+ titles**

ProQuest's Business eBook Collection offers anytime, anywhere access to over 21,200 titles. Subjects of titles include marketing, leadership, finance, and business planning.

View these titles from work or home, PC or phone 24 hours a day, 7 days a week!

### Health & Medicine



**12,800+ titles**

ProQuest's Health & Medicine eBook Collection offers anytime, anywhere access to over 21,200 titles. Series titles include "...at a Glance", "...made incredibly easy" and "...for dummies". Subjects of titles include public health, social services, nursing, mental health, emergency medicine, mental health, oncology and many more.

View these titles from work or home, PC or phone 24 hours a day, 7 days a week!

### Access via MyAthens



To access these eBooks a [MyAthens](#) account is required. To apply for a MyAthens login and password, please complete an Athens registration form:

**Bankstown:** [Athens Registration Form](#)

**Bowral/Campbelltown:** [Athens Registration Form](#)

**Fairfield:** [Athens Registration Form](#)

**Liverpool:** [Athens Registration Form](#)



**EBOOKS**  
**24 HOURS A DAY**  
**7 DAYS A WEEK**




For further information and assistance please contact the Library staff:

**Bankstown:** 9722 8250

**Bowral:** 4861 0214

**Campbelltown:** 4634 3944

**Fairfield:** 9616 8225

**Liverpool:** 8738 3557

