# News from the Field



Volume 6, Issue 8 - Aug 2017

## Fairfield Hospital

# Message From The GM

Well – it is finally happening – the commencement of our Emergency Department (ED) refurbishment!! Whilst it is going to be crazy for the next 18 months or so, the end result will be just an incredible contemporary ED that our community and our staff richly deserve. I know I have been banging on about this for the 41/2 years that I have been at Fairfield, but the new ED will be just so magnificent and all the hard lead up work worthwhile.

Next week the builders will commence construction of their compound which should take 3-4 weeks and preliminary work on the old GP Clinic also.

been reached with the opening of our Cafeteria and Retail area by Zouki and I'm sure all that have eaten or had coffee there agree it is of the highest quality and a huge asset to our patient, staff and visitors—just beautiful food.

Whilst the winter madness hasn't quite finished yet, I still marvel at the outstanding and truly unbelievable effort by all staff in providing the highest quality care for our patients during the worst winter season on record, by that I mean record number of presentations, record number of ambulance arrivals (60 odd % increase) and greater number of elderly and complex patients with severe illnesses - a Hospital wide Another wonderful milestone has thank BBQ will be held in the

next few weeks.

Congratulations to Yi Wen Pan our Infection Control CNC for winning a Patient Safety and Quality Award and the LHD awards day - great work!

August winners of our Extra Step For The Team Award – Peter Phoumthipphavong for always being happy, smiling and incredible hard work, Debbie Thomas for extremely hard work during norovirus – worked tirelessly, Winona Ranyard for multi tasking in many roles including workforce and Harry Doan for incredible calm handling of recent incident and media – congratulations to the 4 winners & enjoy your Grill'd burger!

#### Inside this issue:

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## The Field Café by Zouki - is now open

Our new cafeteria officially opened to the public on Tuesday 22 August 2017. Our Hospital staff together with the Fairfield Consumer & Community Participation Network members attended the grand opening on the Monday night. The venture is a beneficial arrangement for the Café as

well as the Hospital. It is open every day from 6am to 7.30pm and offers a variety of hot/cold food and beverages to suit all tastebuds.





### Fairfield Consumer & Community Participation Open Network Meeting

It was an suggestion from a Linda Smith – Fairfield Community member during an Annual Review that the network hold an Open Network Meeting to the public so that they have an opportunity to see how the network functions within the Hospital structure and the importance and value it plays in creating better health care for our local consumers. Not long after, Amanda Larkin – Chief Executive for the District expressed that she also would like all facilities to hold an Open Meeting to promote the Networks and engage more with the communities to show case the benefits and .

As always Fairfield was the first facility to hold its Open Network Meeting which took place on Friday 25 August 2017 in the new Café with catering for the day provided by Zouki.

Over 30 people attended the meeting together with current members. Those who attended came from communities that are settled within Fairfield including Vietnamese, Iraqi, Assyrian and a newly emerging Syrian community.

Hospital Executive Staff, Dr Harry Doan – Director Medical Services , Munya Gwede – Director Corporate Service and Teresa Benetos – Director Nursing and Midwifery attended the meeting and provided an update about each of their perspective areas of responsibilities within the Hospital.

The group was very impressed and pleased with the updates provided and the opportunity to ask questions or clarify any rumours with the Executive team.

One feedback said: "I think the meeting and lunch was wonderful, my guests were very impressed. You did an excellent job."

Special mention and gratitude to Fairfield Network Members Nasrin for assisting throughout the meeting, Linda for sharing her journey as a Network member and Sammi for taking guests on a tour of the GP clinic.

As a result, the Fairfield Consumer & Community Participation Network may have gained five new members! Great news for a great & diverse committee that achieves good things in partnership with Hospital staff.

If you would like more information on this dynamic

network, or how to join —
please contact Robyn El-Khair
Community Participation
Manager on 9616 8830 or email:
robynel-khair@sswahs.nsw.gov.au









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Fairfield City is known for its diversity and multiculturalism with over 52% of its population born overseas and come from CALD communities.

Hence no better place to launch & celebrate this NSW State-wide annual event of Multicultural Health Week at Fairfield Hospital.

The theme for this year is "Women's Health: Supporting Women's Journey to Good Health"

This is very relevant to Fairfield Hospital as it is a city that welcomes the largest number of humanitarian and refugee intake. Staff and health agencies that work within this region need to understand the importance of language and culture to ensure the best health care is provided.

Women in general face more challenges than men and more so when they come from CALD communities. This year theme aims to improve health status of women, especially women from diverse backgrounds.

Fairfield Hospital has become known for their annual colourful and multicultural atmosphere it presents every year to the community. And this year was no different with its entertainment, food and stalls.

The menu of the day included: your Aussie pies and sausage rolls, Italian pizza, Middle Eastern Falafel & Tabouli, Vietnamese noodles and Grill'd Spider burgers. Food made to suit a multicultural taste bud!

Thank you to the Choir of Hope Band for the amazing performance. This a group of women from a refugee background who came together to overcome their challenges. They are managed by Bashar Hanna — Arts & Community Cultural Development Consultant. Stalls on the day included: Core Community Services Human Services Refugee Health Services Fairfield Maternity Legal Aid BreastScreening SWSLHD Fairfield Oral Health

The General Manager Arnold Tammekand together with Director of Medical Services DrHarry Doan announced certificates of appreciation to members of the Vietnamese Fundraising Committee that originated from a Multicultural Heath Week event at Fairfield 2 years ago.

Thank you to all staff and community members who attended on the day and made it a success.













## You're invited to attend the

# ANNUAL CONSUMER AND COMMUNITY PARTICIPATION CONFERENCE



#### WHEN

Friday 22nd September 2017 8.30am - 3.00pm

#### WHERE

"The Warwick' 355 Hume Highway Warwick Farm

THIS EVENT IS FREE!





Health
South Western Sydne

#### Paediatric Nutrition Clinic

It is with great delight to announce that Min Wu, one of our senior Dietitians at Fairfield Hospital has elected to gain further training to offer a service in paediatric nutrition and will be operating an outpatients clinic every Wednesday afternoon. Bookings can be made directly through the Dietetics Department 9616 8354.

Congratulations to Min and Jose Cabello, Dietetics Manager at Fairfield Hospital on this very innovative and constructive development of our services here at Fairfield.



Congratulations to Yi Wen Pan, Clinical Nurse Consultant — Infection Prevention & Control on winning an Award at the 2017 Patient Safety Quality Awards. Yi has done some great work for Fairfield Hospital infection control since commencing in her role.

## Effects of Smoking – Community Information Session

Mercy Omega — Chronic Respiratory Case Manager & Tobacco Treatment Professional gave a talk about the effects of smoking & passive smoking to an action packed workshop with great participation from the Vietnamese Community Families Project. The talk was organised in partnership with Hien Le who is one of the Cultural Community Health Leaders for the Vietnamese Community at the Cabravale Leisure Centre.







National Stroke Week will take place from Monday 4 to Sunday 10 September 2017. Thousands of Stroke Week Activities will take place in communities across the country including information stalls, health checks and fundraising for the Stroke Foundation.

In 2017 there will be almost 56,000 new and recurrent strokes – that is one stroke every nine minutes.

This is why it is important to identify the signs and symptoms of stroke **F.A.S.T** and call '000' immediately.

The Stroke Foundation recommends the F.A.S.T. test as an easy way to remember the most common signs of stroke.

