



Jul-Aug 2020

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WHAT'S ON



CONTACT US

To submit a new story, contact Community Participation Manager, Robyn El-Khair or email Robyn. Elkhair@health.nsw.gov.au. Don't forget to follow us on social media @ Fairfield Hospital.



Message from the General Manager

Paul Crowe

This edition sees the return of the second wave of COVID19 and the many changes to keep ahead of it for staff and for the community. I am proud to see that you all continue to deliver and or support safe, quality care to patients when they need it most.

One of the most challenging aspects has been working with families and their loved ones to maintain connections within the current changes to visiting hours. We appreciate the community working with us on such an important matter. Please continue to support patients and their families through this time. I am pleased to announce that ICU and other areas have taken up initiatives to keep families connected via digital catch-ups using Skype, Zoom or Facetime.

Can I ask that you show your appreciation to the screening station staff of their role in keeping us safe. These individuals are on the frontline talking with hundreds of consumers a day to ensure that the hospital and the community are safe. The hospitals cleaners were acknowledged this month and presented with an acknowledgement in state parliament by Mr (Guy) Gaetano ZANGARI, BEd MP in association with the Health Service Union for their role in keeping the community safe. Please stop and acknowledge this achievement with them in the course of your work.

Work has continued on the many projects within the hospital despite the limitations that we are faced with COVID19. These include preparation for the upgrade of the hospitals electricity, the installation of solar panels, painting and white rock to hospital walls. In addition each bed now has a new table and bedside locker for the patients comfort and convenience. A new accessible toilet is now also situated in the front foyer which was originally raised and lobbied by one of our consumer representative. The Fairfield Hospital Executive team would like to extend thanks on behalf of the rest of the hospital to the Consumer group for its advocacy, assistance and support.

Please adhere to the recommendations about Personal Protective Equipment and its use. I would encourage you to continue to review the guidelines on the Clinical Excellence Commission website to have the latest information. At the time of publication SWSLHD strongly recommends that all staff working in clinical areas with direct patient contact are to wear a Level 2 Surgical Face Mask. Please stay safe and wash your hands.





Respectful communication and genuine engagement



Effective leadership and empowered staff

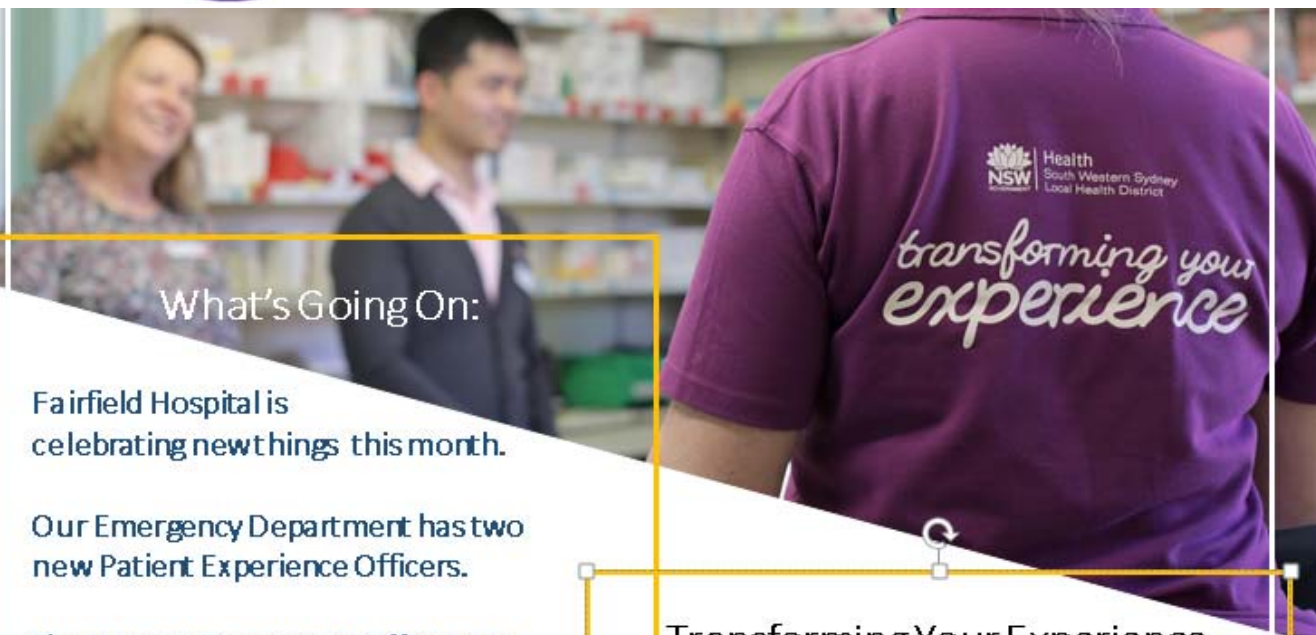


Consistent delivery, quality and safe care



Personalised, individual care

transforming your experience



What's Going On:

Fairfield Hospital is celebrating new things this month.

Our Emergency Department has two new Patient Experience Officers.

The Patient Experience Officer is a non-clinical role that works during the more demanding times at the emergency department.

They will contribute to improving the Emergency waiting room experience by supporting communication, information sharing, monitoring patient and carer feedback and negotiate the resolution of non-clinical issues.

Transforming Your Experience Coach



Fairfield Hospital has a new member of the team!

Judica will be working with our teams on patient and staff experience strategies

Leave us feedback

Have you visited our hospital lately or used any of our services? We'd like to hear how you found our service and care. Leave us feedback by scanning your camera phone over the QR code beside (right) or by visiting the South Western Sydney website on <https://secure.membra.net/SWSLHDLandingPage/surveys2.htm>





World Breastfeeding Week

‘World Breastfeeding Week August 1 – August 7, 2020’

This year the theme is “Support Breastfeeding for a Healthier Planet”. Breastfeeding not only provides the right food for the baby at the right time, it also protects the planet. There are no production costs, no packaging, no waste, no water use, no land degradation, in fact no carbon footprint at all!

World Breastfeeding Week (WBW) was celebrated at Fairfield Hospital on Monday August 3 2020. Once again Maternity staff and others wore approved bright gold shirts for the week of WBW. The gold is for ‘Liquid Gold’, an affectionate term for breastmilk, particularly colostrum and its value to the newborn baby. This year we invited Fairfield Staff to participate in the WBW Crossword.

The first correct answer drawn out of a barrel won a lovely prize, and this took place on our celebration day. The Winner, Vicki Beckwith CME, congratulations! For those not keen on crosswords, there was an opportunity to reveal your artistic side by embellishing a leaf for the ‘Warm Chain of Breastfeeding Support Tree”, now on display in the Maternity corridor. The ‘Most Creative Leaf’ also won a lovely prize on the Celebration Day. Congratulations Bernadette McNally CMC Wound care and also Eun pah Kong MSP for their beautiful creations. Finally, our highly competitive ‘Booby Cupcake Competition’ was once again held. The entries were delightful and very appreciated by all. Thank you so much and congratulations to our winners Hazel Simeon MUM, Ann Walters Day Only and Rebecca Bedding CMC. Special note of thanks to Stephanie from CID who participated so generously in all competitions. Such an encouragement!

Our lovely community were also invited to add a colourful leaf to “Warm Chain of Breastfeeding Support Trees” around Maternity. **Stay COVID safe!**





Thank you to our wonderful cleaners



NSW Legislative Assembly

PARLIAMENTARY DEBATES
(HANSARD)

Community Recognition Statement given 17th June, 2020

Thank You Cleaners

by Guy Zangari, MP
State Member for Fairfield

Mr GUY ZANGARI: I rise today to commend and acknowledge the contributions of cleaners throughout NSW, who during the height of the COVID-19 pandemic remained on duty in support of the health and safety of our communities and our State's healthcare and frontline workers.

Throughout a time of great uncertainty and pressure, cleaners within our public spaces and healthcare facilities took on critical roles within our community as all environments needed additional sanitation and the stakes had never been higher. This Monday, 15th June 2020, it was great to see communities across the globe taking the time to acknowledge the tremendous efforts of cleaners during International Cleaners Day to thank them for everything they have done, especially during the global pandemic.

On behalf of the Fairfield Electorate I extend our sincerest appreciation to cleaners throughout NSW and commend you all for your ongoing efforts.

Adopted by the NSW Parliament

Fairfield Hospital hosted a special lunch by the request of Mr Guy Zangari, MP State Member for Fairfield with our General Services staff to thank them for all their efforts during the COVID19 pandemic and commend them on the outstanding work they do everyday to keep us safe.

Mr Zangari, also awarded the hospital cleaning staff with a recognition statement in appreciation of their work and going efforts.





Coronavirus (COVID-19)

Information

English

Keeping everyone safe: Social distancing helps stop the spread of COVID-19 between people



Stay 1.5 metres or 2 big steps away from other people.



Stay at home. You can go out to shop, see a doctor or care for someone.



Don't visit family or friends. Talk to them on the phone or online instead.



Outdoor exercise is OK but stay 1.5 metres away from others.



No shaking hands, hugging or kissing other people.



If you are sick, stay at home.

Stay Safe



Wash your hands with soap for at least 20 seconds or use a hand sanitiser.



Cough or sneeze into your elbow or a tissue. Throw the tissue away immediately.



Do not touch your mouth, nose or eyes.

For more information

Call the National Coronavirus Health Information Line on 1800 020 080.

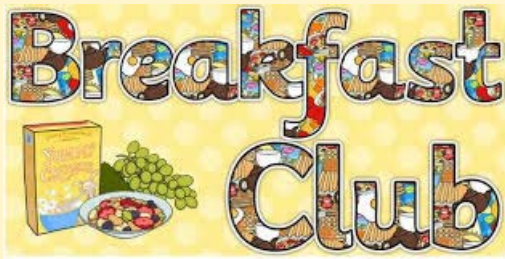
For a free telephone interpreter ring 131 450, say the language you need. Ask the interpreter to connect you to the Coronavirus Health Information line.

April 2020





Community Participation & Engagement



Ward 1B

See below the breakfast club being run by 1B Allied Health and 1B team to ensure that patient are still getting together to have breakfast and interacting with each other in an aim to reduce social isolation in the current climate of Covid-19 with restriction of only one visitor.



Welcome to Ms Sibisisiwe (Tekler) Matutu has been appointed to the position of Patient Safety Manager having commenced the role in late June . Teckler replaces Ms Victoria Knol who is enjoying a well deserved retirement. A thank you is also extended to Vinstein (Vins) Brillante for the past seven months acting in the position whilst recruitment was being finalised.

Tekler has extensive experience having previously worked at Fairfield Hospital within Paediatrics and recently worked at Wollongong Hospital as NUM Neonatal Unit.

You can contact Tekler, Monday-Friday 7.30am—4pm on

Phone: 9616 8046 (Ext 68046)

Email: Sibisisiwe.matutu@health.nsw.gov.au





Staff Live, Work Well



live, work well

September 2020
Run, don't walk - registrations are now open!

What is STEPTember?
A challenge for all SWSLHD staff, and other workplaces across Australia, to walk 10,000 steps each day for 28 days. Sit less and move more - all for a great cause!

SWSLHD employees can register for free.

STEPTember also raises much needed funds for children and adults living with cerebral palsy through the Cerebral Palsy Alliance.

How do I join?

1. Create a team (up to four SWSLHD employees)
2. Register online www.steptember.org.au
3. Use the code **SWS2020** for free registration
4. Select South Western Sydney LHD as your organisation and your hospital/facility from the list

Be quick! Starts Tuesday, 1st September

For more information, speak to your facility District Wellbeing Committee representative

Note: If you are ordering a pedometer, please use your personal mailing address (not hospital)

A SWSLHD Wellbeing Framework Initiative
liveworkwell@health.nsw.gov.au

transforming your experience

We all know 2020 hasn't been the year anyone planned. However



2020 is still going ahead and may be an opportunity to get behind something positive!

What is STEPTember?

STEPTember is a fun, safe and virtual event that challenges you to walk, swim, ride, wheel or spin your way to 10,000 steps per day for 28 days in September - all while helping us improve the lives of children and adults who live with cerebral palsy.

✦ STEPTember is a free, physical activity challenge which runs for 28 days starting September 1st. Register solo or create a team of 4. Team captains register at www.steptember.org.au use the organisation South Western Sydney LHD and the code **SWS2020** for free registration (usually \$25)

Aim to take at least 10,000 steps each day and track online or using the STEPTember app

Fundraising is optional, but teams can support the Cerebral Palsy Alliance, funds go towards vital equipment, research, therapy and services for children and adults living with cerebral palsy

In 2019 SWSLHD had 378 staff take part from 106 teams. Together we raised \$25,609. Can we beat that in 2020?

While we all dig deep to support our community during COVID-19 let's not forget to look after ourselves. Take 5 - 10 minutes out of your day for a quick walk and notice how it improves your mood!

If you have any further questions please do not hesitate to contact me or alternatively Damian Percy directly. Damian is the Business Development Manager for STEPTember, Damian.percy@cerebralpalsy.org.au.





Fairfield Hospital - Library Opening Hours

"A library is a hospital for the mind"-Anonymous.

The Library will be re-opening for 2 days per week from Monday 24th August 2020.

From now on until further notice the library will be open on Tuesday and Thursday from 8.30am to 5pm every week.

As the COVID situation improves the library will be gradually returning to normal working days, but until then it will be limited to 2 days a week.

If you require any thermal binding, laminating please come to the Library on Tuesday or Thursday.

As I will be working from home on the other days of the week, I can be contacted via email denise.vitalone@health.nsw.gov.au or SWSLHD-FairfieldLibrary@health.nsw.gov.au throughout the week for any enquiries.

I will be starting a 'CLICK & COLLECT' policy for models / book borrowing until further notice. Please reserve your book on our catalogue <http://webopac.swslhd.nsw.gov.au/iguana/www.main.cls> or contact me and you can collect the requested item on Tuesday or Thursday at the Library.

Please note all currently borrowed items from the Library will not be automatically renewed as previously, please contact me for renewal or renew the item online or return the item to the Library on our open days. All currently borrowed items must be sighted before renewal can occur.

Remember you can always request literature search assistance, request journal articles, request standards or training sessions as normal.

However due to physical distance rules only eight (8) people can be in the Library at any one time. All computers must be wiped down before and after use especially the keyboards and mice. Hand sanitiser must be applied on entering and leaving the Library. There will be a sign on book left in the library to record your name, date, time on entry to Library and time leaving the Library and employee number, please do not forget to sign in and out.

At all times please respect the 1.5m physical distance rule and hygiene guidelines.

