Women Carers

- Women make up the majority of carers, representing 70% of primary carers and 56% of carers overall!
- Carers are most likely to be in the 55-64 age group (21% of carers) – *just as you are thinking of retiring?!*
- Just over one third (37%) of primary carers had a disability of their own – *how hard must that be?*
- Four in Ten primary carers (40%) reported spending 40 hours or more per week providing care. This was more likely to be the case for female primary care givers (43%) than male primary care givers (34%)
- 42% of primary carers are still in the workforce (*imagine 40 hours caring on top of 40 hours work!*)
- Two thirds (67%) of primary carers live in a household under financial stress.
- Primary carers (43%) are more likely to be looking after their partner; however women are more likely to be the carer for a disabled “child”, in-laws, their own parent/s or a friend or neighbour.
- People/women become primary carers because of feelings of family responsibility; feel they can provide better care; or feel under an emotional obligation.

Source: Adapted from Summary of ABS findings 2012

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