National Carers Week is about recognising and celebrating the outstanding contribution unpaid carers make to our nation.

Anyone at any time can become a Carer. National Carers Week is an opportunity to educate and raise awareness among all Australians about the diversity of carers and their caring roles.

Carers make an enormous contribution to our communities and their caring roles are valued at $60.3 billion annually – more than $1 billion per week. National Carers Week 2017 provides you with a chance to learn about carers and caring in Australia.

This year, Carers Week will be celebrated from 15-21 October. The theme is ‘Carers Count’ which places emphasis on the number of hours of care they provide and the value of that care.

SWSLHD is committed to recognising the valuable contribution carers make as partners in care and therefore, a number of FREE activities and events have been planned to celebrate this occasion across the District.

More information regarding carer support programs can be found at the following websites:

- **SWSLHD Carers Program**  
  - Carers NSW  
  - Carer Gateway  
  - My Aged Care  
  - Transcultural Mental Health Centre  
  - CALD Carer Support Groups  
  - CatholicCare  
  - Commonwealth & Carelink Respite Centre  
  - Community Links Wollondilly  
  - Macarthur Disability Services  
  - One Door Mental Health Carer Services

- **Carers NSW**  
  - www.carersnsw.org.au

- **Carer Gateway**  
  - www.carergateway.gov.au

- **My Aged Care**  
  - www.myagedcare.gov.au

- **Transcultural Mental Health Centre**  

- **CatholicCare**  
  - www.catholiccare.org.au/aged-care

- **Commonwealth & Carelink Respite Centre**  
  - www.anglicare.org.au

- **Community Links Wollondilly**  
  - www.communitylinks.org.au

- **Macarthur Disability Services**  

- **One Door Mental Health Carer Services**  
  - www.onedoor.org.au/services/carer-services
<table>
<thead>
<tr>
<th>Facility</th>
<th>Type of Carers</th>
<th>Event Details</th>
<th>Event Date/Time</th>
<th>Event Location</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bankstown-Lidcombe Hospital</td>
<td>All carers, visitors, staff, patients</td>
<td>Stallholder Showcase</td>
<td>Thurs, 19 October 9am-1pm</td>
<td>Hospital Foyer</td>
<td><a href="mailto:Denise.Abboud@sswahs.nsw.gov.au">Denise.Abboud@sswahs.nsw.gov.au</a> 9722 8283</td>
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<tr>
<td>Camden Hospital</td>
<td>All carers, visitors, staff, patients</td>
<td>Morning Tea Stallholder showcase</td>
<td>Wed, 18 October 10am-12pm</td>
<td>Lower Ground Floor Harry Potter Room</td>
<td><a href="mailto:Mary.Brasile@sswahs.nsw.gov.au">Mary.Brasile@sswahs.nsw.gov.au</a> 4654 6265</td>
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<td>Camden Hospital</td>
<td>Carers of people with a serious or terminal illness</td>
<td>Caring Hands hosting BBQ Lunch Stallholder showcase</td>
<td>Thurs, 19 October 10am-1pm</td>
<td>Camden Hospital Palliative Care Lower Ground Floor</td>
<td><a href="mailto:Arlene.Roache@sswahs.nsw.gov.au">Arlene.Roache@sswahs.nsw.gov.au</a> 8738 9755</td>
</tr>
<tr>
<td>Campbelltown Hospital</td>
<td>All carers, visitors, staff, patients</td>
<td>Stallholder Showcase</td>
<td>Thurs, 19 October 9:30-12:30pm</td>
<td>Hospital Foyer</td>
<td><a href="mailto:Kathryn.Litchfield@sswahs.nsw.gov.au">Kathryn.Litchfield@sswahs.nsw.gov.au</a> 0475 974 022</td>
</tr>
<tr>
<td>Fairfield Hospital</td>
<td>Carers of people with dementia</td>
<td>Information session</td>
<td>Wed, 18 October 9:30-12:30pm</td>
<td>TBA</td>
<td><a href="mailto:Rozina.Shekar@sswahs.nsw.gov.au">Rozina.Shekar@sswahs.nsw.gov.au</a> 0459 801 618</td>
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<td>Liverpool Hospital</td>
<td>Carers of people attending the clinic</td>
<td>High Risk Foot Clinic Carers’ Morning Tea</td>
<td>Wed, 18 October 10am-11am</td>
<td>Cosmopolitan Courtyard</td>
<td><a href="mailto:Annie.Walsh@sswahs.nsw.gov.au">Annie.Walsh@sswahs.nsw.gov.au</a> 8738 7175</td>
</tr>
<tr>
<td>Liverpool Hospital</td>
<td>All carers, visitors, staff, patients</td>
<td>Stallholder Showcase</td>
<td>Wed, 18 October 10am-2pm</td>
<td>Hospital Concourse</td>
<td><a href="mailto:Janet.Harrison@sswahs.nsw.gov.au">Janet.Harrison@sswahs.nsw.gov.au</a> 0434 366 424</td>
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<tr>
<td>Liverpool Hospital</td>
<td>Carers &amp; families in Aged Care Unit</td>
<td>Morning Tea in Carer’s Corner</td>
<td>Wed, 18 October From 10am</td>
<td>Aged Care Unit Level 5</td>
<td><a href="mailto:Vicki.Deane@sswahs.nsw.gov.au">Vicki.Deane@sswahs.nsw.gov.au</a> 8738 8559</td>
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<tr>
<td>Liverpool Hospital</td>
<td>All carers</td>
<td>Self-care activities</td>
<td>Mon, 16 October 10:30am-2pm</td>
<td>Room 4146</td>
<td><a href="mailto:Eva.Rencewicz@sswahs.nsw.gov.au">Eva.Rencewicz@sswahs.nsw.gov.au</a> 8738 7371</td>
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<tr>
<td>Liverpool Hospital</td>
<td>Carers of people with a chronic illness</td>
<td>Caring Hands &amp; Diversional Therapy Activity</td>
<td>Wed, 18 October 10am-12pm</td>
<td>Liverpool Hospital Palliative Care Unit</td>
<td><a href="mailto:Arlene.Roache@sswahs.nsw.gov.au">Arlene.Roache@sswahs.nsw.gov.au</a> 8738 7175</td>
</tr>
<tr>
<td>Liverpool Hospital</td>
<td>All carers</td>
<td>Art Therapy Session</td>
<td>Fri, 20 October 11am-2pm</td>
<td>Room 4146</td>
<td><a href="mailto:Violette.Michael@sswahs.nsw.gov.au">Violette.Michael@sswahs.nsw.gov.au</a></td>
</tr>
<tr>
<td>Primary &amp; Community Health</td>
<td>All carers &amp; particularly young carers living in Campbelltown area</td>
<td>Carer Forum &amp; lunch</td>
<td>Wed, 18 October 10:30-12:30pm</td>
<td>Rosemeadow Community Health Centre</td>
<td><a href="mailto:Timothy.Stevenson@sswahs.nsw.gov.au">Timothy.Stevenson@sswahs.nsw.gov.au</a> 4621 8767</td>
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<tr>
<td>Primary &amp; Community Health</td>
<td>Carers of Aboriginal people with a chronic illness</td>
<td>Bingo (with a healthy twist)</td>
<td>Wed, 12 October</td>
<td>Budyari Community Health Centre Miller</td>
<td><a href="mailto:Vicki.Mackay@sswahs.nsw.gov.au">Vicki.Mackay@sswahs.nsw.gov.au</a> 0418 119 247</td>
</tr>
</tbody>
</table>

Events schedule developed by the SWSLHD Carers Program 4654 6265