

Other programs you can access at Mission Australia South West Youth Services:

South West Youth Services provides education, employment, life skills and counselling support to marginalised youth aged from 12 to 24 years.

Through a range of 12 programs, South West Youth Services staff work with young people to develop solutions based on the strengths each one of them have.

Working from a community-based focus, Mission Australia staff draw on the client's own skills and energy while they are still living in their community; as opposed to removing them and placing them in institutions (which may include custodial settings).

This approach helps the young person to deal with their core issues and develop positive coping skills, and eventually build independence and resilience that will carry them into adulthood.

SWYS provides the following programs:

- Post-Release Support Program, which works with adolescents who have left detention
- Bankstown Early Intervention Prevention Program
- Links To Learning Programs (Mt Druitt, Fairfield, Campbelltown, Wollongong and Robertson)
- Youth Counselling Service
- South West Youth Peer Education SWYPE (based at Miller)
- Youth Crime Prevention Program
- Youth Gambling Counselling
- Claymore Young People and their Family

Contact us

Working hours:

8.30am - 4.30pm Mon to Fri

South West Youth Services

Level 1 167—169 Queen Street
Campbelltown

PO Box 586
Campbelltown NSW 2560

Ph: (02) 4621 7400

Staffing

The program employs a drug & alcohol community development worker, working with young people and the wider community to increase awareness of alcohol and other drug harms as well as improve self awareness, and decision making.

Contact

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Quit Pot Program



A Cannabis treatment program based on addiction cycles for young people 12–18 years living in the Macarthur area

Quit Pot Program

Background Information

Mission Australia's Drug and Alcohol Awareness Program is a prevention/education program for young people 12-25 years living in the Macarthur area. One of the strengths of the program is identifying and responding to local alcohol and other drug issues. In the late 1990's the two workers noticed most of their enquiries and referrals were related to cannabis use. After months of consultation the Quit Pot Program was developed. The program has been successfully delivered in the South West Sydney area for over 12 years. Recently Quit Pot has undergone some changes to correspond with a more interactive and youth friendly perspective.

Program Aims

- To provide young people with information and education about Cannabis
- To motivate them to make positive changes in regards to their Cannabis use
- To provide young people with strategies and tools that enables them to quit/cut down their Cannabis use
- Contribute to the development of protective factors and reduction of risk factors
- Assist in the development of personal skills such as: self confidence and positive behavior
- Increase connections with external supports and community

Program Info

The Quit Pot program is ideally a group work program delivered to no more than 12 young people in one session. However can be delivered to individual clients who wish to address their cannabis use. The program is run for approximately 1.5 hours per week for six consecutive weeks.

All young people participating in the program are required to complete an assessment form prior to commencement of the program to determine suitability and any risk factors that may be present (SWYS counselor to assess).

Referrals will be accepted from all government or non government services who work with young people 12 – 18 years.

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