SERVICES AND RESOURCES TO SUPPORT FAMILIES WITH YOUNG CHILDREN

This is a listing of services and resources available for residents of Greenacre in the Bankstown Local Government Area, developed by the Greenacre Area Community Centre to assist local families.

You will find resources including parenting programs, child care, playgroups, parks, school readiness, child development and other information which may assist families with young children.

Greenacre Area Community Centre Inc.

Address: 171A Waterloo Road, Greenacre NSW 2190
Phone: 9750 7982
Fax: 9750 0850
Website: http://www.gacc.org.au
Email: info@gacc.org.au
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24 Hour Emergency Contact Numbers

Ambulance, Fire & Police
Phone: 000

Lifeline
Phone: 13 11 14

Mental Health Access Line
Phone: 1800 011 511

Health Direct
Phone: 1800 022 222

Poisons Information
Phone: 13 11 26

Bankstown Hospital
Phone: 9722 8000

Emergency Prescriptions
Phone: 1300 882 294
Child Safety

Baby Capsule & Child Safety Seat Hire Service
Phone: 9789 9300

Baby Capsule & Child Safety Seat Fittings
Find an authorized fitter to ensure your child seat is safely fitted.
Website: www.childcarseats.com.au/find-an-authorised-fitting-station

Kidsafe
Safety tips for keeping kid’s safe
Phone: 9845 0890
Website: www.kidsafe.nsw.org

Kids Health
Children’s Hospital Westmead health and safety topics
Website: http://kidshealth.schn.health.nsw.gov.au

Medical Services

Aboriginal Medical Service Co-op Limited
Provides culturally appropriate health care to Aboriginal & Torres Strait Islander communities
Phone: 9319 5823
Emergency Prescriptions Phone: 1300 882 294
Dental Services: Child Dental Clinic
Bankstown North Public School provides free dental services
Address: 32 Hume Highway, Bankstown
Phone: 1300 559 393

Bankstown Community Health Centre
Free nutrition services for eligible children aged 0-5 years and their families
Phone: 9780 2838

Greenacre Early Childhood Health Centre (NSW Health)
Community Place off Boronia Road, Greenacre. Child and family health nurses monitor development, growth, offer education and support for parents of children aged 0 – 5 years including hearing tests parenting courses & home visits. Free service, disability parking, ramps and toilets.
Phone: 1800 455 511

Health Direct
24-hour health advice and information including baby and toddler health
Phone: 1800 022 222

Immunisations
Immunisations are required in the first years of a child’s life to protect them against the most serious infections of childhood. Information can be provided by a GP or
Phone: 1300 179 765
**Steps:** State-wide Eyesight Pre-schooler Screening is an initiative of NSE Health that offers all 4-year old children free vision screening through their childcare or Early Childhood Health Centre.

**Parenting Helplines**

**Australian Breastfeeding Association Helpline**
Support and advice for breastfeeding
Phone: 8853 4999

**Autism Advisory and Support Service – 24 hour**
Phone: 1300 222 777

**Parent Line NSW**
Provides support and parenting advice for parents who have concerns about a child aged 0 to 18 years.
**Hours** – Monday – Friday: 9am-9pm. Weekends: 4pm-9pm
Phone: 132 055 OR 1300 656 865
Website: [www.parentline.org.au](http://www.parentline.org.au)

**Tresillian**
24-hour parenting information and counselling service for parents or carers of children 5 years and under
Phone: 9787 0855
Website: [www.tressillian.net](http://www.tressillian.net)
Karitane
24-hour telephone parenting information and counselling service for parents or carers of children 5 years and under
Phone: 1300 227 464
Website: www.karitane.com.au

Pregnancy, Birth and Baby Helpline
Supports parents on the journey from pregnancy to preschool. Offers guidance about behaviour and development, such as tantrums, walking, talking or reading for children up to 5 years of age. Free call 7 days a week
Phone: 1800 882 436

Parenting Resources

Australian Multiple Birth Association
Phone: 1300 886 499

Families NSW Parenting Information
Website:

Karitane
Parenting videos, sleeping, eating and behaviour
**Kids Count**  
Parenting information  
**Website:** [www.kidscoun.com.au](http://www.kidscoun.com.au)

**Parents Without Partners NSW Inc.**  
Supports single parents and their children  
**Phone:** 9833 2633  
**Tresillian**  
Chat to an early childhood nurse online  

**Parenting Courses**

Becoming a parent is one of the most challenging and rewarding tasks in life. Parenting groups, courses or apps can provide good ideas and support with parenting. Parenting courses are run in your local area that can help you increase your understanding about your children’s development and build on the skills you already have as parents. Look for these groups in your local area including:

- Circle of Security program which helps parents with the emotional and relationship needs of their children
  
- **Triple P program which teaches parenting strategies**  
  **Phone:** 1800 789 123
  
- **1234 Magic Parenting which teaches parenting strategies**
Finding parenting courses:

www.resourcingparents.com
- Greenacre Area Community Centre – **Phone**: 9750 7982
- Greenacre Library & Knowledge Centre **Phone**: 9707 9744
- Parentline – **Phone**: 1300 130 052
- Benevolent Society Fathers Programs – **Phone**: 9707 0800
- Creating Links Group Programs – **Phone**: 9713 77 00

Parenting Apps

Love Talk Sing Read Play
Information for every family to help their child learn and develop

My South West Sydney Baby Pregnancy Journey
Information for pregnant women and their partners living in the South West Sydney Region

Raising Children
Interactive tools including baby karaoke, ASD & disability

What Were We Thinking!
Guide to parenting, helping you build confidence in the first 6 months of your baby’s life.
Local Services

Greenacre Area Community Centre
Information about all types of services, referrals to government and non-government services, individual and family counselling, free Tax Help, faxing and photocopying services, drop in for a coffee and chat, playgroup, community information sessions, recreational groups including yoga, gentle exercise, line dance and art classes. School holiday activities for children and youth and community events.

**Hours:** Monday – Friday: 9:30am-5:00pm
**Address:** 171A Waterloo Road, Greenacre
**Phone:** 9750 7982

Greenacre Community Hub
Families can meet, socialise and participate in a variety of activities and workshops including playgroups and community information meetings

**Address:** Banksia Road, Public School
**Phone:** 9707 3423

Greenacre Early Childhood Health Centre
Child and family health nurses monitor growth and development, offer education and support for parents of children aged 0 – 5 years. Free service.

**Address:** Community Place, Off Boronia Road, Greenacre
**Phone:** 1800 455 511
Greenacre Library and Information Service
A branch of Bankstown Library & Knowledge Centre providing library services to the Greenacre area. Books, CDs, community language materials including newspapers, DVDs, magazines and spoken word CDs are available for loan. There is free Wi-Fi as well as word processing and photocopying available. There is a disability access and toilets.

**Hours:** Mon, Tues & Thu – 9am-8pm; Wed & Fri – 9am-5pm & Sat – 9am-12pm

**Address:** Community Place, Greenacre

**Phone:** 9707 9744

Children’s activities at the Greenacre Library
Bookings are essential as places are limited

**Phone:** 9707 9744

**Preschool Story time:** for children aged 2 to 5 years and their parents, it offers educational learning and play including reading, singing and craft.

**Time:** Wednesdays 11am – 12:pm

**Baby Rhyme time:** for babies aged 6 to 24 months and their parents to have fun in the library sharing stories, songs and nursery rhymes

**Time:** Tuesdays 10:00am-10:30am

Reading to your baby brings together many of the things they need – closeness, safety, touch, seeing, hearing and learning about sounds and their meaning.
Children who enjoy books and stories are likely to become confident readers and tend to do well at school, this can help their opportunities in life. Stories also help children cope with everyday life and develop their imagination. Stories told by family about their culture and history help children feel that they belong and this sense of belonging makes them feel good about themselves. Books can be borrowed at the library for free.

**Bankstown Children and Families’ Hub**  
Provides information and activities including children’s activities and workshops for parents, families, expectant parent’s carers and children  
**Address:** Ground floor, 224-26 Jacobs Street, Bankstown  
**Phone:** 9707 9622 OR 9707 9794

**Bankstown Women’s Health Centre**  
Provides child and family support including parent groups and a free dietitian  
**Address:** 24-26 Jacobs Street, Bankstown.  
**Phone:** 9790 1378

**Break Thru**  
Support for children who are at risk of developing mental health issues  
**Phone:** 8700 1430

**Creating Links**  
Counselling and parenting programs in Bankstown  
**Phone:** 8713 7700
City of Canterbury Bankstown Council
Customer service including children’s services
Address: Upper ground floor, Civic tower 66-72 Rickard Road, Bankstown
Phone: 9707 9999
Hours: Monday-Friday 8:30am-5:00pm

Family Relationships Centre Bankstown
Information and individual sessions about parenting, free of charge
Phone: 9707 8555

Active Play

Being physically active is good for children’s health and development. Providing opportunities for active play will help your child develop hand and eye coordination which causes body awareness and helps muscles and bones grow strong. Children need daily opportunities to explore all types of active movement – rolling, crawling, walking, running and jumping whether it is climbing or swinging at the park, dancing to music or kicking a ball. Visit playgrounds, parks, nature reserves or the swimming pool.
Parks

Allum Park Maiden St or Abbey Avenue, Greenacre
Facilities include two full size soccer fields in winter or one synthetic cricket wicket in summer, as well as a car park, play equipment and public toilets.

Lockwood Park Waterloo Road, Greenacre
Facilities include car park, seating, soccer fields and toilet.

Northcote Reserve
Corner Waterloo & Northcote Road, Greenacre. Facilities include landscaped gardens, picnic tables, play equipment, seating and pathways.

Roberts Park, Waterloo Road, Greenacre
Facilities include a playground, two full size rugby league fields in winter and one synthetic cricket wicket in summer. Seating, skate park, car park and toilets.

Playgroup

Playgroups are great places to meet other parents. Playgroups provide an informal space where mums, dads, grandparents, caregivers, children and babies can meet in a relaxed and friendly environment. Playgroup also allows parents and carers to spend quality time with their children, encouraging, helping and learning about their child’s development or simply playing with their children aged 0 to 5 years.
Banksia Play and Learn Playgroup
Where: Banksia Road Public School Greenacre
When: Wednesdays 9:30am
Phone: 9707 3423

Greenacre Area Community Playgroup
Where: 202 Waterloo Road, Greenacre
When: Wednesdays 10:00am – 12:00pm
Phone: 9750 7982

Greenacre Baptist Church Playtime
Where: 36-40 Shellcote Road, Greenacre
When: Tuesdays 9:30am – 11:30am
Phone: 0410 370 193

Greenacre Playgroup
Where: Greenacre Public School, Waterloo Road
When: Thursdays 9:00am
Phone: 9759 1305

Guring Gang Aboriginal Playgroup
A playgroup for Aboriginal families with children aged 0-5
Where: Greenacre Public School, Waterloo Road
When: Thursdays 10:00am-12:30pm
Phone: 9796 2931

Koorana Playgroup
Integrated playgroups for special needs children
Phone: 9758 2666
My Time Playgroup – Chester Hill
For children with disability or chronic medical condition
Where: Bill Lovelee Youth Centre, Banool Street, Chester Hill
When: Thursdays 10:00am
Phone: 9684 9500 or 1800 171 822

St Johns Vianney’s Junior
Where: St John’s Vianneys Public School, 78 Tempe Street, Greenacre
When: Thursdays 9:00am
Phone: 9759 9513

Playgroup NSW Inc.
Phone: 1800 171 882

Childcare
If you are looking for child care call the Australian Government’s Child Care Access Hotline on 1800 670 305 between 8:00am-6:00pm Monday-Friday for information on vacancies in your area.

Mychild.gov.au
Provides information on different types of child care and how to get assistance with the cost.

Family Day Care
Provides information on different types of child care and how to get assistance with the cost.
Bankstown Family Day Care Scheme
Phone: 9728 3355
Website: www.bfdc.org.au

Government Pre School near Greenacre – Bankstown South
Infants school: first priority is given to children who live within the school’s local area. If the number of applicants exceeds the places available, the school’s placement panel will consider each application and make recommendations for placement according to the department’s eligibility criteria.

Pre-schools in Greenacre

Funtime Childcare Centre
Suitable for children 2 -5 years
Address: 59 Rawson Road, Greenacre
Phone: 9793 7251
Email: funtimecc@aenet.com.au
Hours: Monday – Friday 7:30am – 5:30pm
Languages: English, Greek, Italian & Arabic

Kidz Academy Pre-school Child Care Centre
Suitable for children 2 -5 years
Phone: 9796 8723
Email: kidzacadem@nexon.com.au
Hours: Monday – Friday 8:00am – 6:00pm
Languages: English & Arabic
KU Karingal Preschool
Sessional pre-school with full educational programs for children from 3 to 5 years.
Address: Community place, Greenacre
Phone: 9759 9354
Website: www.ku.com.au
Hours: Monday – Friday 8:30am – 3:30pm
Languages: English, Cantonese, Italian, Mandarin

Liberty Preschool Greenacre
Address: 1022 Waterloo Road, Greenacre
Phone: 9750 5246
Email: preschool@libertychurch.net.au
Hours: Monday – Friday 9:00am – 3:00pm

Mickey’s World Childcare Greenacre
Phone: 9709 5378
Email: admin@mickysworldgreenacre.com.au
Hours: Monday – Friday 7:00am – 6:00pm

Montessori Academy Greenacre
Address: 84 Banksia Road, Greenacre
Phone: 9709 5378
Email: greenacre@montessoriacademy.com.au
Hours: Monday – Friday 7:30am – 6:00pm

Pandora Pre School
Suitable for children 2 - 6 years
Address: 87 Pandora Street, Greenacre
Phone: 9759 3608
Email: pandoradaycre@optusnet.com.au
Hours: Monday – Friday 7:00am – 6:00pm
Languages: English & Arabic

Playtime Pre School
Suitable for children 2 - 5 years
Address: 101 Mimosa Road, Greenacre
Phone: 9709 6015
Email: playtimepreschool@bigpond.com
Hours: Monday – Friday 7:00am – 6:00pm
Languages: English, Arabic, Italian, Samoan & Spanish

Roberts Park Early Learning Centre
Suitable for children 0 - 6 years
Address: 87a Waterloo Road, Greenacre
Phone: 9740 3777 or 0433 224 303
Email: robertsparkelc@hotmail.com
Hours: Monday – Friday 7:00am – 6:00pm

Starting School

Bankstown Starting School Project, Information and support online.
Website: www.bankstownstartingschoolproject.com.au
Information includes
- When is my child ready for school?
- What school should my child go to?
- How can I help my child be ready for big school?

Enrolment in School: School Principals can help you with your enrolment enquiries at any time of the year.
Government Primary Schools

These schools have defined local enrolments areas, meaning that your child is entitled to enrol based on their residential address. Every public school reserves enough places within their school for students in their local enrolment area.

**Banksia Road Public School**
Address: 65 Banksia Road, Greenacre
Phone: 9707 3423

**Chullora Public School**
Address: Waterloo & Norfolk Road, Greenacre
Phone: 9642 4266

**Greenacre Public School**
Address: Waterloo Road, Greenacre
Phone: 9759 1305

**Mt Lewis Infants School**
Address: 28B Nobel Avenue, Greenacre
Phone: 9790 4650

Non - Government Primary Schools

**Al Noori Muslim School**
Address: 75 Greenacre Road, Greenacre
Phone: 9790 5726
Al Sadiq College  
Address: 114 Waterloo Road, Greenacre  
Phone: 9750 6011

Greenacre Baptist Christian Community School  
Address: 46 – 40 Shellcote Road, Greenacre  
Phone: 9642 3512

Holy Saviour School  
Address: 80 Waterloo Road, Greenacre  
Phone: 9740 4822

Malek Fahd Islamic School  
Address: 405 Waterloo Road, Greenacre  
Phone: 8732 7800

St John Vianney Primary School  
Address: 78 Tempe Street, Greenacre  
Phone: 9759 9153

Special Needs

Getting a diagnosis: If you feel concerned about your child’s development, talk to your GP or Child and Family Health Nurse. They will be able to assess your child’s development, provide advice and refer you to a specialist to diagnose whether your child has a developmental delay. Below is a list of services which may assist.
Ageing, Disability & Home Care
Early intervention for children and everyday living support, including therapy and behaviour support.
Website: http://www.adhc.nsw.gov.au/individuals/support/behavioursupport
Phone: 9334 3700

Allevia
Offers personalised services to people with disabilities including children.
Phone: 9773 8894

Apraxia Kids Childhood Apraxia of Speech
Website: http://www.apraxia-kids.org/

Autism Advisory and Support Service 24-hour hotline
Phone: 1300 222 777

Bankstown Community Health Centre
Assessment, therapy and support including occupational therapy and speech.
Address: 36-38 Raymond Street, Bankstown
Phone: 9780 2777
Bankstown Community Resource Group (BCRG)
Early intervention team provides speech pathology and occupational therapy services to children with autism spectrum disorder and children 0-12 years who have communication, find and gross motor or behavioural needs. 
Phone: 9796 7915 or 9791 0632

CatholicCare Early Intervention
Offers services to families with children with a disability, including respite support services and parenting support services. 
Phone: 9822 9855

Cerebral Palsy Alliance
Address: 224-244 Restwell Road, Prairiewood 
Phone: 8777 1777

Creating Links
Disability services including respite and leisure programs 
Phone: 8713 770

Down Syndrome NSW
Phone: 9841 4444

Early Childhood Intervention Info-Line
Telephone service for questions about child development including children diagnosed with a disability.
Phone: 1300 656 865
Epilepsy Action  Phone: 1300 374 574
Koorana Child & Family Services
Offers a range of services in early education and intervention for children with additional learning needs.  
Phone: 9750 4100

earning Links
Offers a range of services to support children with disabilities and learning difficulties and their families
Phone: 8525 8222

My Time PlayGroup
Provides support for anyone caring for a child with a disability or chronic medical condition
Address: Youth Centre, Banool Street, Chester Hill
When: Thursday 10:00am
Phone: 1800 171 822 or 9684 9500

Recreation Sports & Aquatics Club
Provides sports, creative arts and social events, to support children from 4 years of age with disabilities
Address: 11 Greenfield Parade, Bankstown
Phone: 99790 5001

SDN Children’s Services
Helps Families to access a range of services and programs including assessment, therapy or learning a specific skill
Phone: 1300 831 445
St John Vianney Primary School
Address: 78 Tempe Street, Greenacre - Phone: 1300 374 574

Telephone Interpreter Services
Free Interpreter Service
Phone: 13 14 50

Multicultural Services
Arab Council Australia
Supporting Arabic families with young children
Address: Level 1, 194 Stacey Street, Bankstown
Phone: 9709 4333

Kari Aboriginal Resources
Programs for Aboriginal children
Phone: 8782 0333

Metro Assist Bankstown
Parenting programs and other courses in different languages
Address: 62 Meredith Street, Bankstown
Phone: 8709 0200

Muslim Women’s Association
Courses, programs and Saturday Arabic lessons for children aged 3 to 16
Phone: 9750 6916
The Multicultural Network
Multilingual resources and information on community services including children
Address: 83-99 North Terrace, Bankstown
Phone: 9796 2235

NSW Multicultural Health Communication Service
Provides free health information on early childhood and parenting as well as other related topics in up to 45 languages
Website: www.mhcs.health.nsw.gov.au

Child Development

Children’s brain grows most rapidly in the first 3 years of life during which time they learn about their world through play.

Play stimulates their brain and is important for physical, mental and emotional development, thinking skills and creativity. Every child is unique and will develop at their own pace. If you have any concerns about your child’s development have a talk to your Child & Family Health Nurse or GP about these concerns.

The emotional, social and intellectual development of the child is linked; each depends on and influences the other. The most important way a child develops and learns is through interacting with others. The development of a positive, caring relationships with parents and caregivers helps children feel secure and confident to explore the world and other relationships. The more parents and
caregivers talk and respond to their child the quick they learn.
Anyone caring for a child can promote their social, emotional and intellectual development by showing them love, by talking, singing, reading and playing with them. These activities can be incorporated into the everyday caring for a child.

Children’s language and social skills benefits when parents start talking to them from birth. Children’s language skills benefit from being read to from around 6 months old.

It is important to have realistic expectations of what children are capable of at each stage of development.

**0-2 months’ baby is learning to**
- Listen to voices
- Kick their legs
- Develop eating and sleeping pattern

**2-6 months’ baby is learning to**
- Sleep less and interact more
- Raise head and chest when lying on stomach
- Roll both ways from stomach to back
- Reach for dangling objects, grasp and shake objects
- Respond to their name and copy sounds
- Be happy to see faces they know

**6-12 months’ baby is learning to**
- Crawl on hands and knees and pull to stand
- Take steps holding onto furniture and walk
- Pick up and throw small objects
Hold a spoon or cup and attempt to self-feed or drink
Be scared of strangers or objects
Look for objects that have fallen
Repeat sounds and gestures such as a wave goodbye
Respond to own name being called and say words like “dada” or “mama”

1-2 years’ child is learning to
- Walk, climb and run
- Kick and throw a ball
- Follow simple instructions
- Feed themselves
- Scribble with a pencil or crayon
- Say their first name
- Begin to co-operate when playing
- Point to objects when named
- Know some body part
- Say many words and begin to join words with meaning
- Your child may face separation anxiety

2-3 years’ child is learning to
- Walk, run, climb, kick and jump easily
- Recognise and identify common objects and pictures by pointing
- Use 2 or 3 words together
- Say his or her name and age when asked
- Use a pencil to draw or scribble in circles and lines
- Play with other children
- Get dressed with help
Use make believe and play pretend
Self-feed using utensils and a cup
Ask lots of questions
Copy words and actions
Make music, sing and dance
Like listening to stories and books
Recognize similarities and differences

3-5 years’ child is learning to
Speak in sentences and use many different words
Begin to count with numbers
Understand opposites
Enjoy playing with other children
Dress and undress with little help
Answer simple questions
Count 5 to 10 things
Tell stories and enjoy jokes and rhymes
Have a longer attention span
Toilet themselves
Walk and run better
Understand when someone is hurt
Follow simple rules and enjoy helping
Develop independence and social skills they will use for learning and getting on with others at preschool and school
Parents and carers can offer appropriate opportunities and experiences to children which can enhance their development at each stage.

For example, talking to children before they can actually talk themselves assists them to learn words, communication skills and eventually reading.

Similarly, placing babies in different positions on the floor means that they can look at many things and explore in different ways. This will also assist their muscle development to work towards rolling back and forth on their stomach and increasing their strength to raise their head and chest while lying on the floor.

Children’s needs and behaviours change at each new stage of development, being flexible and adaptable to changes is a useful skill for parents.

**Child Development – Online Resources**

**Love, talk, sing, read, play**
Flip chart with ages and activities
Also available in Arabic, Chinese, Korean & Vietnamese
Deadly Tots
What to expect from bub at different stages

Raising Children Network
Provides reliable and scientifically validated information and resources to support parents in the day-to-day work of raising children
Website: http://raisingchildren.net.au

Resourcing Parents
Provides parenting education information to parents and carers of children aged 0-18 years living in Sydney and surrounding suburbs.
Website: www.resourcingparents.com

Growing up Strong Kooris
Child development information and ideas for Aboriginal parents and carers in the South West region

Literacy
Website: www.earlywords.info
School Readiness

The most important skills for a successful start in school are a child’s social and emotional development. The main factor in promoting children’s school readiness is the nature of the relationship they experience with their parents and later with other caregivers, teachers and peers.

Participation in play with others helps children to build relationships, develop the skills to take turns and express thoughts and ideas. Play is essential to a child’s overall healthy development and supports their skills, social and emotional, physical, cognitive language, literacy and self-control. These skills are essential to set the foundation for a lifetime of learning.

What parents can do to support readiness at home

- Provide daily opportunities for your child to play with you or other carers
- Work towards your child’s independence in all areas such as self-care, feeding, dressing, toileting and asking for help
- Help your child to learn how to use pencils, crayons, child friendly scissors and glue without assistance
- Read a book daily with your child
- Encourage your child to mix with other children so they can learn to socialise, take turns and share
- Provide time for children to have active play, for example play with a ball and climb play equipment.
Online School Readiness Resources

Bankstown Starting School Project includes:

- Is my child ready to start school?
- How can I prepare my child for school?

For more information and support, families are encouraged to visit

www.bankstownstartingschoolproject.com.au

Preparing for Kindergarten
NSW Education Department
Website:

Transition to School
Support for families of children with developmental delay or disability, when starting school.
Website: www.transitiontoschoolresource.org.au

Booklet Sources

Bankstown Community Directory
Love, sing, talk, read, play: Families NSW Communication Strategy for Parents and Carers project.
ZERO TO THREE: National Centre for Infants, Toddlers and Families. USA.
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All care has been taken to ensure that the information contained in this directory is correct at the time of printing. June 2017.

This booklet was created by the Greenacre Area Community Centre Inc. with funding from Canterbury Bankstown City Council.
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SERVICES WE PROVIDE:
Information and referral, recreation activities, groups, playgroup, tax help, counselling, school holiday activities and youth activities