DISABILITY AND MENTAL HEALTH
Service Directory
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The Disability and Mental Health Directory 2019 was created by the City of Canterbury-Bankstown as a user friendly guide to Disability and Mental Health support services. The City of Canterbury-Bankstown is committed to providing opportunities, support and resources for our community.

The 2019 Directory will be available in soft copy which can be found by accessing the City of Canterbury-Bankstown cbcity.nsw.gov.au

A hard copy of the directory is also available on request or at any of our Customer Service Centres and Libraries. An effort will be made to update the online directory regularly as local services change.

City of Canterbury Bankstown Contacts

📞 9707 9000
🌐 cbcity.nsw.gov.au

👩‍❤️‍💋‍👨 Ageing and Disability Officer
Sandra Loyola-Sandoval
📞 9707 9464
✉️ Sandra.Loyola-Sandoval@cbcity.nsw.gov.au

👩‍❤️‍💋‍👨 Access and Inclusion Officer
Jacob Steuart
📞 9707 9857
✉️ Jacob.Steuart@cbcity.nsw.gov.au

Acknowledgement

Council would like to acknowledge the hard work of Jessica Vitellaro, who created this directory while on work placement within the Community Development Team.

Acknowledgement to Country

City of Canterbury Bankstown would like to show our respect and acknowledge the Aboriginal Traditional Custodians of the land, the Daruk and Eora People, and pay our respects to their Elders past, present and future.
Council Library and Knowledge Centres

Bankstown Library and Knowledge Centre
- 9707 9708
- 80 Rickard Rd Bankstown NSW 2200
- Mon-Fri 9am-8pm
  - Sat 9am-4pm
  - Sun 1-4pm

Campsie Library and Knowledge Centre
- 9789 9423
- 14-28 Amy St Campsie NSW 2194
- Mon-Fri 10am-8pm
  - Sat 9.30am-4pm
  - Sun 2-5pm
  - Closed Public Holidays

Chester Hill Library and Knowledge Centre
- 9707 9740
- 12 Chester Hill Rd Chester Hill NSW 2162
- Mon-Fri 9am-8pm
  - Sat 9am-5pm

Earlwood Library and Knowledge Centre
- 9789 9417
- Corner Homer and William Sts
  - Earlwood NSW 2206
- Mon, Thur 10am-8pm
  - Tue, Wed and Fri 10am-5pm
  - Sat 9.30am-noon
  - Closed Sun and Public Holidays

Greenacre Library and Knowledge Centre
- 9707 9744
- Community Place Greenacre NSW 2190
- Mon, Tue, Thur 9am-8pm
  - Wed, Fri 9am-5pm
  - Sat 9am-noon

Lakemba Library and Knowledge Centre
- 9789 9419
- 62 The Boulevarde Lakemba NSW 2195
- Mon, Thur 10am-8pm
  - Tue, Wed and Fri 10am-5pm
  - Sat 9.30am-noon
  - Closed Sun and Public Holidays

Padstow Library and Knowledge Centre
- 9707 9747
- 132 Cahors Rd, Padstow NSW 2211
- Mon-Thur 9am-8pm
  - Fri 9am-5pm
  - Sat 9am-noon

Panania Library and Knowledge Centre
- 9707 9737
- Corner Tower St and Anderson Ave
  - Panania NSW 2213
- Mon-Thur 9am-8pm
  - Fri 9am-5pm
  - Sat 9am-noon

Riverwood Library and Community Hub
- 9789 9416
- Corner Belmore Rd and Roosevelt Ave
  - Riverwood NSW 2210
- Mon, Thur 10am-8pm
  - Tue, Wed and Fri 10am-5pm
  - Sat 9.30am-noon
  - Closed Sun and Public Holidays
Emergency Services

Contacts
Crisis Intervention and Support
Emergency Accommodation
<table>
<thead>
<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police, Ambulance, Fire</td>
<td>Australia’s National Emergency Services</td>
<td>☎️ 000</td>
</tr>
<tr>
<td></td>
<td>Must you have access to expert mental health support around the clock? Our qualified counsellors are</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>available to support you over the phone when you can’t reach your regular healthcare provider.</td>
<td></td>
</tr>
<tr>
<td>AHS Suicide Support Service</td>
<td>The AHS Suicide Support Line operates 24 hours a day, seven days a week to ensure you</td>
<td>☎️ 1800 859 585</td>
</tr>
<tr>
<td></td>
<td>have no access to expert mental health support around the clock. Our qualified counsellors are</td>
<td>📧 <a href="mailto:ahs@onthehandle.org.au">ahs@onthehandle.org.au</a></td>
</tr>
<tr>
<td></td>
<td>available to support you over the phone when you can’t reach your regular healthcare provider.</td>
<td>🔗 onthehandle.org.au/ahs/</td>
</tr>
<tr>
<td></td>
<td>Area organisation services: National</td>
<td>⏰ 24 hours 7 days</td>
</tr>
<tr>
<td>Bankstown Lidcombe Hospital</td>
<td>Bankstown Lidcombe Hospital is a principal referral hospital. It provides a wide range of general</td>
<td>☎️ (02) 9722 8000</td>
</tr>
<tr>
<td></td>
<td>medical and surgical services and some sub-specialty services to the local community such as</td>
<td>📍 Eldridge Rd, Bankstown NSW 2200</td>
</tr>
<tr>
<td></td>
<td>Emergency, Drug and Alcohol, Medical, Mental Health, Outpatient, Surgical, and Women and Children</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>Services.</td>
<td></td>
</tr>
<tr>
<td>Canterbury Hospital</td>
<td>Canterbury Hospital provides a wide range of general medical and surgical services and some sub-</td>
<td>☎️ (02) 9787 0000</td>
</tr>
<tr>
<td></td>
<td>speciality services to the local community such as Emergency, Drug and Alcohol, Medical, Mental</td>
<td>📍 575 Canterbury Rd, Campsie NSW 2194</td>
</tr>
<tr>
<td></td>
<td>Health, Outpatient, and Surgical services.</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td>Child Abuse Prevention Service</td>
<td>The Child Abuse Prevention Service provides services and information support for children who have</td>
<td>☎️ 1800 688 009</td>
</tr>
<tr>
<td></td>
<td>been abused and in prevention of children being abused.</td>
<td></td>
</tr>
<tr>
<td>Child Protection Helpline</td>
<td>The Child Protection Helpline is a state-wide call centre staffed by professionally qualified</td>
<td>☎️ 13 21 11</td>
</tr>
<tr>
<td></td>
<td>caseworkers to receive and screen all reports on suspected abuse or neglect of children and young</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>people. Members of the public and mandatory reporters within NSW can call the helpline to make a</td>
<td></td>
</tr>
<tr>
<td></td>
<td>report.</td>
<td></td>
</tr>
<tr>
<td>Community Services Helpline</td>
<td>24 hour helpline for child protection issues. Staff take all reports relating to child protection</td>
<td>☎️ 13 21 11</td>
</tr>
<tr>
<td></td>
<td>issues within NSW and refer these reports so that appropriate action is taken. Covers young people</td>
<td>📍 (02) 9633 7666</td>
</tr>
<tr>
<td></td>
<td>at risk including those in the care of the Director General (previously known as State Wards) and</td>
<td>📧 community.nsw.gov.au</td>
</tr>
<tr>
<td></td>
<td>young people from Aboriginal or Non English Speaking Backgrounds.</td>
<td>⏰ 24 hours 7 days</td>
</tr>
<tr>
<td>Domestic Violence Line</td>
<td>The Domestic Violence Line is a state-wide free service which provides telephone counselling,</td>
<td>☎️ 1800 656 463</td>
</tr>
<tr>
<td></td>
<td>information and referrals for women and same-sex partners who are experiencing or have experienced</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>domestic violence. Information and referrals include refuges, family support, counselling, police,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>courts, lawyers, hospitals, transport, and AVO information.</td>
<td></td>
</tr>
<tr>
<td>Kids Helpline</td>
<td>Kids Helpline is a free 24-hour national helpline telephone and online counselling service for kids</td>
<td>☎️ 1800 55 1800</td>
</tr>
<tr>
<td></td>
<td>and young people aged between 5 and 25 years.</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td>Lifeline</td>
<td>Lifeline is a national 24 hour crisis support and</td>
<td>☎️ 13 11 14</td>
</tr>
<tr>
<td></td>
<td>suicide prevention service for anyone needing emotional support. This service provides online,</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>face to face and telephone support.</td>
<td>📧 lifeline.org.au</td>
</tr>
<tr>
<td>Mental Health Line</td>
<td>Mental Health Line under the NSW Government is a support and</td>
<td>☎️ 1800 011 511</td>
</tr>
<tr>
<td></td>
<td>counselling were professional advice, help and referrals to local Mental Health support services are</td>
<td>⏰ 24 hours, 7 days</td>
</tr>
<tr>
<td></td>
<td>offered. The line is available to everyone and operates 24 hrs.</td>
<td>📧 health.nsw.gov.au/mentalhealth/</td>
</tr>
<tr>
<td></td>
<td></td>
<td>pages/mental-health-line.aspx</td>
</tr>
<tr>
<td>Service</td>
<td>About</td>
<td>Contact Details</td>
</tr>
<tr>
<td>---------------------------------------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>National Disability Abuse and Neglect Hotline</td>
<td>The National Disability Abuse and Neglect Hotline is an Australia-wide telephone hotline for reporting abuse and neglect of people with disability. The Hotline works with callers to find appropriate ways of dealing with these reports. Area organisation services: National Languages Other than English available: TIS Interpreter phone service available Any applicable Any applicable fees: Nil</td>
<td>☑ PO Box Q687, Queen Victoria Building NSW 1230  ☑ 1800 880 052  ☑ 02 8417 2697  ☑ <a href="mailto:hotline@workfocus.com">hotline@workfocus.com</a></td>
</tr>
<tr>
<td>National Relay Service</td>
<td>The National Relay Service is a national phone service for people who are deaf or have a hearing or speech impairment to assist them communicate with family, friends and the community. You can type or read your conversation via a computer, tablet, mobile phone or TTY.</td>
<td>☑ 133 677 TTY/Voice calls  ☑ 1300 555 727 Speak and Listen  ☑ 0423 677 767 SMS Relay  ☑ relayservice.gov.au  ☑ 24 hours, 7 days</td>
</tr>
<tr>
<td>National Sexual Assault, Domestic Violence Counselling Service</td>
<td>1800 Respect is a confidential online and telephone counselling, information and referral service to support people experiencing the impacts of sexual assault, domestic or family violence.</td>
<td>☑ 1800 737 732</td>
</tr>
<tr>
<td>NSW Elder Abuse Helpline and Resource Unit</td>
<td>The NSW Elder Abuse Helpline and Resource Unit offer a free service that provides information, support and referrals relating to the abuse of older people living across NSW. The service is confidential and callers remain anonymous. Individuals, concerned friends, family members, neighbours and support workers are encouraged to call if they suspect elder abuse is occurring. If you require an interpreter, first call 131 450 and tell the operator your preferred language.</td>
<td>☑ 1800 628 221  ☑ elderabusehelpline.com.au</td>
</tr>
<tr>
<td>NSW Rape Crisis Centre</td>
<td>NSW Rape Crisis Centre provides 24 hour telephone and online crisis counselling for anyone in NSW who has experienced or is at risk of sexual violence, family or domestic violence and their non-offending supporters.</td>
<td>☑ 1800 424 017  ☑ 24 hours, 7 days  ☑ nswrapecrisis.com.au</td>
</tr>
<tr>
<td>Poisons Information Centre Hotline</td>
<td>The NSW Poisons Information Hotline provides the latest poisons information to the public and toxicology advice to health professionals on the management of poisoned and envenomed patients.</td>
<td>☑ 13 11 26  ☑ 24 hours, 7 days  ☑ poisonsinfo.nsw.gov.au</td>
</tr>
<tr>
<td>Police Stations</td>
<td></td>
<td>☑ Bankstown: (02) 9783 2199  ☑ Bass Hill: (02) 9645 9999  ☑ Campsie: (02) 9784 9399  ☑ Revesby: (02) 8724 6099  ☑ Riverwood: (02) 9584 1899</td>
</tr>
<tr>
<td>Sexual Assault Service</td>
<td>The Sexual Assault Service (SLHD) provides crisis and ongoing counselling, support and medical services to people aged 14 years and over who have been sexually assaulted.</td>
<td>☑ (02) 9515 9040  ☑ Ground floor, KGV Building Missenden Rd, Camperdown NSW 2050  ☑ Mon-Fri, 8.30am-5pm  ☑ After hours: Phone the Royal Prince Alfred Hospital switchboard on 9515 6111</td>
</tr>
<tr>
<td>State Emergency Services</td>
<td>NSW State Emergency Service (SES) is an emergency and rescue service dedicated to assisting the community.</td>
<td>☑ 13 25 00  ☑ 24 hours, 7 days  ☑ ses.nsw.gov.au</td>
</tr>
<tr>
<td>Service</td>
<td>About</td>
<td>Contact Details</td>
</tr>
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</tr>
<tr>
<td>Suicide Call Back Service</td>
<td>The Suicide Call Back Service is a 24-hour national service that provides telephone and online counselling to people 15 years and over who are suicidal, caring for someone who is suicidal, bereaved by suicide, or health professionals supporting people affected by suicide. Up to 6 sessions of ongoing counselling with the same counsellor can be scheduled at times best suited to each individual’s needs.</td>
<td>1300 659 467                                      24 hours, 7 days</td>
</tr>
<tr>
<td>Translating and Interpreting Service</td>
<td>TIS National is an interpreting service provided by the Department of Immigration and Border Protection for people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients. TIS National provides immediate and pre-booked phone interpreting, and on-site interpreting. Local call fees may apply.</td>
<td>13 14 50                                      24 hours, 7 days</td>
</tr>
<tr>
<td>Victims Access Line</td>
<td>VAL provides a single-entry point for victims of crime in NSW to assist them in accessing services. Services include free counselling, financial assistance, Information and referral support.</td>
<td>1800 633 063                                      24 hours, 7 days</td>
</tr>
<tr>
<td>Service</td>
<td>About</td>
<td>Contact Details</td>
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</tr>
<tr>
<td>Cancer Helpline</td>
<td>A free, confidential telephone information and support service run by Cancer Councils in each state and territory. If you have a question about cancer, or if you're seeking emotional or practical support, call 13 11 20.</td>
<td>13 11 20</td>
</tr>
<tr>
<td>Department of Family and Community Services Bankstown</td>
<td>Community Services promotes the safety and wellbeing of children and young people and works to build stronger families and communities. We provide child protection services, parenting support and early intervention, foster care, adoption services and help for communities affected by disaster.</td>
<td>Level 10 Civic Tower, 66-72 Rickard Rd, Bankstown NSW 2200&lt;br&gt;(02) 8713 7800&lt;br&gt;(02) 8713 7988&lt;br&gt;PO Box 133, Bankstown NSW 1885&lt;br&gt;community.nsw.gov.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Legal Aid NSW Youth Hotline</td>
<td>Legal Aid NSW (Youth Hotline) provides legal advice and information to young people under 18 years of age.</td>
<td>1800 10 18 10&lt;br&gt;Mon-Thur 9am-noon&lt;br&gt;Fri-Sun 24 hours</td>
</tr>
<tr>
<td>Men’s Line Australia</td>
<td>Telephone and online support and information service for Australian men.</td>
<td>1300 789 978</td>
</tr>
<tr>
<td>Mental Health Access Line</td>
<td>This 24-hour mental health connection and referral service is staffed by mental health professionals.</td>
<td>1800 011 511</td>
</tr>
<tr>
<td>Service</td>
<td>About</td>
<td>Contact Details</td>
</tr>
<tr>
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</tbody>
</table>
| **Canterbury-Bankstown Youth Service – Mission Australia** | Canterbury-Bankstown Youth Service (CBYS) works with young people aged 16-24 who are homeless or at risk of homelessness. The organisation has two crisis refuges and also offers transitional housing. All young people housed with CBYS are provided with case management as well as education and employment support. CBYS also have a free Adolescent and Family Counsellor who can assist young people who are homeless or at risk of homelessness. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Please check on referral. Referral Pathway: Phone or email Eligibility Criteria: Young people homeless or at risk of homelessness, aged 16-24 Any applicable fees: Cost applies for accommodation – check upon referral | Campsie Office  
Shop 43, 14-28 Amy St Campsie  
NSW 2194  
Belmore Office  
Bldg 5, 38 Redman Pde Belmore  
NSW 2192  
Bankstown Office  
61 Allum St Bankstown NSW 2200  
(02) 9509 7140  
(02) 9509 7142  
cbys@missionaustralia.com.au  
missionaustralia.com.au  
Mon–Fri, 9am–5pm  
Crises houses are 24 hours, 7 days |
| **Family and Community Services Housing NSW** | Family and Community Services Housing NSW supports the homeless, complex clients, domestic violence clients and housing tenants. Referral pathway: Clients can apply online, by calling the Housing Contact Centre on 1800 422 322 or by walk in. Eligibility Criteria: Client must be an Australian resident. For temporary accommodation, clients must be homeless, meet social housing eligibility, and have limited funds. For rent choice, clients may be eligible if they have become homeless as a result of domestic violence and meet general social housing criteria. For priority housing, clients must be eligible for social housing, demonstrate an urgent need for housing and is not able to meet their need for housing in the private rental market. Area organisation services: Canterbury-Bankstown LGA Any applicable fees: Nil | Bankstown Office  
Level 2, 402-410 Chapel Rd,  
Bankstown 2200  
(02) 8713 4600  
Riverwood Office  
Ground Floor, 171 Belmore Rd North, Riverwood, 2210  
(02) 9584 4800  
Burwood Office  
Level 7, 52 Railway Parade,  
Burwood 2134  
(02) 8372 4700  
housingpathways.nsw.gov.au  
Mon–Fri 9am–5pm |
| **Link2home** | Link2home is the information and referral telephone service for people who are homeless or at risk of becoming homeless across NSW. Link2home works in partnership with homelessness services across NSW and refer them to you for assistance and support. | 1800 152 152  
24 hours, 7 days |
| **Linking Hearts Multicultural Family Support Service** | Linking Hearts Multicultural Family Services provides crisis/transitional accommodation supporting families from culturally and linguistically diverse backgrounds. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Interpreter Services available Referral Pathway: Through Government/non-Government services and self-referrals Eligibility Criteria: Women, men or couples with children at risk of homelessness and/or domestic violence. Any applicable fees: Based on assessment | PO Box 7032, Bass Hill Plaza 2197  
(02) 9786 4404  
info@linkinghearts.org.au  
linkinghearts.org.au  
Mon–Fri 9am–4pm  
After hours’ service (for victims of domestic violence only) is available Mon–Fri 5pm–9pm, Sat 3pm–9pm |
<table>
<thead>
<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mission Australia (SWS Early Intervention and Tenancy Support Service)</td>
<td>Provides tenancy support for people who are homeless, or at risk of becoming homeless. The service provides case management and Domestic Violence specialist services.</td>
<td>88 Shropshire St, Miller 2168 8785 5400 <a href="mailto:eitss@missionaustralia.com.au">eitss@missionaustralia.com.au</a> missionaustralia.com.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Mission Australia (SWS Early Intervention and Tenancy Support Service)</td>
<td>Area organisation services: Bankstown, Bass Hill and Revesby Wards (as well as Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingeecarribee LGAs) Languages other than English available: Nil Referral Pathway: Through other service providers and self-referral Eligibility Criteria: Clients must be over 18 years of age Any applicable fees: Nil</td>
<td></td>
</tr>
<tr>
<td>Muslim Women’s Association</td>
<td>The Muslim Women Association is a community-based welfare organisation that caters for the accommodation, welfare, social, educational, religious, and recreational needs of Muslim women of all backgrounds.</td>
<td>47 Wangee Rd, Lakemba 2195 (02) 9750 6916 or (02) 9750 7913 <a href="mailto:info@mwa.org.au">info@mwa.org.au</a> mwa.org.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Our Lady of the Way</td>
<td>Our Lady of the Way is a supported crisis accommodation service for single women aged over 55 years of age. It provides both temporary crisis accommodation and mid-term refuge. Members of the support staff are onsite Area organisation services: Western Sydney Languages other than English available: Interpreter services available Referral Pathway: Clients can contact the Domestic Violence Line on 1800 65 64 63 or Link2Home 1800 152 152 Eligibility Criteria: Clients must be single women aged 55 or above who have an income or eligible for an income from the Australian Government, who are able to self-care (cooking, mobility, hygiene), and who are experiencing domestic or family violence Any applicable fees: Percentage of income is paid for board and lodgings.</td>
<td>1800 65 64 63 <a href="mailto:olow@vinnies.org.au">olow@vinnies.org.au</a> vinnies.org.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>St Jude’s Transitional Accommodation - St Vincent De Paul Society NSW</td>
<td>Transitional accommodation for homeless single men from 25 years of age. Case management provided. Area organisation services: Canterbury-Bankstown LGA Referrals: Through Link2home or Central Intake Line</td>
<td>Bankstown NSW 2200 (02) 9560 2656 <a href="mailto:intakeofficer@sydneyvinnies.org">intakeofficer@sydneyvinnies.org</a> Mon-Fri 9am-5pm</td>
</tr>
</tbody>
</table>
Aboriginal and Torres Strait Islander Support Services

Aboriginal Community Centres
Aboriginal and Torres Strait Islander Land Councils
<table>
<thead>
<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
</tr>
</thead>
</table>
| Aboriginal and Torres Strait Islander Antenatal and Women's Health Service Bankstown-Lidcombe Hospital | Antenatal care for ATSI women and their families as an outreach service from Bankstown-Lidcombe Hospital. This service aims to increase Aboriginal and TSI women access to women's health services. | Eldridge Rd, Bankstown 2200  
(02) 9722 8333 Antenatal  
(02) 9780 2839 Women's Health  
24 hours, 7 days                                                                 |
| Area organisation services: South West                                 | Sydney Area Languages other than English available: Can be arranged by request                                                                                                                                |                                                                                                                                  |
| Referral Pathway: Through other service providers and self-referral   | Eligibility Criteria: Nil                                                                                                                                                                                   |                                                                                                                                  |
| Any applicable fees: Nil                                               |                                                                                                                                          |                                                                                                                                  |
| Aboriginal Community Transport Gandangara Service                      | Gandangara Local Aboriginal Land Council provides transport for Aboriginal frail aged, younger people with a disability and their carers'.                                                                  | (02) 9608 0968  
Mon- Fri 9am-5pm                                                                                                           |
| Area organisation services: South West                                 | Sydney Area Languages other than English available: Nil                                                                                                                                             |                                                                                                                                  |
| Referral Pathway: Self-referral Eligibility Criteria: Nil              | Any applicable fees: Nil                                                                                                                                                                                  |                                                                                                                                  |
| Aboriginal Contact Line                                               | The Aboriginal Contact Line is for Aboriginal people who are victims of violent crime in NSW and who would like information about counselling and/ or compensation.                                           | 1800 019 123  
Mon- Fri 8am-6pm                                                                                                           |
| Australian Unity Warramucca Aboriginal Home Care Service              | Australian Unity’s Aboriginal Home Care service provides culturally appropriate home and community services to Aboriginal and Torres Strait Islander people by providing domestic assistance, personal care and social support/transportation within their homes. | 1300 797 606                                                                                                                  |
| Area organisation services: NSW                                       | Languages other than English available: Nil                                                                                                                                                           |                                                                                                                                  |
| Referral Pathway: My Aged Care or self-referral through Australian Unity | Eligibility Criteria: Identify as Indigenous Australian over 50 Years of Age, My Aged Care                                                                                                              |                                                                                                                                  |
| Any applicable fees: Enquire                                           |                                                                                                                                          |                                                                                                                                  |
| Indigenous Women's Legal Contact Line                                 | The Indigenous Women's Legal Contact Line provides free confidential legal information, advice and referrals for Aboriginal and Torres Strait Islander women experiencing domestic and family violence in New South Wales. | 1800 639 784 or (02) 8745 6977  
Mon, Tue and Thur 10am-12.30pm                                                                                                 |
| Mullabo Men's Place                                                   | Mullabo is Darug, an Aboriginal word for 'all the men'. Mullabo is a safe environment where men can get the support and information they need to deal with the ups and downs in their lives. Information is available on a range of men's issues including dealing with conflict, communication skills, and health concerns, accessing legal help and advice, and mental health. The centre provides a secure and comfortable place to sit, relax, read a newspaper, or participate in recreational activities such as table tennis, indoor bowls, darts or a game of trivia. Lunch, tea and/or coffee are provided. | Chester Hill Guide Hall, 159 Waldron Rd, Chester Hill NSW 2162  
PO Box 446, Chester Hill NSW 2162  
(02) 9645 5700  
(02) 9645 3383  
admin@chesonc.ngo.org.au  
chonc.org.au  
Thur 10am-1pm                                                                                                           |
<p>| Disability Access: Yes (parking, ramps, toilets)                      | Area organisation services: Bankstown Language other than English available: Vietnamese, Arabic Any applicable fees: Contact for information                                                                 |                                                                                                                                  |
| Warruwi Gambling Line                                                 | Warruwi Gambling Helpline is a telephone service that provides free counselling for Aboriginal people with gambling addictions.                                                                    | 1800 752 948                                                                                                                  |</p>
<table>
<thead>
<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
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<tbody>
<tr>
<td><strong>Bankstown Community Health Centre</strong>&lt;br&gt;ATSI Social and Emotional Wellbeing Development&lt;br&gt;Bankstown Koori Interagency Committee</td>
<td>Bankstown Community Health Centre provides General Health, Child and Family Health, Counselling, Women’s Health and Specialist Health Services. Aboriginal Health Specialist Services are available.&lt;br&gt;Area organisation services: South West Sydney&lt;br&gt;Languages other than English available: Can be arranged by request&lt;br&gt;Referral Pathway: Self-referral Eligibility&lt;br&gt;Criteria: Nil&lt;br&gt;Any applicable fees: Nil</td>
<td>36-38 Raymond St, Bankstown NSW 9780 2777&lt;br&gt;Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td><strong>Budyari Aboriginal Community Health Centre</strong></td>
<td>Budyari Aboriginal Community Health Centre provides Aboriginal Chronic Care Program, Aboriginal Men’s Group, Early Childhood Clinic, Early Childhood Nutrition Clinic Elders Art Classes Women’s Health Services Drug and Alcohol.&lt;br&gt;Mental Health Support General Practitioner Outreach Support for Centrelink, Department of Housing, Child Support Agency.</td>
<td>18 Woodward Crescent, Miller NSW 2168&lt;br&gt;(02) 8781 8020&lt;br&gt;(02) 9608 0701&lt;br&gt;Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td><strong>Wirringa Baiya Aboriginal Women’s Legal Centre</strong></td>
<td>Wirringa Baiya Aboriginal Women’s Legal Centre is a state-wide service for Aboriginal and Torres Strait Islander women, children and youth. The centre provides information and advice both legal and non-legal, referral, limited case work, and community legal education. Areas of work include Domestic Violence and AVOs, Family Law, Care and Protection, Child and Adult Sexual Assault, and assistance with Victims Support Claims. The centre does not deal with criminal law matters.</td>
<td>Hut 13, 142 Addison Rd, Marrickville, NSW 2204&lt;br&gt;(02) 9569 2847&lt;br&gt;1800 686 587&lt;br&gt;(02) 9569 4210&lt;br&gt;<a href="mailto:wirringa_baiya@clc.net.au">wirringa_baiya@clc.net.au</a>&lt;br&gt;wirringabaiya.org.au&lt;br&gt;Mon, Tue, Thur, Fri 9am-5pm, Wed 9am-12.30pm&lt;br&gt;The Legal Advice line operates Mon, Tue, Thur and Fri 10am-4pm</td>
</tr>
<tr>
<td><strong>Australian Unity Warrambucca Aboriginal Home Care Service</strong></td>
<td>Australian Unity’s Aboriginal Home Care service provides culturally appropriate home and community services to Aboriginal and Torres Strait Islander people by providing domestic assistance, personal care and social support/transportation within their homes.</td>
<td>1300 797 606</td>
</tr>
<tr>
<td><strong>Indigenous Women’s Legal Contact Line</strong></td>
<td>The Indigenous Women’s Legal Contact Line provides free confidential legal information, advice and referrals for Aboriginal and Torres Strait Islander women experiencing domestic and family violence in New South Wales.</td>
<td>1800 639 784 or (02) 8745 6977&lt;br&gt;Mon, Tue and Thur 10am-12.30pm</td>
</tr>
<tr>
<td><strong>Mullabo Men’s Place</strong></td>
<td>Mullabo is Darug, an Aboriginal word for ‘all the men’. Mullabo is a safe environment where men can get the support and information they need to deal with the ups and downs in their lives. Information is available on a range of men’s issues including dealing with conflict, communication skills, and health concerns, accessing legal help and advice, and mental health. The centre provides a secure and comfortable place to sit, relax, read a newspaper, or participate in recreational activities such as table tennis, indoor bowls, darts or a game of trivia. Lunch, tea and/or coffee are provided.</td>
<td>Chester Hill Guide Hall, 159 Waldron Rd, Chester Hill NSW 2162&lt;br&gt;PO Box 446, Chester Hill NSW 2162&lt;br&gt;(02) 9645 3700&lt;br&gt;(02) 9645 3383&lt;br&gt;<a href="mailto:admin@chesonc.ngo.org.au">admin@chesonc.ngo.org.au</a>&lt;br&gt;chnc.org.au&lt;br&gt;Thur 10am-1pm</td>
</tr>
<tr>
<td><strong>Warruwi Gambling Line</strong></td>
<td>Warruwi Gambling Helpline is a telephone service that provides free counselling for Aboriginal people with gambling addictions.</td>
<td>1800 752 948</td>
</tr>
<tr>
<td>Service</td>
<td>About</td>
<td>Contact Details</td>
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| **Gandangara Aboriginal Land Council** | Gandangara Aboriginal Land Council provides health, home ownership, transport, employment and training services to Aboriginal people across the South West Sydney Region. | Level 1, 103 Moore St, Liverpool NSW 2170  
(02) 9602 5280  
(02) 9602 2741  
gandangara@bigpond.com  
glalc.org.au  
Mon- Fri 8.30am-4.30pm |
| **NSW Aboriginal Land Council** | The NSW Aboriginal Land Council is the State's peak representative body in Aboriginal Affairs. The Council aims to protect and support the interests of the broader Aboriginal Community in NSW. | PO Box 1125, Parramatta NSW 2124  
(02) 9689 4444  
1800 647 487  
(02) 9689 1234  
glalc.org.au |
| **Tharawal Aboriginal Corporation and Medical Centre** | Aboriginal Corporation provides support services to local Aboriginal community. Medical Centre services includes child and family support services, family outreach services, Social and Emotional wellbeing services, Dental, Speech Pathology and General Medical services, aged exercise services, cooking services. | 187 Riverside Drive, Airds 2560  
PO Box 290, Campbelltown NSW 2450  
(02) 4628 4837  
(02) 4628 2725  
tacams.com.au  
Mon- Fri 8.30am-5pm |
| **Australian Unity Warrambucca Aboriginal Home Care Service** | Australian Unity’s Aboriginal Home Care service provides culturally appropriate home and community services to Aboriginal and Torres Strait Islander people by providing domestic assistance, personal care and social support/transportation within their homes. | 1300 797 606 |
| | Area organisation services. NSW  
Languages other than English available. Nil  
Referral Pathway. My Aged Care or self-referral through Australian Unity  
Eligibility Criteria. Identify as Indigenous Australian over 50 Years of Age, My Aged Care  
Any applicable fees. Enquire |
| **Indigenous Women’s Legal Contact Line** | The Indigenous Women’s Legal Contact Line provides free confidential legal information, advice and referrals for Aboriginal and Torres Strait Islander women experiencing domestic and family violence in New South Wales. | 1800 639 784 or (02) 8745 6977  
Mon, Tue and Thur 10am-12.30pm |
| **Mullabo Men’s Place** | Mullabo is Darug, an Aboriginal word for ‘all the men’. Mullabo is a safe environment where men can get the support and information they need to deal with the ups and downs in their lives. Information is available on a range of men's issues including dealing with conflict, communication skills, and health concerns, accessing legal help and advice, and mental health. The centre provides a secure and comfortable place to sit, relax, read a newspaper, or participate in recreational activities such as table tennis, indoor bowls, darts or a game of trivia. Lunch, tea and/or coffee are provided. | Chester Hill Guide Hall, 159 Waldron Rd, Chester Hill NSW 2162  
PO Box 446, Chester Hill NSW 2162  
(02) 9645 3700  
(02) 9645 3383  
admin@chesonc.ngo.org.au  
chnc.org.au  
Thur 10am-1pm |
| **Warruwi Gambling Line** | Warruwi Gambling Helpline is a telephone service that provides free counselling for Aboriginal people with gambling addictions. | 1800 752 948 |
Disability and Mental Health Support

National Disability and Insurance Scheme
Assessment/Case Management - Disability and Mental Health
Financial/Legal Services
Disability/Mental Health Employment Support Services
Respite/Carer Support
The NDIS introduced July 1, 2016 is a National Disability Insurance Scheme by the Australian Government. The scheme provides people with a disability, their families and carers with information and referrals to existing support services in the community. The scheme allows you to tailor and manage an individualised NDIS plan of required local support services.

Eligibility Criteria: To become a NDIS participant a person must:

- Have a permanent disability that significantly affects their ability to take part in everyday activities;
- Be aged less than 65 when they first enter the NDIS; and
- Be an Australian citizen or hold a permanent Visa.

An eligibility assessment is required when contacting the NDIA.

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<tr>
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<th>Contact Details</th>
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</table>
| National Disability and Insurance Scheme (NDIS) | The NDIS introduced July 1, 2016 is a National Disability Insurance Scheme by the Australian Government. The scheme provides people with a disability, their families and carers with information and referrals to existing support services in the community. The scheme allows you to tailor and manage an individualised NDIS plan of required local support services. | 1800 800 110  
ndis.gov.au  
Local National Disability Insurance Agency (NDIA) Bankstown Office  
2-14 Meredith St, Bankstown NSW 2200  
Mon-Fri 8.30am-4.30pm  
Local Area Coordinators (LAC) Bankstown Office  
Level 3, 2-14 Meredith St, Bankstown NSW 2200  
Mon-Fri 9am-5pm |
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<tr>
<th>Service</th>
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| **Bankstown Community Mental Health Services** | The Bankstown Community Mental Health Service provides mental health care to people living in suburbs within the Bankstown local government area. Area organisation services: Bankstown Languages other than English available: TIS Interpreter phone service available Referral Pathway: Contact for information Any applicable fees: Nil | 🗷️ 36-38 Raymond St, Bankstown, NSW, 2200  
📞 02 9780 2777  
🌐 swslhd.health.nsw.gov.au/MentalHealth/ch8nk.html  
⏰ Mon-Fri 8.30am-5pm |
| **Care and Support Services (CSS) Pty Ltd** | CSS provides services to children and adults with acquired brain injury, spinal cord injury or disability. CSS provides a range of services including, personal care, therapy programs, community support, case management, social support, domestic respite and other services as required. CSS also has a 24hr emergency contact system in place for after hours, weekends and holidays. Clients and their families can feel confident that CSS are always able to be contacted should any emergencies arise during these times. Area organisation services: Canterbury-Bankstown, Western Sydney LGA’s Any applicable fees: Contact for information | 🏦 PO Box 3727, Rouse Hill NSW 2155  
📞 (02) 9679 1912  
📞 (02) 9679 1908  
✉️ admin@caresupportservices.com.au  
🌐 caresupportservices.com.au  
⏰ Mon-Fri 9am-4pm (Office) |
| **Catholic Care** | Catholic Care Family Support assists families. The service provides case management, health and wellbeing services, children and youth services, cultural support services, drug, alcohol and gambling services, mental health support services, and disability support services. Area organisation services: Canterbury Bankstown, Inner West Sydney Languages other than English available: Arabic and Vietnamese, TIS Interpreter phone service available Referral Pathway: Referral form or self-referral Eligibility Criteria: Residents of Canterbury Bankstown and Inner West LGA | 🏦 9 Garrong Rd, Lakemba NSW 2195  
📞 (02) 9740 0111 or (02) 9740 0199  
✉️ catholiccare.org  
⏰ Mon-Fri 9am-5pm |
| **Family Referral Service NSW** | Family Referral Service helps link vulnerable families with services for ongoing support. An assessment is conducted with the family to identify their needs and then make appropriate referrals and follow up. Short term case management is also provided while linking families with services or until services become available. Area organisation services: NSW Languages other than English available: TIS Interpreter phone service available Referral Pathway: Self-referrals via email or phone Any applicable fees: Nil | 📞 1800 066 757  
🌐 familyreferralservice.com.au  
**South Eastern**  
(Canterbury and Roselands Wards)  
📞 sensfamilyreferral@barnardos.org.au  
📞 1800 066 757  
**South Western Sydney Office**  
(Bass Hill, Bankstown and Revesby Wards)  
✉️ southwestsydneyfrs@ uniting.org  
📞 1300 244 826  
⏰ Mon-Fri 9am-5pm |
<table>
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| Learning Links                | Learning Links is a charitable, not-for-profit organisation that offers information, assessment, support and specialist services for children who have difficulty learning and their families. Services include comprehensive assessments; early childhood intervention; an inclusive preschool; playgroups; specialist literacy and numeracy classes for school age children; therapy (occupational and speech); family counselling and support as well as professional development and learning. Sydney metropolitan branches include Peakhurst, Maroubra, Liverpool and Oatley, Bellavista. | 12-14 Pindari Rd, Peakhurst NSW 2210  
(02) 8525 8222  
(02) 8078 6088  
mail@learninglinks.org.au  
learninglinks.org.au  
Mon-Fri 9am-5pm |
| Red Cross Telecross Service   | Free service providing daily welfare checks by telephone (between 7am-10am) on the well-being of people who are frail aged, have disability, are socially isolated or medically at risk and live alone.                                                      | Suite 702, Level 7, Westpoint Tower, 17 Patrick St, Blacktown NSW 2148  
1300 885 698 or (02) 9229 4222  
(02) 9627 3755  
telecrosssydney@redcross.org.au  
redcross.org.au  
Mon-Fri 7.30am-5pm |
| The Multicultural Network     | The Multicultural Network is a non-profit, community-based organisation which aims to assist, resource and provide information to people of non-English speaking backgrounds. TMN also provides a Multicultural Referral Access Service that includes individual advice, information and support in the language of the person about Ageing and Disability Services linking people from a non-English speaking background to services. | Suite 2A, Level 2, 40 Raymond St, Bankstown NSW 2200  
PO Box 3164, Bankstown NSW 2200  
(02) 9796 2235  
(02) 9796 4950  
admin@tmn.net.au  
tmn.net.au  
Mon-Fri 9am-5pm |
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<th>Contact Details</th>
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| Anglicare Bankstown Financial Assistance | Supports individuals and families impacted by financial stress or crisis. The aim is to build financial capability, resilience and wellbeing through financial counselling, financial capability and case management. The financial counselling service provides clients with support on issues regarding bankruptcy, personal or home loans arrears and debts. The financial capability service provides clients with support on building practical skills, such as budgeting, to improve confidence in managing money and better ways to manage household expenses, as well as support for rental, utility or telco arrears. Through case management clients receive individualised support with advocacy, community participation and links to specialised supports such as migrant/refugee services, housing, disability or employment. | (02) 9796 7258  
(02) 9600 7938  
Suite 27, Level 1, Liberty Plaza, 256 Chapel Rd South, Bankstown NSW 2200  
anglicare.org.au  
Mon-Fri 9am-5pm |
| Arab Council Australia         | Arab Council Australia is a secular non profit independent community organisation working to bring about social justice and improve the lives of the most vulnerable people in the community. It provides a broad range of welfare services, social support and cultural activities to the community, including support services for the LGBTIQ community. | Bankstown Office  
15 16/212 South Terrace,  
Bankstown NSW 2200  
9709 4333 or 9709 2928  
info@arabcouncil.org.au  
Villawood Office  
Suite 2.01, Level 2 44 46 Mandarin St,  
Villawood NSW 2163  
arabcouncil.org.au  
Mon-Fri 9am-5pm |
| Bankstown Family Relationship Centres | Bankstown Family Relationship Centre supports separating families to be child focused. The services offers family dispute resolution, parent support, child inclusive services, parent education and counselling. | Ground floor, 8 Jacob St,  
Bankstown 2200  
13 18 19  
reception.frc@catholiccare.org  
familyrelationships.gov.au  
Mon Wed Fri 9am-5pm, Thurs 9am-8pm |
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<th>Service</th>
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<tr>
<td>Creating Links</td>
<td>Creating Links provides community and family support, out of home care, aged care, generalist counselling, disability services, emergency relief, financial counselling, before and after care, vacation care and community development. NDIS approved provider.</td>
<td>58 Kitchener Parade, Bankstown NSW 2200&lt;br&gt;PO Box 564, Bankstown NSW 1885&lt;br&gt;1300 254 657&lt;br&gt;(02) 8713 7799&lt;br&gt;<a href="mailto:admin@creatinglinks.org.au">admin@creatinglinks.org.au</a>&lt;br&gt;creatinglinks.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<td>Disability Access: Yes (lift)</td>
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<td>Area organisation services: Canterbury-Bankstown LGA</td>
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<td>Languages other than English available: Arabic, Vietnamese</td>
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<td>Any applicable fees: Nil</td>
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<tr>
<td>Financial Information Service</td>
<td>Free financial information service to everyone in the community. FIS helps people to make informed decisions about investment and financial issues for their current and future financial needs. FIS provides services through seminars, by phone and appointment.</td>
<td>2-14 Meredith St, Bankstown NSW 2200&lt;br&gt;PO Box 7800, Canberra BC ACT 2610&lt;br&gt;13 23 00&lt;br&gt;<a href="mailto:fis.seminar.bookings@humanservices.gov.au">fis.seminar.bookings@humanservices.gov.au</a>&lt;br&gt;humanservices.gov.au&lt;br&gt;Mon-Fri 8.30am-4.30pm</td>
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<tr>
<td>Legal Aid NSW Refugee Service</td>
<td>The Refugee Service is a state-wide specialist service of Legal Aid NSW. We help newly arrived refugees learn about their rights and responsibilities under the law, and access legal services to prevent their legal problems from escalating.</td>
<td>Level 7, Civic Tower, 66-72 Rickard Rd, Bankstown NSW 2200&lt;br&gt;(02) 8713 6725&lt;br&gt;1300 888 529 Law Access NSW&lt;br&gt;<a href="mailto:refugeeservice@legalaid.nsw.gov.au">refugeeservice@legalaid.nsw.gov.au</a>&lt;br&gt;legalaid.nsw.gov.au/what-we-do/civil-law/refugee-service&lt;br&gt;Mon-Fri 9am-5pm</td>
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<td>Area organisation services: NSW</td>
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<td>Languages other than English available: Interpreters can be arranged.</td>
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<td>Referral Pathway: Self-referral</td>
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<td>Area organisation services: Canterbury-Bankstown LGA</td>
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<td>Any applicable fees: Nil</td>
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<td>Legal Aid NSW, Bankstown Legal Aid Office</td>
<td>Provides free legal advice to all persons by way of appointment and legal aid to those in need.</td>
<td>Level 7, Civic Tower, 66-72 Rickard Rd, Bankstown NSW 2200&lt;br&gt;(02) 9707 4555&lt;br&gt;(02) 9708 6505&lt;br&gt;<a href="mailto:bankstown@legalaid.nsw.gov.au">bankstown@legalaid.nsw.gov.au</a>&lt;br&gt;legalaid.nsw.gov.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<td>Area organisation services: Canterbury-Bankstown LGA</td>
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<td>Languages other than English available: TIS Interpreter phone service available</td>
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<td>Any applicable fees: Advice is free</td>
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<tr>
<td>Parramatta Mission Counselling Services</td>
<td>Provides free financial counselling and gambling help counselling to the community of Bankstown and surrounding areas. Financial counselling can assist anyone who is currently experiencing financial problems.</td>
<td>Level 1, Suite B/41-45 Rickard Rd, Bankstown NSW 2200 &lt;br&gt;(02) 9707 2244&lt;br&gt;<a href="mailto:counselling@parramattamission.org.au">counselling@parramattamission.org.au</a>&lt;br&gt;parramattamission.org.au&lt;br&gt;Tue- Thur 8.30am to 4.30pm</td>
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<td>Disability Access: No</td>
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<td></td>
<td>Area organisation Serves: Canterbury-Bankstown, Fairfield, Parramatta LGA</td>
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<td>Referral Pathway: Self-referral</td>
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<td>Any applicable fees: Free service</td>
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<td>Service</td>
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| **Afford Employment**                    | Provides support and training for people with disabilities in community participation and transition to work programs. Language other than English: Arabic, Vietnamese, Cantonese, Mandarin and Spanish Eligibility: Be a job seeker registered with Centrelink, legal working age, permanent resident or citizen, have a disability or medical condition. Area organisation services: Canterbury-Bankstown LGA Any applicable fees: Free, funded by DES | Building 2, 38 Redman Parade, Belmore NSW 2192  
(02) 9707 0600  
(02) 9793 8872  
info@afford.com.au  
afford.com.au  
Mon-Fri 9am-5pm |
| **Break Thru People Solutions**          | Disability Employment Service that is a registered NDIS provider. Programmes include School Leaver Employment Support (SLES), Find A Job, Keep A Job, and Support Co-ordination. Also offer specialised Family Mental Health Services. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Arabic, TIS Interpreter phone service is available Referral Pathway: Self-referral, NDIA, Centrelink Eligibility Criteria: Nil Any applicable fees: Nil Registered Service: NDIS | Suite 1, Level 3, 41-45 Rickard Rd, Bankstown NSW 2200  
1800 767 212  
bankstown@breakthru.org.au  
breakthru.org.au  
Mon- Fri 8.45am-5pm |
| **Centacare Industries**                 | Bankstown Family Relationship Centre supports separating families to be child focused. The services offers family dispute resolution, parent support, child inclusive services, parent education and counselling. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Nil Referral Pathway: Self-referral Eligibility Criteria: Nil Any applicable fees: Contact for information Registered Service: NDIS | Unit 1, 112 Benaroon Rd, Belmore NSW 2192  
(02) 9784 4777  
(02) 9784 4799  
catholiccare.org  
Mon- Fri 9am-5pm |
| **Civic Disability Services**           | Warehouse in South East Sydney offers roles including processing, assembling, warehousing, forklift driving and administration. Referral Pathway: Support coordinator, LAC, direct contact. Eligibility: Case by case Any applicable fees: NDIS | 103 Cawarra Rd, Caringbah, NSW, 2229  
(02) 9575 1900  
(02) 9575 1999  
enquiries@civic.org.au  
civic.org.au  
Head office 9am-5pm  
Other location – 24/7 |
| **Disability Services Australia (DSA)**  | Employment Solutions, SLES and TTW – Person centred school leaver employment support and personalised work readiness support for jobseekers with open employment goals. NDIS funded or fee for service. DES – Assist people with disability, injury, illness or a mental health diagnosis to choose, find and maintain employment. Packing Solutions – Provides employment opportunities and person centred support to employees in our supported Employment Enterprises. Work includes packing, labelling and assembly. Applicant must be a NDIS funded plan and be able to work a minimum of 8 hours a week. Service Area: Bankstown | DSA Office Bankstown  
Suite 6, 400 Chapel Rd, Bankstown NSW 2200  
1300 372 121  
customerconnections@dsa.org.au  
dsa.org.au  
8.30am-5pm |
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| **Employment Services Group Match Works Bankstown** | A member of the job active and Disability Employment Services network providing Job Placement Services. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Nil Referral Pathway: Nil Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information | - Suite 204, Level 2, 41-45 Rickard Rd, Bankstown NSW 2200  
- (02) 8796 8589  
- connect@esg.com.au or Reception.Bankstown@esg.com.au  
- esg.com.au  
- Mon-Fri 9am-5pm |
| **Flourish Australia** | Disability Employment Services at Flourish Australia provides specialist employment assistance to help with everything from getting your skills up-to-date, right through to assisting you to find full or part-time work in open employment. Flourish Australia will work with you every step of the way by getting to know you and your employment goals. We know where the jobs are and how to help you get one. We will provide access to training, skills development, work experience and other initiatives. Referral: Contact Sade Mintah or through Centrelink Eligibility: Anyone with lived experience of mental health issues that want to look for at least 8 hours of employment each week. Service Area: Bankstown | - Sade Mintah  
- Unit 4, 432 Chapel Rd, Bankstown NSW 2200  
- (02) 9393 9230 or 0408 235 268  
- sade-mintah@flourishaustralia.org.au  
- flourishaustralia.org.au/our-services  
- Mon-Fri 9am-5pm |
| **Job Support** | Job Support places, trains and maintains people with an intellectual disability in open employment with award or productivity-based wages. Job support locates and analyses a job in the regular labour market to match each client's job preferences to ensure success; provides public transport training; provides one-to-one on-site training to develop work skills to the standard agreed with the employer; provides indefinite follow up support to ensure continued success. Transition support service to work. Area organisation services: Sydney, South West Sydney LHD Languages other than English available: Nil Referral Pathway: GP, School, Parents Eligibility Criteria: Disability support service Any applicable Any applicable fees: Contact for information | - Level 2, Suite 201, 1-5 Commercial Rd, Kingsgrove NSW 2208  
- (02) 9554 9555  
- (02) 9554 9469  
- iwest@jobsupport.org.au  
- jobsupport.org.au  
- Mon-Fri 9am-5pm |
| **MAX Employment** | A member of the job active network and provider of Disability Employment Service (DES) providing Job Placement Services. Job service provider for Disability Services. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Arabic, Bosnian, Cantonese, Croatian, Japanese, Korean, Laotian, Mandarin, Serbian, Vietnamese Referral Pathway: Centerlink Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information | - Bankstown  
- Suite 106, Level 1, 2 Meredith St, Bankstown NSW 2200  
- (02) 9793 0700  
- (02) 9793 0799  
- bankstown@maxemployment.com.au  
- Lakemba  
- 194-198 Lakemba St , Lakemba NSW 2195  
- (02) 9704 7000  
- lakemba@maxemployment.com.au  
- Campsie  
- 59–63 Evaline St, Campsie NSW 2194  
- (02) 9704 6800  
- campsie@maxemployment.com.au  
- maxsolutions.com.au  
- Mon- Fri 8.30am-5pm |
**Metro Assist Bankstown**

Services include referral to settlement services for newly-arrived migrants, tenancy advice and advocacy, family services, employment support/SkillME, language assistance, and financial inclusion. The Dress for Work program for men provides professional business attire to men who are unable to afford quality clothing, in order to help them make a good first impression at important appointments and job interviews.

Area organisation services: Canterbury-Bankstown LGA

Languages other than English available: Arabic, Chinese, French, Russian, Samoan, Tongan, Urdu, Vietnamese

Referral Pathway: Self-referral

Eligibility Criteria: Nil

Any applicable Any applicable fees: Contact for information

**Mission Australia – Disability Employment Service**

Disability Management Services (DMS) assists job seekers with disability, injury or a health condition, assistance in finding a job and support keeping a job. Disability Employment Solutions (DES) assists employers to hire staff with an injury, disability or health condition. DES provides employers with ongoing assistance, training and support and access to a range of other support services including wage subsidies and financial assistance to help cover costs such as modifying the workplace or purchasing adaptive technologies or interpreting services.

Area organisation services: Canterbury-Bankstown LGA

Languages other than English available: Please check on referral

Referral Pathway: direct referrals as well as referrals through the Department of Human Services, jobactive providers and other referral services.

Eligibility Criteria: Job seekers with temporary or permanent disability, injury or health conditions

Any applicable fees: Nil

**MTC Australia Bankstown**

The Skills for Education and Employment (SEE) program (formerly known as the Language, Literacy and Numeracy Program) provides language, literacy and numeracy training to eligible clients aged 15-64. The program aims to improve the capabilities required to move on to further training and increase the chances of employment. MTC Australia provides up to 800 hours of training, supported by funding provided by the Department of Industry. Training is over a period of 16–48 weeks.

Area organisation services: Canterbury-Bankstown LGA

Languages other than English available: Arabic, Cantonese, Greek, Indonesian, Italian, Japanese, Mandarin, Vietnamese

Referral Pathway: Self-referral, Centrelink, Disability Employment Services

Eligibility Criteria:
- Aged 15–64;
- Registered as a jobseeker with Centrelink or a jobactive provider; and
- An Australian citizen, permanent resident or have working rights in Australia.

Any applicable Any applicable fees: Contact for information
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| ORS Employment Bankstown| ORS Group is registered to provide the following services under NDIS: Finding and Keeping a Job (Assist Access/Maintain Employ) School Leavers Employment Services (SLES) (Assist Access/Maintain Employ) Employment Related Assessment and Counselling (Assist Access/Maintain Employ) Positive Behaviour Support (Improved Relationships) *NSW only Improved Daily Living (Therapeutic Supports) Improved Health and Wellbeing  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Nil  
Referral Pathway: Nil  
Eligibility Criteria: Registered with NDIS  
Any applicable Any applicable fees: Contact for information | Bankstown  
📍 Suite 2, Level 4, 2-14 Meredith St, Bankstown NSW 2200  
📞 1800 000 677  
📞 1300 001 394  
✉️ orsgroup.com.au |
| Training Service NSW South West Sydney | The centre offers Apprenticeship and Traineeship services which includes advice, information, approval of training agreements for Apprenticeships and Traineeships.  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Cantonese, French, Greek, Italian, Mandarin, Spanish, Tagalog, Vietnamese  
Referral Pathway: Contact for information  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Contact for information | Level 2, 41-45 Rickard Rd, Bankstown, NSW 2200  
📞 (02) 8707 9600  
📞 (02) 9709 5356  
✉️ sts.bankstown@industry.nsw.gov.au  
✉️ training.nsw.gov.au  
⏰ Mon-Fri 8.30am-4.30pm |
| Wise Employment Bankstown | A not-for-profit employment services provider. Provide employment services under the Australian Government’s Disability Employment Services (DES) and job active programs. Aim to empower job seekers to find meaningful work and become self-sufficient and help employers to find the right staff by understanding their needs and providing them with workers from diverse backgrounds.  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Arabic, Assyrian, Cantonese, Mandarin, Polish, Vietnamese  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Nil | Bankstown  
📍 Level 1, 2 Meredith St, Bankstown, NSW 2200  
📞 (02) 8935 0720  
📞 (02) 9707 4580  
✉️ bankstown@wiseemployment.com.au  
Lakemba  
📍 Unit 15, 101-103 Haddon St, Lakemba, NSW 2195  
📞 (02) 8709 4200  
📞 (02) 8709 4209  
✉️ lakemba@wiseemployment.com.au  
✉️ wiseemployment.com.au  
⏰ Mon-Fri 9am-5pm |
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<tr>
<td>Macedonian Carers Support Group</td>
<td>Social and discussion group that provides support for carers in the Macedonian community and their families. Information sessions, recreational activities, light exercise and outings are held during the meetings. Information and referral service.</td>
<td>Bankstown Community Health Centre, 36–38 Raymont St, Bankstown NSW 2200&lt;p&gt;PO Box 392, Rockdale NSW 2216&lt;p&gt;(02) 9597 5455&lt;p&gt;(02) 9567 3326&lt;p&gt;<a href="mailto:cpp@mawasydney.org.au">cpp@mawasydney.org.au</a>&lt;p&gt;mawasydney.org.au&lt;p&gt;Meets 10am-12.30pm twice a month as scheduled</td>
</tr>
<tr>
<td>Macedonian Australian Welfare Association of Sydney Inc.</td>
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<tr>
<td>Multicultural Respite Network (MRN)</td>
<td>Culturally appropriate centre based day care and/or group respite, individual respite and transport to and from respite activities. Counselling, information and advocacy.</td>
<td>Level 5, 2-14 Meredith St Bankstown&lt;p&gt;(02) 9793 0900&lt;p&gt;(02) 9793 0999</td>
</tr>
<tr>
<td>One Door Mental Health Bankstown</td>
<td>At One Door, trained mental health staff provide a variety of services that aim to meet the individual needs of people living with mental illness, their carers, families and friends. These services include one to one support (in and out of home), centre based activities (planned recreational, social and educational activities) and community access (individual or group activities that encourage community participation) and 24-hour respite for carers and consumers. There are carer services, centre-based services, education and training, employment services, health care and individual, group and youth support services. One Door Carer Advocates based in Bankstown work across the entire Sydney South region. One Door Bankstown offers: carer services, one-on-one support, carer education (both groups and individually), NDIS support, and advocacy and support to assist in navigating the mental health system. Please refer to the website for more details.</td>
<td>Suite 24, 1-5 Jacobs St, Bankstown&lt;p&gt;(02) 9708 2670&lt;p&gt;<a href="mailto:bankstown@onedoor.org.au">bankstown@onedoor.org.au</a>&lt;p&gt;onedoor.org.au/services/locations/bankstown&lt;p&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>South West Sydney Commonwealth Respite and Carelink Centre</td>
<td>South West Sydney Commonwealth Respite and Carelink Centre - South West Sydney provides emergency and short term respite to carers in the Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas. SWS CRCC also supports carers by providing information and referrals in relation to a wide range of respite options.</td>
<td>Anglicare, 40 Cumberland St, Cabramatta NSW 2166&lt;p&gt;1800 052 222&lt;p&gt;(02) 9728 7812&lt;p&gt;<a href="mailto:southwestcrcc@anglicare.org.au">southwestcrcc@anglicare.org.au</a>&lt;p&gt;anglicare.org.au&lt;p&gt;24 hours, 7 days</td>
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</table>
**YMCA Youth and Community Disability Recreation Program**

The YMCA of Sydney recognises the need for recreation programs for people with disability. It provides recreation and leisure activities for people 18 years and over with mild to moderate intellectual disability as well as flexible respite services. The Integrated Recreation Program operates out of Bankstown YMCA and services the Bankstown LGA. Programs include centre based activities and weekly social outings occur Mons and Weds. Week-ends and evening activities include; bowling, picnics, day trips, beach or theatre visits, weekend trips, annual holidays and camps. Also runs the Flexible Respite Program providing after school and vacation care for 5-12yo children with physical, or intellectual disability. A weekend social group dinners, bowling etc. runs out of Revesby office.

**Area organisation services:** Canterbury-Bankstown LGA

**Languages other than English available:** Nil

**Referral Pathway:** Self-referral

**Eligibility Criteria:** Nil

**Any applicable Any applicable fees:** Contact for information

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**Australian Kookaburra Kids Foundation**

Supports children 8-18 living in a family affected by mental illness. The program provides FREE recreational, educational respite camps and activity days, giving kids a break in a fun, positive and safe environment.

**Referral pathway:** online

**Languages other than English:** upon enquiry

**Eligibility:** Between 8 and 18 years old

**Fee:** Free service

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**(02) 9771 6033**  
**(02) 9773 4619**  
Admin.Bankstown@ymcansw.org.au  
ymcansw.org.au  
Mon-Fri 9am-5pm |
| Australian Kookaburra Kids Foundation | Supports children 8-18 living in a family affected by mental illness. The program provides FREE recreational, educational respite camps and activity days, giving kids a break in a fun, positive and safe environment. | PO Box 681 Gymea, 2227  
**1300 566 525**  
info@kookaburrakids.org.au  
kookaburrakids.org.au  
Mon-Fri 9am-5pm |
Disability Services

National Information
Advocacy Services
Transport Services
Allied Health Services
Audiology
Vision
Assistive Equipment and Technology
Domestic Assistance/ Personal Care
Home Maintenance/ Gardening
Domestic Assistance/ Personal Care
Disability Education/ Learning Support Services
Social Support- Children/ Adults
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| Better Hearing Australia | Better Hearing Australia (National) is proud to be the national organisation for all people in Australia with hearing loss or impairment. Better Hearing Australia is the longest running and only independent hearing advocacy and consumer advice organisation in Australia. | National Office  
(07) 3844 5065  
info@betterhearingaustralia.org.au  
betterhearingaustralia.org.au  
Mon-Thur 8.30am-4.30pm  
NSW Office  
(02) 9744 0167  
bhasyd@ozemail.com.au  
betterhearingsydney.org.au  
Mon 8am-2pm, Tue 10.30-3pm, Wed 8am-noon, Thur 11am-3pm |
| Dementia Australia       | National representative body for Dementia in Australia. Providing information support services for Australians living with Dementia. | National Dementia Helpline  
1800 100 500  
Blacktown Office NSW  
(02) 9805 0100  
dementia.org.au  
Mon-Fri 9am-5pm |
| Disability Services      | Disability Services Australia (DSA) was started in 1957 by a group of parents to create employment opportunities for their children with a disability. Our overarching mission is to enhance the lives of people with a disability by enabling opportunities for choice, inclusion and achievement at home, in the community, through education and training, and in employment. | 1300 372 121  
customerconnections@dsa.org.au  
dsa.org.au  
Mon-Fri 9am-5pm  
DSA Office Bankstown  
Suite 6, 400 Chapel Rd, Bankstown NSW 2200 |
| Guide Dogs Australia     | Our mission is to assist people who are blind or have low vision gain the freedom and independence to move safely and confidently around their communities, and to fulfil their potential. | NSW Office  
2-4 Thomas St, Chatswood NSW 2067  
PO Box 1965 North Sydney NSW 2059  
1800 484 333  
info@guidedogs.asn.au  
guidedogsaustralia.com  
Mon-Fri 9am-5pm |
| National Disability      | National Disability Services (NDS) is Australia's peak body for non-government disability service organisations, representing more than 950 non-government service providers. Collectively, NDS members operate several thousand services for Australians with all types of disability. | National Office  
Locked Bag 3002 Deakin West ACT 2600  
(02) 6283 3200  
nds@nds.org.au  
nds.org.au  
Mon-Fri 9am-5pm  
NSW Office  
PO Box 20637 World Square NSW 2002  
(02) 9256 3111  
ndsnew@nds.org.au  
nds.org.au  
Mon-Fri 9am-5pm |
| Services                 |Australian government National Disability Insurance Scheme. | 1800 800 110  
National Disability Insurance Agency  
GPO Box 700 Canberra ACT 2601  
ds.gov.au  
Mon-Fri 9am-5pm |
| Uniting Care Australia   | UnitingCare Australia is the national body for the Uniting Care Network, one of the largest providers of community services in Australia. We provide services to children, young people and families, Indigenous Australians, people with disabilities, the poor and disadvantaged, people from culturally diverse backgrounds and older Australians in urban, rural and remote communities. | National Office  
(02) 6249 6717  
ucaremail@nat.unitingcare.org.au  
unitingcare.org.au  
Mon-Fri 9am-5pm |
| Vision Australia         | Vision Australia is a leading national provider of blindness and low vision services in Australia. We work in partnership with Australians who are blind or have low vision to help them achieve the possibilities they choose in life. | National Office  
1300 84 74 66  
info@visionaustralia.org  
visionaustralia.org  
Mon-Fri 9am-5pm  
NSW Office  
Level 7, 128 Marsden St, Parramatta NSW 2150  
02 9334 3333  
visionaustralia.org  
Mon-Fri 9am-5pm |
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<tr>
<td>Aussie Deaf Kids</td>
<td>Aussie Deaf Kids provides online support and resources for parents of deaf and hearing-impaired children living in Australia.</td>
<td>PO Box 231, Brunswick Heads NSW 2483&lt;br&gt;02 6684 2571&lt;br&gt;<a href="mailto:info@aussiedeafkids.org.au">info@aussiedeafkids.org.au</a>&lt;br&gt;aussiedeafkids.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Deaf Society NSW</td>
<td>Provider in NSW of services and programs for people who are deaf, hard of hearing or deaf blind. Includes community access and information service, advocacy, interpreting service, translation service, Deafness Employment Service and workplace support, independent living skills program, family support. Courses include Deaf Awareness Training, AUSLAN (short, accredited). Also qualifications, literacy and workplace programs taught in AUSLAN. Registered NDIS provider.</td>
<td>Level 4 (Entry via Horwood Pl), 69 Phillip St, Parramatta NSW 2150&lt;br&gt;PO Box 1300, Parramatta NSW 2124&lt;br&gt;1800 893 855 or 02 8833 3600&lt;br&gt;02 8833 3699&lt;br&gt;<a href="mailto:info@deafsociety.com">info@deafsociety.com</a>&lt;br&gt;deafsocietynsw.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<tr>
<td>Disability South West</td>
<td>Provides individual advocacy to people with a disability and their carers living in the Liverpool, Fairfield and Bankstown areas.</td>
<td>179-183 Wilson Rd, Green Valley NSW 2168&lt;br&gt;02 8783 0544&lt;br&gt;<a href="mailto:admin@disabilitysouthwest.org.au">admin@disabilitysouthwest.org.au</a>&lt;br&gt;disabilitysouthwest.org.au&lt;br&gt;9am-6pm</td>
</tr>
<tr>
<td>First Peoples Disability Network Australia</td>
<td>A non-profit, non-government organisation which brings together Aboriginal and Torres Strait Islander people with disability in order to share their stories, provide advocacy support, create a voice for positive change and speak for themselves. Primary membership is made up of Aboriginal people with disability and Aboriginal carers of Aboriginal people with disability.</td>
<td>PO Box A2265, Sydney South NSW 1235&lt;br&gt;02 9267 4195&lt;br&gt;<a href="mailto:enquiries@fpdn.org.au">enquiries@fpdn.org.au</a>&lt;br&gt;fpdn.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<tr>
<td>IDEAS</td>
<td>IDEAS provide disability advocacy information which is free, accurate and independent.</td>
<td>PO Box 786, Tumut NSW 2720&lt;br&gt;1800 029 904 or 02 6947 3377&lt;br&gt;(02) 6947 3723&lt;br&gt;<a href="mailto:info@ideas.org.au">info@ideas.org.au</a>&lt;br&gt;ideas.org.au&lt;br&gt;Mon-Fri 8.30am-5pm</td>
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| **Multicultural Disability Advocacy Association of NSW (MDAA)** | The Multicultural Disability Advocacy Association of NSW (MDAA) is the peak body for people with disability and their families and carers with focus on people from Culturally and Linguistically Diverse (CALD)/non-English speaking background (NESB) in NSW. MDAA is the only advocacy service in NSW available specifically to people from CALD/NESB with disability, their families and carers. MDAA aims to promote, protect and secure the rights and interests of people from CALD/NESB with disability and their families and carers in NSW. | 10-12 Hutchinson St, Granville NSW 2142  
PO Box 884, Granville NSW 2142  
1800 629 072 or 02 9891 6400  
02 9897 9402  
mdaa@mdaa.org.au  
mdaa.org.au  
Mon-Fri 9-5pm |
| **Muscular Dystrophy NSW (MDNSW)** | Provides support, equipment, advice, referral, advocacy, physical aids, welfare, moral support, welfare, camps, retreats and counselling to those with neuromuscular disorders and their families. Online training modules for staff. Financially supports medical and scientific research, organises various fundraising events and runs a public education program. Clinics (see contact details below) provide access to neurologists, occupational therapists, physiotherapists, geneticists, genetic counsellors, psychologists and social workers. | Study MS Centre, 80 Betty Cuthbert Dr, Lidcombe NSW 2141  
1800 635 109 or (02) 9888 5711  
02 9887 4423  
info@mdnsw.org.au  
mdnsw.org.au  
Mon-Fri 9am-4.30pm |
| **People with Disability Australia (PWDA)** | A NSW and national peak disability rights and advocacy organisation. Its primary membership is made up of people with disability and organisations primarily constituted by people with disability. PWDA represents the interests of people with all kinds of disability. PWDA is a non-profit, non-government organisation. | Level 10, 1 Lawson Square, Redfern NSW 2016  
PO Box 666, Strawberry Hills NSW 2012  
02 9370 3100 or 1800 422 015  
02 9318 1372  
pwd@pwd.org.au  
pwd.org.au  
Mon-Fri 9am-5pm |
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<td>Bankstown Canterbury Community Transport</td>
<td>Transport is provided to the frail and aged, younger people with disabilities, and carers living in the Bankstown or Canterbury Local Government Areas. Services provided include a fortnightly shopping service, local shuttle service, out of area shuttle service, Sat shuttle and group social outings.</td>
<td>28 Queen St, Revesby NSW 2212&lt;br&gt;(02) 9772 4928&lt;br&gt;(02) 9772 2579&lt;br&gt;<a href="mailto:info@bcct.com.au">info@bcct.com.au</a>&lt;br&gt;bct.org.au&lt;br&gt;Mon-Sat 8am-4pm</td>
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<td>Area Organisation services: Canterbury-Bankstown LGA&lt;br&gt; Languages other than English available: Arabic, Chinese, Greek, Italian, Macedonian, Vietnamese.&lt;br&gt;Pamphlets translated into four languages.&lt;br&gt;Referral Pathway: Self-referral, other service agencies&lt;br&gt;Disability Access: Yes (wheelchair accessible vehicles, office is wheelchair accessible)&lt;br&gt;Any applicable fees: Contact for information</td>
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<tr>
<td>Riverwood Community Centre – Transport Services</td>
<td>The transport program offers clients transport to appointments. Their volunteer based service provides a ‘point-to-point’ service in the Canterbury/Bankstown area who are unable to attend their necessary appointments through public transport services. They assist people to meet single appointments or to be on time for regular and recurring visits.</td>
<td>151 Belmore Rd North, Riverwood NSW 2210&lt;br&gt;(02) 9533 0100&lt;br&gt;(02) 9584 9739&lt;br&gt;<a href="mailto:reception@riverwoodcommunity.org.au">reception@riverwoodcommunity.org.au</a>&lt;br&gt;riverwoodcommunity.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<td>Area organisation services: Canterbury-Bankstown LGA&lt;br&gt;Referral Pathway: Self-referral, other service agencies&lt;br&gt;Any applicable fees: Nil</td>
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| **Bankstown Community Health Centre** | Offers a number of community services, such as Drug and Alcohol Service, Family support (including Counselling, Physiotherapy, Occupational Therapy and Speech Pathology), Multicultural Health Services, Nutrition and Health promotion, Primary Health Nursing Service (including Palliative Care), Sexual Assault Service, Stuttering Unit, Women's Health Services, and Youth health and support. | 36 - 38 Raymond St, Bankstown NSW 2200  
(02) 9780 2777  
(02) 9780 2899  
Mon-Fri 8.30am-5pm |
| **Bankstown Health** | A team of allied health professionals offering osteopathy, chiropractic, acupuncture, physiotherapy, massage therapy, clinical hypnotherapy, neurolinguistic programming (NLP), psychology, naturopathy and exercise physiology. | Suite 101, 17 Kitchener Parade, Bankstown NSW 2200  
(02) 9708 4338  
(02) 9708 4162  
info@bankstownhealth.com.au  
bankstownhealth.com.au  
Mon- Fri 8.30am-6pm  
Sat 8.30am-4pm |
| **Cerebral Palsy Alliance** | Services offer occupational therapy, exercise physiology, physiotherapy and speech pathology.                                                                                                      | 224 Restwell Rd, Prairiewood NSW 2176  
PO Box 3154 - Stockland Mall, Wetherill Park, NSW 2164  
(02) 8777 1777  
(02) 9757 4071  
ask@cerebralpalsy.org.au  
cerebralpalsy.org.au/  
Mon to Fri 9am – 5pm |
| **Chirokinetix Sports Medicine Clinic** | Back Clinic, Chirokinetix Sports Medicine Clinic offers services in Chiropractor, Physiotherapy, Podiatrists and massage therapy.                                                                                     | 1/24 Restwell St, Bankstown NSW 2200  
(02) 9793 1117  
(02) 9793 1112  
backandfootclinics.com.au  
Mon-Fri 9am-7pm Sat 9am-1pm |
| **Community Health Assessment and Therapy Team** | This team of clinicians provides specialist home based assessment, rehabilitation and support services to: people requiring health assessment in the home; people with memory loss; people with disabilities; family and carers; and people discharged from hospital. The team includes: dementia nurses; dementia day care workers; occupational therapists; physiotherapists; care coordination nurses; speech pathologists; social workers and dieticians. Service comes to your home. | 36-38 Raymond St, Bankstown, NSW  
swshd.health.nsw.gov.au  
Mon-Fri 8.30am-5pm |
| **Dimple** | Dimple delivers mobile allied healthcare services into residential aged care and the community. Provides physiotherapy, occupational therapy and dietetics.                                                                                     | Level 9, 417 St Kilda Rd, Melbourne, VIC, 3004  
(02) 9874 3413  
(02) 9874 3415  
hello@dimplecare.com  
dimplecare.com  
Mon-Fri 8.30am-4.30pm |
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<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
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</table>
| **Disability Services Australia (DSA)**      | Enhance Health Services have a 20 year history of providing specialised Positive Behaviour Support and therapeutic interventions. Our professional services include disability specific Psychology, Nursing, Speech Pathology, Behaviour Support and Counselling services. We are a Registered NDIS Provider. Enhance can offer services across the NDIS categories of - Improved Relationships, Improved Daily Living and Specialised Coordination of Supports. | DSA Office Bankstown  
  Suite 6, 400 Chapel Rd, Bankstown NSW 2200  
  1300 372 121  
  customerconnections@dsa.org.au  
  dsa.org.au  
  8.30am-5pm |
| **Footwise Podiatry Pty Ltd**                 | Podiatry services such as general treatment, children’s foot care and orthopaedic biomechanics. NDIS approved provider.  
  Languages other than English: Farsi and Hindi  
  Eligibility: all patrons  
  Any applicable fees: Contact for further information. | 54 Kitchener Pde, Bankstown, NSW, 2200 and 105 Edwin St North, Croydon NSW 2132  
  (02) 9878 8851  
  (02) 9798 8852  
  info@footwisepodiatry.com.au  
  footwisepodiatry.com.au  
  Mon-Fri 9am-5pm and every alternate Sat 9am-2pm |
| **Greenacre Natural Therapies**               | Provides a range of natural therapies including herbal medicine, iridology, naturopathy, nutrition, and remedial and lymphatic massage.  
  Disability Access: Yes (ramp, toilets)  
  Area Organisation services: Canterbury-Bankstown LGA  
  Languages other than English available: Arabic  
  Any applicable fees: $150/hr initial consultation includes iridology $100 all pensioners/children | 63 Noble Ave, Greenacre NSW 2190  
  (02) 9709 4265 or 0418 245 449  
  tammy.safi@gmail.com  
  greenacrenaturaltherapies.com.au  
  Mon-Fri 9am-5pm  
  Sat 8am-1pm |
| **Hydroworks Physiotherapy and Hydrotherapy Centre** | Centre providing physiotherapy treatment of all types of injuries, including sports injuries. Includes hydrotherapy pool and gymnasium on the premises.  
  Conducts Aqua Zumba and daily hydrotherapy classes. Massage therapist available.  
  Disability Access: Yes (parking at rear, ramp, accessible change rooms and toilets, no stairs)  
  Area organisation services: Canterbury-Bankstown LGA  
  Languages other than English available: Arabic, Chinese, Vietnamese  
  Any applicable fees: Pensioner rate available  
  Referral Pathway: Self-referral | 36 Meredith St, Bankstown NSW 2200  
  (02) 9709 2448  
  (02) 9790 1878  
  info@hydroworksphysio.com.au  
  hydroworksphysio.com.au  
  Mon-Fri 7.30am-7pm |
| **Kingsgrove Community Aid Centre**           | Provides an array of services to the local community which includes information services, Seniors Day Care Programs, Podiatry Allied Health Services, Supported Play Groups and Playgroups for Indigenous community, Family Support Services to vulnerable families, mental health support to mothers suffering from post-natal depression, support to people with disabilities as well as childcare Out of School Hours Care (OOSH) services provided in local schools supporting working families. | (02) 9150 7823  
  30 Morgan St, Kingsgrove NSW 2208  
  admin@kcac.org.au  
  kcac.org.au |
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| **Living Strength Occupational Therapy (LSOT)** | Provides assessment, planning and intervention for adults and older people who require help to perform daily living tasks. Individual or group programs occur at home or in community settings to include self-care, school or leisure activities, seating or postural management, assistive equipment, home modification. Registered Medicare, DVA and NDIS provider. Service comes to your home. | (02) 9596 0328  
(02) 4340 0884  
admin@lsot.com.au  
livingstrength-ot.com.au  
Mon-Fri 8.30am-4.30pm |
| **Optimum Health Solutions**                 | Allied Health Treatment and Rehab Centre providing Physiotherapy, Exercise Physiology, Dietician, Occupational Therapy, Speech Pathology and Podiatry. Registered NDIS provider.                                                                 | 227 Georges River Rd, Croydon Park NSW 2133  
(02) 8599 6280  
info@opt.net.au  
opt.net.au  
Mon-Fri 6am-8pm |
| **Primary Health Care Medical and Dental Care Bankstown** | Medical centre and pharmacy with male and female doctors on staff. Other services include dental clinics, hearing assessments, an optometrist, physiotherapy including sports medicine, and a podiatrist. Specialist doctors in eye, skin, surgery, and gastroenterology, dietician. | 67 Rickard Rd, Bankstown NSW 2200  
(02) 9790 0024  
(02) 9790 4889  
Mon-Fri 7am-10pm, Sat-Sun and public holiday 8am-10pm |

Referral Pathway: GP Certificate  
Area Organisation services: Sydney LHD  
Any applicable fees: Contact for information  

Area Organisation services: Canterbury and Inner West Sydney  

Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Arabic, Chinese, Indian, Vietnamese  
Any applicable fees: Contact for information
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<tr>
<td>Audio Clinic</td>
<td>Audio Clinic services include Hearing assessments for adults 26 years and over. Fitting of hearing aids and other assistive listening devices.</td>
<td>Suite 10, Capital City Centre, 41-45 Rickard Rd, Bankstown NSW 2200</td>
</tr>
<tr>
<td></td>
<td>Disability Access: Yes (wheelchair access)</td>
<td>(02) 9709 3222</td>
</tr>
<tr>
<td></td>
<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td>(02) 9796 3242</td>
</tr>
<tr>
<td></td>
<td>Any applicable fees: Contact for information</td>
<td>audioclinic.com.au</td>
</tr>
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<td></td>
<td></td>
<td>Mon-Fri 8.30am-5pm</td>
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<tr>
<td>Department of Health Hearing Services Program</td>
<td>The Australian Government Hearing Services Program provides eligible people with access to a range of free and subsidised hearing services, which may include: a comprehensive hearing assessment performed by a hearing services provider, access to a wide range of quality free-to-client hearing devices. If fitted with a hearing device, advice on how to achieve maximum benefit from your device, further support and hearing services which can be accessed even if fitting a hearing device is not suitable. Access to an optional annual maintenance agreement where, for a small fee, you can receive repairs and batteries to support your hearing device. All services delivered under the program are completed by hearing services providers with appropriate skills. Eligibility checks and applications for the program can be completed online.</td>
<td>Office of Hearing Services, Drop Point 113, GPO Box 9848, Canberra ACT 2601</td>
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<tr>
<td></td>
<td>Area Organisation Services: National</td>
<td>1800 500 726</td>
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<tr>
<td></td>
<td>Referral Pathway: Certificate from GP required</td>
<td>(02) 6289 5353</td>
</tr>
<tr>
<td></td>
<td>Any applicable fees: Contact for information</td>
<td><a href="mailto:hearing@health.gov.au">hearing@health.gov.au</a></td>
</tr>
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<td>hearingservices.gov.au</td>
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<td></td>
<td>Mon-Fri 9am-5pm</td>
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<tr>
<td>Ephpheta Centre</td>
<td>Pastoral care, sacraments, home visits, family support, advocacy, recreation and prayer days for people who are deaf and hard of hearing. Information can be provided through audio loops and other assistive listening devices.</td>
<td>4 Turner St, Punchbowl NSW 2196</td>
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<tr>
<td></td>
<td>Disability Access: Yes (audio loops)</td>
<td>(02) 9708 1396 or (02) 9708 6904</td>
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<tr>
<td></td>
<td>Area Organisation Services: Canterbury-Bankstown LGA</td>
<td>(02) 9709 5638</td>
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<tr>
<td></td>
<td>Languages other than English available: TIS</td>
<td><a href="mailto:office@ephpheta.org.au">office@ephpheta.org.au</a></td>
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<td>Interpreter phone service available</td>
<td>ephpheta.org.au</td>
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<td>Any applicable fees: Contact for information</td>
<td>Tue-Fri 9am-4pm</td>
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<tr>
<td>The Hearing Clinic Bankstown</td>
<td>Provide professional hearing assessments for adults and children from the age of 9 months. Supply and fit hearing aids and other assistive listening devices. Provider of free hearing aids for pensioners under the Office of Hearing Services program. Cochlear and Baha assessments. Diagnostic testing, Balance Test, CERA, ABR, NDIS registered.</td>
<td>Level 2, Suite 1, 56 Kitchener Pde, Bankstown NSW 2200</td>
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<tr>
<td></td>
<td>Referral Pathway: Referral needed from GP or Specialist</td>
<td>(02) 9709 4888</td>
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<tr>
<td></td>
<td>Disability Access: Yes</td>
<td>(02) 9709 5644</td>
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<tr>
<td></td>
<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td><a href="mailto:bankstown@westsidehc.com">bankstown@westsidehc.com</a></td>
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<td></td>
<td>Any applicable fees: Contact for information</td>
<td>westsidehc.com</td>
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<td></td>
<td>Mon-Fri 9am-5pm</td>
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<tr>
<td>Kingsgrove Community Aid Centre</td>
<td>Provides an array of services to the local community which includes information services, Seniors Day Care Programs, Podiatry Allied Health Services, Supported Play Groups and Playgroups for Indigenous community, Family Support Services to vulnerable families, mental health support to mothers suffering from post-natal depression, support to people with disabilities as well as childcare Out of School Hours Care (OOSH) services provided in local schools supporting working families.</td>
<td>(02) 9150 7823</td>
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<td>30 Morgan St, Kingsgrove NSW 2208</td>
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<td><a href="mailto:admin@kcac.org.au">admin@kcac.org.au</a></td>
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<td>kcac.org.au</td>
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| **Guide Dogs NSW/ACT**        | NDIS approved provider that provides the following services; orientation and mobility, occupational therapy, orthoptist, support coordination, access technology, neurological orientation and mobility, assistive technology. | 1/73 Market St, Wollongong, NSW 2500  
|                               | Referral pathway: online or phone                                      | (02) 4225 9247   
|                               | Languages other than English: Utilised through TIS                       | wollongong@guidedogs.com.au   
|                               | Eligibility: person has vision impairment                               | guidedogs.com.au   
|                               | Any applicable fees: Can accept NDIS funding                           | 9am-4.30pm        |
| **See Straight**              | See Straight is committed to finding and treating Visual Skills Dysfunction as well as Visual Information Processing Disorders. See Straight specializes in: Visual Focusing Assessments, Eye Teaming Assessments, Eye Tracking Assessments, Depth Perception Assessments, Low Vision Aid consultations and Visual Information Processing Assessments. Following a comprehensive assessment, See Straight orthoptists develops specific vision therapy programs tailored to the needs of each patient assessed. | Unit 6, 4 Brunker Rd, Chullora, NSW 2190  
|                               | Referral Pathway: Optometrist/Ophthalmologist                           | 0487 337 878      
|                               | Area organisation services: South Western Sydney, Sydney Metro LGA       | info@seestraight.com.au  
|                               | Any applicable fees: Contact for information                           | seestraight.com.au   
|                               | Mon-Sat 9am-5pm                                                         |                 |
| **Sydney Irlen Dyslexia Centre** | Diagnostic service for students and adults with reading and learning difficulties, spelling and writing problems. Includes Dyslexia, ADHD, headaches, migraines, light sensitivity issues, eye strain/visual stress and/or fatigue. Some brain injuries and people with autism have been helped with tinted lenses. | 466 King Georges Rd, Beverly Hills, NSW 2209  
|                               | Area organisation services: NSW, ACT, VIC                               | P.O. Box 335, Beverly Hills NSW 2209   
|                               | Disability Access: Yes (lifts and wheelchair access)                    | (02) 9554 4790     
|                               | Any applicable fees: Contact for information                           | (02) 8076 3320      
|                               | Mon-Fri 8.45am-4.30pm                                                  | di@sidc1.com       
|                               |                                                                         | sidc.net.au        |
| **Vision Australia**          | Vision Australia sell, demonstrate and advise on a wide range of equipment. The online shop also offers downloadable instruction manuals in large print, audio samples and video demonstrations to help people of all ages to make informed choices and use assistive products effectively. | 224 Liverpool Rd, Ashfield NSW 2131  
|                               | Disability Access: Yes (level access, toilet, audio loop and braille/large print signs) | 1300 84 74 66      
|                               | Area organisation services: NSW                                       | 1300 847 329       
|                               |                                                                         | info@visionaustralia.org  
|                               |                                                                         | visionaustralia.org   |
| **Vision Australia Community Groups** | Website based service. Check website for contact details of groups for people who are blind or have low vision and their family and friends. Groups provide support, friendship and a chance to share ideas, experiences and feedback. | visionaustralia.org/community/groups/community  
|                               | Area organisation services: National                                   |                 |
### Aids and Equipment Program

The Aids and Equipment Program is a NSW Government initiative to assist eligible residents of NSW, who have a life-long or long-term disability, to live and participate within their community by providing appropriate equipment, aids and appliances.

- **Contact Details**
  - Locked Bag 5270 Parramatta NSW 2124
  - 1800 362 253 / 1800 ENABLE
  - 02 8797 6543
  - [enable@health.nsw.gov.au](mailto:enable@health.nsw.gov.au)

### Henry Care Pty

Manufactures, installs, hires, sells, distributes, maintains and repairs rehabilitation equipment including wheelchairs, walkers, crutches etc. A range of tools and parts to fix most problems on site. All makes and models, any age, and a wide range of equipment can be repaired. Repairs are carried out in the home or on site. Minor home modifications including installation of items designed and built to exacting quality specifications.

- **Contact Details**
  - PO Box 44, Mortdale NSW 2223
  - (02) 8700 3888
  - (02) 9790 2968
  - ask@henrycare.com.au
  - henrycare.com.au
  - Mon-Fri 8.30am-5pm

### Independent Living Centres

**Assistive Technology Australia** (previously, Independent Living Centre NSW) is a leading information, education, and advisory centre for Assistive Technology and the Built Environment. We are located in Westpoint Blacktown, NSW Australia and are a not-for-profit, community-based organisation and Public Benevolent Institution. We provide impartial advice, information and leadership that builds capacity and optimises the value of assistive technology in leading a life of choice.

- **Contact Details**
  - PO Box 8034, Westpoint Blacktown, 2148
  - 1300 885 886
  - (02) 9912 5800
  - (02) 8814 9656
  - help@at-aust.org
  - Mon-Fri 9am to 4pm

### Life Access

Service comes to your home. This mobile team’s primary focus is to assist people with any disability to access electronic assistive technology. This includes assessment, setup, training and technical support for phone and computer access, environmental control, work- and study-related technology, communication, and gaming. They also work with people with neurological conditions (spinal cord injury, multiple sclerosis, motor neurone disease etc) to assist with general ongoing needs like equipment, daily living skills training, wheelchair skills, pressure injury prevention and recovery, and care assessments. They provide a highly integrated and holistic package of services for the whole person and provide services at home or workplace. Registered NDIS provider.

- **Contact Details**
  - PO Box 689, Spit Junction NSW 2088
  - (02) 9912 6272
  - info@lifeaccess.com.au
  - lifeaccess.com.au
  - Mon-Fri 8.00am-5pm

### Mogo Wheelchairs

Custom made manual wheelchairs to suit infants to adults. Models for day or sports use. Custom seating, e-motion wheels, Batec and smart drive.

- **Contact Details**
  - 5/42 Canterbury Rd, Bankstown, NSW 2200
  - (02) 9708 5205
  - info@mogowheelchairs.com.au
  - mogowheelchairs.com.au
  - Mon-Thur 8am-4.30pm
  - Fri 8am-2.30pm
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<tr>
<th>Service</th>
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<tr>
<td>Pacific Vision</td>
<td>Pacific Vision is a provider of hardware and software for blind and sight impaired technology users. Range includes portable and desktop CCTVs, hand magnifiers, computer accessories including keyboards and software, media players and Daisy readers as well as a range of Braille equipment. Aims to supply products that meet the complete needs of people with vision impairment.</td>
<td>1800 756 849&lt;br&gt;<a href="mailto:office@pacificvision.com.au">office@pacificvision.com.au</a>&lt;br&gt;pacificvision.com.au</td>
</tr>
<tr>
<td>Telstra Disability Equipment Program</td>
<td>Telstra's Disability Equipment Program has been designed to provide eligible customers with specialised equipment to access the standard telephone service. If you have a disability and are unable to access the standard telephone handset, Telstra's Disability Equipment Program may have a product to suit your needs. To be eligible for equipment through Telstra’s Disability Equipment Program customers must: have a disability and be unable to use a standard telephone handset and be a Telstra customer i.e. obtain basic line rental from Telstra or be an associate of a Telstra customer residing at the same address (for example, spouse, member of household or employee) and complete an application form (available from the Disability Enquiry Hotline) and have it signed by an authorised professional i.e. a Medical Practitioner, Audiologist, Audiometrist, Ophthalmologist, Optometrist, Occupational Therapist or Speech Pathologist.</td>
<td>Reply Paid 4997, Melbourne VIC 8060&lt;br&gt;1800 068 424 or 133 677&lt;br&gt;1800 814 777&lt;br&gt;<a href="mailto:disability@online.telstra.com.au">disability@online.telstra.com.au</a>&lt;br&gt;telstra.com.au/disability/catalogue/index.htm&lt;br&gt;Mon-Fri 8am-5pm</td>
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Area organisation services: National

Referral Pathway: GP, Audiometrist, Ophthalmologist, Optometrist, Occupational Therapist, Speech Pathologist

Any applicable fees: Contact for information
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<tr>
<td>Afea Care Services</td>
<td>Afea is a provider of compassionate, nurturing and experienced Carers, specialising in responsive Home Care. Approved NDIS provider. Services offered are – Transportation, Respire, Keeping Active, Nursing Care, Personal care and hygiene, shopping and meal preparation, group activities, medication management, companionship, social and community access.</td>
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|                                            | **Referral pathway:** email or phone  
Languages other than English available  
Eligibility: NDIS Funding  
Any applicable fees: Available upon request | **Level 6, 11 Help St, Chatswood NSW 2067**  
**1300 65 11 33**  
**hello@afea.com.au**  
**afea.com.au**  
**8am to 5.30pm** |
| All About Caring (AAC)                      | This private organisation provides personal care, domestic assistance, respite care, community access, client monitoring, home nursing, shopping, transport, meal preparation, handyman, home maintenance, and gardening, support to attend school or work, or as care for children (including special needs), older people and people with disability. NDIS provider. | **44/1 Macquarie St, Parramatta NSW 2150**  
**PO Box 180, Parramatta NSW 2124**  
**1300 135 506 or (02) 9687 6577**  
**(02) 9633 4533**  
**info@allaboutcaring.com.au**  
**allaboutcaring.com.au**  
**24 hours 7 days** |
| Australian Unity Home Care Service          | Provides support to older people, younger people with a disability and their carers by providing in-home services including domestic assistance (housekeeping), shopping, laundry, personal care and respite. Provides assistance with the NDIS. A range of culturally specific group activities and advocacy services are available to clients from a number of CALD backgrounds through the Multicultural Respite Network Program. | **1300 160 170**  
**australianunity.com.au**  
**Mon-Fri 8.30am-4.30pm** |
| BCAC Wellness Centre                        | The BCAC Wellness Centre caters to the needs of older members and people with a disability in the community. The Centre aims to maintain and improve your physical health within a safe and friendly environment. The Centre has state of the art HUR equipment, fun exercise programs, one on one sessions with an exercise physiologist, educational talks and programs tailor to meet the people’s needs. | **145 Rex Rd, Georges Hall NSW 2198**  
**(02) 8717 0176**  
**inquiries@bcac.com.au**  
**bcac.com.au**  
**8am-4pm** |
| Care and Support Services (CSS) Pty Ltd      | Provides services to children and adults with acquired brain injury, spinal cord injury or disability. CSS provides a range of services including, personal care, therapy programs, community support, case management, social support, domestic respite and other services as required. CSS also has a 24hr emergency contact system in place for after hours, weekends and holidays. Clients and their families can feel confident that CSS are always able to be contacted should any emergencies arise during these times. Service comes to your home. | **PO Box 3727, Rouse Hill NSW 2155**  
**(02) 9679 1912**  
**(02) 9679 1908**  
**admin@caresupportservices.com.au**  
**caresupportservices.com.au**  
**Mon-Fri 9am-4pm** |
|                                            | **Area organisation services:** Canterbury-Bankstown LGA  
**Languages other than English:** Italian  
**Eligibility:** Anyone wantin to keep active, with mobility or strength issues.  
**Any applicable fees:** Available on request  
**Areas:** Canterbury-Bankstown LGA | **Area organisation services:** Sydney  
**Referral Pathway:** Nil  
Any applicable fees: Contact for information |
|                                            | **Referral pathway:** Phone call and arrange assessment  
Languages other than English: Italian  
Eligibility: Anyone wantin to keep active, with mobility or strength issues.  
Any applicable fees: Available on request  
**Areas:** Canterbury-Bankstown LGA | **Area organisation services:** Central Referral Centre 1800 350 792  
**Referral Pathway:** Nil  
Any applicable fees: Contact for information |
|                                            | **Referral pathway:** Email or phone  
Languages other than English available  
Eligibility: NDIS Funding  
Any applicable fees: Available upon request | **Referral Pathway:** Phone call and arrange assessment  
Languages other than English: Italian  
Eligibility: Anyone wantin to keep active, with mobility or strength issues.  
Any applicable fees: Available on request  
**Areas:** Canterbury-Bankstown LGA |
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<tr>
<td>Disability Services Australia (DSA)</td>
<td>Provides in home and self-care support.</td>
<td>DSA Office Bankstown</td>
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<td></td>
<td>Service Area: Bankstown</td>
<td>Suite 6, 400 Chapel Rd Bankstown NSW 2200</td>
</tr>
<tr>
<td></td>
<td>Eligibility: NDIS participant</td>
<td>1300 372 121</td>
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<td><a href="mailto:customerconnections@dsa.org.au">customerconnections@dsa.org.au</a></td>
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<td>dsa.org.au</td>
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<td>8.30am - 5pm</td>
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<tr>
<td>Disability South West</td>
<td>NDIS registered provider that offers personal care, individual support, brain injury supports, as well as support coordination, community participation, and short term accommodation.</td>
<td>179-183 Wilson Rd, Green Valley NSW 2168</td>
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<td>02 8783 0544</td>
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<td><a href="mailto:admin@disabilitysouthwest.org.au">admin@disabilitysouthwest.org.au</a></td>
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<td>disabilitysouthwest.org.au</td>
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<td>9am-4pm</td>
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<tr>
<td>Eremea Home Care Service</td>
<td>Eremea support people who have a disability, aged care, those who are recovering from an accident or illness, the elderly and children with special needs. Services include: Personal Care, Respite Care, Domestic Assistance, Gardening, Meal Preparation, Errand Service, Social Support and Companionship, Nursing, Therapy and Exercise and Transportation for Limited Mobility Clients. Visits to Residential/Care Facility, Family Reporting on Residential/Care Facility, Top Up Care for clients in Residential/Care Facility and Monitoring of clients in Residential/Care Facility. Personal Emergency Alarm Cleaning Service Lawn and Garden Service.</td>
<td>Ground Floor, 350-352 Liverpool Rd, Ashfield NSW 2131</td>
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<td>PO Box 280, Concord West NSW 2138</td>
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<td>1300 118 880</td>
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<td>If you require immediate after hour assistance, the on-call co-ordinator can be contacted 24 hours a day, 7 days a week on mobile enquire for details.</td>
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<td>(02) 9798 3066</td>
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<td><a href="mailto:care@eremea.com.au">care@eremea.com.au</a></td>
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<td>eremea.com.au</td>
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<td>Mon-Fri 8.30am-5pm 24-hour care</td>
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<tr>
<td>Fair Go Care</td>
<td>Personal Care, Domestic assistance, Yard Maintenance, Transport services in the Sydney and greater Sydney area. Service comes to your home.</td>
<td>75, Second St, Ashbury NSW 2193</td>
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<td>(02) 9799 8503; 0404 506 693</td>
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<td></td>
<td></td>
<td><a href="mailto:info@fairgocare.com.au">info@fairgocare.com.au</a></td>
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<td>fairgocare.com.au</td>
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<td>Mon-Fri 9am-5pm</td>
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<td>Hireup</td>
<td>Hireup is an online platform for people with disability to find, hire and manage support workers who fit their needs and share their interests. Registered NDIS provided, Hireup is a service available to anybody who requires one to one support in; Help around the house, personal care, education and employment, in-home care, transport; therapy support, getting out and about. Referral Pathway: Simply head to hireup.com.au and register</td>
<td>Level 10/100 Christie street, St Leonards</td>
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<td>(02) 9113 5933</td>
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<td><a href="mailto:hello@hireup.com.au">hello@hireup.com.au</a></td>
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<td>hireup.com.au</td>
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<td>24hr online platform - office open from 9am-5pm</td>
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<td>Languages other than English available: Our community support team can provide assistance in Spanish, Cantonese and Mandarin. Our national network of support workers however is very diverse and speak multiple languages.</td>
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<td>Eligibility for Service: Anyone requiring one to one support, either on the NDIS or self-funded.</td>
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<td>Any applicable fees: Starting hourly rate $42.00.</td>
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<td>Service</td>
<td>About</td>
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| Multicultural Care            | A registered NDIS provider and is funded by the Australian Government Department of Health to provide services to support in home-care for people with disability and the elderly from Culturally and Linguistically Diverse background (CALD). Services can be provided privately on a fee for service basis to self-funded individuals.  
Area organisation services: Inner West, South Western Sydney, South Eastern Sydney LHD's  
Languages other than English available: English, Greek, Hindi, Arabic, Chinese and Vietnamese | Suite 30, 532 Canterbury Rd, Campsie NSW 2194  
PO Box 234, Campsie NSW 2194  
(02) 9718 6199  
(02) 9789 2392  
admin@mc.org.au  
multiculturalcare.com.au/  
Mon-Fri 9am-5pm                                                                 |
| Southern Cross Care Services  | Provides a comprehensive range of community services in NSW, VIC, QLD, ACT. Services include: attendant care, community access, domestic assistance, nursing care, personal care, and respite for people with severe medical conditions or disability, the frail aged, or those requiring palliative care and post-discharge care. Some services are government funded. NDIS provider. Service comes to your home. | Level 1, 50 O'Connell St, Parramatta NSW 2150  
1800 989 000  
1800 989 001  
enquiries@scch.com.au  
scch.com.au  
Mon-Fri 9am-5pm (office)  
24 hours, 7 days (service and advice)                                                                 |
| Sri Om Care                   | Provides personalised care services for people who are elderly or have a disability, including short term, day care, home care and retirement living. Culturally relevant services for the South Asian community. Not for profit, charity organisation with DGR status.  
Area organisation services: Western Sydney, Sydney, South Western Sydney, Northern Sydney LHD  
Referral Pathway: Required for some programs.  
Any applicable fees: Most programs are free, others subsidised contact for information | Suite 6, 4a Meridian Pl, Bella Vista NSW 2153  
(02) 9676 4061  
info@sriomcare.org.au  
sriomcare.org.au                                                                 |
| Tripoli and Mena Association  | NDIS registered provider offering services in; personal care, meal preparation, home and household assistance, garden maintenance, social support and transport to appointment.  
Eligibility: For Arabic community  
Any applicable fees: Contact for further information  
Service area: Canterbury-Bankstown LGA | 48-50 Taylor St, Lakemba NSW 2195  
(02) 9740 6057  
info@tripolimena.org.au  
tripolimena.org.au  
9am-5pm                                                                 |
| Woodville Alliance, Disability Services and Community Initiatives | Woodville Alliance specialises in intellectual disability and/or physical disability. They offer services in; accommodation, personal activities, assist with travel, daily tasks, household tasks, participate in community.  
Referral Pathways: LAC,s Support coordinators  
Languages other than English: Arabic, Vietnamese, Spanish  
Eligibility: NDIS participant  
Any applicable fees: See NDIS price guide | 44-46 Mandarin St, Fairfield East NSW 2163  
(02) 9722 5200  
(02) 9724 9502  
dis@woodville.org.au  
woodville.org.au  
Mon-Fri 7.30am-5pm                                                                 |
| Your Choice Home Care         | Services provided include assistance with personal care, Disability camp, Senior Day Programs, Companionship, Dementia care, Domestic care, Drop in support, Holiday Companionship, Meal preparation, Respite, Service coordination and Case management, Shopping assistance, Sleepovers and Transport. Service comes to your home.  
Area organisation services: Sydney LHD, South West Sydney LHD  
Languages other than English available: German, Hungarian, Mandarin, Russian, Spanish, Taiwanese  
Any applicable fees: Contact for information | PO Box 225, Leichhardt NSW 2040  
(02) 9569 9965  
(02) 9569 9954  
info@yourchoicehomecare.com.au  
yourchoicehomecare.com.au  
24 hours, 7 days                                                                 |
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<tr>
<td><strong>Eremea Home Care Service</strong></td>
<td>Eremea support people who have a disability, aged care, those who are recovering from an accident or illness, the elderly and children with special needs. Services include: Personal Care, Respite Care, Domestic Assistance, Gardening, Meal Preparation, Errand Service, Social Support and Companionship, Nursing, Therapy and Exercise and Transportation for Limited Mobility Clients. Visits to Residential/Care Facility, Family Reporting on Residential/Care Facility, Top-Up Care for clients in Residential/Care Facility and Monitoring of clients in Residential/Care Facility. Personal Emergency Alarm Cleaning Service Lawn and Garden Service. Area Organisation services: Sydney Metro, South West Sydney LGA Any applicable fees: Detailed fee schedule is available upon request</td>
<td>Ground Floor, 350-352 Liverpool Rd, Ashfield NSW 2131 PO Box 280, Concord West NSW 2138 1300 118 880 If you require immediate after hour assistance, the on-call co-ordinator can be contacted 24 hours a day, 7 days a week on mobile 24-hour care</td>
</tr>
<tr>
<td><strong>Fair Go Care</strong></td>
<td>Personal Care, Domestic assistance, Yard Maintenance, Transport services in the Sydney and greater Sydney area. Service comes to your home. Area organisation services: South West Sydney, Sydney LHD Any applicable fees: Contact for information</td>
<td>75, Second St, Ashbury NSW 2193 (02) 9799 8503, 0404 506 693 <a href="mailto:info@fairgocare.com.au">info@fairgocare.com.au</a> fairgocare.com.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Hireup</strong></td>
<td>Hireup is an online platform for people with disability to find, hire and manage support workers who fit their needs and share their interests. Registered NDIS provider, Hireup is a service available to anybody who requires one to one support in; Help around the house, personal care, education and employment, in-home care, transport, therapy support, getting out and about. Referral Pathway: Simply head to hireup.com.au and register Languages other than English available: Our community support team can provide assistance in Spanish, Cantonese and Mandarin. Our national network of support workers however is very diverse and speak multiple languages. Eligibility for Service: Anyone requiring one to one support, either on the NDIS or self-funded. Any applicable fees: Starting hourly rate $42.00.</td>
<td>Level 10/100 Christie street, St Leonards (02) 9113 5933 <a href="mailto:hello@hireup.com.au">hello@hireup.com.au</a> hireup.com.au 24hr online platform - office open from 9am-5pm</td>
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<tr>
<td><strong>Multicultural Care</strong></td>
<td>A registered NDIS provider and is funded by the Australian Government Department of Health to provide services to support in home-care for people with disability and the elderly from Culturally and Linguistically Diverse background (CALD). Services can be provided privately on a fee for service basis to self-funded individuals. Area organisation services: Inner West, South Western Sydney, South Eastern Sydney LHD's Languages other than English available: English, Greek, Hindi, Arabic, Chinese and Vietnamese</td>
<td>Suite 30, 532 Canterbury Rd, Campsie NSW 2194 PO Box 234, Campsie NSW 2194 (02) 9718 6199 (02) 9789 2392 <a href="mailto:admin@mc.org.au">admin@mc.org.au</a> multiculturalcare.com.au/ Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Southern Cross Care Services (SCCS)</strong></td>
<td>Provides a comprehensive range of community services in NSW, VIC, QLD, ACT. Services include: attendant care, community access, domestic assistance, nursing care, personal care, and respite for people with severe medical conditions or disability, the frail aged, or those requiring palliative care and post-discharge care. Some services are government funded. NDIS provider. Service comes to your home. Area organisation services: NSW Referral Pathway: Required for some programs. Any applicable fees: Most programs are free, others subsidised contact for information</td>
<td>Level 1, 50 O'Connell St, Parramatta NSW 2150 1800 989 000 1800 989 001 <a href="mailto:enquiries@scch.com.au">enquiries@scch.com.au</a> scch.com.au Mon-Fri 9am-5pm (Office) 24 hours, 7 days (Service and advice)</td>
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<tr>
<td><strong>Belmore Early Childhood Health Centre</strong></td>
<td>Qualified registered general, midwifery and mothercraft nurses provide services including education, support and preventive strategies to families with children under five years to provide an optimum environment for physical, mental and emotional development. Scheduled clinics in English. Interpreters can be arranged for other languages. Home visit for first appointment.</td>
<td>Belmore Community Centre, Bld 1, 38 Redman Pde, Belmore NSW 2192 (02) 9718 0157</td>
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<td><strong>Area organisation services:</strong> Canterbury-Bankstown LGA <strong>Languages other than English available:</strong> Nil <strong>Referral Pathway:</strong> Self-referral <strong>Eligibility Criteria:</strong> Client needs to reside in Canterbury-Bankstown LGA <strong>Any applicable Any applicable fees:</strong> Nil</td>
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<tr>
<td><strong>Campsie Early Childhood Health Centre</strong></td>
<td>Baby and child health services including developmental checks. Advice on diet, hygiene, child rearing. Emotional support for families. Scheduled clinics in English, Cantonese and Mandarin languages. Interpreters can be arranged for other languages.</td>
<td>143 Beamish St, Campsie NSW 2194 (02) 9562 5400 (02) 9789 6417 Mon-Fri 9am-4.30pm</td>
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<td><strong>Area organisation services:</strong> Canterbury-Bankstown LGA <strong>Languages other than English available:</strong> Cantonese <strong>Referral Pathway:</strong> Nil <strong>Eligibility Criteria:</strong> Nil <strong>Any applicable Any applicable fees:</strong> Nil</td>
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<tr>
<td><strong>Cerebral Palsy Alliance</strong></td>
<td>Services offer Early Childhood Intervention, CP Check-ups, School readiness, Early diagnosis clinic and conductive education. <strong>Referral pathways:</strong> LAC/NDIS or Hospital and GP referral <strong>Service Area:</strong> South West Sydney</td>
<td>224 Restwell Rd, Prairiewood NSW 2176 PO Box 3154 - Stockland Mall, Wetherill Park, NSW 2164 02 8777 1777 02 9757 4071 <a href="mailto:ask@cerebralpalsy.org.au">ask@cerebralpalsy.org.au</a> cerebralpalsy.org.au/ Mon-Fri 9am – 5pm</td>
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<tr>
<td><strong>Civic Disability Services</strong></td>
<td>Civic Offers; School Holiday Program, After School Program, Clinical Services, Accommodation/Out of Home Care and Short Stay Accommodation. <strong>Referral Pathway:</strong> Support coordinator, LAC, direct contact. <strong>Eligibility:</strong> Case by case <strong>Any applicable fees:</strong> NDIS</td>
<td>103 Cawarra Rd, Caringbah NSW 2229 (02) 9575 1900 (02) 9575 1999 <a href="mailto:enquiries@civic.org.au">enquiries@civic.org.au</a> civic.org.au Head office 9am-5pm Other location – 24/7</td>
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<tr>
<td><strong>Earlwood Early Childhood Health Centre</strong></td>
<td>Baby and child health services including growth and developmental checks. Advice on diet, breast feeding, child rearing. Interpreters can be arranged for Non English speaking families. Home visiting for families in Canterbury and Clinic consultation as required.</td>
<td>Cnr William St and Homer St, Earlwood NSW 2206 (02) 9562 5400 (02) 9789 5548 Mon-Fri 9am-noon Closed Wed</td>
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<td><strong>Area organisation services:</strong> Canterbury-Bankstown LGA <strong>Languages other than English available:</strong> English, Punjabi, Hindi, Nepalese <strong>Referral Pathway:</strong> Self-referral <strong>Eligibility Criteria:</strong> Nil <strong>Any applicable Any applicable fees:</strong> Contact for information</td>
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<td><strong>Georges Hall Early Childhood Health Centre</strong></td>
<td>Child and Family Health Nurses monitor growth and development, offer education and support for parents and carers of children 0-5yrs. Drop-in breastfeeding clinics provide support and advice to women on breastfeeding issues. Parenting groups are conducted throughout the year including a Chinese group.</td>
<td>7 Beale St, Georges Hall NSW 2198 1800 455 511 Wed, Fri 9am-12pm, 2pm-4pm Book by appointment only</td>
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<td><strong>Area organisation services:</strong> Canterbury-Bankstown LGA <strong>Languages other than English available:</strong> Interpreters can be arranged by appointment. <strong>Referral Pathway:</strong> Nil <strong>Eligibility Criteria:</strong> Nil <strong>Any applicable Any applicable fees:</strong> Nil</td>
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<td><strong>Greenacre Early Childhood Health Centre</strong></td>
<td>Child and family health nurses provide home visits and clinical consultations for families with young children. Nurses also run a drop-in breastfeeding clinic providing support and advice to women on breastfeeding issues. Parenting groups run throughout the year including a Chinese and Young Parents group.</td>
<td>Community Place, Greenacre NSW 2190&lt;br&gt;1800 455 511&lt;br&gt;(02) 4621 8799&lt;br&gt;Mon-Wed 9am-12pm, 2pm-5pm</td>
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<tr>
<td><strong>Koorana Child and Family Services</strong></td>
<td>Koorana Child and Family Services provides a range of services including supported playgroups, preschool, occupational therapy, speech therapy, early links, service and transition, SIBS, My Time, and home and community-based learning.</td>
<td>1A Cleary Ave, Belmore 2192&lt;br&gt;9750 4100&lt;br&gt;9759 1245&lt;br&gt;<a href="mailto:enquiries@koorana.org.au">enquiries@koorana.org.au</a>&lt;br&gt;koorana.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<td><strong>Learning Links</strong></td>
<td>Learning Links is a charitable, not-for-profit organisation that offers information, support and specialist services for children who have difficulty learning and their families. Services include comprehensive assessments, early childhood intervention, an inclusive preschool, playgroups, specialist literacy and numeracy classes for school age children, therapy (occupational and speech), family counselling and support as well as professional development and learning.</td>
<td>12-14 Pindari Rd, Peakhurst NSW 2210&lt;br&gt;(02) 8525 8222&lt;br&gt;(02) 8078 6088&lt;br&gt;<a href="mailto:mail@learninglinks.org.au">mail@learninglinks.org.au</a>&lt;br&gt;learninglinks.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<tr>
<td><strong>Lifestart</strong></td>
<td>Lifestart supports children and young people aged 0-24 years living with disability or developmental delay and their families and carers, to build inclusive communities for all children and young people via 12 regional offices across Sydney Metro and Illawarra/Shoalhaven. Lifestart services include: early childhood intervention supports; therapy and multidisciplinary team supports delivered by occupational therapists, speech therapists, physiotherapists, psychologists, social workers and special educators; behaviour support and assessment; group therapy; and inclusion facilitators who support young people at key life stages and transition points. Lifestart offers Support Coordination for people aged 0-65 years. Lifestart also provides support and training for parents and carers and capacity building for community groups, schools and early childhood education and care services to support inclusive practice.</td>
<td>Head Office, Lvl 3, Quad 2, 6 Parkview Drive, Sydney Olympic Park NSW 2127&lt;br&gt;1800 953 390&lt;br&gt;(02) 9807 9600&lt;br&gt;<a href="mailto:engagementteam@lifestart.org.au">engagementteam@lifestart.org.au</a>&lt;br&gt;lifestart.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
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<tr>
<td>Punchbowl Early Intervention Unit</td>
<td>Sessional preschool for children with disabilities (from 3 years of age to school entry). Provides resource support for children in long day care and preschool settings. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Nil Referral Pathway: Apply through Punchbowl Public School Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information</td>
<td>Punchbowl Public School, 1333 Canterbury Rd, Punchbowl NSW 2196 (02) 9740 9634 (02) 9740 6157 Mon-Fri 8.30am-3pm</td>
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<tr>
<td>Yagoona Early Childhood Health Centre</td>
<td>Child and family health nurses provide home visits and clinical consultations for families with young children. Nurses also run a drop-in breastfeeding clinic providing support and advice to women on breastfeeding issues. Parenting groups run throughout the year including a Chinese and Young Parents group. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Cantonese and Mandarin (Tue), Vietnamese (Mon). Interpreters can be arranged by appointment. Referral Pathway: Self-referral Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information</td>
<td>176D Cooper Rd, Yagoona NSW 2199 1800 455 511</td>
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| Broderick Gillawarna School Revesby | Broderick Gillawarna School is a specialist school which caters for children 4 to 18 years with moderate to severe intellectual disabilities. Children receive a broad range of support through Personalised Learning Plans. Assisted student transport is available. | 36-48 Victoria St, Revesby NSW 2212  
(02) 9773 1255  
(02) 9773 1455  
broderick-s.school@det.nsw.edu.au  
broderick-s.schools.nsw.edu.au  
Mon-Fri 8.45am-3pm |
| Caroline Chisholm School | Public School for children aged 4-18 years with moderate to severe intellectual and multiple disabilities. | 6-18 Napoli St, Padstow NSW 2211  
(02) 9709 4661  
(02) 9790 0951  
carolchish-s.school@det.nsw.edu.au  
Mon-Fri 8.30am-3pm |
| Edgeware School for Specific Purposes (SSP) | State run secondary school for students who have been diagnosed with Conduct Disorder. | 8-10 Burnett St, Hurlstone Park NSW 2193  
(02) 9554 7044  
(02) 9554 7046  
edgeware-s.school@det.nsw.edu.au  
edgeware-s.schools.nsw.edu.au  
Mon-Fri 8.30am-3pm |
| Ellevate program – Allevia | Work with adults with intellectual disabilities to achieve person centred goals, support clients to participate in community programs, attend recreational activities, learn literacy and numeracy skills, enjoy a sensory room, learn computer skills, undertake work experience, participate in the job club. This service is suitable for People who have a disability, who are 18 years of age or older. Service types: Community Access, Day Programs for people with a disability, Employment Service (Disability), Leisure/Recreation Activities and Social Support. | 618 Tower Rd, Bankstown Airport NSW 2200  
(02) 9771 5301  
(02) 9773 9706  
new.allevia.org.au/ellevate/  
Mon-Fri 9am-3pm |
| George Bass School Bass Hill | Public School for children aged 4-18 years with moderate to severe intellectual disability. | 106 Johnston Rd, Bass Hill NSW 2197  
(02) 9728 4450  
(02) 9728 4452  
georgebass-s.school@det.nsw.edu.au  
georgebass-s.schools.nsw.edu.au  
Mon-Fri 8.30am-3pm |
| Headway Adult Development Program | Community access program for adults 18 to 65 years with an acquired brain injury. Services include support co-ordination, community access support, individual access plans, skills development courses (run at premises) and social activities. Also deliver community education aimed at injury prevention. | Headway House, 6 Percy St, Bankstown NSW 2200  
(02) 9790 0046  
(02) 9796 2523  
admin@headwayadp.org.au  
headwayadp.org.au  
Mon-Fri 9am-4pm |
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<td><strong>Koorana Child and Family Services</strong></td>
<td>Koorana Child and Family Services provides a range of services including supported playgroups, preschool, occupational therapy, speech therapy, early links, service and transition, SIBS, My Time, and home and community-based learning. Area organisation services: South West Sydney and Inner West areas Languages other than English available: Interpreters available upon request Referral Pathway: Over the phone or complete a Pre-enrolment Form Eligibility Criteria: Nil</td>
<td>1A Cleary Ave, Belmore 2192 9750 4100 9759 1245 <a href="mailto:enquiries@koorana.org.au">enquiries@koorana.org.au</a> koorana.org.au Mon-Fri 9am-5pm</td>
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<td><strong>Punchbowl Early Intervention Unit</strong></td>
<td>Sessional preschool for children with disabilities (from 3 years of age to school entry). Provides resource support for children in long day care and preschool settings. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Nil Referral Pathway: Apply through Punchbowl Public School Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information</td>
<td>Punchbowl Public School, 1333 Canterbury Rd, Punchbowl NSW 2196 (02) 9740 9634 (02) 9740 6157 Mon-Fri 8.30am-3pm</td>
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<td><strong>Rowland Hassall School</strong></td>
<td>Government school caters for students with intellectual disability and other secondary disabilities by providing quality education for all students enabling them to become independent responsible citizens. Area organisation services: Sydney, South West Sydney LGA Languages other than English available: Nil Referral Pathway: Self-referral Eligibility Criteria: Nil Any applicable Any applicable fees: Contact for information</td>
<td>18b Parkham St, Chester Hill NSW 2162 (02) 9645 4800 (02) 9645 4822 <a href="mailto:rowlandhas-s.school@det.nsw.edu.au">rowlandhas-s.school@det.nsw.edu.au</a> rowlandhas-s.schools.nsw.edu.au Mon-Fri 8.30am-2.30pm</td>
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<td><strong>3 Bridges Community Service</strong></td>
<td>Provides a range of community services for people in the South Eastern Sydney area including families with newborns, school aged children, youth, the ageing, those with a disability and carers. Services include help with shopping, internet shopping, social outings (including social outings for younger people with a disability), frozen meal delivery, home modifications and maintenance, youth programs, one off gardening, house cleaning, social support, OOSH Before and After School Care, Early Years Support Service, carer support, respite, Home Care Packages, stroke support group, dementia day care. NDIS registered.</td>
<td>First Floor, 72 Carwar Ave, Carrs Park NSW 2221 1300 327 434 (02) 9547 2458 <a href="mailto:admin.carsspark@3bridges.org.au">admin.carsspark@3bridges.org.au</a> 3bridges.org.au Mon-Fri 9am-4.30pm</td>
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<tr>
<td><strong>Afford Condell Park Day Program</strong></td>
<td>Day programs provide engaging and educational programs and activities that present opportunities for personal growth, to access the local community and develop skills for life. The fun and engaging activities include everything from art and craft, music therapy and cooking programs, through skills development, employment support, Allied Health support and more. In addition, we also offer clients the opportunity to participate in local events, access community activities and facilities, as well as encourage healthy lifestyles through our Club Afford and Afford Getaways programs. NDIS approved provider. Referral pathway: contact afford Eligibility: NDIS Plan Area organisation services: Canterbury-Bankstown LGA Any applicable fees: Contact for information</td>
<td>18a Cragg St, Condell Park NSW 2200 1300 278 996 <a href="mailto:kathy.bullock@afford.com.au">kathy.bullock@afford.com.au</a> afford.com.au Mon-Fri 8am-4pm</td>
</tr>
<tr>
<td><strong>Allevia</strong></td>
<td>A non-for-profit community organisation supporting people with a disability through group accommodation, social, community, and civic participation, improved relationships and improving daily skills support.</td>
<td>618 Tower Rd, Bankstown Airport NSW 2200 PO Box 260, Revesby North NSW 2221 (02) 9773 8894 (02) 9773 9706 <a href="mailto:allevia@allevia.org.au">allevia@allevia.org.au</a> allevia.org.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Autism Spectrum Australia Adult Behaviour Support</strong></td>
<td>Provides community participation and living and social skill development for people Post school and who experience autism or another disability. Skill building opportunities include; how to access community services, independent living skills, travel skills, social skills, communication skills, computer and money-handling skills. Recreational activities include yoga, music, art, swimming, bush walking, movies, and bowling, cafe and meal outings. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Arabic; Greek; Spanish Any applicable fees: Contact for information</td>
<td>Unit 5A-5B, 186-188 Canterbury Rd, Canterbury NSW 2193 (02) 9784 0900 (02) 9718 5361 <a href="mailto:customerservice@aspect.org.au">customerservice@aspect.org.au</a> autismspectrum.org.au Mon-Fri 9am-3pm</td>
</tr>
<tr>
<td><strong>Bankstown Arts Centre</strong></td>
<td>Provide the following art programs; Dance for Parkinsons, Salsa for Seniors, Art for Wellness and Access Art program. Any applicable fees: See Webpage</td>
<td>5 Olympic Parade, Bankstown NSW 2200 (02) 9707 5400 <a href="mailto:artscentre@cbcity.nsw.gov.au">artscentre@cbcity.nsw.gov.au</a> cbcity.nsw.gov.au/arts-centre Mon-Fri 9-5pm</td>
</tr>
<tr>
<td><strong>Bankstown Community Visitors Scheme</strong></td>
<td>The scheme provides regular volunteer visitors to isolated residents of selected hostels/nursing homes. Visitors see the same resident each visit. Visits are for at least 2 hours per fortnight. Area Organisation services: Canterbury-Bankstown LGA Referral: My Aged Care, Aged Care Assessment Team Any applicable fees: Nil</td>
<td>72 Kitchener Parade, Bankstown NSW 2200 PO Box 250, Bankstown NSW 1885 (02) 9793 8249, 0420 876 629 <a href="mailto:bankstowncvs@gmail.com">bankstowncvs@gmail.com</a> Office Mon 9am-4.30pm</td>
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<td>Service</td>
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| Care and Support Services (CSS) | Provides services to children and adults with acquired brain injury, spinal cord injury or disability. CSS provides a range of services including, personal care, therapy programs, community support, case management, social support, domestic respite and other services as required. CSS also has a 24hr emergency contact system in place for after hours, weekends and holidays. Clients and their families can feel confident that CSS are always able to be contacted should any emergencies arise during these times. | Service comes to your home  
Phone: (02) 9679 1912  
Fax: (02) 9679 1908  
PO Box 3727, Rouse Hill NSW 2155  
Email: admin@caresupportservices.com.au  
Website: caresupportservices.com.au  
Office: Mon-Fri 9am-4pm |
| Chinese Australian Services Society (CASS) | Day programs of CASS Disability Services cover a range of programs for individuals under Community Participation, Life Choices and Active Ageing options. They aim to assist people with disabilities to develop the skills they need to work towards their goals, increase their independence and participate as a valued and active member of the community. The program is targeted at people with disabilities with moderate to high support needs who require an alternative to paid employment or further education in a medium or longer term. They also provide support coordination. | 44-50 Sixth Ave, Campsie 2194  
Phone: 9789 4587  
Fax: 9789 6357  
Email: info@casscare.org.au  
Website: casscare.org.au  
Office: Mon-Fri 9am-5pm |
| Civic Disability Services | Civic offers; Community Hubs, Social activities, Supported Holidays, Individual support and short stay accommodation. | 103 Cawarra Rd, Caringbah, NSW 2229  
Phone: (02) 9575 1900  
Fax: (02) 9575 1999  
Email: enquiries@civic.org.au  
Website: civic.org.au  
Office: Head office 9am-5pm  
Other location – 24/7 |
| Coolaburoo Neighbourhood Centre Inc. | Centre provides support groups and classes such as mosaics, sit and sew, cooking, jewellery making. They also provide after school activities for children and young people. | 11 Ryan Rd, Padstow NSW 2211  
Phone: (02) 9774 2426  
Fax: (02) 9774 2948  
Email: cncinc@coolaburoo.org.au  
Website: coolaburoo.org.au  
Office: 9.30am to 5pm |
| CORE Community Services – Ages and Disability Care | Provides social groups for Vietnamese, Chinese and Spanish speaking communities on Tues, Weds and Thurs. NDIS recipients are required to cover Home Care, Transport and social support from their own expenses. | 22 Nelson St, Fairfield NSW 2165  
Phone: (02) 8717 1500  
Fax: (02) 9727 4534  
Email: infoadc@corecs.org.au  
Website: corecs.org.au  
Office: Mon-Fri 9am-5pm |
| Creating Links | The Leisure Program caters to people aged 12 to 65 years diagnosed with a mild/moderate intellectual disability or/and developmental delay. The program provides outings and classes. NDIS approved provider. | Ground Floor, 58 Kitchener Pd, Bankstown NSW 2200  
Phone: (02) 8713 7700  
Fax: (02) 8713 7799  
Email: disability@creatinglinks.org.au  
Website: creatinglinks.org.au |
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<tr>
<td>Dancing Heart Studios</td>
<td>Dancing Hearts Studio Inc. is a non for profit organisation, run by a group of dedicated volunteers. Dancing Hearts Studio Inc. offer classes to children, teenagers and adults with disabilities on Mon afternoons at our Ashbury Studio. Our classes run all year. The participants are introduced to dance movements through music and basic steps (different styles like Jazz, Ball Room, Hip Hop, Zumba, etc.), including improvisation with lots props. They are structured to be enjoyable and to encourage the development of movement, coordination and confidence.</td>
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<td></td>
<td>Disability Access: Yes (Wheelchair accessible)</td>
<td>Ashbury Senior Citizen’s Centre, 66 Princess St, Canterbury NSW 2193</td>
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<td></td>
<td>Area Organisation services: Inner West, South West Sydney, Sydney LGA</td>
<td>PO Box 1074, Five Dock NSW 2046</td>
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<td></td>
<td>Any applicable fees: $35/hour flat rate, including refreshments and transport (if required)</td>
<td>0488 440 202</td>
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<td><a href="mailto:info@dancingheartsstudio.com.au">info@dancingheartsstudio.com.au</a></td>
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<td></td>
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<td>dancingheartsstudio.com.au</td>
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<td>Mon 5–6.45pm</td>
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<td>Disability Services Australia (DSA)</td>
<td>Community Solutions – provides support for people with a disability to enable social and community participation within a centre-based or community-based setting. Community Solutions support people to develop new and existing skills and participate in social and recreational activities. This might include understanding what their hobbies and interests are, support to try new things, spend time with friends and make new ones, learn life skills and work on achieving health and wellbeing goals. Community activities are co-designed with the person around their goals, interests, ideas and support needs. Disability Services Australia (DSA) is a National Disability Insurance Scheme (NDIS) registered provider.</td>
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<td>Service Area: Bankstown</td>
<td>DSA Office Bankstown</td>
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<td>Eligibility: NDIS participant</td>
<td>Suite 6, 400 Chapel Rd, Bankstown NSW 2200</td>
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<td>dsa.org.au</td>
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<td>8.30am–5pm</td>
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<td>Ethnic Community Services Co-operative</td>
<td>NDIS approved provider that provides Community Access, Adult social groups, children’s social groups as well as support coordination.</td>
<td>Building 3, 142 Addison Rd Marrickville, NSW 2204</td>
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<td></td>
<td>Area organisation services: Canterbury-Bankstown</td>
<td>02 9550 9829</td>
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<td></td>
<td>Languages other than English available: Nil</td>
<td><a href="mailto:admin@ecsc.org.au">admin@ecsc.org.au</a></td>
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<td>Referral Pathway: Contact for information</td>
<td>ecsc.org.au</td>
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<td>Eligibility Criteria: Nil</td>
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<td>Any applicable Any applicable fees: Nil</td>
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<td>Headway Adult Development Program</td>
<td>Community access program for adults 18 to 65 years with an acquired brain injury. Services include support co-ordination, community access support, individual access plans, skills development courses (run at premises) and social activities. Also deliver community education aimed at injury prevention.</td>
<td>Headway House, 6 Percy St, Bankstown NSW 2200</td>
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<td>Area organisation services: Canterbury-Bankstown</td>
<td>(02) 9796 2523</td>
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<td></td>
<td>Languages other than English available: Nil</td>
<td><a href="mailto:admin@headwayadp.org.au">admin@headwayadp.org.au</a></td>
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<td>Referral Pathway: Contact for information</td>
<td>headwayadp.org.au</td>
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<td>Eligibility Criteria: Nil</td>
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<td>Any applicable Any applicable fees: Nil</td>
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<td>Home Care Heroes</td>
<td>Home Care Heroes is a support and companionship service aimed at combating social isolation for people who are unwell or feeling lonely due to ageing, illness or disability. Offers companionship, sore supports, capacity building, sleepovers, mentorship, and a helping hand. NDIS approved provider.</td>
<td>Suite 2/191 Cleveland St, Redfern, NSW 2016</td>
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<tr>
<td></td>
<td>Languages: 60+ languages available</td>
<td><a href="mailto:hello@homecareheroes.com.au">hello@homecareheroes.com.au</a></td>
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<td></td>
<td>Eligibility: NDIS, private funding, 8 years and over</td>
<td>homecareheroes.com.au</td>
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<td>Any applicable fees: $35/hour flat rate, including weekends and public holidays</td>
<td>Mon–Fri 9am–5pm</td>
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<td>Mullabo Men's Place</td>
<td>Mullabo is Darug, an Aboriginal word for 'all the men'. Mullabo is a safe environment where men can get support and information they need to deal with the ups and downs in their lives. Information is available on a range of men's issues including dealing with conflict, communication skills, health concerns, accessing legal help and advice, and mental health. The centre provides a secure and comfortable place to sit, relax, read a newspaper, or participate in recreational activities such as table tennis, indoor bowls, darts or a game of trivia. Lunch and tea and/or coffee are provided. Disability Access: Yes (parking, ramps, toilets) Area Organisation services: Canterbury-Bankstown LGA Languages other than English available: Vietnamese, Arabic Any applicable fees: Contact for information</td>
<td>Chester Hill Guide Hall, 159 Waldron Rd, Chester Hill NSW 2162</td>
</tr>
<tr>
<td>Muslim Care</td>
<td>Home Care Packages and Social Support Groups. A centre-based senior day program involving activities which promote well-being and independence through social and health-related services. Fostering personal independence with encouragement. Provide seniors with the opportunity to get out of the house and receive both mental and social stimulation. An approved service provider under the National Disability Insurance Scheme (NDIS) and will be rolling out a range of services supporting people with disability in the Sydney region from 2017. Area Organisation services: Inner West, South West Sydney, Sydney LGA</td>
<td>2 Carrington Square, Campsie NSW 2194</td>
</tr>
<tr>
<td>One Door Mental Health Bankstown</td>
<td>At One Door, trained mental health staff provide a variety of services that aim to meet the individual needs of people living with mental illness, their carers, families and friends. These services include one to one support (in and out of home), centre based activities (planned recreational, social and educational activities) and community access (individual or group activities that encourage community participation) and 24 hour respite for carers and consumers. There are carer services, centre-based services, education and training, employment services, health care and individual, group and youth support services. Disability Access: Yes Area Organisation services: Canterbury-Bankstown LGA Referral Pathway: Nil Any applicable fees: Contact for information</td>
<td>Suite 24, 1-5 Jacobs St, Bankstown NSW 2200</td>
</tr>
<tr>
<td>Punchbowl Community Centre</td>
<td>Punchbowl Friendship Club Bowls, provides social and craft club for seniors, contact Hazel Davis on 9759 0101. Meets Mon 9am -1pm, Fri 9am -11.30am. Disability Access: Yes Area Organisation services: Canterbury-Bankstown LGA</td>
<td>44 Rossmore Ave, Punchbowl NSW 2196</td>
</tr>
<tr>
<td>Recreation Sports and Aquatics Club</td>
<td>Recreation, Sports and Aquatics Club (RSAC), is an unfunded community based organisation that provides sport, recreation, social activities and opportunities for people with a disability</td>
<td>11 greenfield Pde, Bankstown NSW 2200</td>
</tr>
<tr>
<td>St Vincent De Paul Compeer Program</td>
<td>The Compeer program is run by St Vincent de Paul Society Support Services NSW, which aims to reduce the stigma and isolation associated with mental illness through friendship and social support. This is achieved by matching people living with mental illness (friends) with a volunteer. Volunteers and friends meet together in a public setting and enjoy planned social activities. This commitment allows a genuine friendship to develop while having a lot of fun in the process. The Compeer model is based on the premise that people need other people in their lives to develop and maintain good mental health and wellbeing. In this way, the Compeer friendship program is mutually beneficial to both friend and volunteer. Area Organisation services: Sydney, South West Sydney LGA Disability Access: Yes Referral: GP, Specialist Any applicable fees: Nil</td>
<td>Suite I, Level1, 1-23 Balmain Rd, Leichhardt NSW 2040</td>
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<td><strong>Settlement Services International – Ability Links</strong></td>
<td>Ability Links is not a direct service provider. It is a free service where Linkers have very good knowledge of their local area and they can link, that is, help participants find and access appropriate services available in their own areas. Goals are unique that may relate to social, recreational, employment, volunteering, education, medical, allied health, disability support, access to counselling, community and social groups. Referral: The person with a disability, their family or carer can self-refer or others can do it for them. Languages other than English: Amharic, Arabic, Assyrian, Bengali, Cantonese, Chaldean, Dari, Farsi, Hazeragi, Kakwa, Korean, Malayalam, Hindi, Indonesian, Italian, Japanese, Mandarin, Mandeans, Nepali, Pashto, Polish, Punjabi, Sindi, South Sudan, Spanish, Swahili, Tamil, Tibetan, Tigrinya, Urdu, Uyghur and Vietnamese. Eligibility: People living with a disability aged between 7 and 64 years, their family members, and their carers. Any applicable fees: Free</td>
<td>😍 PO Box 215, Parramatta Westfields, Parramatta NSW 2150 📞 1800 849 010 ⌚️ <a href="mailto:abilitylinks@ssi.org.au">abilitylinks@ssi.org.au</a> 🌐 ssi.org.au/services/ability-links-nsw or abilitylinks.org.au ️ Mon-Fri 9am-5pm</td>
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<tr>
<td><strong>Wellways</strong></td>
<td>Wellways offers a wide range of individually tailored services designed to support people affected by mental health issues or disability, as well as their families, friends and carers. Our staff will help you take charge of your wellbeing, connect with others and participate in your community. Service comes to your home. Area Organisation services: NSW, QLD, ACT, VIC, TAS Languages other than English available: Spanish, German, Farsi, Bengali, Nepali, Tagalog, Turkish, Hindi Any applicable fees: Contact for information</td>
<td>😍 PO Box 6036, Pymble NSW 2073 📞 1300 111 400 ⌚️ <a href="mailto:enquiries@wellways.org">enquiries@wellways.org</a> 🌐 wellways.org ️ Mon-Fri 8.30am- 4.30pm Service 24 hrs, 7 days</td>
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<tr>
<td><strong>YMCA Youth and Community Disability Recreation Program</strong></td>
<td>The YMCA of Sydney recognises the need for recreation programs for people with disability. It provides recreation and leisure activities for people 18 years and over with mild to moderate intellectual disability as well as flexible respite services. The Integrated Recreation Program operates out of Bankstown YMCA and services the Bankstown LGA. Programs include centre-based activities and weekly social outings occur Mons and Weds. Week-ends and evening activities include: bowling, picnics, day trips, beach or theatre visits, weekend trips, annual holidays and camps. Area organisation services: Canterbury-Bankstown LGA Languages other than English available: Nil Referral Pathway: Self referral Any applicable fees: Contact for information</td>
<td>😍 184 The River Rd, Revesby NSW 2212 📞 (02) 9771 6033 📟 (02) 9773 4619 🌐 ymcansw.org.au ️ Mon-Fri 9am-5pm</td>
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<tr>
<td><strong>Your Choice Home Care</strong></td>
<td>Services provided include assistance with personal care, Disability camp, Senior Day Programs, Companionship, Dementia care, Domestic care, Drop in support, Holiday Companionship, Meal preparation, Respite, Service coordination and Case management, Shopping assistance, Sleepovers and Transport. Service comes to your home. Area Organisation services: Sydney, South West Sydney LGA Languages other than English available: German, Hungarian, Mandarin, Russian, Spanish, Taiwanese Any applicable fees: Contact for information</td>
<td>😍 PO Box 225, Leichhardt NSW 2040 📞 (02) 9569 9965 📟 (02) 9569 9954 🌐 <a href="mailto:info@yourchoicehomecare.com.au">info@yourchoicehomecare.com.au</a> 🌐 yourchoicehomecare.com.au ️ 24 hours, 7 days</td>
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Mental Health Services

National Information Resource List
Advocacy Services
Child Abuse Support Services
Counselling/ Psychologist Services
Drug, Alcohol and Gambling Support Services
Family Support Services
LGBTQIA Support Services
Men’s Support Services
Young Adults Support Services
Women’s Support Services
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| Beyond Blue                  | Beyond Blue raises awareness of depression, anxiety and suicide prevention, reduce the stigma surrounding these issues and to encourage people to seek support when they need it. | **Support Helpline** 1300 22 4636  
**National Office**  
- Level 2, 290 Burwood Rd, Hawthorn Vic 3122  
- PO Box 6100 Hawthorn Vic 3122  
- (03) 9810 6100  
- beyondblue.org.au  
- Mon-Fri 9am-5pm  |
| Black Dog Institute          | The black dog institute is a translational research institute that aims to reduce the incidence of mental illness and the stigma around it, to actively reduce suicide rates and empower everyone to live the most mentally healthy lives possible. | **Support Helpline** (02) 9382 4530  
**Email** blackdog@blackdog.org.au  
**Website** blackdoginstitute.org.au  
**Office Hours** Mon-Fri 9am-5pm  |
| Flourish Australia           | National agency for mental health. Working together for optimal mental health and wellbeing thus enabling full participation within a diverse and inclusive community. | **Office Address** 184 The River Rd, Revesby NSW 2212  
**Contact** (02) 9771 6033  
(02) 9773 4619  
ymcansw.org.au  
**Office Hours** Mon-Fri 9am-5pm  |
| GROW NSW                     | Mental wellness. Program provider and research agency.                                                                                                                                               | **Office Address** PO Box 225, Leichhardt NSW 2040  
**Contact** (02) 9569 9965  
(02) 9569 9954  
**Email** info@yourchoicehomecare.com.au  
**Website** yourchoicehomecare.com.au  
**Office Hours** 24 hours, 7 days  |
| Headspace                    | National Youth Mental Health Foundation                                                                                                                                                            | **National Office**  
- (03) 9027 0100  
- **Bankstown Office**  
- Ground Floor, Suite 1, 41-45 Rickard Rd, Bankstown NSW 2200  
- (02) 9393 9669  
- headspace.bankstown@richmondpra.org.au  
- Mon-Fri 9am-5pm  |
| Mental Health Australia      | Mental Health Australia is the peak, national non-government organisation representing and promoting the interests of the Australian mental health sector and committed to achieving better mental health for all Australians. | **National Office**  
- ALIA House 1st Floor, 9-11 Napier Close Deakin ACT 2600  
- PO Box 174 Deakin West, ACT 2600  
- (02) 6285 3100  
- mhaustralia.org  
- Mon-Fri 9am-5pm  |
| Multicultural Mental Health Australia | Provides a national focus for advice and support to providers and governments on mental health and suicide prevention for people from culturally and linguistically diverse (CALD) backgrounds. This involves representation and support for CALD communities’ interests in the mental health sector and raising awareness of mental illness and suicide prevention in CALD communities. | **National Office**  
- ALIA House 1st Floor, 9-11 Napier Close Deakin ACT 2600  
- PO Box 174 Deakin West, ACT 2600  
- (02) 6285 3100  
- mhima.org.au  
- Mon-Fri 9am-5pm  |
| Relationships Australia      | Relationships Australia is a leading provider of relationship support services for individuals, families and communities. We aim to support all people in Australia to achieve positive and respectful relationships. | **Support Helpline** 1300 364 277  
**Website** relationships.org.au  |
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<tr>
<td><strong>Bravehearts Foundation</strong></td>
<td>Dedicated to making Australia the safest place to raise a child. Bravehearts provides services for survivors of child sexual assault including individual counselling, referrals, telephone support, group treatment and advocacy. Also works to raise awareness of the problem in the community, aiming to break the culture of silence surrounding this issue. Children are educated through ‘Ditto’s Keep Safe Adventure’ which is an incursion program delivered in schools and child care centres and is also available as an interactive CD-ROM which teaches children (aged 3 - 8 years) about protective behaviours. Adult survivors of sexual assault are also supported through our Advocacy and Support services.</td>
<td>GPO Box 322, Sydney, NSW 2001 1800 272 831 or 07 5552 3000 02 9251 9813 <a href="mailto:intake@bravehearts.org.au">intake@bravehearts.org.au</a> bravehearts.org.au Mon-Fri 8.30am-4.30pm</td>
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<td><strong>SANE Australia</strong></td>
<td>National charity helping Australians affected by mental illness. The Help Centre provides information, advocacy support and referrals via phone, email or web chat. Online forums provide professionally moderated peer support. The website provides information on a range of illnesses and issues. Other programs include the media centre and suicide prevention program. Mental wellness. Program provider and research agency.</td>
<td>1800 187 263 or 03 9682 5933 03 9682 5944 <a href="mailto:info@sane.org">info@sane.org</a> sane.org Mon-Fri 10am-10pm</td>
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<td><strong>The Multicultural Network</strong></td>
<td>The Multicultural Network is a non-profit, community based organisation which aims to assist, resource and provide information to people of non-English speaking backgrounds. This organisation provides advocacy support for ATSI frail aged and people with a disability. Also offers service support and development, resourcing, referrals, and training for services and groups supporting CALD families, women, frail aged and their carers.</td>
<td>Suite 2A, Level 2, 40 Raymond St, Bankstown NSW 2200 (02) 9796 2235 (02) 9796 4950 PO Box 3164, Bankstown NSW 2200 <a href="mailto:admin@tmn.net.au">admin@tmn.net.au</a> tmn.net.au Mon-Fri 9am-5pm</td>
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<td><strong>Transcultural Mental Health Centre (TMHC)</strong></td>
<td>The Transcultural Mental Health Centre (TMHC) works with people from culturally and linguistically diverse backgrounds living in NSW, including individuals, families and communities to promote mental health.</td>
<td>Cumberland Hospital, Building 55, 5 Fleet St, North Parramatta NSW 2151 1800 648 911 or 02 9912 3850 (02) 9840 4180 <a href="mailto:tmhc@health.nsw.gov.au">tmhc@health.nsw.gov.au</a> dhi.health.nsw.gov.au/tmhc Mon-Fri 8.30am-5pm</td>
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| **Bankstown Women's Health Centre** | Women's health and wellbeing services including case management, health promotion, child sexual assault counselling, generalist counselling, dietician, and community nurse, GP and psychologist. Also run workshops, exercise groups and other women's groups. | ✉️ Level 1, 24-26 Jacobs St, Bankstown NSW 2200  
📞 (02) 9790 1378  
📞 (02) 9790 1456  
✉️ swlhd-bankstownwomenshealthcentre@health.nsw.gov.au  
🌐 bwhc.org.au  
⏰ Mon-Fri 9am-5pm, (Closed 12.30-1.15pm) |
| **Baptist Care Counselling and Family Services** | Provides counselling for women, men, adolescents, children, seniors, couples and families including anxiety, depression, grief and loss, trauma, parenting, communication, relationship issues, anger management and domestic violence. The service has particular expertise in responding to individuals and families affected by Domestic and Family Violence. Provides regular evening group programs for men who use violence and daytime programs for women experiencing violence. Services are by appointment only and fees apply based on a sliding scale. | ✉️ Suite 4, Level 2, 402-410 Chapel Rd, Bankstown NSW 2200  
📞 (02) 8713 4333 or 1300 130 225  
📞 (02) 9796 4226  
🌐 baptistcare.org.au  
⏰ Mon-Fri 9am-5pm |
| **Braveheart’s Foundation** | Dedicated to making Australia the safest place to raise a child. Braveheart’s provides services for survivors of child sexual assault including individual counselling, referrals, telephone support, group treatment and advocacy. Also works to raise awareness of the problem in the community, aiming to break the culture of silence surrounding this issue. Children are educated through our 'Ditto's Keep Safe Adventure' which is an incursion program delivered in schools and child care centres and is also available as an interactive CD-ROM which teaches children (aged 3 - 8 years) about protective behaviours. Adult survivors of sexual assault are also supported through our Advocacy and Support services. | ✉️ PO Box 575, Arundel BC QLD 4214  
📞 1800 272 831 or 07 5552 3000  
📞 07 5552 3088  
✉️ intake@bravehearts.org.au  
🌐 www.bravehearts.org.au  
⏰ Mon-Fri 8.30am-4.30pm |
| **Jannawi Family Centre** | Jannawi Family Centre is a specialist therapeutic child protection service and aims to educate parents in responding to their children in non‐harmful ways. | ✉️ 22 Samuel St, Wiley Park 2195  
📞 (02) 9750 0500  
📞 (02) 9750 6190  
✉️ info@jannawi.org.au  
🌐 jannawi.org.au  
⏰ Mon-Fri 9am-5.30pm |
| **Riverwood Community Centre Family Support Service** | Riverwood Community Centre provides families with children assistance through advocacy, home visiting, court support, housing assistance, referrals to other agencies/services, case management, parenting programs, playgroups, shopping service for frail aged and people with disabilities, and domestic and family violence counselling. Family Support services are directed primarily at improvement of family functioning, parent child relationships, assistance to parents and children in coping with crises. | ✉️ 151 Belmore Rd North, Riverwood NSW 2210  
📞 (02) 9533 0100  
📞 (02) 9584 9739  
✉️ familiesupport@riverwoodcommunity.org.au  
🌐 riverwoodcommunity.org.au  
⏰ Mon-Fri 9am-5pm |
<table>
<thead>
<tr>
<th>Service</th>
<th>About</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arab Council Australia</td>
<td>Represents the interests of Arab Australians and is active in promoting the economic, social and cultural life of the community. Provides a range of services to the community including financial and problem gambling counselling, senior support, child, youth and family support, casework, advocacy, referral, tutorials and general information. Also organise educational and social excursions for women and youth groups. Organises seminars, research, training, co-ordination and a range of yearly events and activities. Also have a translation service for Arabic to English or English to Arabic available for a fee. The Council also provides emergency relief assistance through the Food Aid Project and EAPA vouchers. A safe place for LGBTI.</td>
<td>15/212 South Terrace, Bankstown NSW 2200&lt;br&gt;PO Box 1103, Bankstown NSW 1885&lt;br&gt;(02) 9709 4333&lt;br&gt;(02) 9709 2928&lt;br&gt;<a href="mailto:info@arabcouncil.org.au">info@arabcouncil.org.au</a>&lt;br&gt;arabcouncil.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Bankstown Community Health Centre</td>
<td>Offers a number of community services, such as Drug and Alcohol Service, Family support (including Counselling, Physiotherapy, Occupational Therapy and Speech Pathology), Multicultural Health Services, Nutrition and Health promotion, Primary Health Nursing Service (including Palliative Care), Sexual Assault Service, Stuttering Unit, Women's Health Services, and Youth health and support.</td>
<td>36 - 38 Raymond St, Bankstown NSW 2200&lt;br&gt;(02) 9780 2777&lt;br&gt;(02) 9780 2999&lt;br&gt;Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td>Baptist Care Relationship Services</td>
<td>Provides counselling for women, men, adolescents, children, seniors’ couples and families. The service has particular expertise in responding to individuals and families affected by Domestic and Family Violence. Provides regular evening group programs for men who use violence and daytime programs for women experiencing violence. Services are by appointment only and fees apply based on a sliding scale.</td>
<td>Suite 4, Level 2, 402-410 Chapel Rd, Bankstown, NSW 2200&lt;br&gt;(02) 8713 4333 or 1300 130 225&lt;br&gt;(02) 9796 4226&lt;br&gt;baptistcare.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Belmore Youth Resource Centre</td>
<td>BYRC Staff provide free drop-in service on Weds, Thurs and Fri from 3-5pm. Other services available are; Breakthru, Barnardos and Youthblock.</td>
<td>Building 3, 38-40 Redman Pde, Belmore NSW 2192&lt;br&gt;(02) 9718 9848&lt;br&gt;(02) 9718 9621&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Coolaburoo Neighbourhood Centre Inc</td>
<td>Centre provides resources, referrals, advice and counselling and support. Also provide playgroups and support groups for people experiencing domestic and family violence.</td>
<td>11 Ryan Rd, Padstow NSW 2211&lt;br&gt;PO Box 262, Padstow, 2211&lt;br&gt;(02) 9774 2426&lt;br&gt;(02) 9774 2948&lt;br&gt;<a href="mailto:cncinc@coolaburoo.org.au">cncinc@coolaburoo.org.au</a>&lt;br&gt;coolaburoo.org.au&lt;br&gt;9.30am - 5pm</td>
</tr>
<tr>
<td>Padstow Community Care Counselling by appointment.</td>
<td>Provides welfare assistance, community information, Emergency Relief Services, financial and general counselling Disability Access: Yes (parking, ramp) Area organisation services: Canterbury-Bankstown LGA Referral Pathway: Income statement required Any applicable fees: Nil</td>
<td>Shop 4, 23 Cahors Rd, Padstow NSW 2211&lt;br&gt;PO Box 289, Padstow NSW 2211&lt;br&gt;(02) 9772 2299&lt;br&gt;(02) 9772 0264&lt;br&gt;<a href="mailto:admin@padstowcommunitycare.org.au">admin@padstowcommunitycare.org.au</a>&lt;br&gt;padstowcommunitycare.org.au&lt;br&gt;Mon, Tue, Thur, Fri 9.30am - 2.30pm. Closed Wed</td>
</tr>
<tr>
<td>Padstow Community Care</td>
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</tbody>
</table>

Any applicable fees: Contact for information

Any applicable fees: Contact for information

Any applicable fees: Contact for information

Any applicable fees: Nil

Languages other than English available: Spanish and Polish

Language other than English available: Nil

Any applicable fees: Nil

Any applicable fees: Nil

Any applicable fees: Nil

Any applicable fees: Nil

Languages other than English available: Arabic, Chinese, Macedonian, Polish, Vietnamese.

Languages other than English available: Nil

Referral Pathway: Nil

Eligibility Criteria: Nil

Referral Pathway: Income statement required
### Lifeline

Lifeline offers FREE programs, resources and training around suicide prevention - Aftercare Program - short term telephone crisis support to people over 18 who have attempted suicide. Phone 4645 7200 or email adminsp@lifelinemacarthur.org.au.

Suicide Bereavement Support Group - a safe place for people over 18 to share their experience with others who understand after the loss of a loved one to suicide. Phone 4645 7200 or email adminsp@lifelinemacarthur.org.au.

Eclipse Support Group - offers a safe, confidential, non-judgmental space for people over 18 who have survived a suicide attempt to share their experience with others with similar lived experience. Phone 4645 7200 or email suicidedepression@lifelinemacarthur.org.au.

FREE professional development opportunities are available in a variety of courses. To see what training is available please go to eventbrite.com.au/o/lifeline-macarthur-1391993999.

Bankstown Suicide Prevention Network meets monthly bringing together health, education, community organisations, emergency services and community members to help save lives by identifying and establishing collaborative community responses and prevention strategies, means restriction initiatives, increasing suicide education and awareness and breaking down the stigma surrounding suicide. Phone 4645 7200 or email adminsp@lifelinemacarthur.org.au.

Referral Pathway: Self or other agency. Phone or email.

Area organisation services: Canterbury-Bankstown LGA

Eligibility: Over 18 residing/working/studying in South Western Sydney

Any applicable fees: Free

### South West Sydney Refugee Health Service

Aims to protect and promote the health of refugees and people of refugee-like backgrounds living in NSW.

Access: Wheelchair access

### STARTTS

Culturally appropriate and cutting-edge psychological treatment and support to help people heal the scars of torture and refugee trauma to rebuild their lives in Australia.

Referral Pathway: Self or service provider
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<tr>
<td>The Corner Youth Health Service</td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check-ups and can arrange appointments with a free doctor.</td>
<td>101 Restwell St, Bankstown NSW 2200&lt;br&gt;(02) 9796 8633&lt;br&gt;(02) 9707 2544&lt;br&gt;Locked Bag 1600, Bankstown NSW 2200&lt;br&gt;Mon-Fri 8.30am-5pm</td>
</tr>
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Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Nil  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Nil
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<tr>
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| Alcohol Anonymous            | Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. | ☎️ 1300 222 222  
✉️ aa.org.au                                                                                                                                              |
| Arab Council Australia       | Represents the interests of Arab Australians and is active in promoting the economic, social and cultural life of the community. Provides a range of services to the community including financial and problem gambling counselling, senior support, child, youth and family support, casework, advocacy, referral, tutorials and general information. Also organises educational and social excursions for women and youth groups. Organises seminars, research, training, co-ordination and a range of yearly events and activities. Also have a translation service for Arabic to English or English to Arabic available for a fee. The Council also provides emergency relief assistance through the Food Aid Project and EAPA vouchers. A safe place for LGBTI. | ☎️ 15/212 South Terrace, Bankstown NSW 2200  
✉️ PO Box 103, Bankstown NSW 1885  
📞 (02) 9709 4333  
📞 (02) 9709 2928  
✉️ info@arabcouncil.org.au  
✉️ arabcouncil.org.au  
-operates Mon-Fri 9am-5pm                                                                                                                                          |
| Bankstown Community Health Centre | Offers a number of community services, such as Drug and Alcohol Service, Family support (including Counselling, Physiotherapy, Occupational Therapy and Speech Pathology), Multicultural Health Services, Nutrition and Health promotion, Primary Health Nursing Service (including Palliative Care), Sexual Assault Service, Stuttering Unit, Women's Health Services, and Youth health and support.  
Disability Access: Yes (parking, ramps, toilet)  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Arabic, Chinese, Macedonian, Polish, Vietnamese. Interpreters can be arranged for other languages.  
Any applicable fees: Contact for information | ☎️ 36 - 38 Raymond St, Bankstown NSW 2200  
📞 (02) 9780 2777  
📞 (02) 9780 2899  
-operates Mon-Fri 8.30am-5pm                                                                                                                                   |
| Belmore Youth Resource Centre | BYRC Staff provide free drop-in service on Weds, Thurs and Fri from 3-5pm. Other services available are; Breakthru, Barnardos and  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Nil  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable fees: Contact for information | ☎️ Building 3, 38-40 Redman Pde, Belmore NSW 2192  
📞 (02) 9718 9848  
📞 (02) 9718 9621  
-operates Mon-Fri 9am-5pm                                                                                                                                      |
| Budyari Aboriginal Community Health Centre | Budyari Aboriginal Community Health Centre provides Aboriginal Chronic Care Program, Aboriginal Men's Group, Early Childhood Clinic Early Childhood Nutrition Clinic Elders Art Classes Women's Health Services Drug and Alcohol Mental Health Support General Practitioner Outreach Support for Centrelink, Department of Housing, Child Support Agency.  
Area organisation services: South West Sydney  
Eligibility Criteria: Nil  
Any applicable fees: Nil | ☎️ 18 Woodward Crescent, Miller NSW 2168  
📞 (02) 8781 8020  
📞 (02) 9608 0701  
-operates Mon-Fri 8.30am-5pm                                                                                                                                           |
| Catholic Care                | Catholic Care Family Support assists families. The service provides case management, health and wellbeing services, children and youth services, cultural support services, drug, alcohol and gambling services, mental health support services, and disability support services. | ☎️ 9 Garrong Rd, Lakemba NSW 2195  
📞 (02) 9740 0111 or (02) 9740 0199  
✉️ catholiccare.org  
-operates Mon-Fri 9am-5pm                                                                                                                                        |
| Narcotics Anonymous          | Narcotics Anonymous is a fellowship of men and women for whom drugs had become a major problem. Regular meetings are held to assist recovering addicts to stay clean. | ☎️ 1300 652 820  
✉️ na.org.au                                                                                                                                                  |
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<tr>
<td><strong>Odyssey House NSW Community Services</strong></td>
<td>Odyssey House Community Services offers free treatment, individual and group counselling, support, information, education and group programs to people who are concerned about their own or a loved one’s drug and/or alcohol use and the impact on their mental health. People with co-occurring mental health issues are welcome with specific programs available to meet their needs.</td>
<td>[Level 1, 6-8 Bankstown City Plaza, Bankstown NSW 2200](tel:1800 397 739) <a href="http://odysseyhouse.com.au">odysseyhouse.com.au</a> Mon-Fri 8.30am-4pm Closed Thu</td>
</tr>
<tr>
<td><strong>Parramatta Mission Counselling Services</strong></td>
<td>Provides free financial counselling and gambling help counselling to the community of Bankstown and surrounding areas. Financial counselling can assist anyone who is currently experiencing financial problems.</td>
<td>[Level 1, 126 Bankstown City Plaza, Bankstown NSW 2200](tel:Locked Bag 5360, Parramatta NSW 2124) <a href="mailto:counselling@parramattamission.org.au">counselling@parramattamission.org.au</a> <a href="http://parramattamission.org.au">parramattamission.org.au</a> Mon-Fri 9am-5pm Sat 9am-1pm</td>
</tr>
<tr>
<td><strong>Sydney Local Health District (Drug Health Services)</strong></td>
<td>Sydney Local Health District (Drug Health Services) aims to improve health and reduce drug-related harm for individuals, their families and carers, and the wider community of South Western Sydney. The service provides case management, Opioid treatment program, hospital consultation and liaison, court diversion programs, harm reduction program, counselling, and withdrawal treatment program.</td>
<td>[Canterbury Hospital, Thorncraft Parade, Campsie 2194](tel:9787 0272) <a href="">9787 0130</a> Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td><strong>The Corner Youth Health Service</strong></td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at-risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check-ups and can arrange appointments with a free doctor.</td>
<td>[101 Restwell St, Bankstown NSW 2200](tel:02 9796 8633) [02 9707 2344](tel:Locked Bag 1600, Bankstown NSW 2200) Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td><strong>Vietnamese Community NSW Chapter</strong></td>
<td>Provide problem gambling counselling and financial well-being services for the Vietnamese community.</td>
<td>[23 Greenwood Ave, Bankstown NSW 2200](tel:02 9796 8035) <a href="">02 9796 3794</a> <a href="http://vietnamese.org.au">vietnamese.org.au</a> Mon-Tue 9am-5pm</td>
</tr>
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<td>Contact Details</td>
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<tr>
<td>Arab Council Australia</td>
<td>Represents the interests of Arab Australians and is active in promoting the economic, social and cultural life of the community. Provides a range of services to the community including financial and problem gambling counselling, senior support, child, youth and family support, casework, advocacy, referral, tutorials and general information. Also organises educational and social excursions for women and youth groups. Organises seminars, research, training, co-ordination and a range of yearly events and activities. Also have a translation service for Arabic to English or English to Arabic available for a fee. The Council also provides emergency relief assistance through the Food Aid Project and EPA Vouchers. A safe place for LGBTI.</td>
<td>15/212 South Terrace, Bankstown NSW 2200&lt;br&gt;PO Box 1103, Bankstown NSW 1885&lt;br&gt;(02) 9709 4333&lt;br&gt;(02) 9709 2928&lt;br&gt;<a href="mailto:info@arabcouncil.org.au">info@arabcouncil.org.au</a>&lt;br&gt;arabcouncil.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Bankstown Community Health Centre</td>
<td>Offers a number of community services, such as Drug and Alcohol Service, Family support (including Counselling, Physiotherapy, Occupational Therapy and Speech Pathology), Multicultural Health Services, Nutrition and Health promotion, Primary Health Nursing Service (including Palliative Care), Sexual Assault Service, Stuttering Unit, Women's Health Services, and Youth health and support.</td>
<td>36 - 38 Raymond St, Bankstown NSW 2200&lt;br&gt;(02) 9780 2777&lt;br&gt;(02) 9780 2899&lt;br&gt;Mon-Fri 8.30am-5pm</td>
</tr>
<tr>
<td>Bankstown Family Relationship Centre</td>
<td>Bankstown Family Relationship Centre supports separating families to be child focused. The services offers family dispute resolution, parent support, child inclusive services, parent education and counselling.</td>
<td>Ground floor, 8 Jacob St, Bankstown 2200&lt;br&gt;9707 8555&lt;br&gt;9707 8599&lt;br&gt;<a href="mailto:reception.frc@catholiccare.org">reception.frc@catholiccare.org</a>&lt;br&gt;familyrelationships.gov.au&lt;br&gt;Mon-Wed Fri 9am-5pm, Thur 9am-8pm</td>
</tr>
<tr>
<td>Break Thru</td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check ups and can arrange appointments with a free doctor.</td>
<td>Bankstown Office&lt;br&gt;Suite L Level 3 41-45 Rickard Rd, Bankstown 2200&lt;br&gt;1800 767 212&lt;br&gt;breakthru.org.au</td>
</tr>
<tr>
<td>Belmore Office</td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check ups and can arrange appointments with a free doctor.</td>
<td>Belmore Office&lt;br&gt;Building 3, 38 40 Redman Parade, Belmore 2192&lt;br&gt;1800 767 212&lt;br&gt;<a href="mailto:hello@breakthru.org.au">hello@breakthru.org.au</a>&lt;br&gt;breakthru.org.au&lt;br&gt;Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td>Catholic Care</td>
<td>Catholic Care Family Support assists families. The service provides case management, health and wellbeing services, children and youth services, cultural support services, drug, alcohol and gambling services, mental health support services, and disability support services.</td>
<td>9 Garrong Rd, Lakemba NSW 2195&lt;br&gt;(02) 9740 0111 or (02) 9740 0199&lt;br&gt;catholiccare.org&lt;br&gt;Mon-Fri 9am-5pm</td>
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Any applicable fees: Contact for information
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</table>
| **Family Planning NSW (FPNSW)** | Phone Helpline, Website information service. Family Planning NSW is a state wide sexual and reproductive health service with expert advice on the Talk Line, lending library, professional education workshops for staff and families about sexuality and disability issues, clinics and research. | − 1300 658 886  
− talkline@fpnsw.org.au  
− fpnsw.org.au  
− Mon-Fri 8.30am-5pm  |
| **Family Referral Service**    | Family Referral Service helps link vulnerable families with services for ongoing support. An assessment is conducted with the family to identify their needs and then make appropriate referrals and follow up. Short term case management is also provided while linking families with services or until services become available. There are two offices which service our community. | **South Eastern and Northern Sydney Office**  
(Canterbury and Roselands Wards)  
− sensfamilyreferral@barnardos.org.au  
**South Western Sydney Office**  
(Bass Hill, Bankstown and Revesby Wards)  
− southwestsydneyfrs@uniting.org  
− 1800 066 757  
− familyreferralservice.com.au  
− Mon-Fri 9am-5pm  |
| **Lebanese Muslim Association** | The LMA is a non-profit organisation providing social, religious, educational and recreational services for the Muslim community. The LMA works with individuals who are facing a range of issues relating to family and marital disputes, domestic violence, substance abuse, mental health, grief and loss, homelessness, and financial hardship. The LMA Welfare office develops and delivers programs to families across NSW. It provides counselling to financially and socially disadvantaged. | − 71 75 Wangee Rd, Lakemba 2195  
− 9750 6833  
− 9759 8149  
− info@lma.org.au  
− lma.org.au  
− Mon-Fri 9am-5pm  |
| **Linking Hearts Multicultural Family Services** | Linking Hearts Multicultural Family Services provides crisis/transitional accommodation supporting families from culturally and linguistically diverse backgrounds. | − PO Box 7032, Bass Hill Plaza 2197  
− (02) 9786 4404  
− (02) 9726 5120  
− info@linkinghearts.org.au  
− linkinghearts.org.au  
− Intake is Mon-Fri 9am-5pm. An after hours service (for victims of domestic violence only) is available Mon-Fri 5pm-9pm and Sat 3pm-9pm  |
Metro Assist, formerly Metro Migrant

Resource Centre, is a non-profit organisation providing a range of community services including migrant settlement, family support and early intervention, emergency relief, tenancy services and community development.

Area organisation services: Canterbury-Bankstown and Inner West LGAs
Languages other than English available: Arabic, Vietnamese, Chinese
Referral Pathway: Self-referral via phone or referral form
Eligibility Criteria: Contact centre for assessment
Any applicable fees: Most services are free of charge

Bankstown Office
📍 62 Meredith St, Bankstown
NSW 2200
📞 (02) 8709 0200
📞 (02) 8709 0299
📧 metroassist@metroassist.org.au
🌐 metroassist.org.au
⏰ Mon-Fri 9am-5pm

Campsie Office
📍 Level 2 59-63 Evaline St,
Campsie NSW 2194
📞 (02) 9789 3744
📞 (02) 9718 0236
📧 metroassist@metroassist.org.au
🌐 metroassist.org.au
⏰ Mon-Thu 9am-5pm, Fri 9am-3pm
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</table>
| ACON                            | Phone/email based service. Aims to enhance the health and well-being of communities by ending HIV transmission among gay and other homosexually active men. Promote the health, throughout life, of LGBTI people and people with HIV. HIV Testing, Free Condoms, Workshops; Support, Counselling, Care Coordination, Health Education, Campaigns, Inclusive Practice Training services provided. | 1800 063 060  
|                                 | Area organisation services: NSW  
Languages other than English available: Nil  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Nil | acon@acon.org.au  
acon.org.au  
Mon-Fri 9am-6pm |
| Arab Council Australia          | Represents the interests of Arab Australians and is active in promoting the economic, social and cultural life of the community. Provides a range of services to the community including financial and problem gambling counselling, senior support, child, youth and family support, casework, advocacy, referral, tutorials and general information. Also organise educational and social excursions for women and youth groups. Organises seminars, research, training, co-ordination and a range of yearly events and activities. Also have a translation service for Arabic to English or English to Arabic available for a fee. The Council also provides emergency relief assistance through the Food Aid Project and EAPA vouchers. A safe place for LGBTI. | 15/212 South Terrace, Bankstown NSW 2200  
PO Box 1103, Bankstown NSW 1885  
(02) 9709 4333  
(02) 9709 2928  
arabcouncil.org.au  
arabcouncil.org.au  
Mon-Fri 9am-5pm |
| Belmore Youth Resource Centre   | BYRC Staff provide free drop-in service on Weds, Thurs and Fri from 3-5pm. Other services available are; Breakthru, Barnardos and Youthblock.  
Area organisation services: Canterbury-Bankstown LGA  
Languages other than English available: Nil  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Nil | Building 3, 38-40 Redman Pde, Belmore NSW 2192  
(02) 9718 9848  
(02) 9718 9621  
Mon-Fri 9am-5pm |
| NSW Gay and Lesbian Rights Lobby| Website/email based service. Advocates for substantive legislative and social justice for lesbians, gay men and their families in, and in partnership with bi, trans and intersex organisations in NSW. Provides referral and educative resources on LGBTI rights to the media, policy makers and the community.  
Area organisation services: NSW | 15/212 South Terrace, Bankstown NSW 2200  
PO Box 1103, Bankstown NSW 1885  
(02) 9709 4333  
(02) 9709 2928  
arabcouncil.org.au  
arabcouncil.org.au  
Mon-Fri 9am-5pm |
| Parents and Friends of Lesbians| We are a support group for parents and friends of lesbians and gays. We promote their wellbeing through support to cope with adversity, education and advocacy for equal rights.  
Area organisation services: Western Sydney, South West Sydney  
Languages other than English available: French, Spanish  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Contact for information | PO Box 3751, Marsfield NSW 2122  
(02) 9294 1002  
(02) 9869 1454  
info@pflagasutralia.org.au  
pflagasutralia.org.au  
Monthly meetings |
| Parents Beyond Breakup           | Phone based service. Parents Beyond Breakup is a national suicide prevention charity working in many communities across Australia focusing on separating families. Separated parents get connected to a community of support that they need and are helped to cope with being separated from their children and to find the optimal path to reconnecting them. Operates a helpline as well as group-based support. See website for details of group times and locations.  
Area organisation services: National  
Languages other than English available: TIS Interpreter phone service available  
Referral Pathway: Nil  
Eligibility Criteria: Nil  
Any applicable Any applicable fees: Nil | 1300 853 437 (02) 6652 8113  
parentsbeyondbreakup.com  
Mon-Sat 8.30am-5pm |
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<td>Prosper Project Australia</td>
<td>Prosper (Project Australia) supports disadvantaged children (and their families) at home, at school, and in the community. The service also provides LGBTQIQ support services, and financial support.</td>
<td>PO Box 4147, Strathfield South 2136                                                                                                             0402 787 571                                                                                                     <a href="mailto:mail@prosperaustralia.org">mail@prosperaustralia.org</a>                                                                                                       prosperaustralia.org                                                                                                         Mon-Fri 9am-5pm (with occasional after hours programs run)</td>
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<td></td>
<td>Area organisation services: Canterbury-Bankstown area                                                                                                                                                    Languages other than English available: Arabic</td>
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<td>Referral Pathway: Through other service providers, or self-referrals                                                                                                                                       Eligibility Criteria: Nil</td>
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<td>Any applicable fees: Nil                                                                                                                                                                                  Any applicable fees: Nil</td>
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<tr>
<td>QLife</td>
<td>QLife provides services and activities which enhances the ability of transgender, gender questioning and gender diverse people to make informed choices. This organisation is committed to educating the public and service providers about the needs of people with gender issues. Offers services to people with gender issues, their partners, families and other service providers, such as: Counselling and psychological service, Support Groups, Case management service, HIV/AIDS Information, Needle Exchange, Accommodation, Crisis and Transition, Outreach, Over 55 support and Greater Western Sydney support.</td>
<td>1800 184 527                                                                                                                                   <a href="mailto:ask@qlife.org.au">ask@qlife.org.au</a>                                                                                                                            qlife.org.au                                                                                                                   3pm-midnight, 7 days</td>
</tr>
<tr>
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<td>Area organisation services: National                                                                                                                                                                      Area organisation services: National</td>
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<tr>
<td>Rainbow Babies and Kids</td>
<td>Social and support group for GLBTOJ parents or parents to be. Social events, advice, support, monthly picnics, other activities organised mostly around pre-school children and parents with young babies.</td>
<td><a href="mailto:rainbowbabies1@gmail.com">rainbowbabies1@gmail.com</a>                                                                                                                           rainbowbabiesandkids.blogspot.com.au</td>
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<tr>
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<td>Area organisation services: Sydney                                                                                                                                                                       Area organisation services: Sydney</td>
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<tr>
<td>Rainbow Recovery Club</td>
<td>The Club aims include: to provide a safe and welcoming meeting place, primarily for gay, lesbian and transgender people, in 12 step programs for recovery from alcoholism, drug and other compulsive behaviours; to attract the newcomer into 12 step recovery programs; to provide facilities and encourage cooperation with groups and service organisations with similar objectives.</td>
<td>2 MacArthur St, Ultimo NSW 2007                                                                                                                    <a href="mailto:secretary@rainbowrecoveryclub.org.au">secretary@rainbowrecoveryclub.org.au</a>                                                                                                                rainbowrecoveryclub.org.au                                                                                                       See website for meeting times</td>
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<td>Area organisation services: Sydney, South West Sydney                                                                                                                                                      Area organisation services: Sydney, South West Sydney</td>
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<td>Languages other than English available: Nil                                                                                                                                                                Languages other than English available: Nil</td>
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<td>Referral Pathway: Self-referral                                                                                                                                                                           Referral Pathway: Self-referral</td>
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<td>Eligibility Criteria: Nil                                                                                                                                                                                 Eligibility Criteria: Nil</td>
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<td>Any applicable Any applicable fees: Nil                                                                                                                                                                   Any applicable Any applicable fees: Nil</td>
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<td>The Youth Health Service</td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check-ups and can arrange appointments with a free doctor.</td>
<td>101 Restwell St, Bankstown NSW 2200                                                                                                             (02) 9796 8633                                                                                                                (02) 9707 2344                                                                                                               Locked Bag 1600, Bankstown NSW 2200                                                                                                                Mon-Fri 8.30am-5pm</td>
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<td>Area organisation services: Canterbury-Bankstown LGA                                                                                                                                                      Area organisation services: Canterbury-Bankstown LGA</td>
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<td>Languages other than English available: Nil                                                                                                                                                                Languages other than English available: Nil</td>
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<td>The Gender Centre</td>
<td>Provides services and activities which enhances the ability of transgender, gender questioning and gender diverse people to make informed choices. This organisation is committed to educating the public and service providers about the needs of people with gender issues. Offers services to people with gender issues, their partners, families and other service providers, such as: Counselling and psychological service, Support Groups, Case management service, HIV/AIDS Information, Needle Exchange, Accommodation, Crisis and Transition, Outreach, Over 55 support and Greater Western Sydney support.</td>
<td>41-43 Parramatta Rd, Annandale NSW 2038                                                                                                             (02) 9519 7599                                                                                                                (02) 9519 8200                                                                                                               <a href="mailto:reception@gendercentre.org.au">reception@gendercentre.org.au</a>                                                                                                          gendercentre.org.au                                                                                                         Mon-Fri 9am-12pm, 1pm-4.30pm</td>
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<td>Area organisation services: NSW                                                                                                                                                                          Area organisation services: NSW</td>
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<td>Languages other than English available: Nil                                                                                                                                                                Languages other than English available: Nil</td>
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<td>Referral Pathway: Self-referral                                                                                                                                                                           Referral Pathway: Self-referral</td>
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<td>Eligibility Criteria: Nil                                                                                                                                                                                 Eligibility Criteria: Nil</td>
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<td>Any applicable Any applicable fees: Nil                                                                                                                                                                   Any applicable Any applicable fees: Nil</td>
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<td>Service</td>
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| **Baptist Care Relationship Services** | Provides counselling for women, men, adolescents, children, seniors’ couples and families. The service has particular expertise in responding to individuals and families affected by Domestic and Family Violence. Provides regular evening group programs for men who use violence and daytime programs for women experiencing violence. Services are by appointment only and fees apply based on a sliding scale. Area organisation services: Sydney LGA's Any applicable fees: Contact for Information | Suite 4, Level 2, 402-410 Chapel Rd, Bankstown NSW 2200  
(02) 8713 4333 or 1300 130 225  
(02) 9796 4226  
baptistcare.org.au  
Mon-Fri 9am-5pm |
| **Dads in Distress (DIDS)** | Men supporting men through the trauma of relationship breakdown, divorce and separation from family. Promotes support in a safe environment for men to express their grief, anger and loss with men in similar circumstances. Offers helpline, individual support, and advocacy. Website has comprehensive list of resources. Support groups operate in various locations. Area organisation services: National Languages other than English available: Nil Referral Pathway: Self-referral Eligibility Criteria: Nil Any applicable Any applicable fees: Nil | 1300 853 437  
enquiries@dadsindistress.asn.au  
dadsindistress.asn.au  
Mon- Fri 8:30am-5pm |
| **Mens Referral Service** | Men's Referral Service is a telephone support service for men who are seeking assistance to stop their violent or abusive behaviour towards their family members. The service provides telephone counselling, information and referrals for men in Victoria, New South Wales, and Tasmania. | 1300 766 491  
Mon-Fri 9am-9pm |
| **MensLine Australia** | MensLine Australia National 24/7 telephone, video and online counselling service, supporting men with mental health issues like anxiety, depression and stress plus fatherhood, family and relationship issues. MensLine forum and MensLine social media accounts are moderated 24/7. MensLine Australia online counselling service operates 24 hours, 7 days a week. You can also request a callback from our counselling team: mensline.org.au/want-to-talk/ Area organisation services: National Languages other than English available: TIS Interpreter phone service available Referral Pathway: Nil Eligibility Criteria: Nil Any applicable Any applicable fees: Nil | 1300 789 978  
talkitover@mensline.org.au  
mensline.org.au  
24 hours, 7 days |
| **Metro Assist** | Metro Assist, formerly Metro Migrant Resource Centre, is a non-profit organisation providing a range of community services including migrant settlement, family support and early intervention, emergency relief, tenancy services and community development. Area organisation services: Canterbury-Bankstown and inner West LGAs Languages other than English available: Arabic, Vietnamese, Chinese Referral Pathway: Self-referral via phone or referral form Eligibility Criteria: Contact centre for assessment Any applicable fees: Most services are free of charge | Bankstown Office  
62 Meredith St,  
Bankstown NSW 2200  
(02) 8709 0200  
(02) 8709 0299  
metroassist@metroassist.org.au  
metroassist.org.au  
Mon-Fri 9am-5pm  
Campsie Office  
Level 259-63 Evaline St,  
Campsie NSW 2194  
(02) 9789 3744  
(02) 9718 0236  
metroassist@metroassist.org.au  
metroassist.org.au  
Mon-Thur 9am-5pm,  
Fri 9am-5pm |
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<th>Contact Details</th>
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| **OMNI Canterbury** | A male specific group for men over the aged of 50. Aims to improve the overall health and wellbeing of older men, to create deeper and more meaningful friendships, to promote policies, practices and activities which enhance older men and to develop mateship. | The Cottage, 28 Croydon St, Lakemba NSW 2195   
(02) 9709 4940 or (02) 9533 3930   
omni.org.au   
Meetings every second and forth Tue of the month 10am-12pm |
| **Parents Beyond Breakup** | Phone based service. Parents Beyond Breakup is a national suicide prevention charity working in many communities across Australia focusing on separating families. Separated parents get connected to a community of support that they need and are helped to cope with being separated from their children and to find the optimal path to reconnecting them. Operates a helpline as well as group-based support. See website for details of group times and locations. | 1300 853 437 (02) 6652 8113   
parentsbeyondbreakup.com   
Mon-Sat 9am-5pm |
| **Riverwood Community Centre Men's Shed** | The Riverwood Community Centre Men's Shed is a social group for men to work on carpentry projects that involve restoration, minor repairs, handicraft work and refurbishment. | Basement of Lincoln Building, 4 Roosevelt Ave, Riverwood NSW 2210   
(02) 9533 0100   
rivewoodcommunity.org.au   
Thur 11am-3pm |
| **St Jude's Transitional Accommodation** | Transitional accommodation for homeless single men from 25 years of age. Case management provided. | 218 South Terrace, Bankstown NSW 2200   
Liverpool Men's Refuge (02) 9822 4903   
(02) 9796 8208   
Mon-Fri 9am-5pm |
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<tr>
<td>3 Bridges Community Service</td>
<td>Provides a range of community services for people in the South Eastern Sydney area including families with newborns, school aged children, youth, the ageing, those with a disability and carers. Services include help with shopping, internet shopping, social outings (including social outings for younger people with a disability), frozen meal delivery, home modifications and maintenance, youth programs, one off gardening, house cleaning, social support, OOSH Before and After School Care, Early Years Support Service, carer support, respite, Home Care Packages, stroke support group, dementia day care. NDIS registered.</td>
<td>First Floor, 72 Carwar Ave, Carss Park NSW 2221</td>
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<td></td>
<td>Disability Access: Yes (wheelchair accessible)</td>
<td>1300 327 434</td>
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<td>Area Organisation services: South Eastern Sydney LHD</td>
<td>(02) 9547 2458</td>
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<td></td>
<td>Any applicable fees: Contact for information</td>
<td><a href="mailto:admin.carsspark@3bridges.org.au">admin.carsspark@3bridges.org.au</a></td>
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<td>3bridges.org.au</td>
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<td>Mon-Fri 9am-4:30pm</td>
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<tr>
<td>Belmore Youth Resource Centre</td>
<td>BYRC Staff provide free drop-in service on Weds, Thurs and Fri from 3-5pm. Other services available are; Breakthru, Barnardos and Youthblock.</td>
<td>Building 3, 38-40 Redman Pde, Belmore NSW 2192</td>
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<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td>(02) 9718 9848</td>
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<td>Languages other than English available: Nil</td>
<td>(02) 9718 9621</td>
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<td>Referral Pathway: Nil</td>
<td>Mon-Fri 9am-5pm</td>
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<td>Eligibility Criteria: Nil</td>
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<td>Any applicable Any applicable fees: Nil</td>
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<tr>
<td>Canterbury-Bankstown Youth Service</td>
<td>Canterbury-Bankstown Youth Service (CBYS) works with young people aged 16–24 who are homeless or at risk of homelessness. The organisation has two crisis refuges and also offers transitional housing. All young people housed with CBYS are provided with case management as well as education and employment support. CBYS also have a free Adolescent and Family Counsellor who can assist young people who are homeless or at risk of homelessness.</td>
<td>Shop 43 14-28 Amy St Centre CAMPBIE, Campsie NSW 9503.600</td>
</tr>
<tr>
<td></td>
<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td><a href="mailto:cbys@missionaustralia.com.au">cbys@missionaustralia.com.au</a></td>
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<td>Languages other than English available: Please check on referral Referral Pathway: Phone or email</td>
<td>missionaustralia.com.au</td>
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<td>Eligibility Criteria: Young people homeless or at risk of homelessness, aged 16–24</td>
<td>Mon–Fri 9am–5pm</td>
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<td>Any applicable fees: Cost applies for accommodation – check upon referral</td>
<td>Crises houses are 24 hours, 7 days</td>
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<td>Chester Hill Neighbourhood Centre</td>
<td>The Chester Hill Neighbourhood Centre provides a wide range of services to children, youth, families, and older people living in Bankstown and surrounding suburbs. These services include, parenting programs, early intervention, youth and family services, emergency relief, OOSH childcare, vacation care and respite care, aged care and volunteer programs, Chester Hill Community Garden and garage sales.</td>
<td>89-91 Waldron Rd, Chester Hill NSW 2162</td>
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<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td>(02) 9645 3700</td>
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<td></td>
<td>Languages other than English available: Arabic, Vietnamese</td>
<td>(02) 9645 3383</td>
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<td>Referral Pathway: Self-referral</td>
<td><a href="mailto:administration@chnc.org.au">administration@chnc.org.au</a></td>
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<td>Eligibility Criteria: Clients must be a resident of Canterbury-Bankstown</td>
<td>chnc.org.au</td>
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<td>Any applicable fees: Contact for information</td>
<td>Mon–Fri 9am–5pm</td>
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<tr>
<td>The Corner Youth Health Service</td>
<td>Provides counselling, support groups, health education and health promotion services for marginalised and at risk young people 12 to 24 years. Have a youth health nurse that provides free clinic/check-ups and can arrange appointments with a free doctor.</td>
<td>101 Restwell St, Bankstown NSW 2200</td>
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<tr>
<td></td>
<td>Area organisation services: Canterbury-Bankstown LGA</td>
<td>(02) 9796 8633</td>
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<tr>
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<td>Languages other than English available: Nil</td>
<td>(02) 9707 2344</td>
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<td>Referral Pathway: Nil</td>
<td>Locked Bag 1600, Bankstown NSW 2200</td>
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<td>Eligibility Criteria: Nil</td>
<td>Mon–Fri 8.30am-5pm</td>
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<td>Service</td>
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| Greenacre Area Community Centre             | Greenacre Area Community Centre is a non-profit community based organisation providing a range of generalist services to the local communities of Greenacre, Chullora and Mt Lewis. These services include case management, children and youth services such as information and referral, counselling, school holiday activities, youth leadership camp, playgroups, drop in support, classes and activities. Area organisation services: Greenacre and Chullora Languages other than English available: Interpreter services available Referral Pathway: Phone Eligibility Criteria: Clients for case management and counselling must be non-working, low income or single parent families from the local area. School holiday activities are prioritised for non-working or low income families from the local area. Any applicable fees: Youth Camps are capped at $30 per person. Recreational activities range from $4 to $8 per person. | ☀️ 87 Waterloo Rd, Greenacre NSW 2190  
📞 (02) 9750 7982  
📞 (02) 9750 0850  
✉️ info@gacc.org.au  
🌐 gacc.org.au  
⏰ Mon-Fri 9am-4.30pm |
| Metro Assist                                 | Metro Assist, formerly Metro Migrant Resource Centre, is a non-profit organisation providing a range of community services including migrant settlement, family support and early intervention, emergency relief, tenancy services and community development. Area organisation services: Canterbury-Bankstown and Inner West LGAs Languages other than English available: Arabic, Vietnamese, Chinese Referral Pathway: Self-referral via phone or referral form Eligibility Criteria: Contact centre for assessment Any applicable fees: Most services are free of charge | ☀️ 62 Meredith St, Bankstown NSW 2200  
📞 (02) 8709 0200  
📞 (02) 8709 0299  
✉️ metroassist@metroassist.org.au  
🌐 metroassist.org.au  
⏰ Mon-Fri 9am-5pm |
| Campsie Office                              | Level 2 59–63 Evaline St, Campsie NSW 2194  
📞 (02) 9789 3744  
📞 (02) 9718 0236  
✉️ metroassist@metroassist.org.au  
🌐 metroassist.org.au  
⏰ Mon-Thur 9am-5pm, Fri 9am-3pm |
| St Euphemia Greek Orthodox Church           | Religious services for the Greek Orthodox community. Other services include a youth fellowship group, senior citizens group, Greek language school and playgroup. Disability Access: Yes (ramp into church building) Area Organisation services: Canterbury-Bankstown LGA Languages other than English available: Greek | ☀️ 6-12 East Terrace, Bankstown NSW 2200  
📞 PO Box 747, Bankstown NSW 1885  
📞 (02) 9709 6908  
📞 Father Panagiotis 0402 219 214, Father Peter 0416 145 300  
📞 (02) 9795 6969  
✉️ revpanagiotis@steuphemia.nsw.edu.au  
🌐 steuphemia.org.au  
⏰ Divine Liturgy Sun 7.30am-10.30am (Office) Mon–Fri 8am-1pm, 4.30pm–6.30pm |
| YMCA Youth and Community Services           | The YMCA of Sydney recognises the need for recreation programs for people with disability. It provides recreation and leisure activities for people 18 years and over with mild to moderate intellectual disability as well as flexible respite services. The Integrated Recreation Program operates out of Bankstown YMCA and services the Bankstown LGA. Programs include centre based activities and weekly social outings occurring Mons and Weds. Week-ends and evening activities include; bowling, picnics, day trips, beach or theatre visits, weekend trips, annual holidays and camps. Also runs the Flexible Respite Program providing after school and vacation care for 5-12yo children with physical, or intellectual disability. A weekend social group: dinners, bowling etc. runs out of Revesby office. Area Organisation services: Canterbury-Bankstown LGA Referral: Self-referral or application form completed over phone Disability Access: Yes (Wheelchair accessible, ramps, accessible toilets, hearing loop) Languages other than English available: AUSLAN and Arabic Any applicable fees: Contact for information | ☀️ 184 The River Rd, Revesby NSW 2212  
📞 PO Box 685, Revesby NSW 2212  
📞 (02) 9771 6033 (Extension 3)  
📞 (02) 9773 4619  
🌐 ymca.nsw.org.au  
⏰ Mon–Fri 9am-5pm |
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| **Bankstown Women's Health Centre**          | Women's health and wellbeing services including case management, health promotion, child sexual assault counselling, generalist counselling, dietician, and community nurse, GP and psychologist. Also run workshops, exercise groups and other women's groups.                                                                 | ✉️ Level 1, 24-26 Jacobs St, Bankstown NSW 2200  
☎️ (02) 9790 1378  
✉️ swshd-bankstownwomenshealthcentre@health.nsw.gov.au  
🌐 bwhc.org.au  
⏰ Mon-Fri 9am-5pm (Closed 12.30pm-1.15pm) |
| **Baptist Care Relationship Services**       | Provides counselling for women, men, adolescents, children, seniors' couples and families. The service has particular expertise in responding to individuals and families affected by Domestic and Family Violence. Provides regular evening group programs for men who use violence and daytime programs for women experiencing violence. Services are by appointment only and fees apply based on a sliding scale. | ✉️ Suite 4, Level 2, 402-410 Chapel Rd, Bankstown NSW 2200  
☎️ (02) 8713 4333 or 1300 130 225  
✉️ baptismcare.org.au  
⏰ Mon-Fri 9am-5pm |
| **Family Referral Service**                  | Family Referral Service helps link vulnerable families with services for ongoing support. An assessment is conducted with the family to identify their needs and then make appropriate referrals and follow up. Short term case management is also provided while linking families with services or until services become available. There are two offices which service our community. | South Eastern and Northern Sydney Office  
(Canterbury and Roselands Wards)  
✉️ sensfamilyreferral@barnardos.org.au  
South Western Sydney Office  
(Bass Hill, Bankstown and Revesby Wards)  
✉️ southwestsydneyfrs@uniting.org  
☎️ 1800 066 757  
✉️ familyreferralservice.com.au  
⏰ Mon-Fri 9am-5pm |
| **Indigenous Women's Legal Program**         | Provides free legal assistance for Aboriginal and Torres Strait Islander women in NSW on domestic violence, sexual assault, parenting issues, family law, discrimination and victim's compensation. Includes telephone advice and referral and community legal education sessions. Staffed by Aboriginal women. Indigenous Women's Legal Contact Line Sydney 8745 6977 Rural 1800 639 784 | ✉️ PO Box 206, Lidcombe NSW 1825  
☎️ (02) 8745 6977 or 1800 639 784  
✉️ reception@wlsnsw.org.au  
🌐 wlsnsw.org.au/legal-services/indigenous-womens-legal-program/  
⏰ Mon, Tue, Thur 10am-12:30pm  
Fri 9.00 am- 4.30 pm |
| **Linking Hearts Multicultural Family Services** | Linking Hearts Multicultural Family Services provides crisis/transitional accommodation supporting families from culturally and linguistically diverse backgrounds.                                                                                          | ✉️ PO Box 7032, Bass Hill Plaza 2197  
☎️ (02) 9786 4404  
✉️ (02) 9726 5120  
✉️ info@linkinghearts.org.au  
🌐 linkinghearts.org.au  
⏰ Mon-Fri 9am-4pm.  
After hours' service (for victims of domestic violence only) is available  
Mon-Fri 5pm-9pm and Sat 3pm-9pm |

**Disability Access:** Yes (parking, toilet, lift)  
**Area Organisation services:** Canterbury-Bankstown LGA  
**Referral Pathway:** GP referral needed for Psychologist appointments  
**Any applicable fees:** Counselling free, Doctors and Psychologists bulk bill, contact for information

**Area organisation services:** Sydney LGA's  
**Any applicable fees:** Contact for information

**Languages other than English available:** Interpreter services available  
**Referral Pathway:** Referrals can be made by email or by phone  
**Eligibility Criteria:** Women Any applicable fees: Nil

**Area organisation services:** New South Wales  
**Languages other than English available:** Interpreter services available  
**Referral Pathway:** Through Government/ non-Government services and/or referrals  
**Eligibility Criteria:** Women, men or couples with children at risk of homelessness and/or domestic violence. Any applicable fees: Based on assessment

**Area organisation services:** NSW  
**Any applicable Any applicable fees:** Nil

**Area organisation services:** Nottingham LGA  
**Languages other than English available:** Interpreter services available  
**Referral Pathway:** Through Government/ non-Government services and/or referrals  
**Eligibility Criteria:** Women, men or couples with children at risk of homelessness and/or domestic violence. Any applicable fees: Nil

**Area organisation services:** Western Sydney LGA  
**Any applicable Any applicable fees:** Nil
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<td><strong>Muslim Women's Association</strong></td>
<td>The Muslim Women Association is a community-based welfare organisation that caters for the accommodation, welfare, social, educational, religious, and recreational needs of Muslim women of all backgrounds. Area organisation services: South West Sydney</td>
<td>47 Wangee Rd, Lakemba 2195  (02) 9750 6916 or (02) 9750 7913 <a href="mailto:info@mwa.org.au">info@mwa.org.au</a> mwa.org.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Our Lady of the Way</strong></td>
<td>Our Lady of the Way is a supported crisis accommodation service for single women aged over 55 years of age. It provides both temporary crisis accommodation and mid-term refuge. Members of the support staff are onsite. Area organisation services: Western Sydney Languages other than English available: Interpreter services available Referral Pathway: Clients can contact the Domestic Violence Line on 1800 65 64 63 or Link2Home 1800 152 152 Eligibility Criteria: Clients must be single women aged 55 or above who have an income or eligible for an income from the Australian Government, who are able to self-care (cooking, mobility, hygiene), and who are experiencing domestic or family violence Any applicable fees: Percentage of income is paid for board and lodgings</td>
<td>1800 65 64 63 <a href="mailto:olow@vinnies.org.au">olow@vinnies.org.au</a> vinnies.org.au Mon-Fri 9am-5pm</td>
</tr>
<tr>
<td><strong>Sydney Women's Counselling Centre</strong></td>
<td>Counselling service for women covering issues such as depression, anxiety, domestic violence, childhood sexual abuse, alcohol other drugs and gambling. Information, referral and groups are also offered. Area organisation services: Canterbury-Bankstown LGA Referral Pathway: Self-referral, other service agencies Disability Access: Yes (Ramp) Any applicable fees: Nil</td>
<td>Sydney Women's Counselling Centre, 4/2 Carrington Square, Campsie NSW 2194 (02) 9718 1955 (02) 9718 7072 <a href="mailto:help@womenscounselling.com.au">help@womenscounselling.com.au</a> womenscounselling.com.au Mon-9-4pm</td>
</tr>
<tr>
<td><strong>Wirringa Baiya Aboriginal Womens Legal Centre</strong></td>
<td>Wirringa Baiya is a state-wide community legal centre for Aboriginal and Torres Strait Islander women, children and youth who are, or have been victims of violence. Wirringa Baiya provides free legal advice, advocacy, information, casework and referrals. The Centre provides community legal education and participates in law reform activities. Wirringa Baiya pays special attention to working with Aboriginal women and children and victims of violence as a result of domestic and family violence, and sexual assault. Wirringa Baiya also provides limited cultural awareness education. Disability Access: Yes (Parking, ramp, toilet) Area organisation services: NSW</td>
<td>Addison Rd Community Centre Bld 13, 142 Addison Rd, Marrickville NSW 2204 PO Box 785, Marrickville NSW 1475 (02) 9569 3847 or 1800 686 587 <a href="mailto:wirringa.baiya@clc.net.au">wirringa.baiya@clc.net.au</a> wirringabaiya.org.au Mon-Fri 9am-5pm Advice line. Mon-Thur 10am-4pm, Fri 9am-12.30pm</td>
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